

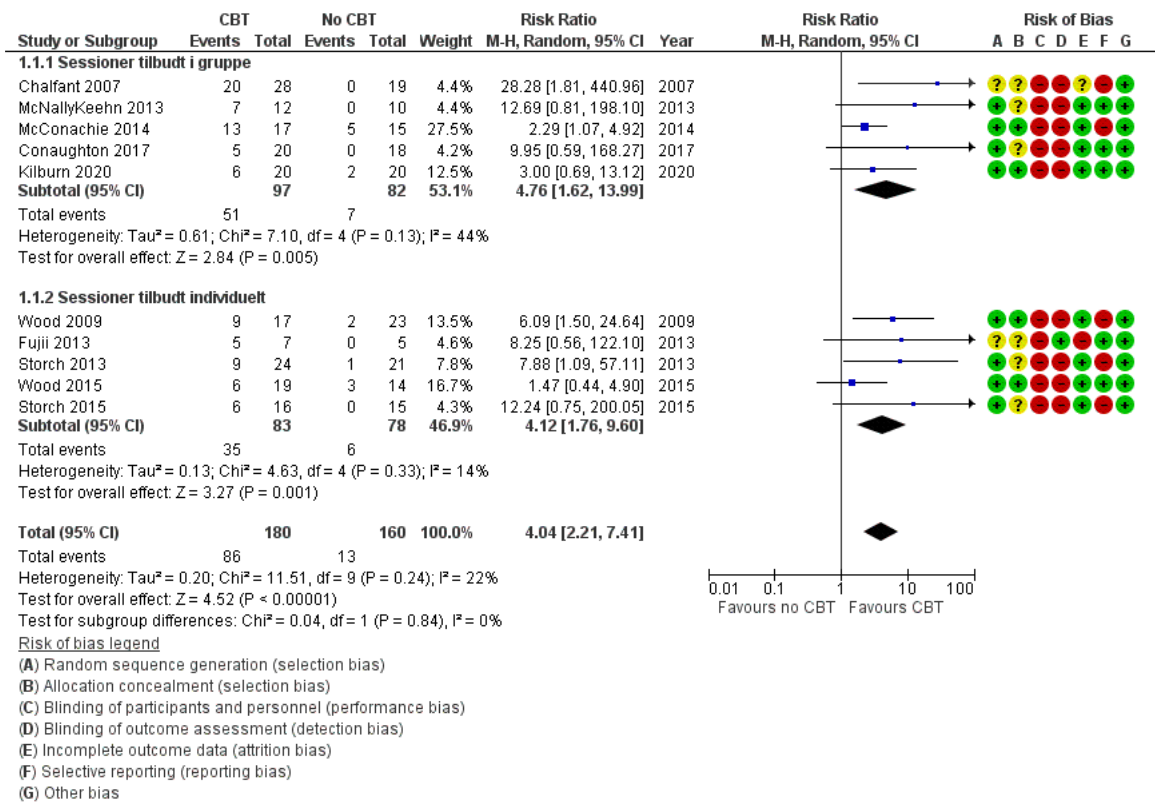
Figures

Figure 1

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Chalfant 2007	?	?	-	-	?	-	+
Conaughton 2017	+	?	-	-	+	+	+
Fujii 2013	?	?	-	+	-	+	+
Kilburn 2020	+	+	-	-	+	+	+
Luxford 2017	+	?	-	-	+	+	+
McConachie 2014	+	+	-	-	+	-	+
McNallyKeehn 2013	+	?	-	-	+	+	+
Reaven 2012	+	?	-	-	+	+	-
Sofronoff 2005	?	?	-	-	+	+	+
Storch 2013	+	?	-	-	+	-	+
Storch 2015	+	?	-	-	+	-	+
Wood 2009	+	+	-	-	+	-	+
Wood 2015	+	+	-	-	+	+	+
Wood 2019	+	?	-	-	+	-	+

