

NKR delir PICO 2 Multikomponent hos patienter med risiko for delir

Review information

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Dates

Assessed as Up-to-date:

Date of Search:

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Protocol First Published: Not specified

Review First Published: Not specified

Last Citation Issue: Not specified

What's new

Date / Event	Description
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History

Date / Event	Description

Characteristics of studies

Characteristics of included studies

Abizanda 2011

Methods	
Participants	
Interventions	
Outcomes	
Notes	For more information see: Siddiqi N, Harrison JK, Clegg A, Teale EA, Young J, Taylor J, Simpkins SA. Interventions for preventing delirium in hospitalised non-ICU patients. Cochrane Database of Systematic Reviews 2016, Issue 3

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	
Allocation concealment (selection bias)	Low risk	
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

Avendano Cespedes 2016

<p>Methods</p>	<p>Study design: Randomized controlled trial Study grouping: Open Label: Cluster RCT:</p>
<p>Participants</p>	<p>Baseline Characteristics Intervention</p> <ul style="list-style-type: none"> ● Age: 85.8 (6.2) ● Gender (male n/female n): 10/11 ● Charlson's comorbidity score: 2.1 (1.7) <p>Control</p> <ul style="list-style-type: none"> ● Age: 87.0 (4.9) ● Gender (male n/female n): 16/13 ● Charlson's comorbidity score: 2.2 (1.3) <p>Included criteria: Patients with a mean age equal or older than 65 years, hospitalized at the AGU of the Complejo Hospitalario Universitario of Albacete from October 2013 until February 2014, with a valid signed informed consent by the patient or legal representative.</p> <p>Excluded criteria: Exclusion criteria were agonic situation, non-Spanish speaking, severe cognitive decline (Reisberg's Global Deterioration Scale = 7), and patients sharing the same room with a previously included participant to avoid contamination bias (every room at the AGU has two beds).</p> <p>Pretreatment:</p>
<p>Interventions</p>	<p>Intervention Characteristics Intervention</p> <ul style="list-style-type: none"> ● <i>Description:</i> Participants in the intervention group received the initial intervention in the first 24 h from admission, and thereafter daily until hospital discharge. Participants in the control group received usual medical and nurse care during all the hospitalization process. Fig. 1 presents the study flow diagram. The intervention was carried out exclusively by the "intervention nurses", and was composed of two main parts, being the first one a risk factor analysis, and the second one the intervention on the risk factors detected. Table 1 describes the intervention on each specific risk factor. Furthermore, the intervention nurse identified the principal caregiver in the first 24 h from admission, and provided an informative booklet about strategies and recommendations to prevent delirium incidence,

	<p>including ambient strategies, orientation abilities, and identification of alert signs</p> <p>Control</p> <ul style="list-style-type: none"> ● <i>Description:</i> Usual care
<p>Outcomes</p>	<p><i>Delirium</i></p> <ul style="list-style-type: none"> ● Outcome type: Dichotomous Outcome <p><i>Delirium severity</i></p> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome ● Reporting: Fully reported ● Scale: Delirium Rating Scale Revised 98 (DRS-R-98) ● Range: 0-39 pr day, result is summed up over the days with delirium ● Direction: Lower is better ● Data value: Endpoint <p><i>Duration of delirium</i></p> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome ● Unit of measure: Days <p><i>Inpatient mortality</i></p> <ul style="list-style-type: none"> ● Outcome type: Dichotomous Outcome <p><i>Length of admission</i></p> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome ● Unit of measure: Days ● Notes: SD imputed from complete sample
<p>Notes</p>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Randomization was computer based, using computer-generated random numbers, with a proportion of 1:1 between control group and intervention group. The block size used for the computer generation of randomization codes was 874 participants, the complete sample size for the MID-Nurse Study. For this reason there was a discrepancy in the numbers between the two groups."
Allocation concealment (selection bias)	Low risk	Quote: "After randomization before participant allocation, opaque envelopes were used to store the data with sequential study numbers."
Blinding of participants and personnel (performance bias)	High risk	Quote: "Blinding of investigator and participants was not possible to perform due to the nature of the intervention."
Blinding of outcome assessment (detection bias)	Low risk	Quote: "Intervention and evaluation were always conducted by different study personnel, to avoid measurement biases. For these reasons, we created the roles of "intervention nurse" and "evaluation nurse". One of the strengths of this study is the blinding of the outcome assessor. Last, all statistical analyses were realized by study personnel that did not take part in the evaluation or intervention process."
Incomplete outcome data (attrition bias)	Low risk	Judgement Comment: No drop out
Selective reporting (reporting bias)	Low risk	Judgement Comment: Match to protocol
Other bias	Low risk	Judgement Comment: No other apparent bias

Bonaventura 2007

Methods	
Participants	
Interventions	
Outcomes	
Notes	For more information see: Siddiqi N, Harrison JK, Clegg A, Teale EA, Young J, Taylor J, Simpkins SA. Interventions for preventing delirium in hospitalised non-ICU patients. Cochrane Database of Systematic Reviews 2016, Issue 3

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	High risk	
Allocation concealment (selection bias)	High risk	
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Unclear risk	Unclear
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Unclear risk	Unclear
Other bias	Low risk	

Guo 2016

<p>Methods</p> <p>Study design: Randomized controlled trial Study grouping: Parallel group Open Label: Cluster RCT:</p>	
<p>Participants</p> <p>Baseline Characteristics</p> <p>Intervention</p> <ul style="list-style-type: none"> ● Age: 73.3 (6.1) ● Gender (male n/female n): 31/50 ● Charlson's comorbidity score: 1.7 (0.9) <p>Control</p> <ul style="list-style-type: none"> ● Age: 73.7 (5.2) ● Gender (male n/female n): 34/45 ● Charlson's comorbidity score: 1.6 (0.8) <p>Included criteria: The inclusion criteria were as follows: ASA (American Society of Anesthesiologists) physical status I-III; age >-65 years and 80 years; and duration of postoperative stay in the SICU -3 days.</p>	

	<p>Excluded criteria: The exclusion criteria were as follows: history of CNS disorders, such as brain injury, stroke, or neurosurgery; history of mental illness; MMSE (Mini-Mental State Examination) score 24 or dementia of various etiologies; history of endocrine and metabolic disorders; recent use of glucocorticoids; alcohol or drug dependence; secondary surgery or severe infectious complications (American College of Chest Physicians/Society of Critical Care Medicine, 1992); unwilling to complete the experiment or language barriers; severe hearing or visual impairment; and illiteracy</p> <p>Pretreatment: None detected</p>
<p>Interventions</p>	<p>Intervention Characteristics Intervention</p> <ul style="list-style-type: none"> ● <i>Description:</i> Multicomponent, nonpharmacologic interventions In their SICU, Group I received MNI, which was based on the usual care. The MNI was designed to minimize the risk factors for PD. The MNI treatments are described below. First, all staff servicing Group I received systematic psychological training and guidance by a geriatrics specialist. The preoperative health education was strengthened. In addition to providing psychological guidance to the patients, the staff invited the patients to visit the SICU to become acquainted with the environment. Moreover, artificial trachea and other indwelling catheters were introduced to the patients. Calendars, clocks, cellphones, radios, glasses, and hearing aids were repeatedly offered to accomplish time, place and character orientation. These stimulating cognitive activities were offered to the patients three times per day. A communication card and WordPad were created for patients who underwent intubation or a tracheostomy to allow them to effectively communicate. As a result, the needs of these patients were understood in a timely manner, and their substantive issues were settled. Noise was decreased as much as possible. For example, various alert tones of the alarm system were modulated to be gentler. Specific measures to maintain a good sleep-wake cycle were adopted. For example, the room was illuminated by natural light during the day and by downy light at night. In addition, between 23:00–5:00, all nursing procedures were minimized. Additionally, an eye shade and acoustic earplugs were allocated. If the patient's condition permitted, no restraint straps or indwelling catheters were applied. Patients were interviewed before surgery to determine their musical preferences. After surgery, bedside MP3 players were provided to play light music through headphones for one hour three times daily. If the patient's gastrointestinal function permitted, nasal feeding was administered as soon as possible. <p>Control</p> <ul style="list-style-type: none"> ● <i>Description:</i> Usual care Group U received the usual care at the other SICU. The usual care consisted of standard hospital services provided by physicians, nurses, and support staff (e.g., physical therapists, pharmacists, and dietitians). The staff of the MNI team did not provide services to the patients assigned to the usual care group. Nevertheless, the same attending and resident physicians provided treatments to patients in both groups.

