

[corona | covid-19]

Protect yourself and others

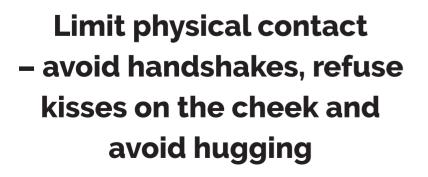
COVID-19 typically spreads from one person to another in places with many people present via direct physical contact (shaking hands, hugging, kissing, etc.) and via droplets when an infected person coughs or sneezes. Take care of your health and protect others by doing the following

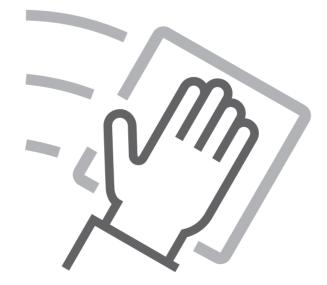




Wash your hands frequently or sanitize your hands with an alcohol-based hand rub Cough or sneeze into your sleeve, not your hands







Be diligent with cleaning



Keep your distance and ask others to be considerate

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