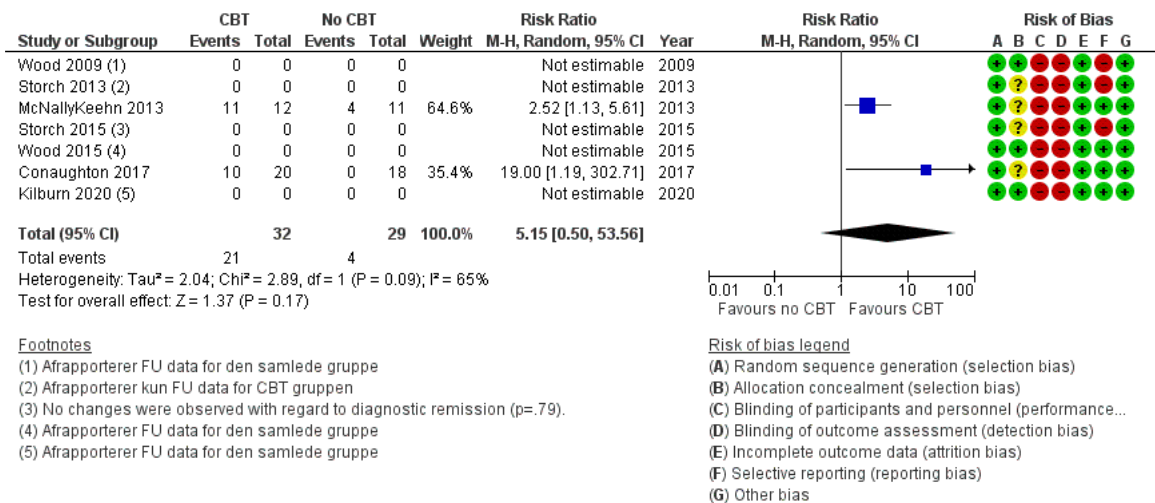
Risk of bias summary: review authors' judgements about each risk of bias item for each included study.

Figure 2 (Analysis 1.1)



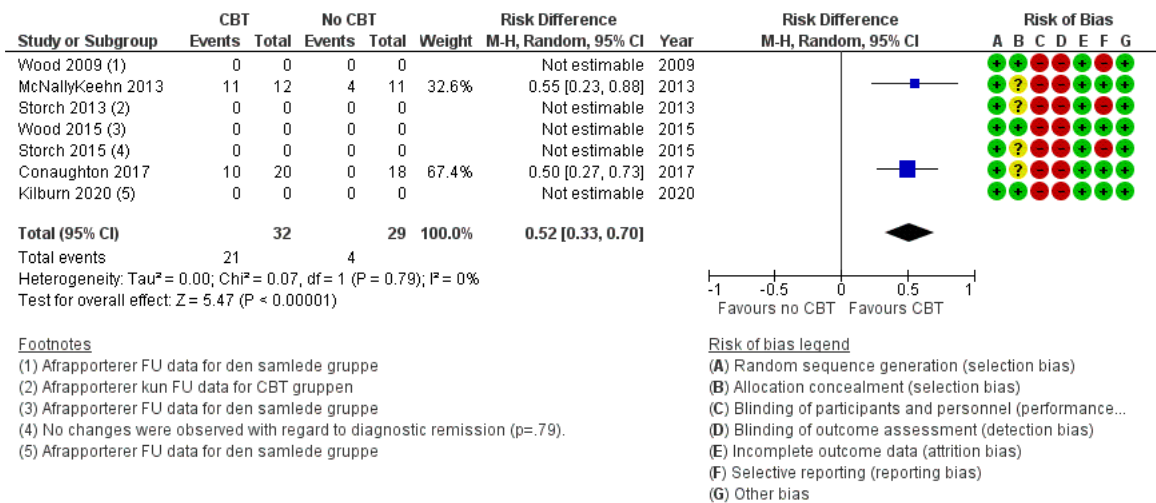
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.1 Remission af primær angst diagnose.