Outcomes	<p><i>Delirium</i></p> <ul style="list-style-type: none"> ● Outcome type: DichotomousOutcome ● Reporting: Fully reported <p><i>Delirium severity</i></p> <ul style="list-style-type: none"> ● Outcome type: ContinuousOutcome ● Reporting: Not reported <p><i>Duration of delirium</i></p> <ul style="list-style-type: none"> ● Outcome type: ContinuousOutcome ● Reporting: Fully reported ● Unit of measure: Hours ● Data value: Endpoint <p><i>Inpatient mortality</i></p> <ul style="list-style-type: none"> ● Outcome type: DichotomousOutcome ● Reporting: Not reported <p><i>Length of admission</i></p> <ul style="list-style-type: none"> ● Outcome type: ContinuousOutcome ● Reporting: Not reported
Notes	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "the suitable patients were randomly divided into 2 groups (Group I or Group U) using a random table"
Allocation concealment (selection bias)	Low risk	Quote: "sealed envelope technique"
Blinding of participants and personnel (performance bias)	High risk	Judgement Comment: Not blinded

Blinding of outcome assessment (detection bias)	Low risk	Quote: "7) (Myles et al., 2000). These assessments were performed by the same investigator who was blinded to the patient's group assignment (Dr. Sun). 2.7. Statistical analyses"
Incomplete outcome data (attrition bias)	Low risk	Judgement Comment: low drop out rate
Selective reporting (reporting bias)	Unclear risk	Judgement Comment: OBS No reporting on mortality
Other bias	Low risk	Judgement Comment: No other apparent bias

Hempenius 2013

Methods	
Participants	
Interventions	
Outcomes	
Notes	For more information see: Siddiqi N, Harrison JK, Clegg A, Teale EA, Young J, Taylor J, Simpkins SA. Interventions for preventing delirium in hospitalised non-ICU patients. Cochrane Database of Systematic Reviews 2016, Issue 3

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	
Allocation concealment (selection bias)	Low risk	
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Unclear risk	Unclear
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

Jeffer 2013

Methods	
Participants	
Interventions	
Outcomes	
Notes	For more information see: Siddiqi N, Harrison JK, Clegg A, Teale EA, Young J, Taylor J, Simpkins SA. Interventions for preventing delirium in hospitalised non-ICU patients. Cochrane Database of Systematic Reviews 2016, Issue 3

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	
Allocation concealment (selection bias)	Unclear risk	Unclear
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

Lundstrom 2007

Methods	
Participants	
Interventions	
Outcomes	

Notes	For more information see: Siddiqi N, Harrison JK, Clegg A, Teale EA, Young J, Taylor J, Simpkins SA. Interventions for preventing delirium in hospitalised non-ICU patients. Cochrane Database of Systematic Reviews 2016, Issue 3
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Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	
Allocation concealment (selection bias)	Unclear risk	Unclear
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	High risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Unclear risk	Unclear
Other bias	High risk	

Martinez 2012

Methods	
Participants	
Interventions	
Outcomes	
Notes	For more information see: Siddiqi N, Harrison JK, Clegg A, Teale EA, Young J, Taylor J, Simpkins SA. Interventions for preventing delirium in hospitalised non-ICU patients. Cochrane Database of Systematic Reviews 2016, Issue 3

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	
Allocation concealment (selection bias)	Low risk	
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	High risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Unclear risk	Unclear
Other bias	Low risk	

Moon 2015

<p>Methods</p> <p>Study design: Randomized controlled trial Study grouping: Parallel group Open Label: Cluster RCT:</p>	<p>Study design: Randomized controlled trial Study grouping: Parallel group Open Label: Cluster RCT:</p>
<p>Participants</p> <p>Baseline Characteristics</p> <p>Intervention</p> <ul style="list-style-type: none"> ● Age: 70.4 (13.8) ● Gender (male n/female n): 30/30 ● Charlson's comorbidity score: <p>Control</p> <ul style="list-style-type: none"> ● Age: 69.0 (12.4) ● Gender (male n/female n): 29/34 ● Charlson's comorbidity score: <p>Included criteria: The inclusion criteria included (1) age >-18years, (2) ability to understand the study purpose and/or provide consent for participation independently or via a caregiver serving as a proxy, or (3) hospitalization for 48 h in the ICU. Excluded criteria: The exclusion criteria were (1) a persistent score of 4 or 5 on the Richmond Agitation and Sedation Scale (RASS), (2) severe visual and auditory problems that made ConfusionAssessment Method for the ICU</p>	<p>Baseline Characteristics</p> <p>Intervention</p> <ul style="list-style-type: none"> ● Age: 70.4 (13.8) ● Gender (male n/female n): 30/30 ● Charlson's comorbidity score: <p>Control</p> <ul style="list-style-type: none"> ● Age: 69.0 (12.4) ● Gender (male n/female n): 29/34 ● Charlson's comorbidity score: <p>Included criteria: The inclusion criteria included (1) age >-18years, (2) ability to understand the study purpose and/or provide consent for participation independently or via a caregiver serving as a proxy, or (3) hospitalization for 48 h in the ICU. Excluded criteria: The exclusion criteria were (1) a persistent score of 4 or 5 on the Richmond Agitation and Sedation Scale (RASS), (2) severe visual and auditory problems that made ConfusionAssessment Method for the ICU</p>

	<p>measurement impossible, (3) serious psychiatric or neurologic diagnosis, (4) score of 23 on the Mini-Mental State Examination-Korean version (MMSE-K), (5) admission to the isolation ward because of infection, (6) death or discharge on the day of admission, or (7) inability to conduct CAM-ICU measurement when a patient was in a very violent status with RASS +3 or +4.</p> <p>Pretreatment: None detected</p>
<p>Interventions</p>	<p>Intervention Characteristics</p> <p>Intervention</p> <ul style="list-style-type: none"> <p>Description:</p> <p>heriskfaktorsof delirium was briefly assessed from the date of ICU admission by monitoring changes, after admission or for the first 24 h, in cognitive functioning, sensory abilities, physical functioning, and sociability.</p> <p>The cognitive changes were considered positive when patients showed decreased concentration, slow response, or confusion; positive sensory changes included hearing and visual impairment; positive physical changes included slow mobility, restlessness, agitation, low appetite, or sleep disturbance; and positive social changes included communication difficulties, mood changes, and inability to cooperate.</p> <p>When the patient appeared disoriented, they were provided with orientation to place, person, and time using clocks and calendars and explanation of such matters as the reason why they were in the ICU. For the elderly, clocks and calendars with large typefaces were used. Both verbal and nonverbal means of communication (i.e., gestures, facial expressions, and writing on a large sheet of paper) were used as necessary for patients who were undergoing artificial respiratory treatment or had undergone tracheostomy or sedation therapy.</p> <p>To ensure sensory capacity, visual and auditory abilities were assessed. If necessary, personal eyeglasses or hearing aids were used and placed on the bedside for easy access when needed. To improve sleeping conditions, indirect light was provided throughout the night and, if possible, the same nurse in charge was assigned throughout hospitalization. To reduce anxiety resulting from ICU environmental factors, bed movement within the ICU was minimized and visitors were permitted to bring patient items typically used in the home.</p> <p>Nutritional balance was maintained and any fluid or electrolyte imbalance was corrected through consultation with the medical team. Ambulation as early as possible was encouraged. The researchers instructed the ICU nurses to be aware of the increase in risk of delirium when administering medications, such as anti-cholinergic, narcotic, and/or sedative hypnotic drugs, and to consult a physician if they had any questions regarding medication dosage or to review the guidelines regarding appropriate dosage. The nurses were guided to closely monitor signs of infection for early detection and provision of preventive care, limit unnecessary catheter use, monitor oxygen saturation closely to prevent hypoxemia, and control pain.</p> <p>Control</p> <ul style="list-style-type: none"> <p>Description: The research team assessed cognitive function using the CAM-ICU but did not provide delirium</p>

