



Bilag 4 – Søgeprotokoller

NKA for non-farmakologisk behandling af ADHD hos voksne

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PICO 1-2

1.1. Søgeprotokol

Projekttitel/aspekt	NKA for non-farmakologisk behandling af ADHD hos voksne – Guidelines, sekundær – og primær litteratur
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Senest opdateret	28. februar 2024

Baggrund	Attention Deficit Hyperactivity Disorder (ADHD) er en udviklingsforstyrrelse som oftest starter i barndommen og fortsætter ind i voksenalderen. Den er kendetegnet ved problemer med opmærksomhed, manglende impuls kontrol og hyperaktivitet. Voksne med ADHD kan have udfordringer med fuldførelse af uddannelse, fastholdelse på arbejdsmarkedet, stofmisbrug og udvikling af følgesygdomme som stress, angst og depression. Derfor er det nødvendigt at sikre, at voksne med ADHD får den rette behandling som er baseret på et evidensbaseret grundlag og med en høj faglig kvalitet. Antallet af voksne med ADHD i Danmark er steget i løbet af de seneste år. Ifølge Sundhedsdatastyrelsen er forbruget af ADHD-medicin også steget, især blandt voksne. Den mest betydelige stigning ses blandt personer i alderen 25 til 44 år, hvor antallet af medicinbrugere er mere end tredoblet de seneste 10 år til omkring 32.500 brugere i 2022. Der er fortaget en søgning på guidelines samt sekundær og primær litteratur for PICO 1 og 2: PICO 1: Bør man tilbyde non-farmakologisk behandling i tillæg til farmakologisk behandling eller farmakologisk behandling alene til voksne med ADHD? PICO 2: Bør man tilbyde non-farmakologisk behandling til voksne med ADHD?
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Søgetermer	Engelske: ADHD, attention deficit disorder with hyperactivity, attention deficit hyperactivity disorder, hyperkinetic disorder Danske: ADHD, attention deficit disorder with hyperactivity, hyperkinetisk forstyrrelse, hyperkinetisk adfærdsforstyrrelse Norske: ADHD, AD/HD, attention deficit disorder with hyperactivity, hyperkinetisk forstyrrelse Svenske: ADHD, attention deficit disorder with hyperactivity, uppmärksamhetsstörning med hyperaktivitet Øvrige termer se de pågældende søgestrategier
Inklusions- og eksklusionskriterier	Sprog: Engelsk, dansk, norsk og svensk År: PICO 1 og 2, 2014 - juni 2024 Sekundær litteratur År: PICO 1 og 2, 2016 – september 2024 Primær litteratur År: PICO 1 og 2, 2018 – februar 2024 Guidelines Population: 18 år Publikationstyper: Guidelines, MTV, systematiske reviews, metaanalyser og RCT

1.2. Informationskilder

1.2.1. Guidelines

Database	Interface	fund	Dato
G-I-N International	http://www.g-i-n.net/	1	27.02.2024
NICE (UK)	http://www.nice.org.uk/	1	27.02.2024
Trip Database	https://www.tripdatabase.com/	4	27.02.2024
Scottish Intercollegiate Guidelines Network (SIGN)	http://sign.ac.uk	0	27.02.2024
HTA Databasen (CRD database)	http://www.crd.york.ac.uk/CRDWeb/	0	27.02.2024

SBU, Sverige	http://www.sbu.se	0	27.02.2024
Socialstyrelsen, Sverige	http://www.socialstyrelsen.se	1	27.02.2024
Helsedirektoratet, Norge	https://helsedirektoratet.no/	1	27.02.2024
American Psychiatric Association (APA)	https://www.psychiatry.org/	0	27.02.2024
World Federation of ADHD	https://www.adhd-federation.org/publications/	1	27.02.2024
CADDRA (Canada)	https://www.caddra.ca/	1	27.02.2024
EAGG European ADHD Guideline Group	https://eunethydis.eu/eunethydis-initiatives/european-adhd-guideline-group/	0	27.02.2024
European Network Adult ADHD	https://www.eunetworkadultadhd.com/	1	27.02.2024
Australasian ADHD Professionals Assoc	https://aadpa.com.au/australian-evidence-based-clinical-guideline-for-adhd/	1	27.02.2024
MEDLINE	OVID	70	26.02.2024
EMBASE	OVID	285	26.02.2024
CINAHL	EBSCO	38	26.02.2024
PsycInfo	OVID	120	26.02.2024

Fund i alt (efter dublettsortering/afkortning af søgeperioden til 2018-24): 127 referencer

Note:

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks.
- De fundne referencer er overført til Covidence til brug for fagkonsulenten og arbejdsgruppen.
- Fuldttekster præsenteres i Covidence i pdf-format eller som link
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestrategi genererer
- Covidence = webbaseret referencehåndteringssystem og kvalitetsvurderingsværktøj

1.2.2. Systematiske reviews og metaanalyser

Database	Interface	fund	Dato
Medline (inkl. Cochrane Reviews)	OVID	505	03.07.2024
Embase (inkl. Cochrane Reviews)	OVID	1119	03.07.2024
PsycInfo	OVID	180	03.07.2024
Cinahl	EBSCO	144	08.07.2024

Note:

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til Covidence (referenceværktøj)
- Fuldtekster præsenteres i Covidence i pdf-format
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

Det samlede søgeresultatet er overført til Covidence, efter dublet sortering i alt 1222 referencer.

1.2.3. Primær litteratur

Database	Interface	fund	Dato
Medline (inkl. Cochrane Reviews)	OVID	569	12.09.2024
Embase (inkl. Cochrane Reviews)	OVID	1153	12.09.2024
PsycInfo	OVID	221	12.09.2024
Cinahl	EBSCO	157	13.09.2024

Det samlede søgeresultatet er overført til Covidence efter dublet sortering i alt 1303 referencer.

1.3. Søgestrategi

1.3.1. Guidelines PICO 1-2

The European ADHD Guidelines Group

The European ADHD Guidelines Group	Fund	Søgt på
GIN	1	ADHD OR attention deficit
NICE	1	NICE Guidance – Conditions and Diseases – Mental health and behavioural conditions - Attention deficit disorder
Trip Database	4	ADHD OR attention deficit
SIGN	0	Alle emner
HTA	0	((ADHD OR attention deficit):TI AND (Guideline* or practice guideline* or clinical guideline* or guidance or consensus or recommendations)) and (Project record:ZDT OR Full publication record:ZDT) IN HTA FROM 2014 TO 2024
SBU	0	ADHD, attention deficit, uppmärksamhetsstörning
Socialstyrelsen	1	ADHD, attention deficit, uppmärksamhetsstörning
Helsedirektoratet	1	ADHD, AD/HD, attention deficit, hyperkinetisk forstyrrelse
American Psychiatric Association (APA)	0	ADHD, attention deficit
World federation of ADHD	1	ADHD, attention deficit
CADDRA (Canada)	1	ADHD, attention deficit
EAGG European ADHD Guideline Group	0	ADHD, attention deficit
European Network Adult ADHD	1	ADHD, attention deficit

Australasian ADHD Professionals Association	1	ADHD, attention deficit
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Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions** 1946 to February 23, 2024

Search Strategy:

#	Searches	Results
1	exp Attention Deficit Disorder with Hyperactivity/	35589
2	(ADHD or ADDH or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 Disorder*) or (attention-deficit adj1 disorder*) or attention-deficit-disorder*).ti, bt, ab, kf.	35845
3	or/1-2	46113
4	exp Adult/	8021961
5	adult.ti, bt, ab, kf.	935506
6	or/4-5	8546334
7	(Guideline or Practice guideline).pt.	38184
8	Guidelines as topic/	42111
9	Practice guidelines as topic/	127843
10	Health planning guidelines/	4165
11	(Guideline* or practice guideline* or clinical guideline* or hta or health technology Assessment* or consensus or recommendations).ti, bt, kf.	191768
12	or/7-11	326715
13	3 and 6 and 12	157
14	limit 13 to (yr="2014-2024" and (english or danish or norwegian or swedish))	70

Embase

Database(s): **Embase** 1974 to 2024 February 23

Search Strategy:

#	Searches	Results
1	exp attention deficit hyperactivity disorder/	12712
2	(ADHD or ADDH or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 Disorder*) or (attention-deficit adj1 disorder*) or attention-deficit-disorder*).ti, bt, ab, kf.	51928
3	or/1-2	57117
4	exp Adult/	11060201
5	adult.ti, bt, ab, kf.	1256836
6	or/4-5	11533227
7	Practice guideline/	573819
8	(Guideline* or practice guideline* or clinical guideline* or hta or health technology Assessment* or consensus or recommendations).ti, bt, kf.	254960
9	or/7-8	705890
10	3 and 6 and 9	404

11	limit 10 to (yr="2014-2024" and (english or danish or norwegian or swedish))	285
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PsycINFO

Search Strategy:

#	Searches	Results
1	exp Attention Deficit Disorder/	32779
2	(ADHD or ADDH or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 Disorder*) or (attention-deficit adj1 disorder*) or attention-deficit-disorder*).ti,ab,id.	36546
3	or/1-2	39621
4	adult.ti,ab,id.	251088
5	Treatment guidelines/	9732
6	(Guideline* or practice guideline* or clinical guideline* or hta or health technology Assessment* or consensus or recommendations).ti,ab,id.	219023
7	or/5-6	220563
8	3 and 4 and 7	248
9	limit 8 to (yr="2014-2024" and (english or danish or norwegian or swedish))	120

Cinahl

Search Strategy:

#	Searches	Limiters/Expanders	Results
S10	S4 AND S5 AND S9	Limiters - Publication Date: 20140101-20240231; Language: Danish, English, Norwegian, Swedish	38
S9	S6 OR S7 OR S8	Expanders - Apply equivalent subjects	156,140
S8	SU (Guideline* or practice guideline* or clinical guideline* or hta or health technology Assessment* or consensus or recommendations)	Search modes - Boolean/Phrase	106,238
S7	TI (Guideline* or practice guideline* or clinical guideline* or hta or health technology Assessment* or consensus or recommendations)	Expanders - Apply equivalent subjects	83,409
S6	MH "Practice Guidelines"	Search modes - Boolean/Phrase	87,177
S5	adult*	Expanders - Apply equivalent subjects	1,616,861
S4	S1 OR S2 OR S3	Search modes - Boolean/Phrase	21,842
S3	SU (ADHD or ADDH or (hyperkinetic N1 disorder*) or hkd or (Attention N1 Deficit N1 Disorder*) or (attention-deficit N1 disorder*) or attention-deficit-disorder*)	Expanders - Apply equivalent subjects	19,385
S2	TI (ADHD or ADDH or (hyperkinetic N1 disorder*) or hkd or (Attention N1 Deficit N1 Disorder*) or (attention-deficit N1 disorder*) or attention-deficit-disorder*)	Search modes - Boolean/Phrase	11,932

S1	MH "Attention Deficit Hyperactivity Disorder"	Expanders - Apply equivalent subjects	19,385
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1.3.2. Sekundærlitteratur PICO 1-2

Medline

Database(s): Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions 1946 to July 02, 2024

Search Strategy:

#	Searches	Results
1	"Attention deficit and disruptive behavior disorders"/	3286
2	Attention Deficit Disorder with Hyperactivity/	36206
3	(ADHD or ADDH or ADHS or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 (Disorder or hyperactivity)) or (attention-deficit adj1 (disorder or hyperactivity)) or attention-deficit-disorder).ti, bt, ab, kf.	45346
4	(over activity or over-activity or overactivity).ti, bt, ab, kw.	8221
5	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis).ti, bt, ab, kf.	94394
6	Neurodevelopmental Disorders/	5141
7	Conduct disorder/	3981
8	((Neurodevelopmental adj (Disorder* or disabilit*)) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) adj (disabilit* or disorder* or dysfunction*)) or (mental adj1 (disease* or disorder* or dysfunction*))).ti, bt, kf.	34771
9	or/1-8	154711
10	Behavior therapy/	30975
11	Cognitive therapy/	31498
12	Dialectical Behavior Therapy/	315
13	exp Cognitive behavioral therapy/	38646
14	Cognitive remediation/	624
15	Neurofeedback/	1448
16	(cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*r*) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation))).ti, bt, ab, kf.	152138
17	(psychotherapy or psychoeducation or psycho-education).ti, bt, ab, kw, sh.	85160
18	((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) adj6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)).ti, bt, ab, kf, hw.	317930
19	((social or psycho-social or psychosocial or study or organization*) adj1 (skills or competence)).ti, bt, ab, kf, hw.	12652
20	((behavior*r or cognitive or psychological or lifestyle or life-style or life style or environment*) adj2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)).ti, bt, ab, kf, hw.	122050
21	((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) adj6 (training or therapy or intervention or program* or course* or support or education or counseling or coaching or mentor*)).ti, bt, ab, kf, hw.	17230
22	((metacognitive or meta cognitive or meta-cognitive) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*)).ti, bt, ab, kf, hw.	1103

23	Hypnotherapy.ti,bt,ab,kw.	1323
24	(Eye movement desensitization reprocessing or EMDR).ti,bt,ab,kw.	918
25	Memory training.ti,bt,ab,kw.	1187
26	(Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback).ti,bt,ab,kw.	46524
27	exp mind-body therapies/	48595
28	exp breathing exercises/	4366
29	meditation/	4002
30	relaxation therapy/	6618
31	therapeutic touch/	999
32	massage/	6959
33	Tai ji/	1551
34	Yoga/	4058
35	Complementary Therapies/	18461
36	((body or body-based or mind-body or mind body) adj3 (therap* or treatment* or awareness or massag*).ti,bt,ab,kf.	17409
37	(therapeutic touch or relaxation or massage or meditation or yoga or tai ji or tai chi or qigong).ti,bt,ab,kf.	166750
38	((breathing or mind body or mind-body) adj3 (exercise* or training)).ti,bt,ab,kf.	3931
39	Mindfulness/	7060
40	(mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking).ti,bt,ab,kf.	14871
41	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored).ti,bt,ab,kf.	5564
42	(Guided imagery or BBAT).ti,bt,ab,kw.	969
43	Motivational interviewing.ti,bt,ab,kw.	5706
44	exp exercise/	258716
45	exp exercise therapy/	66653
46	exp Sports/	224431
47	exp Physical Exertion/	57660
48	exp Exercise Movement Techniques/	10852
49	exp "Physical Education and Training"/	14307
50	Weight-Bearing/	22152
51	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness).ti,bt,ab,kf.	1219126
52	(physical adj1 (activity or education or program*).ti,bt,ab,kf.	166093
53	((exercise or movement) adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*).ti,bt,ab,kf.	94151
54	Movement quality.ti,bt,ab,kw.	606
55	(physical therap* or physiotherap*).ti,bt,ab,kw.	69311
56	((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesiotherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*).ti,bt,ab,kf.	1009744
57	(active adj1 rehabilitation).ti,bt,ab,kf.	604

