

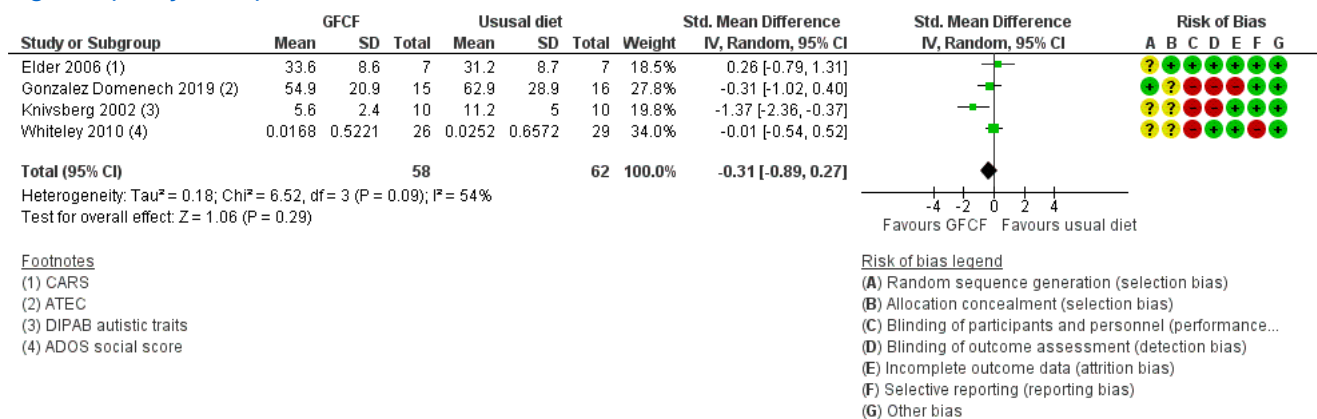
Figures

Figure 1

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Elder 2006	?	+	+	+	+	+	+
Gonzalez Domenech 2019	+	?	-	-	-	+	+
Johnson 2011	?	?	-	+	-	-	+
Knivsberg 2002	?	?	-	-	+	+	+
Navarro 2015	+	+	+	+	-	-	+
Whiteley 2010	?	?	-	+	+	-	+

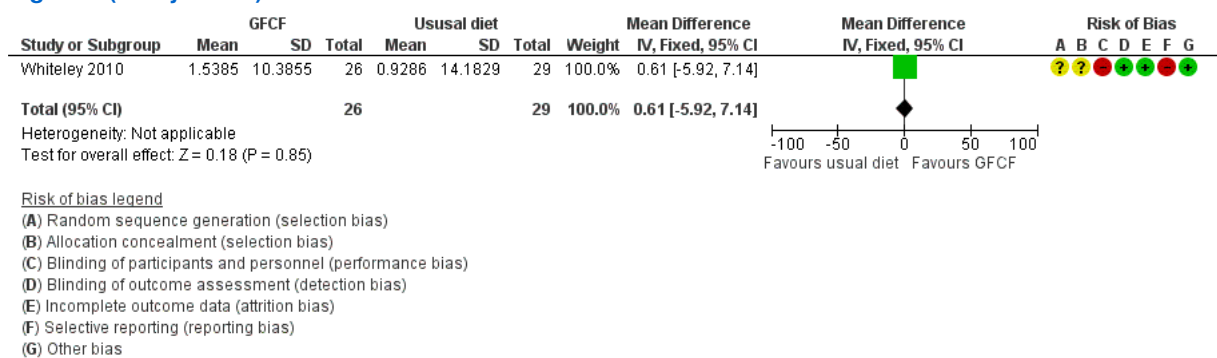
Risk of bias summary: review authors' judgements about each risk of bias item for each included study.

Figure 2 (Analysis 1.1)



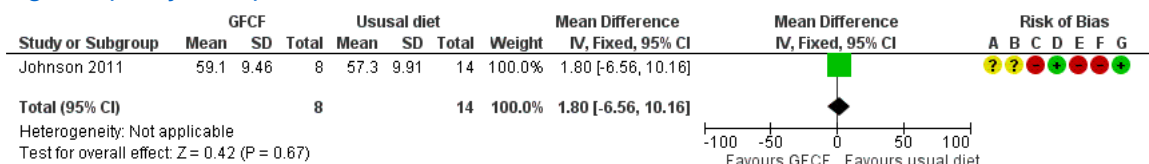
Forest plot of comparison: 1 GFCF vs. no treatment, outcome: 1.1 Kernesymptomer, klinikerbedømt.