	<p>prevention protocol to the control group. The ICU nurses provided the same (typical) nursing care as previously without monitoring and screening delirium risk to provide delirium preventive care to the control group. Typical nursing care included regular checking of consciousness and orientation without attempting to (1) provide any information to reorient the patient; (2) communicate using nonverbal communication skills, especially by using a device such as a large sheet of paper; (3) provide personal visual or hearing aids, even when necessary; (4) assign the same nurse in charge throughout hospitalization; (5) minimize bed movement; or (6) carefully use particular medications (e.g., anticholinergic agents and opiates). As they were accustomed to following physician orders, the nurses did not focus on early detection of delirium risk factors and provision of early therapeutic intervention</p>
<p>Outcomes</p>	<p><i>Delirium</i></p> <ul style="list-style-type: none"> ● Outcome type: Dichotomous Outcome <p><i>Delirium severity</i></p> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome <p><i>Duration of delirium</i></p> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome ● Reporting: Not reported <p><i>Inpatient mortality</i></p> <ul style="list-style-type: none"> ● Outcome type: Dichotomous Outcome <p><i>Length of admission</i></p> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome ● Scale: ICU length of stay ● Unit of measure: Days
<p>Notes</p>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "To ensure blind and random assignment, opaque assignment cards indicating assignment to the intervention group (70 cards) or control group (70 cards) were placed in a large envelope and shuffled before the envelope was sealed."
Allocation concealment (selection bias)	Low risk	Quote: "Then, the leader of the nursing team, who did not participate in the protocol application, drew a card from the envelope for each participant in the order of admission from the first day of the study. Once a card had been drawn, it was not placed back into the envelope."
Blinding of participants and personnel (performance bias)	High risk	Quote: "Application process 2.6.1. Intervention group The team consisting of 4 researchers and the ICU nurses applied the delirium prevention protocol to the intervention group during the first 7 days of ICU hospitalization. A small sticker was placed on the corner of the bedside of the patients in the intervention group to prevent confusion regarding group assignment. Training material consisting of general information on delirium, along with prevention and management of delirium, was prepared. The ICU nurses were provided training in 2 sessions (30 min for each session) using the training material so that patients could continue receiving preventive intervention. The research team visited the ICU every day for 2 h (9–11 AM or 5–7 PM) and spent 10–20 min with each patient. To build rapport with the"
Blinding of outcome assessment (detection bias)	Unclear risk	Judgement Comment: Not described
Incomplete outcome data (attrition bias)	Low risk	Judgement Comment: Low drop out
Selective reporting (reporting bias)	Low risk	Judgement Comment: None detected
Other bias	Low risk	Judgement Comment: No other apparent bias

Footnotes

Characteristics of excluded studies

Bakker 2014

Reason for exclusion	Wrong study design
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Barnes Daly 2015

Reason for exclusion	Wrong setting
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Boockvar 2016

Reason for exclusion	Wrong study design
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Brummel 2013

Reason for exclusion	Wrong outcomes
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Deschodt 2012

Reason for exclusion	Wrong intervention
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Fraser 2015

Reason for exclusion	Wrong study design
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Gagnon 2012

Reason for exclusion	Wrong study design
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Hempenius 2016

Reason for exclusion	Wrong outcomes
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Kalisvaart 2013

Reason for exclusion	Wrong setting
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Mansouri 2013

Reason for exclusion	Wrong outcomes
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Marcantonio 2001

Reason for exclusion	Wrong intervention
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Martinez 2012a

Reason for exclusion	Duplicate
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Mattison 2014

Reason for exclusion	Wrong study design
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Miles 2012

Reason for exclusion	Wrong intervention
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Mudge 2013

Reason for exclusion	Wrong study design
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Watne 2014

Reason for exclusion	Wrong intervention
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Yoo 2013

Reason for exclusion	Wrong study design
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Footnotes

Characteristics of studies awaiting classification

Footnotes

Characteristics of ongoing studies

Footnotes

Summary of findings tables**Additional tables****References to studies****Included studies****Abizanda 2011**

[Empty]

Avendano Cespedes 2016

Avendano-Cespedes,Almudena; Garcia-Cantos,Nuria; Gonzalez-Teruel,Maria; Martinez-Garcia,Monica; Villarreal-Bocanegra,Elena; Oliver-Carbonell,Jose; Abizanda,Pedro. Pilot study of a preventive multicomponent nurse intervention to reduce the incidence and severity of delirium in hospitalized older adults: MID-Nurse-P. Maturitas 2016;86(Journal Article):86-94. [DOI:]

Bonaventura 2007

Published data only (unpublished sought but not used)

[Empty]

Guo 2016

Guo, Yong; Sun, Lulu; Li, Li; Jia, Peiyu; Zhang, Junfeng; Jiang, Hong; Jiang, Wei. Impact of multicomponent, nonpharmacologic interventions on perioperative cortisol and melatonin levels and postoperative delirium in elderly oral cancer patients. *Archives of Gerontology and Geriatrics* 2016;62(Journal Article):12-7. [DOI:]

Hempenius 2013

[Empty]

Jeffs 2013

[Empty]

Lundstrom 2007

[Empty]

Martinez 2012

[Empty]

Moon 2015

Moon, Kyoung-Ja; Lee, Sun-Mi. The effects of a tailored intensive care unit delirium prevention protocol: A randomized controlled trial. *International journal of nursing studies* 2015;52(9):1423-32. [DOI:]

Excluded studies**Bakker 2014**

Bakker, Franka C.; Persoon, Anke; Bredie, Sebastian J. H.; van Haren-Willems, Jolanda; Leferink, Vincent J.; Noyez, Luc; Schoon, Yvonne; Olde Rikkert, Marcel, G. M.. The CareWell in Hospital program to improve the quality of care for frail elderly inpatients: results of a before-after study with focus on surgical patients. *American Journal of Surgery* 2014;208(5):735-46. [DOI:]

Barnes Daly 2015

Barnes-Daly M.A.; Phillips G.; Wesley,Ely E.. ICU liberation: Using the abcdef bundle to improve outcomes in 7 California community ICUS. Critical Care Medicine 2015;43(12):11. [DOI:]

Boockvar 2016

Boockvar,Kenneth S.; Teresi,Jeanne A.; Inouye,Sharon K.. Preliminary Data: An Adapted Hospital Elder Life Program to Prevent Delirium and Reduce Complications of Acute Illness in Long-Term Care Delivered by Certified Nursing Assistants. Journal of the American Geriatrics Society 2016;64(5):1108-13. [DOI:]

Brummel 2013

Brummel N.E.; Girard T.D.; Pandharipande P.P.; Jackson J.C.; Hughes C.; Pun B.T.; Boehm L.; Murphy E.; Work B.; Graves A.; Shintani A.K.; Ely E.W.. Efficacy of an early combined cognitive and physical rehabilitation program for cognitive and functional impairment following critical illness: Results of the activity and cognitive therapy in the ICU (ACT-ICU) trial. American Journal of Respiratory and Critical Care Medicine 2013;187(Web Page):no pagination. [DOI:]

Deschodt 2012

Deschodt,Mieke; Braes, Tom; Flamaing,Johan; Detroyer,Elke; Broos,Paul; Haentjens,Patrick; Boonen,Steven; Miilisen,Koen. Preventing delirium in older adults with recent hip fracture through multidisciplinary geriatric consultation. Journal of the American Geriatrics Society 2012;60(4):733-9. [DOI:]

Fraser 2015

Fraser,Danielle; Spiva,LeeAnna; Forman,Wendy; Hallen,Caroline. Original Research: Implementation of an Early Mobility Program in an ICU. The American Journal of Nursing 2015;115(12):49-58. [DOI:]

Gagnon 2012

Gagnon,Pierre; Allard,Pierre; Gagnon,Bruno; Merette,Chantal; Tardif,Francois. Delirium prevention in terminal cancer: assessment of a multicomponent intervention. Psycho-oncology 2012;21(2):187-94. [DOI:]

Hempenius 2016

Hempenius,Liesbeth; Slaets,Joris P. J.; van Asselt,Dieneke; de Bock,Truuske,H.; Wiggers,Theo; van Leeuwen,Barbara,L.. Long Term Outcomes of a Geriatric Liaison Intervention in Frail Elderly Cancer Patients. PloS one 2016;11(2):e0143364. [DOI:]

Kalisvaart 2013

Kalisvaart K.J.; Vreeswijk R.; Baden M.; Tillemans M.; Roelof E.. Primary prevention of delirium. European Geriatric Medicine 2013;4(Web Page):S3. [DOI:]

Mansouri 2013

Mansouri,Parisa; Javadpour,Shohreh; Zand,Farid; Ghodsbin,Fariba; Sabetian,Golnar; Masjedi,Mansoor; Tabatabaee,Hamid Reza. Implementation of a protocol for integrated management of pain, agitation, and delirium can improve clinical outcomes in the intensive care unit: a randomized clinical trial. *Journal of critical care* 2013;28(6):918-22. [DOI:]

Marcantonio 2001

[Empty]