58	(aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqua or aqua or pool) adj1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) adj4 (exercis* or train* or rehab*)))ti, bt, ab, kf.	189655
59	(running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*)))ti, bt, ab, kf.	436013
60	((upper body or lower body) adj2 (exercise* or training or program*))ti, bt, ab, kf.	1112
61	(sensory adj1 (modulation or integration))ti, bt, ab, kf.	2385
62	or/10-61	3235612
63	exp adult/	8115982
64	adult*.ti, bt, ab, kw.	1656167
65	or/63-64	8894691
66	g and 62 and 65	8025
67	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or complimentary or integrat* or holistic or alternative or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or multi-facet* or multifacet* or comprehensive or multiple or rehabilitati*) adj6 (therap* or treatment* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care))ti, bt, kf.	256431
68	g and 65 and 67	518
69	66 or 68	8289
70	(exp Child/ or exp Adolescent/) not (exp adult/ and (exp Child/ or exp Adolescent/))	1691611
71	69 not 70	7875
72	limit 71 to (systematic review or meta analysis)	238
73	((systematic* or method* or rapid or integrative or umbrella) adj3 (review* or overview* or study or studies or search* or approach* or analysis or evaluation)) or meta analy* or meta-analy* or metaanaly* or meta synthes* or meta-synthes* or metasyntes*)ti, bt, ab, kf.	1589756
74	exp Network Meta-Analysis/	6347
75	(network adj1 (meta analy* or meta-analy* or metaanaly*))ti, bt, ab, kf.	11020
76	((multiple or mixed) adj1 (treatment* or therap*) adj1 (meta analy* or meta-analy* or metaanaly* or comparison*)) or (indirect adj1 comparison*))ti, bt, ab, kf.	3346
77	(pool* adj1 (data or analys* or studies))ti, ab.	32567
78	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)ti, ab.	422662
79	Cochrane.jw.	16752
80	or/73-79	1723998
81	71 and 80	894
82	72 or 81	899
83	limit 82 to (yr="2017-2024" and (english or danish or norwegian or swedish))	535
84	limit 83 to (randomized controlled trial or controlled clinical trial or letter or editorial or autobiography or biography or news)	30
85	83 not 84	505

Embase

Database(s): **Embase 1974 to 2024 July 02**

Search Strategy:

#	Searches	Results
1	exp attention deficit hyperactivity disorder/	14943
2	(ADHD or ADDH or ADHS or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 (Disorder or hyperactivity)) or (attention-deficit adj1 (disorder or hyperactivity)) or attention-deficit-disorder).ti, bt, ab, kf.	63807
3	(over activity or over-activity or overactivity).ti, bt, ab, kw.	13491
4	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis).ti, bt, ab, kf.	128182
5	Conduct disorder/	9340
6	((Neurodevelopmental adj (Disorder* or disabilit*)) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) adj (disabilit* or disorder* or dysfunction*)) or (mental adj1 (disease* or disorder* or dysfunction*))).ti, bt, kf.	32195
7	or/1-6	194294
8	Behavior therapy/	47154
9	Cognitive therapy/	44914
10	Dialectical Behavior Therapy/	1351
11	exp Cognitive behavioral therapy/	32020
12	Cognitive remediation therapy/	1801
13	Neurofeedback/	4573
14	(cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*r*) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation))).ti, bt, ab, kf.	200846
15	(psychotherapy or psychoeducation or psycho-education).ti, bt, ab, kw, sh.	129928
16	((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) adj6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)).ti, bt, ab, kf, hw.	464102
17	((social or psycho-social or psychosocial or study or organization*) adj1 (skills or competence)).ti, bt, ab, kf, hw.	19756
18	((behavior?r or cognitive or psychological or lifestyle or life-style or life style or environment*) adj2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)).ti, bt, ab, kf, hw.	211400
19	((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) adj6 (training or therapy or intervention or program* or course* or session* or support or education or counseling or coaching or mentor*)).ti, bt, ab, kf, hw.	25190
20	((metacognitive or meta cognitive or meta-cognitive) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*)).ti, bt, ab, kf, hw.	1334
21	Hypnotherapy.ti, bt, ab, kw.	1757
22	(Eye movement desensitization reprocessing or EMDR).ti, bt, ab, kw.	1238
23	Memory training.ti, bt, ab, kw.	1550
24	(Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback).ti, bt, ab, kw.	55965
25	breathing exercise/	10895
26	exp meditation/	11624
27	relaxation training/	12557

28	therapeutic touch/	157
29	Tai chi/	4329
30	Yoga/	12140
31	((body or body-based or mind-body or mind body) adj3 (therap* or treatment* or awareness or massag*)).ti,bt,ab,kf.	27370
32	(therapeutic touch or relaxation or meditation or yoga or tai ji or tai chi or qigong).ti,bt,ab,kf.	175869
33	((breathing or mind body or mind-body) adj3 (exercise* or training)).ti,bt,ab,kf.	5785
34	exp Mindfulness/	17455
35	(mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking).ti,bt,ab,kf.	18499
36	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored).ti,bt,ab,kf.	7030
37	(Guided imagery or BBAT).ti,bt,ab,kw.	1403
38	Motivational interviewing.ti,bt,ab,kw.	8136
39	exp exercise/	458129
40	exp exercise therapy/	105597
41	exp Physical Exertion/	458129
42	exp Exercise Movement Techniques/	105597
43	exp "Physical Education and Training"/	14235
44	Weight-Bearing/	36220
45	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness).ti,bt,ab,kf.	1606851
46	(physical adj1 (activity or education or program*)).ti,bt,ab,kf.	222180
47	((exercise or movement) adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,bt,ab,kf.	127854
48	Movement quality.ti,bt,ab,kw.	738
49	(physical therap* or physiotherap*).ti,bt,ab,kw.	108700
50	((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesi* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)).ti,bt,ab,kf.	1219656
51	(active adj1 rehabilitation).ti,bt,ab,kf.	883
52	((aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqua or aqua or pool) adj1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) adj4 (exercis* or train* or rehab*))).ti,bt,ab,kf.	227708
53	((running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*))).ti,bt,ab,kf.	546972
54	((upper body or lower body) adj2 (exercise* or training or program*)).ti,bt,ab,kf.	1239
55	(sensory adj1 (modulation or integration)).ti,bt,ab,kf.	3197
56	or/8-55	4060599