Figure 3 (Analysis 1.2)



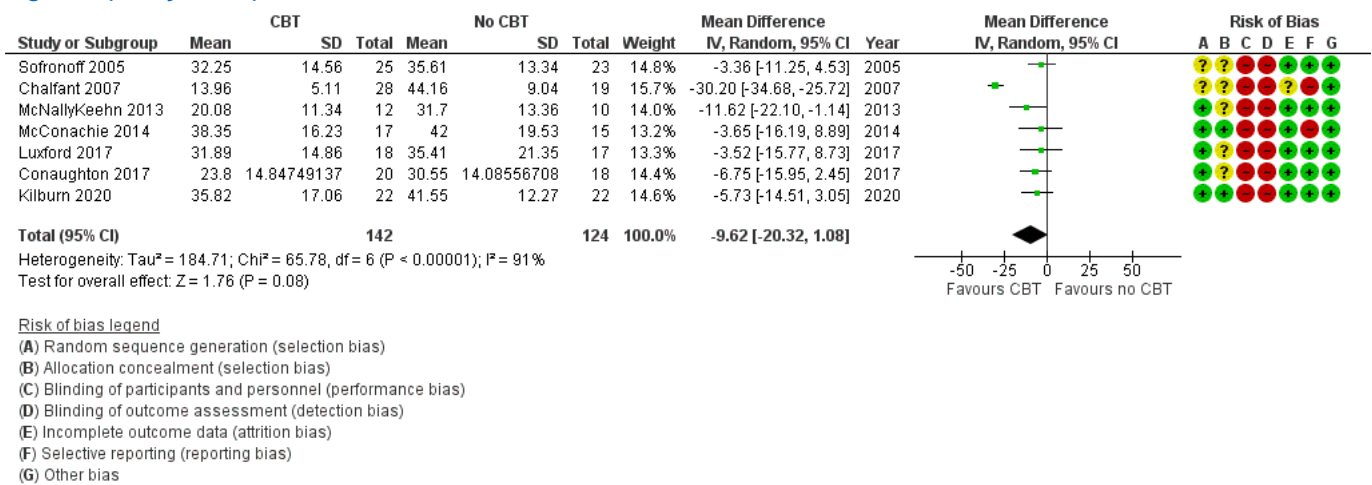
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.2 Remission af primær angst diagnose FU.

Figure 4 (Analysis 1.3)



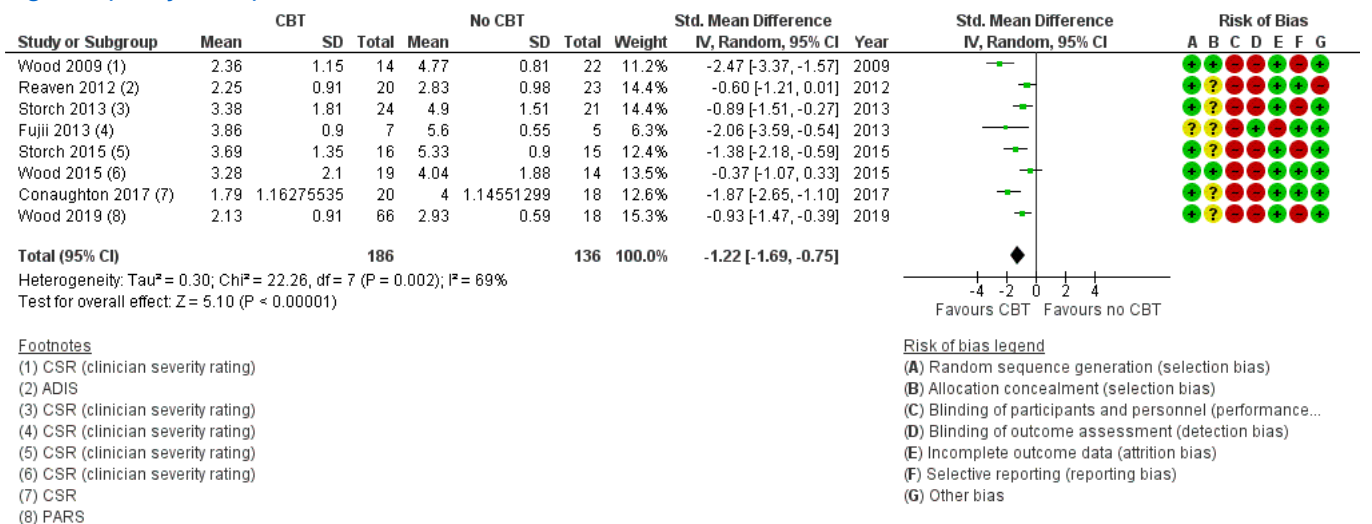
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.3 Remission af primær angst diagnose FU RD.