Martinez 2012a

Martinez, Felipe Tomas; Tobar,Catalina; Beddings,Carlos Ignacio; Vallejo,Gustavo; Fuentes,Paola. Preventing delirium in an acute hospital using a non-pharmacological intervention. *Age and Ageing* 2012;41(5):629-34. [DOI:]

Mattison 2014

Mattison,Melissa L. P.; Catic,Angela; Davis,Roger B.; Olveczky,Daniele; Moran,Julie; Yang,Julius; Aronson,Mark; Zeidel,Mark; Lipsitz,Lewis; Marcantonio,Edward R.. A standardized, bundled approach to providing geriatric-focused acute care. *Journal of the American Geriatrics Society* 2014;62(5):936-42. [DOI:]

Miles 2012

Miles M.; Hite R.D.. A randomized controlled trial of direct noise reduction in the ICU. *Journal of Investigative Medicine* 2012;60(1):455. [DOI:]

Mudge 2013

Mudge,A. M.; Maussen,C.; Duncan,J.; Denaro,C. P.. Improving quality of delirium care in a general medical service with established interdisciplinary care: a controlled trial. *Internal Medicine Journal* 2013;43(3):270-7. [DOI:]

Watne 2014

Watne,Leiv Otto; Torbergsen,Anne Cathrine; Conroy,Simon; Engedal,Knut; Frihagen,Frede; Hjorthaug,Geir Aasmund; Juliebo,Vibeke; Raeder,Johan; Saltvedt,Ingvild; Skovlund,Eva; Wyller,Torgeir Bruun. The effect of a pre- and postoperative orthogeriatric service on cognitive function in patients with hip fracture: randomized controlled trial (Oslo Orthogeriatric Trial). *BMC medicine* 2014;12(Journal Article):63. [DOI:]

Yoo 2013

Yoo, Ji Won; Nakagawa,Shunichi; Kim,Sulgi. Delirium and transition to a nursing home of hospitalized older adults: a controlled trial of assessing the interdisciplinary team-based "geriatric" care and care coordination by non-geriatrics specialist physicians. *Geriatrics & gerontology international* 2013;13(2):342-50. [DOI:]

Studies awaiting classification**Ongoing studies****Other references****Additional references****Other published versions of this review****Data and analyses****1 Multi-component delirium prevention intervention (MCI) versus usual care**

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Incident delirium	9	2157	Risk Ratio (M-H, Random, 95% CI)	0.64 [0.53, 0.77]
1.1.1 Time	9	2157	Risk Ratio (M-H, Random, 95% CI)	0.64 [0.53, 0.77]
1.2 Readmission	0	0	Risk Ratio (M-H, Fixed, 95% CI)	Not estimable
1.3 Duration of delirium (days)	5	402	Mean Difference (IV, Random, 95% CI)	-1.47 [-2.10, -0.85]
1.3.1 Time	5	402	Mean Difference (IV, Random, 95% CI)	-1.47 [-2.10, -0.85]
1.4 Severity of delirium	3	117	Std. Mean Difference (IV, Random, 95% CI)	-0.93 [-1.32, -0.54]
1.4.1 Time	3	117	Std. Mean Difference (IV, Random, 95% CI)	-0.93 [-1.32, -0.54]
1.5 Length of admission	5	1794	Mean Difference (IV, Random, 95% CI)	0.01 [-0.68, 0.70]
1.5.1 Time	5	1794	Mean Difference (IV, Random, 95% CI)	0.01 [-0.68, 0.70]
1.6 Improvement in Activities of Daily Living	1	341	Risk Ratio (M-H, Fixed, 95% CI)	1.15 [0.91, 1.47]
1.6.1 Time	1	341	Risk Ratio (M-H, Fixed, 95% CI)	1.15 [0.91, 1.47]

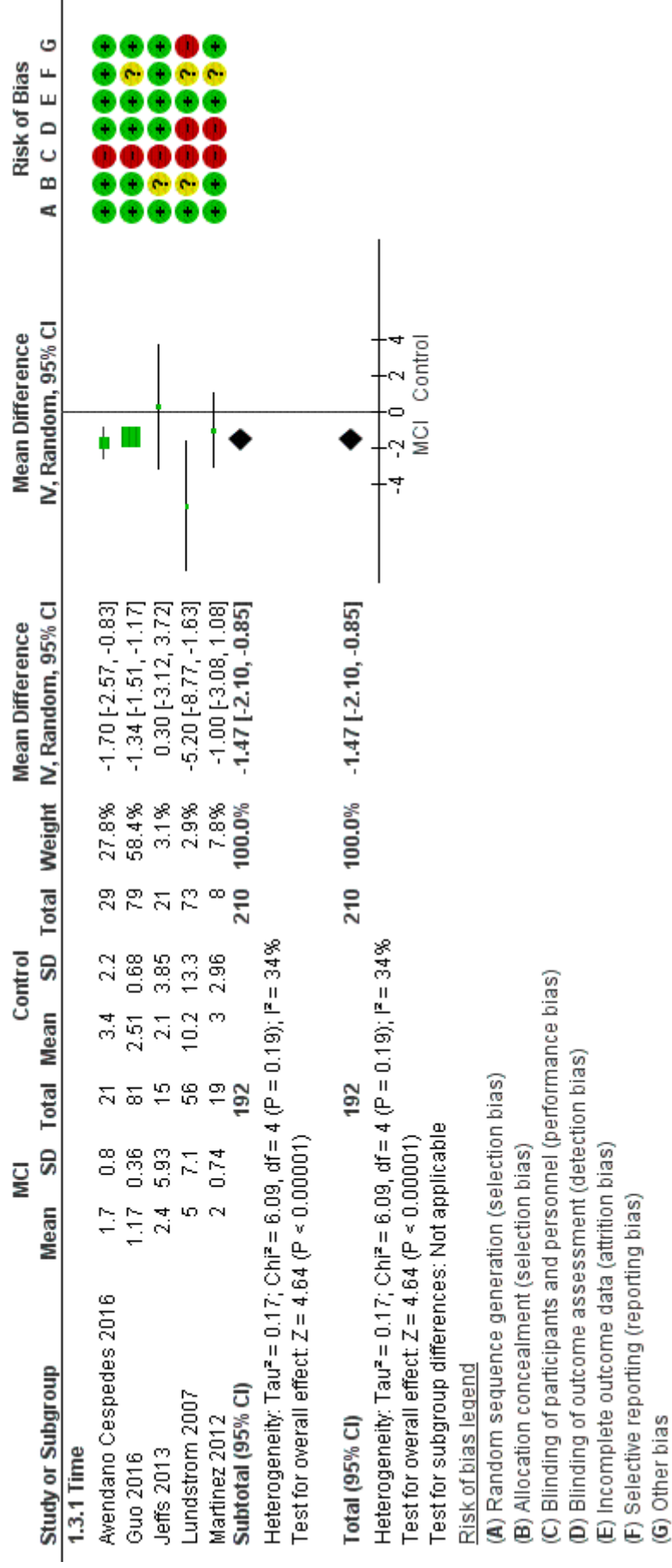
1.7 Return to independent living	3	990	Risk Ratio (M-H, Random, 95% CI)	0.95 [0.85, 1.07]
1.7.1 Time	3	990	Risk Ratio (M-H, Random, 95% CI)	0.95 [0.85, 1.07]
1.8 Falls	3	746	Risk Ratio (M-H, Random, 95% CI)	0.57 [0.16, 2.01]
1.8.1 Time	3	746	Risk Ratio (M-H, Random, 95% CI)	0.57 [0.16, 2.01]
1.9 Pressure ulcers	2	457	Risk Ratio (M-H, Random, 95% CI)	0.48 [0.26, 0.89]
1.9.1 Time	2	457	Risk Ratio (M-H, Random, 95% CI)	0.48 [0.26, 0.89]
1.10 Inpatient mortality	5	1032	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.52, 1.16]
1.10.1 Time	5	1032	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.52, 1.16]
1.11 12 month mortality	1	199	Risk Ratio (M-H, Random, 95% CI)	0.85 [0.46, 1.56]
1.11.1 Time	1	199	Risk Ratio (M-H, Random, 95% CI)	0.85 [0.46, 1.56]
1.12 Cardiovascular complication	1	260	Risk Ratio (M-H, Fixed, 95% CI)	1.13 [0.78, 1.65]
1.13 Urinary tract infection	1	260	Risk Ratio (M-H, Fixed, 95% CI)	1.20 [0.45, 3.20]