57	adult/ or exp aged/ or exp institutionalized adult/ or exp middle aged/ or exp young adult/	11340368
58	adult*.ti,bt,ab,kw.	2211656
59	or/57-58	12070845
60	7 and 56 and 59	14821
61	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or complimentary or integrat* or holistic or alternative or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or multi-facet* or multifacet* or comprehensive or multiple or rehabilitati*) adj6 (therap* or treatment* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation)).ti,bt,kf.	315073
62	7 and 59 and 61	913
63	60 or 62	15245
64	(exp Child/ or exp Adolescent/) not (exp adult/ and (exp Child/ or exp Adolescent/))	2583175
65	63 not 64	14527
66	limit 65 to (systematic review or meta analysis)	619
67	((systematic* or method* or rapid or integrative or umbrella) adj3 (review* or overview* or study or studies or search* or approach* or analysis or evaluation)) or meta analy* or meta-analy* or metaanaly* or meta syntheses* or meta-syntheses* or metasyntheses*).ti,bt,ab,kf.	2044446
68	Network Meta-Analysis/	9221
69	(network adj1 (meta analy* or meta-analy* or metaanaly*))ti,bt,ab,kf.	15235
70	((multiple or mixed) adj1 (treatment* or therap*) adj1 (meta analy* or meta-analy* or metaanaly* or comparison*)) or (indirect adj1 comparison*).ti,bt,ab,kf.	6208
71	(pool* adj1 (data or analys* or studies)).ti,ab.	49114
72	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	509895
73	Cochrane,jw.	25141
74	or/67-73	2221720
75	65 and 74	1676
76	66 or 75	1731
77	limit 76 to (yr="2017-2024" and (english or danish or norwegian or swedish))	1213
78	limit 77 to (randomized controlled trial or controlled clinical trial)	93
79	77 not 78	1120
80	limit 79 to (letter or editorial or note)	1
81	79 not 80	1119

PsycINFODatabase(s): **APA PsycInfo** 1806 to June Week 4 2024

Search Strategy:

#	Searches	Results
1	exp Attention Deficit Disorder/	33409
2	(ADHD or ADDH or ADHS or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 (Disorder or hyperactivity)) or (attention-deficit adj1 (disorder or hyperactivity)) or attention-deficit-disorder).ti,ab,id.	42531
3	(over activity or over-activity or overactivity).ti,ab,id.	1426

4	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis).ti,ab,id.	70986
5	Conduct disorder/	4844
6	((Neurodevelopmental adj (Disorder* or disabilit*) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) adj (disabilit* or disorder* or dysfunction*)) or (mental adj1 (disease* or disorder* or dysfunction*)))).ti,id.	39784
7	or/1-6	118366
8	Behavior therapy/	16511
9	Dialectical Behavior Therapy/	2023
10	exp Cognitive behavior therapy/	56824
11	Cognitive remediation/	1069
12	Neurotherapy/	1986
13	(cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation))).ti,ab,id.	167571
14	(psychotherapy or psychoeducation or psycho-education).ti,ab,id,sh.	132602
15	((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) adj6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)).ti,ab,id,hw.	308758
16	((social or psycho-social or psychosocial or study or organization*) adj1 (skills or competence)).ti,ab,id,hw.	34429
17	((behavior* or cognitive or psychological or lifestyle or life-style or life style or environment*) adj2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)).ti,ab,id,hw.	75597
18	((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) adj6 (training or therapy or intervention or program* or course* or support or education or counseling or coaching or mentor)).ti,ab,id,hw.	10398
19	((metacognitive or meta cognitive or meta-cognitive) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*)).ti,ab,id,hw.	2956
20	Hypnotherapy.ti,ab,id,sh.	5464
21	(Eye movement desensitization reprocessing or EMDR).ti,ab,id,sh.	2302
22	Memory training.ti,ab,id.	1458
23	(Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback).ti,ab,id.	16341
24	exp mind body therapy/	10139
25	exp breathing techniques/	101
26	exp meditation/	6062
27	exp relaxation therapy/	9754
28	Yoga/	2621
29	((body or body-based or mind-body or mind body) adj3 (therap* or treatment* or awareness or massag*)).ti,ab,id,hw.	5912
30	(therapeutic touch or relaxation or massage or meditation or yoga or tai ji or tai chi or qigong).ti,ab,id.	31690
31	((breathing or mind body or mind-body) adj3 (exercise* or training)).ti,ab,id.	965
32	exp Mindfulness/ or exp Mindfulness-Based Interventions/	16425
33	(mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking).ti,ab,id.	21227
34	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored).ti,ab,id.	6691
35	(Guided imagery or BBAT).ti,ab,id.	1394
36	Motivational interviewing.ti,ab,id.	4761
37	exp exercise/	33954
38	exp exercise therapy/	676

39	exp Physical Fitness/	5154
40	exp Physical Activity/	57268
41	exp Movement therapy/	1561
42	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness).ti,ab,id.	481825
43	(physical adj1 (activity or education or program*)).ti,ab,id.	52464
44	((exercise or movement) adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,ab,id.	20821
45	Movement quality.ti,ab,id.	168
46	(physical therap* or physiotherap*).ti,ab,id.	8953
47	((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesitherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)).ti,ab,id.	261148
48	(active adj1 rehabilitation).ti,ab,id.	85
49	(aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqva or aqua or pool) adj1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) adj4 (exercis* or train* or rehab*))).ti,ab,id.	10063
50	(running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*))).ti,ab,id.	82822
51	((upper body or lower body) adj2 (exercise* or training or program*)).ti,ab,id.	68
52	(sensory adj1 (modulation or integration)).ti,ab,id.	2012
53	or/8-52	1265935
54	(adult or adults).ti,ab,id.	544629
55	7 and 53 and 54	3549
56	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or complimentary or integrat* or holistic or alternative or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or multi-facet* or multifacet* or comprehensive or multiple or rehabilitati*) adj6 (therap* or treatment* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care)).ti,id.	87310
57	7 and 54 and 56	237
58	55 or 57	3656
59	limit 58 to ("0830 systematic review" or "1200 meta analysis")	144
60	((systematic* or method* or rapid or integrative or umbrella) adj3 (review* or overview* or study or studies or search* or approach* or analysis or evaluation)) or meta analy* or meta-analy* or metaanaly* or meta synthes* or meta-synthes* or metasyntes*).ti,ab,id.	325188
61	(network adj1 (meta analy* or meta-analy* or metaanaly*)).ti,ab,id.	816
62	((multiple or mixed) adj1 (treatment* or therap*) adj1 (meta analy* or meta-analy* or metaanaly* or comparison*)) or (indirect adj1 comparison*).ti,ab,id.	292
63	(pool* adj1 (data or analys* or studies)).ti,ab.	3274
64	or/60-63	327263
65	58 and 64	350
66	59 or 65	355

67	limit 66 to (yr="2017-2024" and (english or danish or norwegian or swedish))	180
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Cinahl