Figure 5 (Analysis 1.4)



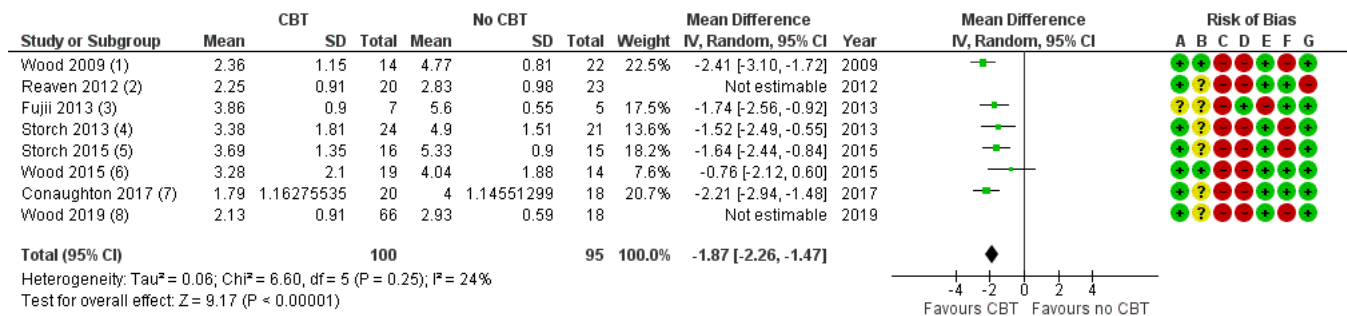
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.4 Angst, forældrebedømt, SCAS-P, lavere bedre.

Figure 6 (Analysis 1.5)



Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.5 Angst, klinikerbedømt.

Figure 7 (Analysis 1.6)

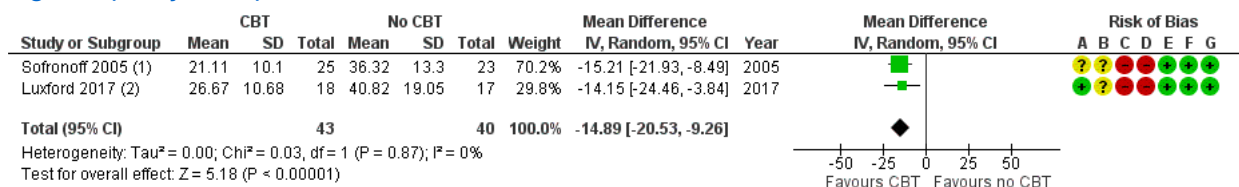


Footnotes  
(1) CSR (clinician severity rating)  
(2) ADIS  
(3) CSR (clinician severity rating)  
(4) CSR (clinician severity rating)  
(5) CSR (clinician severity rating)  
(6) CSR (clinician severity rating)  
(7) CSR  
(8) PARS

Risk of bias legend  
(A) Random sequence generation (selection bias)  
(B) Allocation concealment (selection bias)  
(C) Blinding of participants and personnel (performance...  
(D) Blinding of outcome assessment (detection bias)  
(E) Incomplete outcome data (attrition bias)  
(F) Selective reporting (reporting bias)  
(G) Other bias

Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.6 Angst, klinikerbedømt, sensitivitets analyse MD.