Figures

Figure 1

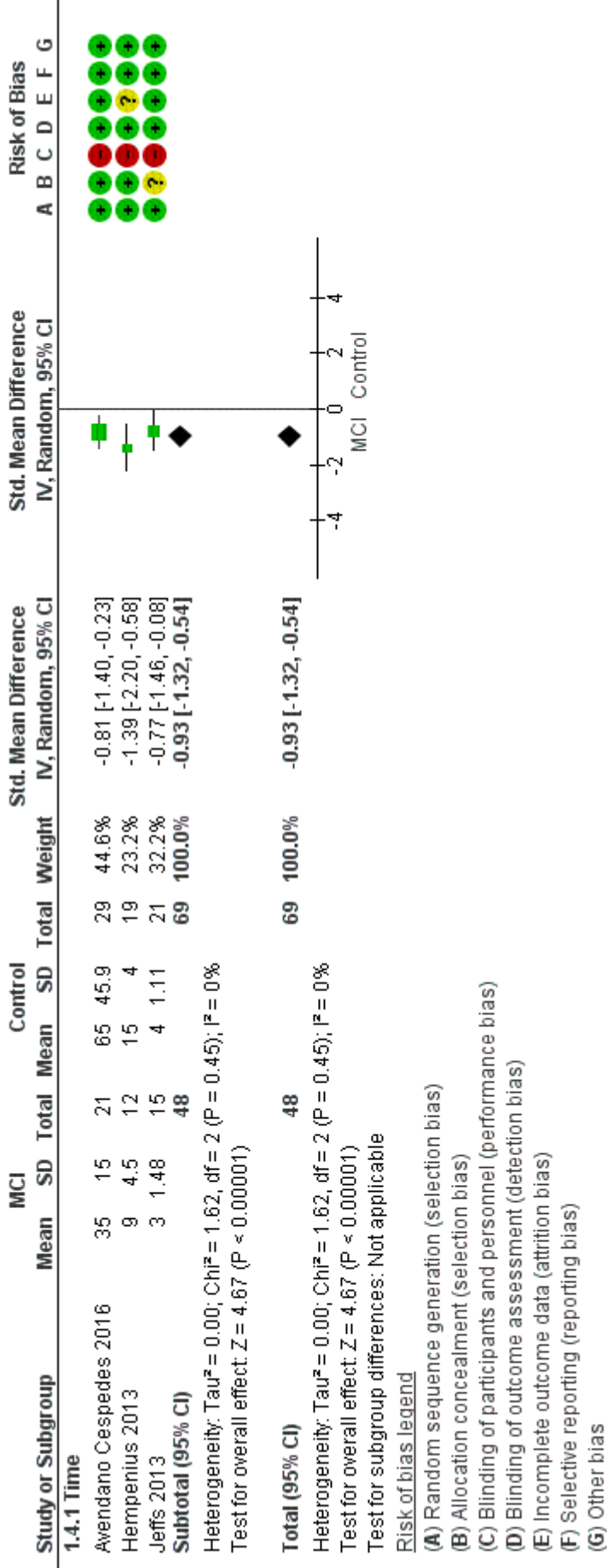
	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Abizanda 2011	+	+	-	+	+	+	+
Avendano Cespedes 2016	+	+	-	+	+	+	+
Bonaventura 2007	-	-	-	?	+	?	+
Guo 2016	+	+	-	+	+	?	+
Hempenius 2013	+	+	-	+	?	+	+
Jeffs 2013	+	?	-	+	+	+	+
Lundstrom 2007	+	?	-	-	+	?	-
Martinez 2012	+	+	-	-	+	?	+
Moon 2015	+	+	-	?	+	+	+

Figure 3 (Analysis 1.3)



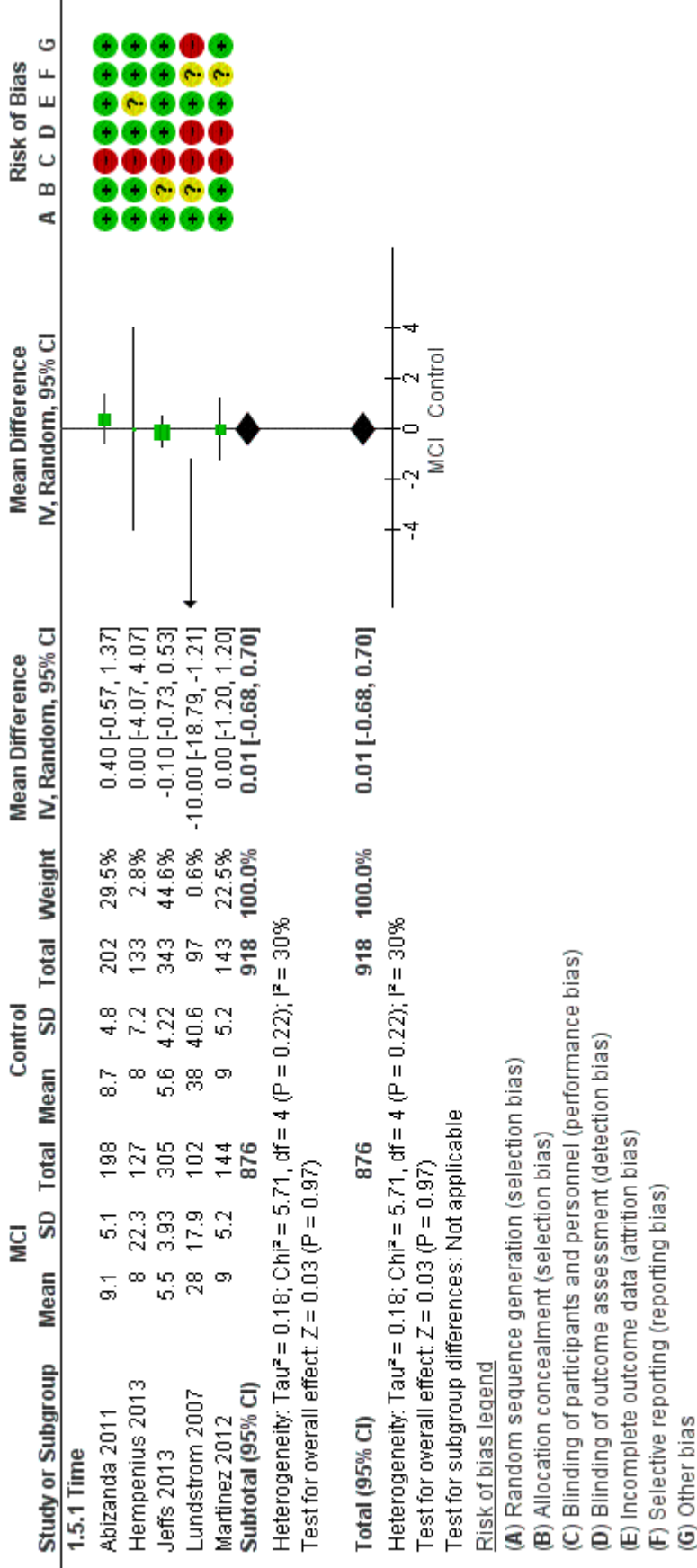
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.3 Duration of delirium (days).

Figure 4 (Analysis 1.4)