Søgt 08.07.2024

#	Query	Limiters/Expanders	Results
S70	S62 AND S69	Limiters - Publication Date: 20170101-20240731; Peer Reviewed; Age Groups: All Adult; Language: Danish, English, Norwegian, Swedish	144
S69	S63 OR S64 OR S65 OR S66 OR S67 OR S68		609,652
S68	((pool* N1 (data or analys* or studies)))		16,768
S67	(((((multiple or mixed) N1 (treatment* or therap*) N1 (meta analy* or meta-analy* or metaanaly* or comparison*)) or (indirect N1 comparison*))		1,489
S66	((network N1 (meta analy* or meta-analy* or metaanaly*))		4,645
S65	(((((systematic* or method* or rapid or integrative or umbrella) N3 (review* or overview* or study or studies or search* or approach* or analysis or evaluation)) or meta analy* or meta-analy* or metaanaly* or meta syntheses* or meta-synthes* or metasynthes*))		592,646
S64	MH ("systematic review" or "meta analysis")		166,632
S63	PT (systematic review or meta analysis)		177,058
S62	S59 OR S61		3,869
S61	S6 AND S58 AND S60		129
S60	TI (((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or complimentary or integrat* or holistic or alternative or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or multi-facet* or multifacet* or comprehensive or multiple or rehabilitati*) N6 (therap* or treatment* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care)))		74,004
S59	S6 AND S55 AND S58		3,818
S58	S56 OR S57		2,259,702
S57	adult*		1,624,522
S56	(MH "Adult*")		2,090,436
S55	S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38 OR S39 OR S40 OR S41 OR S42 OR S43 OR S44 OR S45 OR S46 OR S47 OR S48 OR S49 OR S50 OR S51 OR S52 OR S53 OR S54		1,172,171
S54	((sensory N1 (modulation or integration)))		2,559
S53	((upper body or lower body) N2 (exercise* or training or program*))		697

S52	((running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* N2 ball) or (weight* N3 (lift* or train* or exercis*))))	145,724
S51	((aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqva or aqua or pool) N1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) N4 (exercis* or train* or rehab*))))	39,510
S50	(active N1 rehabilitation)	373
S49	((((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesitherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) N3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)))	252,342
S48	((physical therap* or physiotherap*))	92,802
S47	Movement quality	1,290
S46	((((exercise or movement) N3 (session* or training or technique* or physical or isometric or therap* or program* or class*))	65,768
S45	((physical N1 (activity or education or program*)))	112,233
S44	((exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness))	577,862
S43	(MH "Therapeutic Exercise+")	66,104
S42	(MH "Exercise Movement Techniques+")	219
S41	(MH "Sports+")	92,771
S40	(MH "Physical Therapy+")	163,625
S39	(MH "exercise therapy+")	892
S38	(MH "Exercise+")	132,770
S37	Motivational interviewing	5,882
S36	MH "Motivational interviewing"	4,325
S35	((Guided imagery or BBAT))	3,454
S34	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored)	3,246
S33	((mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking))	12,212
S32	(MH "Mindfulness+")	9,178
S31	((((breathing or mind body or mind-body) N3 (exercise* or training)))	4,310
S30	((therapeutic touch or relaxation therapy or massage or meditation or yoga or tai ji or tai chi or qigong))	44,508
S29	((body or body-based or mind-body or mind body) N3 (therap* or treatment* or awareness or massag*))	8,930
S28	(MH "Massage+")	17,471

S27	(MH "Massage Therapy")	462
S26	(MH "Therapeutic Touch")	1,582
S25	(MH "Simple Relaxation Therapy (Iowa NIC)") OR (MH "Relaxation Techniques")	4,328
S24	(MH "Breathing Exercises+")	3,182
S23	(MH "Mind Body Techniques") OR (MH "Dance Therapy") OR (MH "Guided Imagery") OR (MH "Meditation") OR (MH "Relaxation Techniques+") OR (MH "Tai Chi") OR (MH "Yoga+")	28,728
S22	((Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback))	13,258
S21	Memory training	1,081
S20	((Eye movement desensitization reprocessing or EMDR))	502
S19	Hypnotherapy	2,435
S18	((((metacognitive or meta cognitive or meta-cognitive) N3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*)))	792
S17	((((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) N6 (training or therapy or intervention or program* or course* or support or education or counseling or coaching or mentor*)))	13,315
S16	((((behavio?r or cognitive or psychological or lifestyle or life-style or life style or environment*) N2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)))	48,869
S15	((((social or psycho-social or psychosocial or study or organization*) N1 (skills or competence)))	13,336
S14	((((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) N6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)))	256,650
S13	((psychotherapy or psychoeducation or psycho-education))	44,691
S12	(cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*?) N3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation)))	56,487
S11	MH "Biofeedback"	4,210
S10	MH "Cognitive remediation"	176
S9	MH "Dialectical Behavior Therapy"	244
S8	(MH "Cognitive therapy+")	31,336
S7	(MH "Behavior Therapy+")	43,815
S6	S1 OR S2 OR S3 OR S4 OR S5	42,736
S5	(Neurodevelopmental N1 (Disorder* or disabilit*) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) N1 (disabilit* or disorder* or dysfunction*)) or (mental N1 (disease* or disorder* or dysfunction*))	98,041
S4	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis)	32,496
S3	(over activity or over-activity or overactivity)	6,299
S2	(ADHD or ADDH or ADHS or (hyperkinetic N1 disorder*) or hkd or (Attention N1 Deficit N1 (Disorder or hyperactivity))	25,986

	or (attention-deficit N1 (disorder or hyperactivity)) or attention-deficit-disorder)	
S1	(MH "Attention Deficit Hyperactivity Disorder")	19,570

1.3.3. Primærlitteratur PICO 1-2

Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions** 1946 to September 11, 2024

Search Strategy:

#	Searches	Results
1	"Attention deficit and disruptive behavior disorders"/	3292
2	Attention Deficit Disorder with Hyperactivity/	36444
3	(ADHD or ADDH or ADHS or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 (Disorder or hyperactivity)) or (attention-deficit adj1 (disorder or hyperactivity)) or attention-deficit-disorder).ti, bt, ab, kf.	45876
4	(over activity or over-activity or overactivity).ti, bt, ab, kw.	8273
5	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis).ti, bt, ab, kf.	95399
6	Neurodevelopmental Disorders/	5345
7	Conduct disorder/	3993
8	((Neurodevelopmental adj (Disorder* or disabilit*)) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) adj (disabilit* or disorder* or dysfunction*)) or (mental adj1 (disease* or disorder* or dysfunction*))).ti, bt, kf.	35292
9	or/1-8	156427
10	Behavior therapy/	31070
11	Cognitive therapy/	31796
12	Dialectical Behavior Therapy/	335
13	exp Cognitive behavioral therapy/	39114
14	Cognitive remediation/	635
15	Neurofeedback/	1469
16	(cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*r*) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation*))).ti, bt, ab, kf.	154289
17	(psychotherapy or psychoeducation or psycho-education).ti, bt, ab, kw, sh.	85683
18	((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) adj6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)).ti, bt, ab, kf, hw.	322247
19	((social or psycho-social or psychosocial or study or organization*) adj1 (skills or competence)).ti, bt, ab, kf, hw.	12775
20	((behavior*r or cognitive or psychological or lifestyle or life-style or life style or environment*) adj2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)).ti, bt, ab, kf, hw.	124057
21	((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) adj6 (training or therapy or intervention or program* or course* or support or education or counseling or coaching or mentor*))).ti, bt, ab, kf, hw.	17475

