

A close-up photograph of a pregnant woman's belly. Her hands are gently cradling her abdomen from both sides. She is wearing a light blue top and a green and white patterned skirt. The background is a soft-focus outdoor scene with greenery and a blue sky.

**Tvey vard við  
einum priki**



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**Við eini koppseting kanst tú verja bæði teg sjálva og barnið móti kikhosta og beinkrími.**

Minst til at bileggja tíð hjá læknanum. Tað kann til dømis vera í sambandi við kanningina í 32. viku.

Tú kanst lesa meira um koppsetingarnar á [sst.dk/gravid-vaccination](https://sst.dk/gravid-vaccination)



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