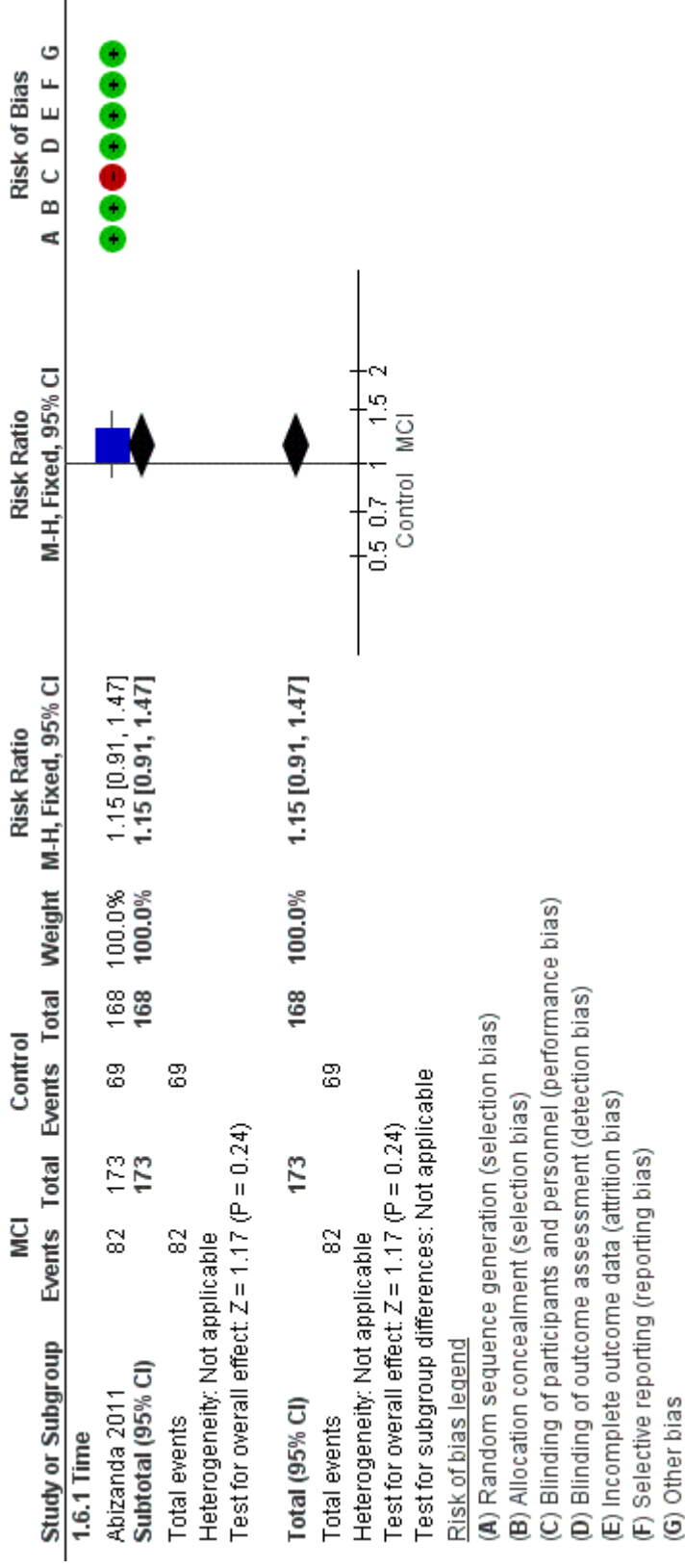
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.4 Severity of delirium.

Figure 5 (Analysis 1.5)



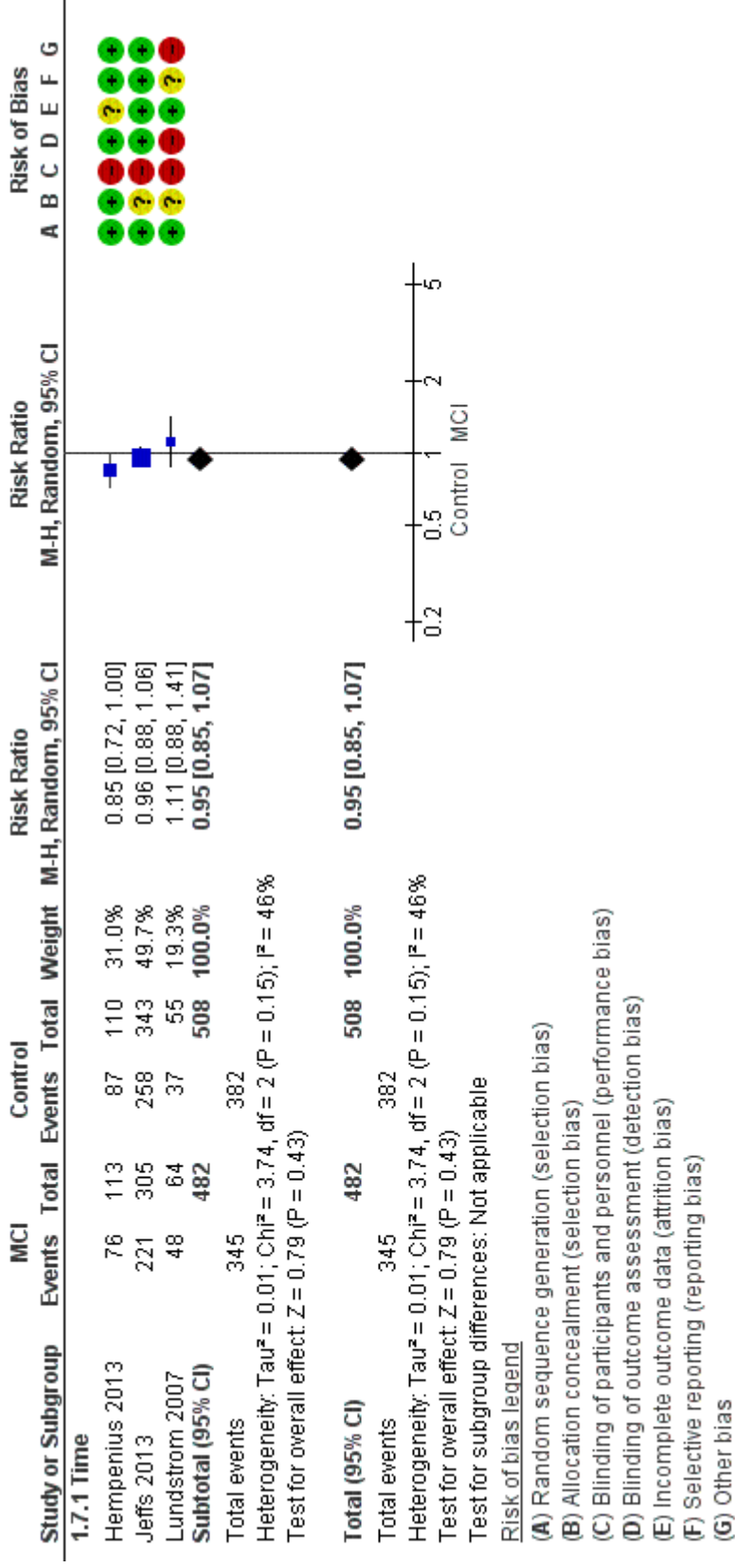
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.5 Length of admission.

Figure 6 (Analysis 1.6)



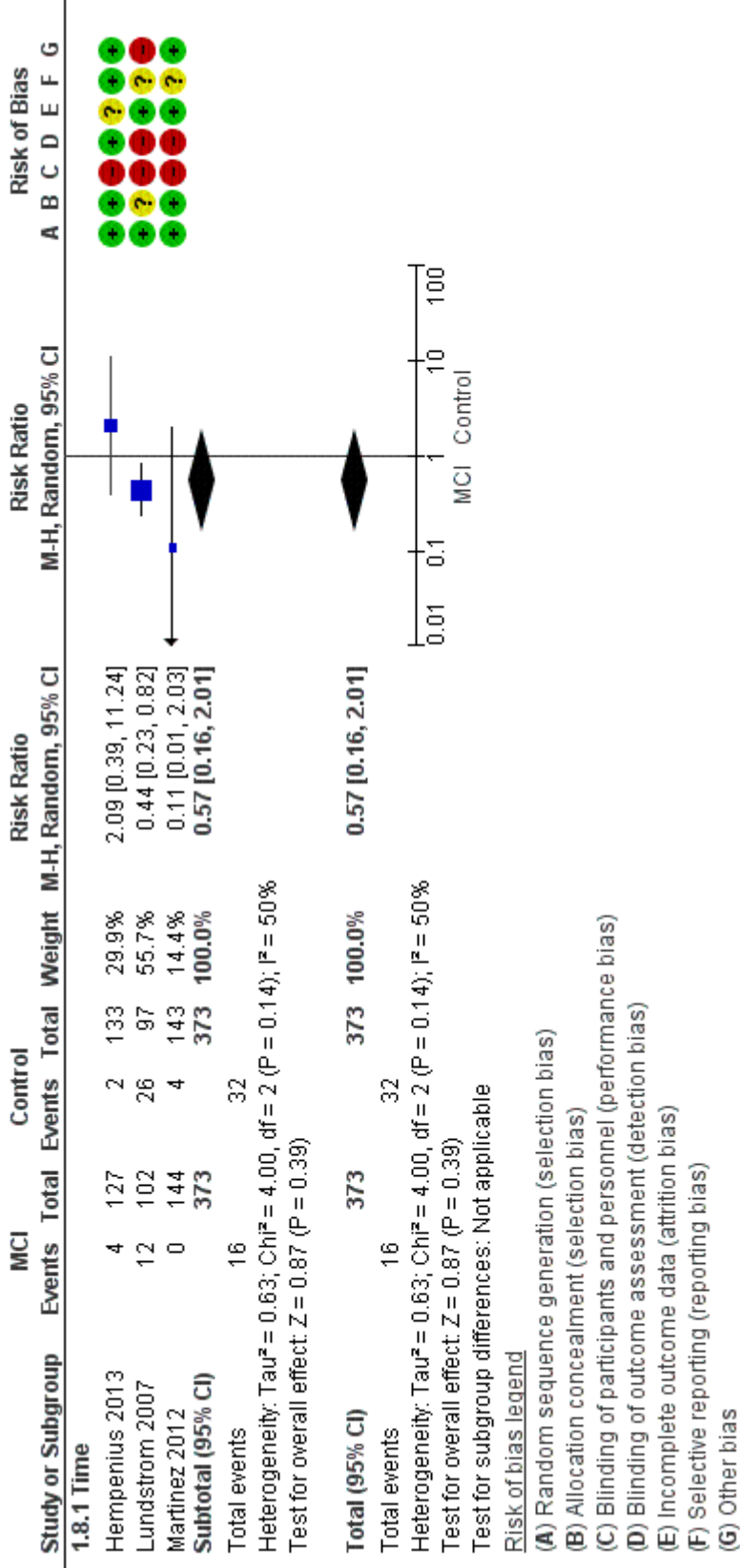
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.6 Improvement in Activities of Daily Living.