22	((metacognitive or meta cognitive or meta-cognitive) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*)).ti, bt, ab, kf, hw.	1121
23	Hypnotherapy.ti, bt, ab, kw.	1336
24	(Eye movement desensitization reprocessing or EMDR).ti, bt, ab, kw.	930
25	Memory training.ti, bt, ab, kw.	1199
26	(Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback).ti, bt, ab, kw.	47557
27	exp mind-body therapies/	48907
28	exp breathing exercises/	4432
29	meditation/	4050
30	relaxation therapy/	6638
31	therapeutic touch/	1002
32	massage/	6993
33	Tai ji/	1580
34	Yoga/	4104
35	Complementary Therapies/	18513
36	((body or body-based or mind-body or mind body) adj3 (therap* or treatment* or awareness or massag*)).ti, bt, ab, kf.	17655
37	(therapeutic touch or relaxation or massage or meditation or yoga or tai ji or tai chi or qigong).ti, bt, ab, kf.	168222
38	((breathing or mind body or mind-body) adj3 (exercise* or training)).ti, bt, ab, kf.	4013
39	Mindfulness/	7235
40	(mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking).ti, bt, ab, kf.	15246
41	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored).ti, bt, ab, kf.	5705
42	(Guided imagery or BBAT).ti, bt, ab, kw.	980
43	Motivational interviewing.ti, bt, ab, kw.	5772
44	exp exercise/	261364
45	exp exercise therapy/	67569
46	exp Sports/	226195
47	exp Physical Exertion/	57710
48	exp Exercise Movement Techniques/	11003
49	exp "Physical Education and Training"/	14339
50	Weight-Bearing/	22320
51	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness).ti, bt, ab, kf.	1237827
52	(physical adj1 (activity or education or program*)).ti, bt, ab, kf.	168619
53	((exercise or movement) adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti, bt, ab, kf.	95441
54	Movement quality.ti, bt, ab, kw.	619
55	(physical therap* or physiotherap*).ti, bt, ab, kw.	70333
56	((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesitherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)).ti, bt, ab, kf.	1024794
57	(active adj1 rehabilitation).ti, bt, ab, kf.	605
58	(aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqua or aqua or pool) adj1 (aerobic* or gym*))) or gym or gymnastic* or ((warm water or aquatic or aquatic) adj4 (exercis* or train* or rehab*))).ti, bt, ab, kf.	191628

59	((running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*)))ti, bt, ab, kf.	441386
60	((upper body or lower body) adj2 (exercise* or training or program*))ti, bt, ab, kf.	1115
61	(sensory adj1 (modulation or integration))ti, bt, ab, kf.	2426
62	or/10-61	3278690
63	exp adult/	8180695
64	adult*ti, bt, ab, kw.	1676490
65	or/63-64	8969950
66	9 and 62 and 65	8152
67	(exp Child/ or exp Adolescent/) not (exp adult/ and (exp Child/ or exp Adolescent/))	1700502
68	66 not 67	7738
69	limit 68 to (randomized controlled trial or controlled clinical trial)	741
70	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct)ti, bt, ab, kf.	961328
71	Placebo*ti, bt, ab, kf.	260820
72	((single-blind* or double-blind* or triple-blind*) adj2 (method or studies))ti, bt, ab, kf.	4611
73	((single or double or triple) adj2 (blind*3 or mask*3) adj2 (method or studies))ti, bt, ab, kf.	4699
74	((patient* or person* or participant* or population* or allocat* or assign*) adj3 random*)ti, ab.	330173
75	or/70-74	1187458
76	68 and 75	1141
77	69 or 76	1299
78	limit 77 to (yr="2016-2024" and (english or danish or norwegian or swedish))	658
79	limit 78 to (systematic reviews or meta analysis)	89
80	78 not 79	569

Embase

Database(s): **Embase** 1974 to 2024 September 11

Search Strategy:

#	Searches	Results
1	exp attention deficit hyperactivity disorder/	15923
2	(ADHD or ADDH or ADHS or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 (Disorder or hyperactivity)) or (attention-deficit adj1 (disorder or hyperactivity)) or attention-deficit-disorder)ti, bt, ab, kf.	64643
3	(over activity or over-activity or overactivity)ti, bt, ab, kw.	13589
4	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis)ti, bt, ab, kf.	129757
5	Conduct disorder/	9433
6	((Neurodevelopmental adj (Disorder* or disabilit*) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) adj (disabilit* or disorder* or dysfunction*)) or (mental adj1 (disease* or disorder* or dysfunction*)))ti, bt, kf.	32838
7	or/1-6	197095
8	Behavior therapy/	47427
9	Cognitive therapy/	44967
10	Dialectical Behavior Therapy/	1400
11	exp Cognitive behavioral therapy/	33084

12	Cognitive remediation therapy/	1844
13	Neurofeedback/	4662
14	((cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation))))ti.bt.ab.kf.	203881
15	((psychotherapy or psychoeducation or psycho-education).ti.bt.ab.kw.sh.	131193
16	((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) adj6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)).ti.bt.ab.kf.hw.	470855
17	((social or psycho-social or psychosocial or study or organization*) adj1 (skills or competence)).ti.bt.ab.kf.hw.	20017
18	((behavior* or cognitive or psychological or lifestyle or life-style or life style or environment*) adj2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)).ti.bt.ab.kf.hw.	215139
19	((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) adj6 (training or therapy or intervention or program* or course* or session* or support or education or counseling or coaching or mentor*))ti.bt.ab.kf.hw.	25520
20	((metacognitive or meta cognitive or meta-cognitive) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*))ti.bt.ab.kf.hw.	1349
21	Hypnotherapy.ti.bt.ab.kw.	1777
22	(Eye movement desensitization reprocessing or EMDR).ti.bt.ab.kw.	1276
23	Memory training.ti.bt.ab.kw.	1568
24	(Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback).ti.bt.ab.kw.	57117
25	breathing exercise/	11082
26	exp meditation/	11811
27	relaxation training/	12665
28	therapeutic touch/	166
29	Tai chi/	4384
30	Yoga/	12399
31	((body or body-based or mind-body or mind body) adj3 (therap* or treatment* or awareness or massag*))ti.bt.ab.kf.	27949
32	(therapeutic touch or relaxation or meditation or yoga or tai ji or tai chi or qigong).ti.bt.ab.kf.	177625
33	((breathing or mind body or mind-body) adj3 (exercise* or training)).ti.bt.ab.kf.	5890
34	exp Mindfulness/	17934
35	(mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking).ti.bt.ab.kf.	18943
36	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored).ti.bt.ab.kf.	7197
37	(Guided imagery or BBAT).ti.bt.ab.kw.	1426
38	Motivational interviewing.ti.bt.ab.kw.	8260
39	exp exercise/	464580
40	exp exercise therapy/	107134
41	exp Physical Exertion/	464580
42	exp Exercise Movement Techniques/	107134
43	exp "Physical Education and Training"/	14391
44	Weight-Bearing/	36591
45	((exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness).ti.bt.ab.kf.	1632244
46	(physical adj1 (activity or education or program*))ti.bt.ab.kf.	225603
47	((exercise or movement) adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*))ti.bt.ab.kf.	129597