Figure 8 (Analysis 1.7)

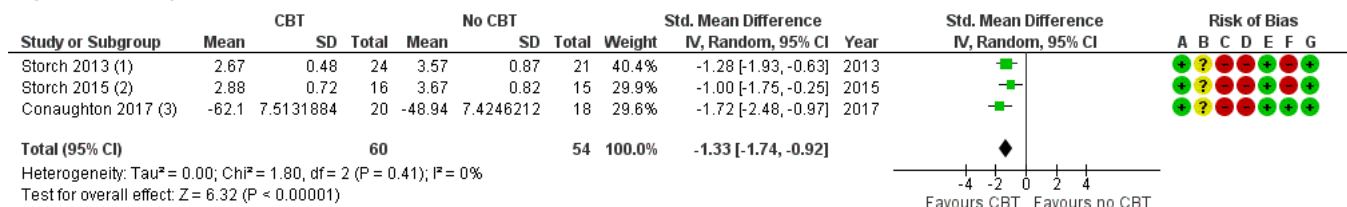


Footnotes  
(1) Kun 6 ugers FU  
(2) Kun 6 ugers FU

Risk of bias legend  
(A) Random sequence generation (selection bias)  
(B) Allocation concealment (selection bias)  
(C) Blinding of participants and personnel (performance...  
(D) Blinding of outcome assessment (detection bias)  
(E) Incomplete outcome data (attrition bias)  
(F) Selective reporting (reporting bias)  
(G) Other bias

Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.7 Angst, forældrebedømt (FU), SCAS-P, lavere bedre.

Figure 9 (Analysis 1.8)

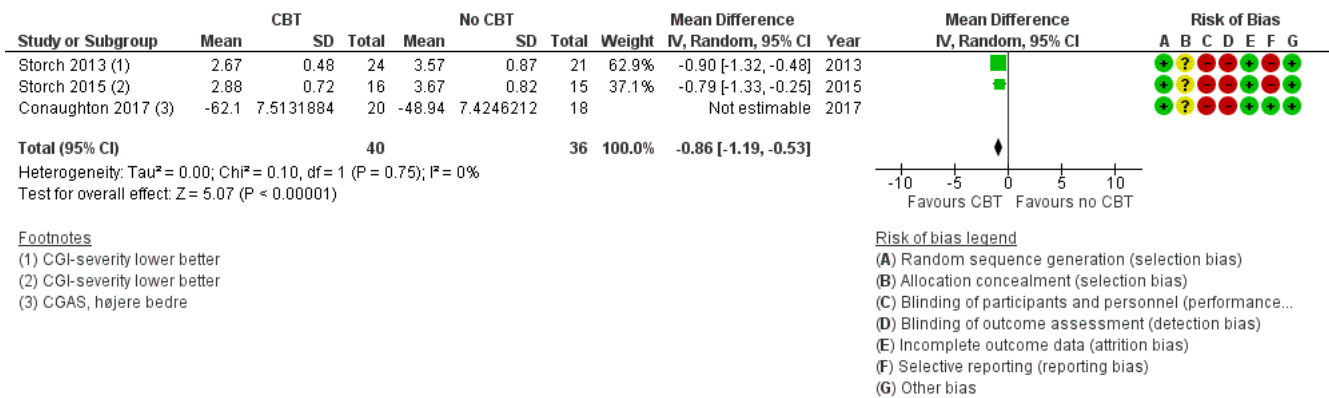


Footnotes  
(1) CGI-severity lower better  
(2) CGI-severity lower better  
(3) CGAS, højere bedre

Risk of bias legend  
(A) Random sequence generation (selection bias)  
(B) Allocation concealment (selection bias)  
(C) Blinding of participants and personnel (performance...  
(D) Blinding of outcome assessment (detection bias)  
(E) Incomplete outcome data (attrition bias)  
(F) Selective reporting (reporting bias)  
(G) Other bias