Figure 7 (Analysis 1.7)



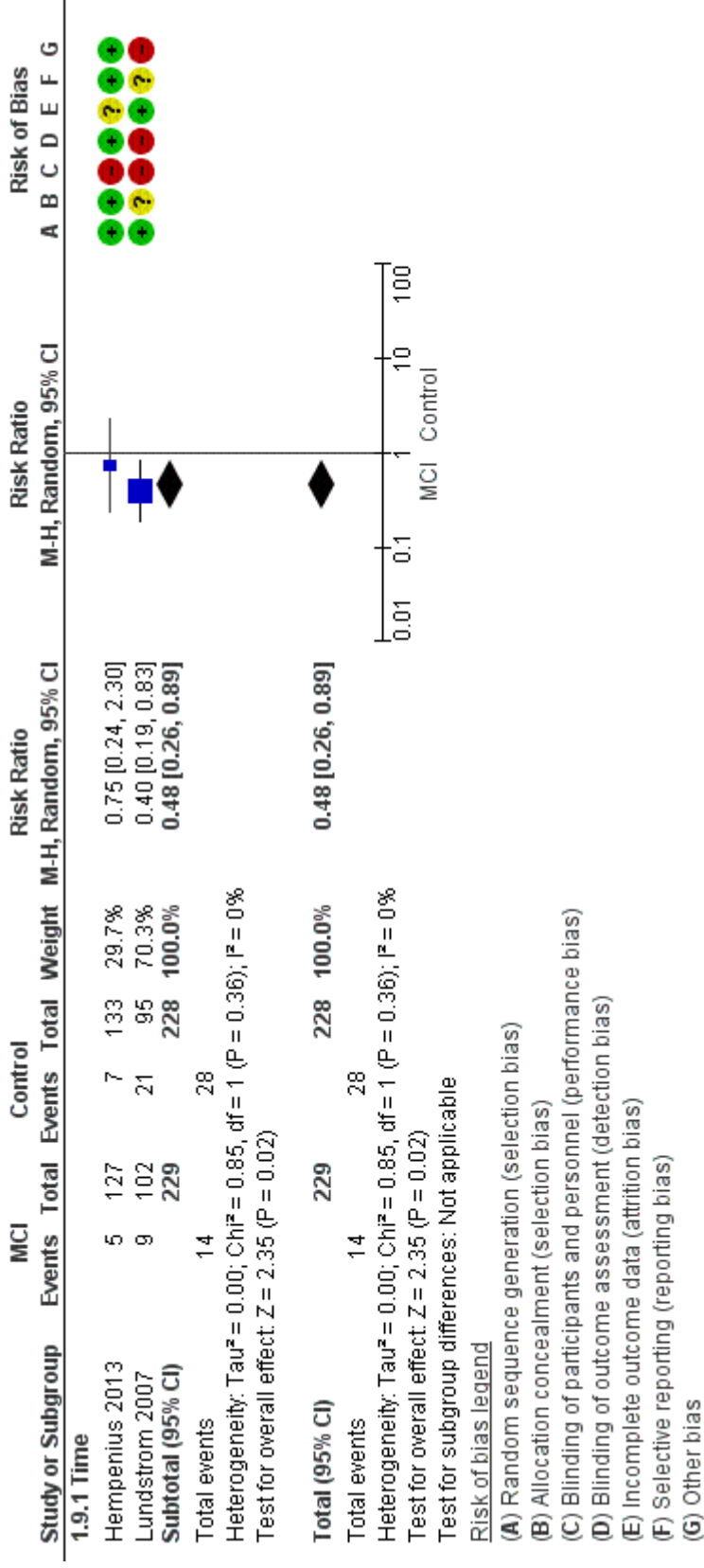
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.7 Return to independent living.

Figure 8 (Analysis 1.8)



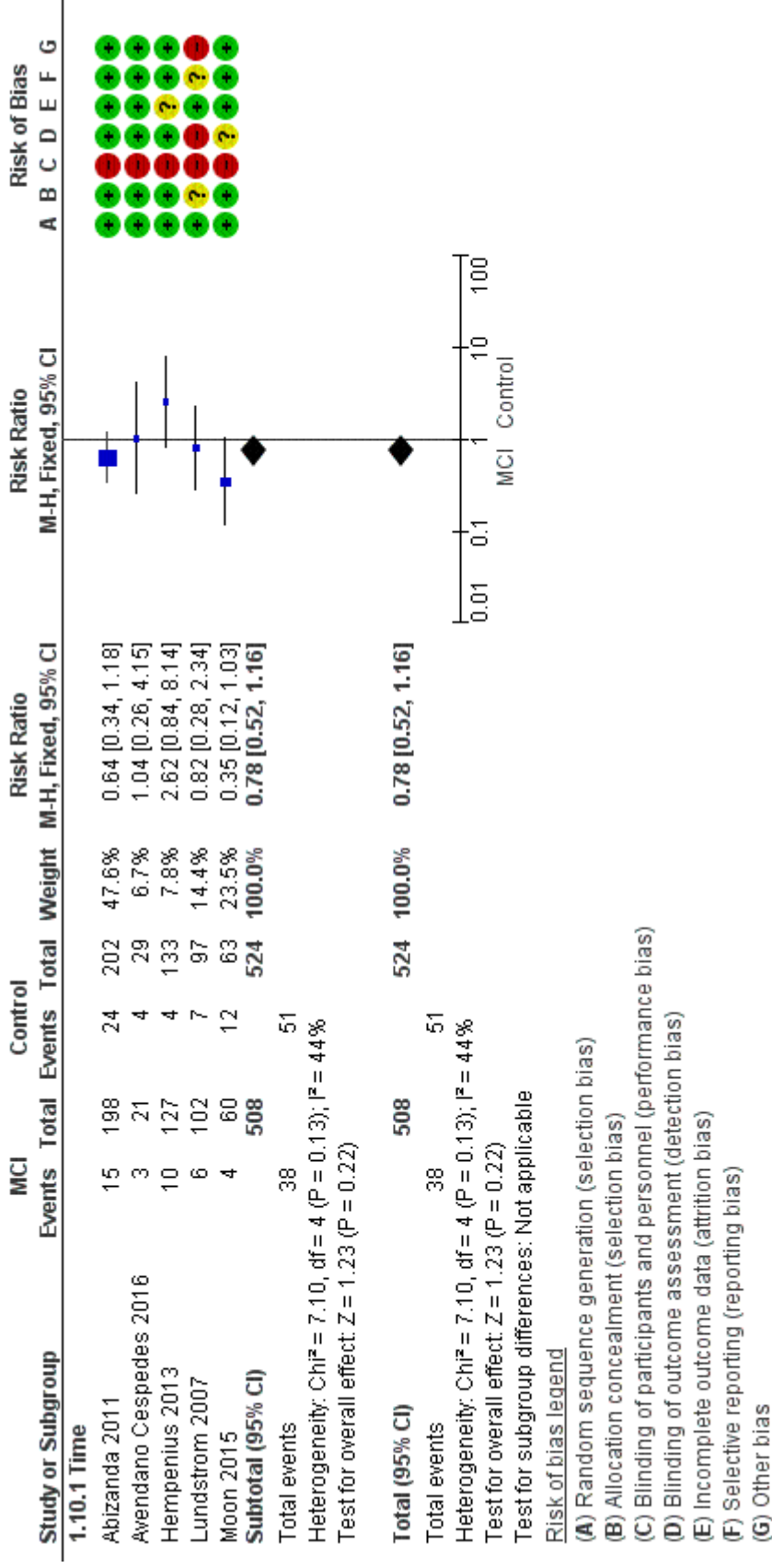
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.8 Falls.