Figure 3 (Analysis 1.2)



Forest plot of comparison: 1 GFCF vs. no treatment, outcome: 1.2 Funktionsniveau, klinikerbedømt, VABS daily living, higher better.

Figure 4 (Analysis 1.3)

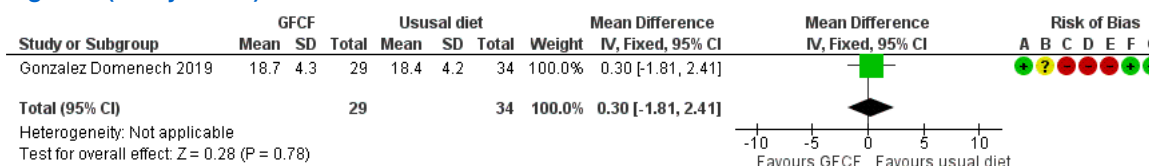


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 GFCF vs. no treatment, outcome: 1.3 Adfærdsvanskeligheder, forældrebedømt, CBCL Aggression subscale, lower better.

Figure 5 (Analysis 1.4)

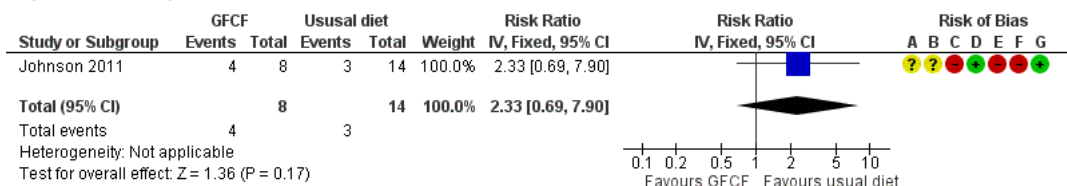


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 GFCF vs. no treatment, outcome: 1.4 Vægt, BMI.

Figure 6 (Analysis 1.5)

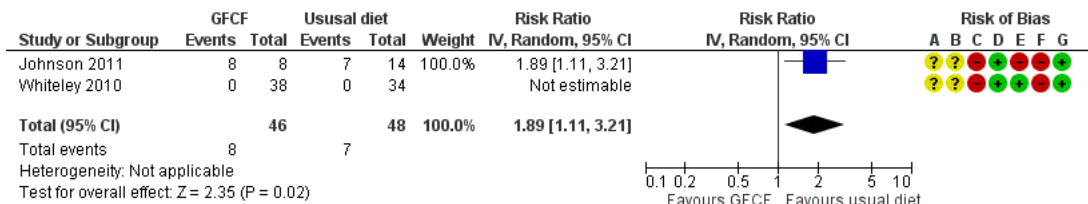


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 GFCF vs. no treatment, outcome: 1.5 Gastrointestinale gener, antal personer.

Figure 7 (Analysis 1.6)

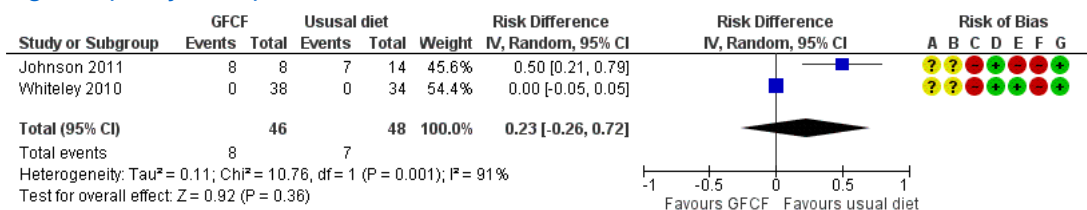


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 GFCF vs. no treatment, outcome: 1.6 Bivirkninger, antal personer.

Figure 8 (Analysis 1.7)



Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 GFCF vs. usual diet, outcome: 1.7 Number of persons with side effects, risk difference.