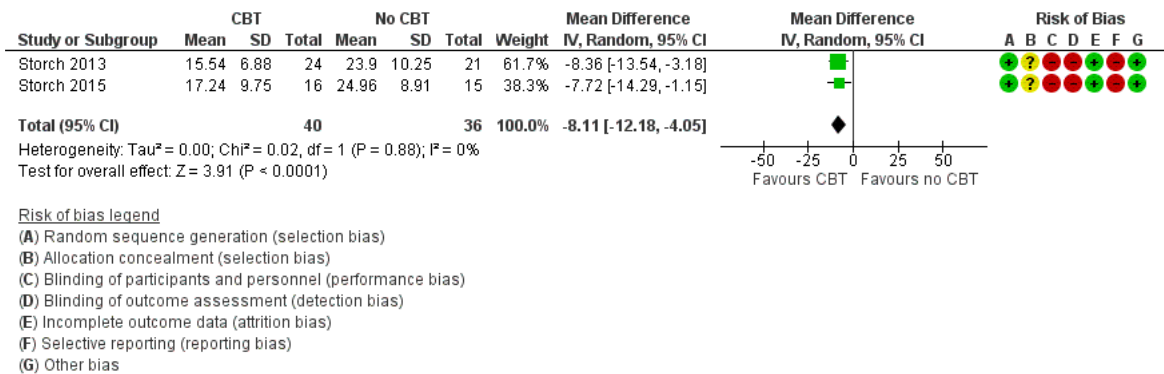
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.8 Funktionsniveau, klinikerbedømt.

Figure 10 (Analysis 1.9)



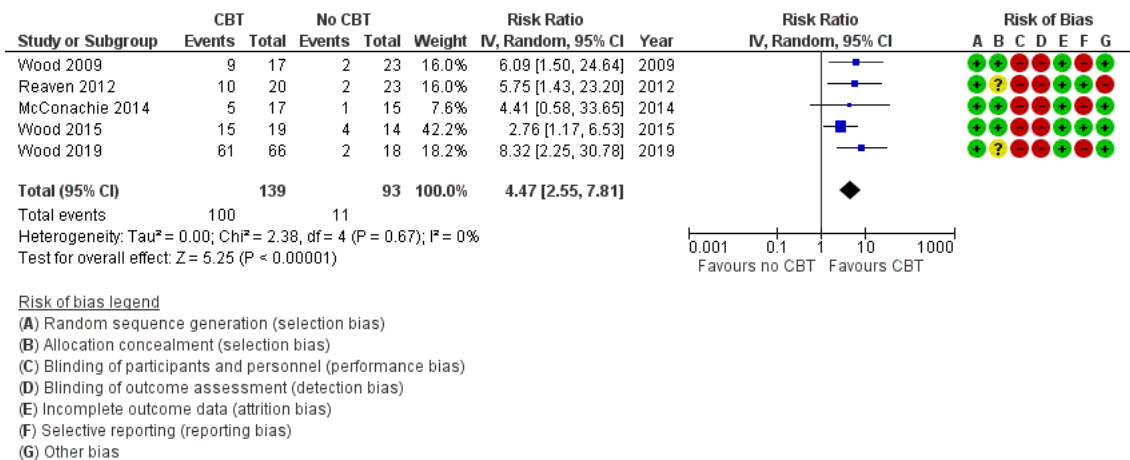
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.9 Funktionsniveau, klinikerbedømt, sensitivitsanalyse MD.

Figure 11 (Analysis 1.10)



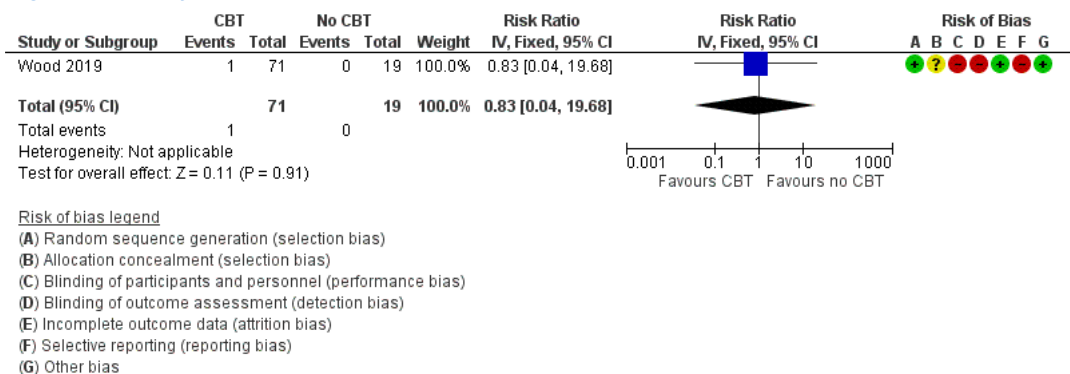
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.10 Funktionsniveau forældrebedømt, CIS-P, lavere bedre.