48	Movement quality.ti, bt, ab, kw.	752
49	(physical therap* or physiotherap*).ti, bt, ab, kw.	110200
50	((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesitherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)).ti, bt, ab, kf.	1238265
51	(active adj1 rehabilitation).ti, bt, ab, kf.	894
52	(aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqua or aqua or pool) adj1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) adj4 (exercis* or train* or rehab*))).ti, bt, ab, kf.	230261
53	(running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*))).ti, bt, ab, kf.	553682
54	((upper body or lower body) adj2 (exercise* or training or program*)).ti, bt, ab, kf.	1246
55	(sensory adj1 (modulation or integration)).ti, bt, ab, kf.	3251
56	or/8-55	4119596
57	adult/ or exp aged/ or exp institutionalized adult/ or exp middle aged/ or exp young adult/	11515562
58	adult*.ti, bt, ab, kw.	2243527
59	or/57-58	12250721
60	7 and 56 and 59	15140
61	(exp Child/ or exp Adolescent/) not (exp adult/ and (exp Child/ or exp Adolescent/))	2606969
62	60 not 61	14420
63	limit 62 to (randomized controlled trial or controlled clinical trial)	1220
64	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*))) or rct).ti, bt, ab, kf.	1339059
65	Placebo*.ti, bt, ab, kf.	386332
66	((single-blind* or double-blind* or triple-blind*) adj2 (method or studies)).ti, bt, ab, kf.	7107
67	((single or double or triple) adj2 (blind*3 or mask*3) adj2 (method or studies)).ti, bt, ab, kf.	7242
68	((patient* or person* or participant* or population* or allocat* or assign*) adj3 random*).ti, ab.	463256
69	or/64-68	1660006
70	62 and 69	1918
71	63 or 70	2174
72	limit 71 to (yr="2016-2024" and (english or danish or norwegian or swedish))	1336
73	limit 72 to (systematic review or meta analysis)	180
74	72 not 73	1156
75	limit 74 to (letter or editorial or note)	3
76	74 not 75	1153

PsycINFO

Database(s): APA PsycInfo 1806 to September 2024 Week 1

Search Strategy:

#	Searches	Results
1	exp Attention Deficit Disorder/	33685

2	(ADHD or ADDH or ADHS or (hyperkinetic adj1 disorder*) or hkd or (Attention adj1 Deficit adj1 (Disorder or hyperactivity)) or (attention-deficit adj1 (disorder or hyperactivity)) or attention-deficit-disorder).ti,ab,id.	42910
3	(over activity or over-activity or overactivity).ti,ab,id.	1433
4	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis).ti,ab,id.	71540
5	Conduct disorder/	4869
6	((Neurodevelopmental adj (Disorder* or disabilit*) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) adj (disabilit* or disorder* or dysfunction*)) or (mental adj1 (disease* or disorder* or dysfunction*))).ti,id.	40000
7	or/1-6	119207
8	Behavior therapy/	16566
9	Dialectical Behavior Therapy/	2053
10	exp Cognitive behavior therapy/	57264
11	Cognitive remediation/	1075
12	Emotional regulation/	17612
13	Neurotherapy/	1989
14	(cbt or dbt or ((cognitive* or cognitive-behavior* or behavior*) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation))).ti,ab,id.	168924
15	(psychotherapy or psychoeducation or psycho-education).ti,ab,id,sh.	133360
16	((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) adj6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)).ti,ab,id,hw.	311798
17	((social or psycho-social or psychosocial or study or organization*) adj1 (skills or competence)).ti,ab,id,hw.	34612
18	((behavior* or cognitive or psychological or lifestyle or life-style or life style or environment*) adj2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)).ti,ab,id,hw.	76190
19	((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) adj6 (training or therapy or intervention or program* or course* or support or education or counseling or coaching or mentor*)).ti,ab,id,hw.	10476
20	((metacognitive or meta cognitive or meta-cognitive) adj3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*)).ti,ab,id,hw.	2992
21	Hypnotherapy.ti,ab,id,sh.	5477
22	(Eye movement desensitization reprocessing or EMDR).ti,ab,id,sh.	2330
23	Memory training.ti,ab,id.	1469
24	(Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback).ti,ab,id.	16437
25	exp mind body therapy/	10229
26	exp breathing techniques/	104
27	exp meditation/	6125
28	exp relaxation therapy/	9829
29	Yoga/	2646
30	((body or body-based or mind-body or mind body) adj3 (therap* or treatment* or awareness or massag*)).ti,ab,id,hw.	5968
31	(therapeutic touch or relaxation or massage or meditation or yoga or tai ji or tai chi or qigong).ti,ab,id.	31936
32	((breathing or mind body or mind-body) adj3 (exercise* or training)).ti,ab,id.	980
33	exp Mindfulness/ or exp Mindfulness-Based Interventions/	16709
34	(mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking).ti,ab,id.	21621

35	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored).ti,ab,id.	6826
36	(Guided imagery or BBAT).ti,ab,id.	1401
37	Motivational interviewing.ti,ab,id.	4805
38	exp exercise/	34282
39	exp exercise therapy/	677
40	exp Physical Fitness/	5191
41	exp Physical Activity/	57967
42	exp Movement therapy/	1583
43	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness).ti,ab,id.	486079
44	(physical adj1 (activity or education or program*)).ti,ab,id.	53162
45	((exercise or movement) adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,ab,id.	21049
46	Movement quality.ti,ab,id.	169
47	(physical therap* or physiotherap*).ti,ab,id.	9088
48	((muscl* or neuromuscul* or neuro-muscul* or resistance or physical or kinesiotherap* or kinesitherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)).ti,ab,id.	264022
49	(active adj1 rehabilitation).ti,ab,id.	86
50	(aerobic* or anaerobic* or movement therapy or pilates or waterygym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqua or aqua or pool) adj1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) adj4 (exercis* or train* or rehab*)).ti,ab,id.	10180
51	(running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*)).ti,ab,id.	83472
52	((upper body or lower body) adj2 (exercise* or training or program*)).ti,ab,id.	69
53	(sensory adj1 (modulation or integration)).ti,ab,id.	2026
54	or/8-53	1288488
55	(adult or adults).ti,ab,id.	549459
56	7 and 54 and 55	3726
57	exp Randomized Controlled Trials/	1655
58	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	139561
59	placebo*.ti,ab,id.	45696
60	((single-blind* or double-blind* or triple-blind*) adj2 (method* or studies)).ti,ab,id.	1459
61	((single or double or triple) adj1 (blind* or mask*) adj2 (method* or studies)).ti,ab,id.	1462
62	((patient* or client* or person* or participant* or population* or allocat* or assign*) adj3 random*).ti,ab,id.	70174
63	or/57-62	204190
64	56 and 63	426
65	limit 64 to (yr="2016-2024" and (english or danish or norwegian or swedish))	221

Cinahl

Søgt 13.09.2024

Search Strategy:

#	Query	Limiters/Expanders	Last Run Via	Results
S67	S59 AND S66	Limiters - Publication Date: 20160101-20240931; Peer Reviewed; Age Groups: All Adult; Language: Danish, English, Norwegian, Swedish	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	157
S66	S60 OR S61 OR S62 OR S63 OR S64 OR S65	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	307,756
S65	(patient* or person* or participant* or population* or allocat* or assign*) N3 random*	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	177,570
S64	((single-blind* or double-blind* or triple-blind*) N2 (method* or studies)) or ((single or double or triple) N2 (blind* or mask*)) N2 (method* or studies)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	75,481
S63	Placebo*	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	78,918
S62	MH Randomized Controlled Trial	Expanders - Apply equivalent subjects Search modes - SmartText Searching	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	266
S61	MH Randomized Controlled Trial	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	0
S60	PT Randomized Controlled Trial	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	158,437
S59	S6 AND S55 AND S58	Expanders - Apply equivalent subjects	Interface - EBSCOhost Research Databases	13,671

		Search modes - Proximity	Search Screen - Advanced Search Database - CINAHL	
S58	S56 OR S57	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	2,260,636
S57	adult*	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,627,070
S56	(MH "Adult*")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	2,089,233
S55	S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38 OR S39 OR S40 OR S41 OR S42 OR S43 OR S44 OR S45 OR S46 OR S47 OR S48 OR S49 OR S50 OR S51 OR S52 OR S53 OR S54	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,195,397
S54	((sensory N1 (modulation or integration)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	2,562
S53	((upper body or lower body) N2 (exercise* or training or program*))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	698
S52	((running or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walking or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or soccer or football or handball or cricket or hockey or baseball or basketball or volleyball or ball game* or (play* N2	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	146,324

	ball) or (weight* N3 (lift* or train* or exercis*)))			
S51	((aerobic* or anaerobic* or movement therapy or pilates or watergym* or wateraerobic* or water-gym* or water-aerobic* or aquagym or ((water or aqua or aqua or pool) N1 (aerobic* or gym*)) or gym or gymnastic* or ((warm water or aqvatic or aquatic) N4 (exercis* or train* or rehab*)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	39,756
S50	(active N1 rehabilitation)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	375
S49	((((muscl* or neuromuscul* or neuromuscul* or resistance or physical or kinesiotherap* or kinesitherap* or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) N3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fitness or fit or condition* or exposure or activit* or performance or exertion or load*)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	253,503
S48	((physical therap* or physiotherap*))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	93,395
S47	Movement quality	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,287
S46	((((exercise or movement) N3 (session* or training or technique* or physical or isometric or therap* or program* or class*))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	66,261
S45	((physical N1 (activity or education or program*))	Expanders - Apply equivalent subjects	Interface - EBSCOhost	113,047

		Search modes - Proximity	Research Databases Search Screen - Advanced Search Database - CINAHL	
S44	((exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy or fitness))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	580,994
S43	(MH "Therapeutic Exercise+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	66,827
S42	(MH "Exercise Movement Techniques+")	Expanders - Apply equivalent subjects Search modes - SmartText Searching	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	223
S41	(MH "Sports+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	93,389
S40	(MH "Physical Therapy+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	164,913
S39	(MH "exercise therapy+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	0
S38	(MH "Exercise+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	133,395
S37	Motivational interviewing	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	5,931
S36	MH "Motivational interviewing"	Expanders - Apply equivalent subjects	Interface - EBSCOhost Research Databases	4,356

		Search modes - Proximity	Search Screen - Advanced Search Database - CINAHL	
S35	((Guided imagery or BBAT))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	3,473
S34	(mindfulness-centred or mindfulness-centered or mindfulness-oriented or mindfulness-focused or mindfulness-based or mindfulness-tailored)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	3,284
S33	((mindfulness* or mindful yoga or mindful meditation or mindful eating or mindful walking))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	12,410
S32	(MH "Mindfulness*")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	9,349
S31	((breathing or mind body or mind-body) N3 (exercise* or training)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	4,378
S30	((therapeutic touch or relaxation therapy or massage or meditation or yoga or tai ji or tai chi or qigong))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	44,846
S29	((body or body-based or mind-body or mind body) N3 (therap* or treatment* or awareness or massag*)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	9,006
S28	(MH "Massage*")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	17,585
S27	(MH "Massage Therapy")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen -	538

			Advanced Search Database - CINAHL	
S26	(MH "Therapeutic Touch")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,595
S25	(MH "Simple Relaxation Therapy (Iowa NIC)") OR (MH "Relaxation Techniques")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	4,365
S24	(MH "Breathing Exercises+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	3,242
S23	(MH "Mind Body Techniques") OR (MH "Dance Therapy") OR (MH "Guided Imagery") OR (MH "Meditation") OR (MH "Relaxation Techniques+") OR (MH "Tai Chi") OR (MH "Yoga+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	28,864
S22	((Remediation or neurofeedback or neuro feedback or neuro-feedback or biofeedback or sensory feedback))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	13,343
S21	Memory training	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	1,038
S20	((Eye movement desensitization reprocessing or EMDR))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	509
S19	Hypnotherapy	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	2,443
S18	((((metacognitive or meta cognitive or meta-cognitive) N3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program*))))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen -	807

			Advanced Search Database - CINAHL	
S17	(((self help or self-help or selfhelp or self management or self-management or selfmanagement or self alert or self-alert or self monitoring or self-monitoring or selfmonitoring) N6 (training or therapy or intervention or program* or course* or support or education or counseling or coaching or mentor*))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	13,417
S16	(((behavio?r or cognitive or psychological or lifestyle or life-style or life style or environment*) N2 (management or change* or adjustment or modifications or structuring or restructuring or re-structuring)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	49,134
S15	(((social or psycho-social or psychosocial or study or organization*) N1 (skills or competence)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	13,327
S14	(((skill* or competence or organization* or social or psycho-social or psychosocial or psychological) N6 (training or therapy or intervention or program* or course* or education or counseling or coaching or mentor* or session* or support)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	256,863
S13	((psychotherapy or psychoeducation or psycho-education))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	44,837
S12	(cbt or dbt or ((cognitive* or cognitive-behavior?r* or behavior?r*) N3 (therap* or training or exercise* or treatment* or intervention* or strateg* or plan* or program* or rehabilitation)))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	56,519
S11	MH "Biofeedback"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	4,235
S10	MH "Cognitive remediation"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen -	183

			Advanced Search Database - CINAHL	
S9	MH "Dialectical Behavior Therapy"	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	256
S8	(MH "Cognitive therapy+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	31.469
S7	(MH "Behavior Therapy+")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	43,938
S6	S1 OR S2 OR S3 OR S4 OR S5	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	136,632
S5	(Neurodevelopmental N1 (Disorder* or disabilit*) or neurodisabilit* or neuro-disabilit* or ((neurologic or conduct) N1 (disabilit* or disorder* or dysfunction*)) or (mental N1 (disease* or disorder* or dysfunction*))	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	98.441
S4	(impulsive behavior or impulsiveness or impulsivity or inattention or hyperactiv* or hyperkinesis)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	32,624
S3	(over activity or over-activity or overactivity)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	6,289
S2	(ADHD or ADDH or ADHS or (hyperkinetic N1 disorder*) or hkd or (Attention N1 Deficit N1 (Disorder or hyperactivity)) or (attention-deficit N1 (disorder or hyperactivity)) or attention-deficit-disorder)	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen - Advanced Search Database - CINAHL	26,059
S1	(MH "Attention Deficit Hyperactivity Disorder")	Expanders - Apply equivalent subjects Search modes - Proximity	Interface - EBSCOhost Research Databases Search Screen -	

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