Figure 9 (Analysis 1.9)



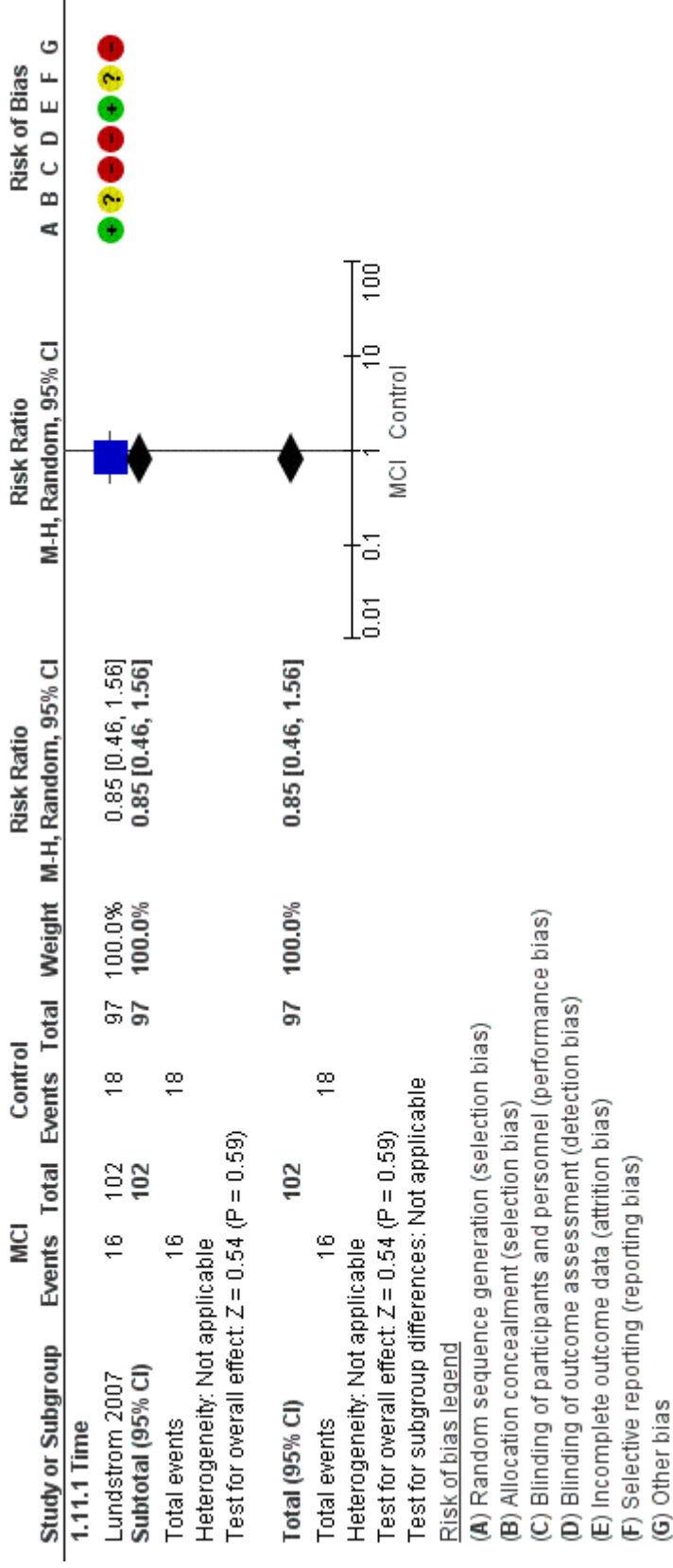
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.9 Pressure ulcers.

Figure 10 (Analysis 1.10)



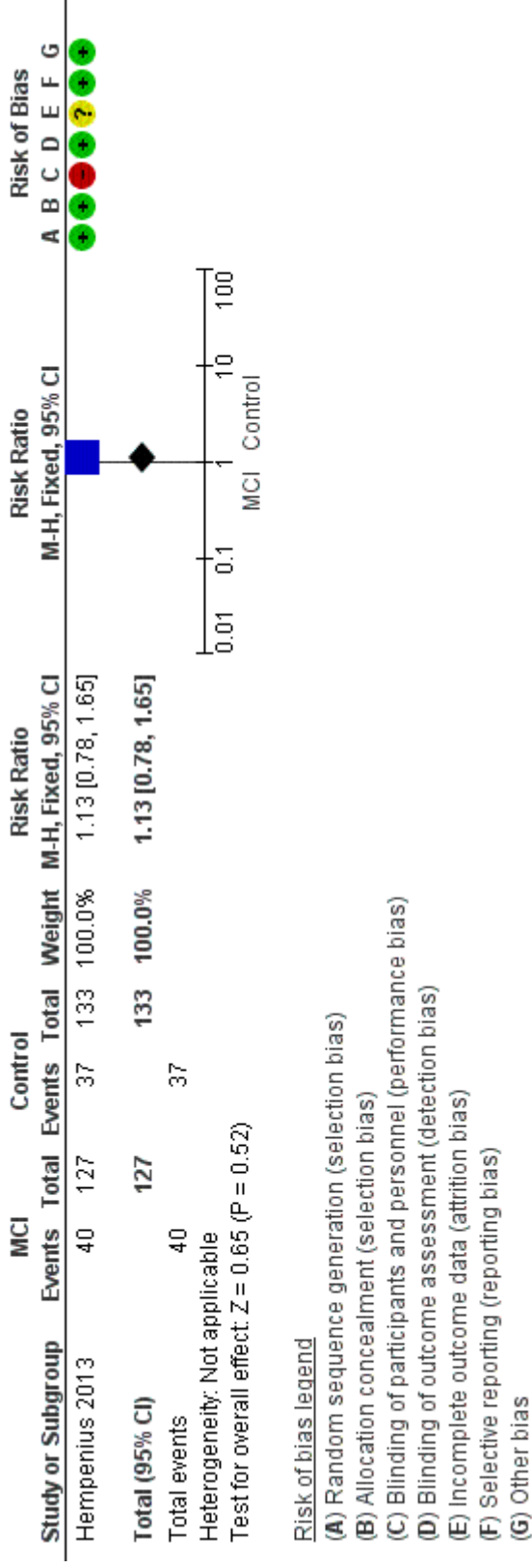
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.10 Inpatient mortality.

Figure 11 (Analysis 1.11)



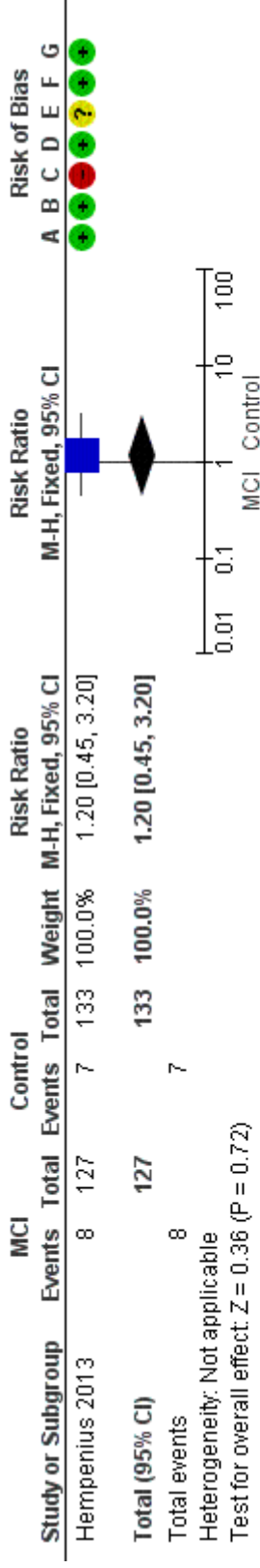
Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.11 12 month mortality.

Figure 12 (Analysis 1.12)



Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.12 Cardiovascular complication.

Figure 13 (Analysis 1.13)



Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 Multi-component delirium prevention intervention (MCI) versus usual care, outcome: 1.13 Urinary tract infection.