Figure 12 (Analysis 1.11)



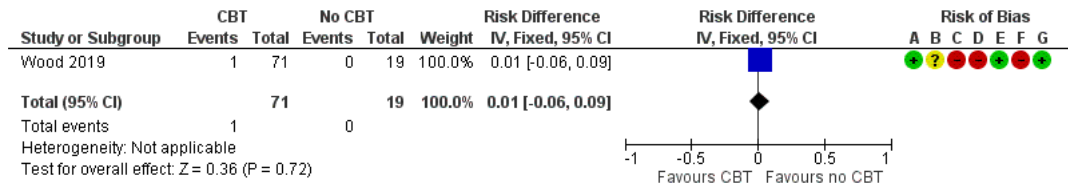
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.11 Funktionsniveau, klinikerbedømt, CGI-improvement, højre bedre.

Figure 13 (Analysis 1.12)



Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.12 Antal personer med bivirkninger.

Figure 14 (Analysis 1.13)

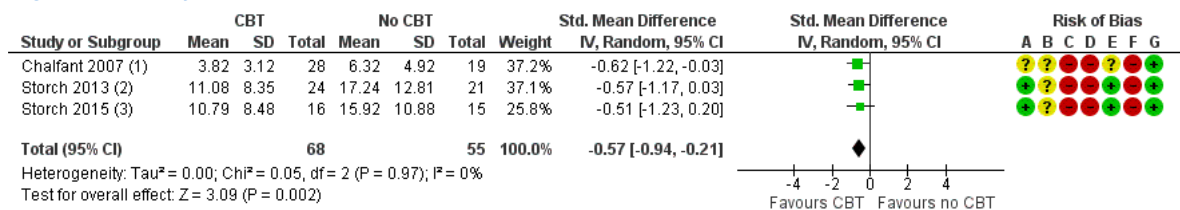


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.13 Antal personer med bivirkninger RD.

Figure 15 (Analysis 1.14)



Footnotes

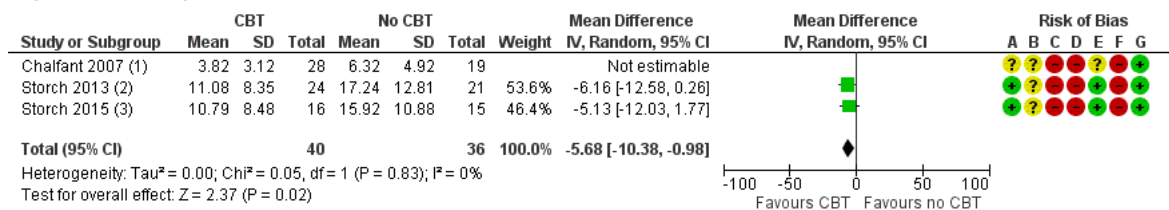
- (1) SDQ externalising subscale
- (2) CBCL externalising
- (3) CBCL externalising

Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance...)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.14 Adfærdsvanskeligheder, forældrebedømt.

Figure 16 (Analysis 1.15)



Footnotes

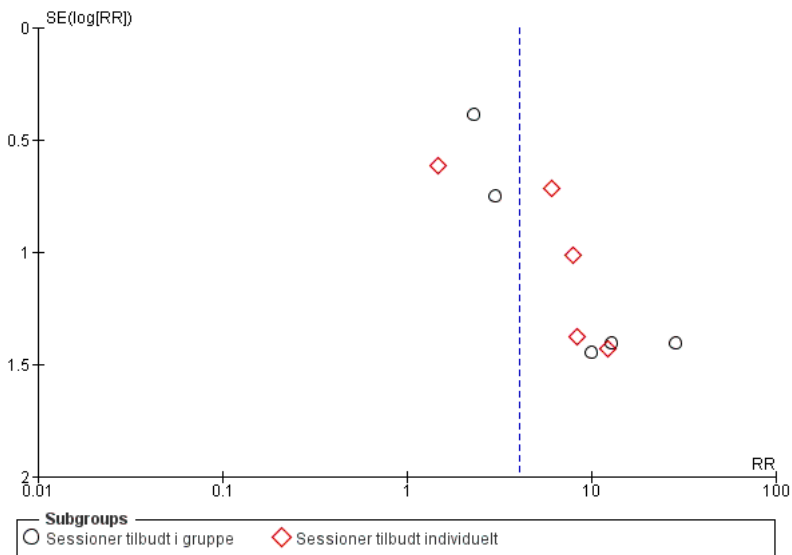
- (1) SDQ externalising subscale
- (2) CBCL externalising
- (3) CBCL externalising

Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance...)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

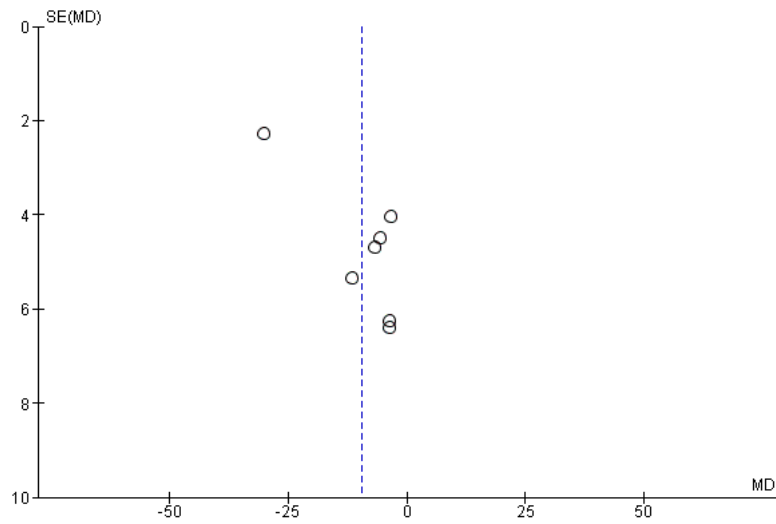
Forest plot of comparison: 1 CBT vs No CBT, outcome: 1.15 Adfærdsvanskeligheder, forældrebedømt, sensitivitetsanalyse, MD.

Figure 17 (Analysis 1.1)



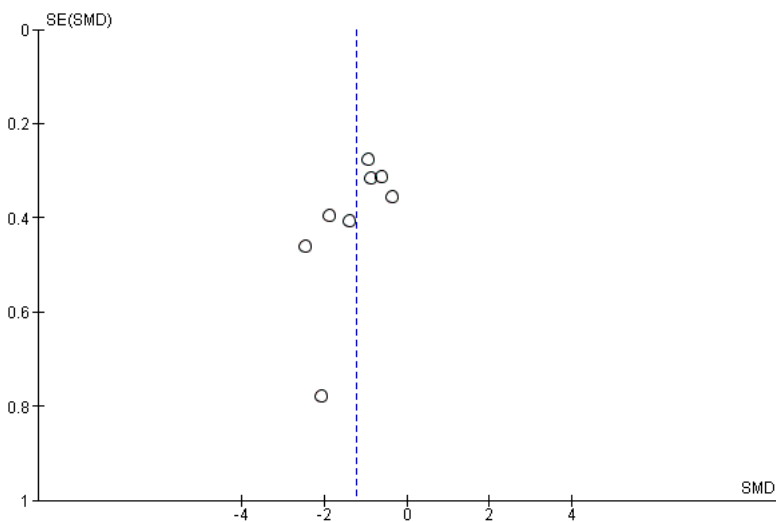
Funnel plot of comparison: 1 CBT vs No CBT, outcome: 1.1 Remission af primær angst diagnose.

Figure 18 (Analysis 1.4)



Funnel plot of comparison: 1 CBT vs No CBT, outcome: 1.4 Angst, forældrebedømt, SCAS-P, lavere bedre.

Figure 19 (Analysis 1.5)



Funnel plot of comparison: 1 CBT vs No CBT, outcome: 1.5 Angst, klinikerbedømt.