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Information for staff at quarantine facilities for people infected with novel coronavirus

People infected with novel coronavirus can be offered a voluntary out-of-home stay at a quarantine facility if, for whatever reasons, they cannot self-isolate at home. The purpose of the stay is to prevent them from infecting other members of their household. Places offering isolation stays are also known as "quarantine facilities."

This publication is meant for you who work in a quarantine facility and will provide you with information on how to perform your work in such a way as to prevent you and your colleagues from becoming infected with novel coronavirus. You will also learn what your duties are in relation to daily operation and service. The place where you work may have additional directions regarding your specific tasks. It is important that you follow these as well.

It is your employer's responsibility to make sure you know how to do your job properly and safely.

About novel coronavirus

Novel coronavirus can cause respiratory infections. Symptoms can range from mild symptoms – similar to those you experience when you have a common cold – to severe pneumonia. You can also be infected even though you do not develop symptoms. The virus spreads from person to person through droplets from, e.g. coughing or sneezing (droplet spread), and via contact and surfaces, e.g. handshakes and door handles (contact spread). We estimate that novel coronavirus can survive on surfaces for up to 48 hours.

Who is offered a stay at a quarantine facility?

People who are offered out-of-home stays have all tested positive for novel coronavirus. But they have no or only mild symptoms of the disease and can manage on their own. They have been referred for an out-of-home stay by their municipality because they cannot remain at home – e.g. because they live someone who is at higher risk of severe illness from COVID-19 if they become infected with novel coronavirus.

What does such a stay entail for the individual in quarantine?

People in out-of-home quarantine are expected to care for themselves, so you and your colleagues have as little contact with them as possible. Everyone in quarantine has their own room/ accommodation/apartment, which they are responsible for cleaning every day. Your job is to leave any cleaning products, food or groceries outside the door as per agreement with the individual in quarantine.

It is also the responsibility of the people in isolation to follow the health professionals' recommendations for preventing the spread of infection. And they are expected to contact their GP/emergency doctor service/1813 themselves if their illness gets worse. They must also follow any directions for stays in common areas that are in place at your place of work.

How long does an out-of-home quarantine stay last?

Individuals in isolation must leave the quarantine facility 48 hours after they have become symptom-free. If they have had no symptoms at any time during their stay, they should remain in isolation for seven days -, counting from the day the test was taken. After seven days have passed, they must return home. The staff and the municipality must be informed at the conclusion of the stay.

Am I more at risk of being infected with novel coronavirus when I am working at a quarantine facility?

Novel coronavirus spreads through droplet from, e.g. coughing/sneezing and through contact via, e.g. countertops and handles where virus gets infect you unless it comes into contact with th Therefore, you are not at higher risk of becomi advice on preventing infection while you are a your colleagues and possibly other people, w/ contact during your workday.

Tips for preventing infection:

- Wash your hands frequently and thorough have access to soap and water.
- Cough and sneeze into disposable tissues
- Avoid physical contact during your workda
- Clean your environment thoroughly, and p/ section on cleaning). Do not share towels v
- Keep two metres away from infected peop ed, e.g. your colleagues.

If you follow these recommendations, you will mask and visor while you are working. When c you usually would if there is any splash or spl

As staff at a quarantine facility, you should be aware of the following:



Common facilities and services for people in quarantine

- Everyone has their own room/accommodation/apartment where they must remain during their stay in quarantine. However, if the facility has common living rooms and outdoor areas reserved for people in isolation, they are, of course, allowed to avail themselves of this option.
- Toilets in common areas reserved for people in isolation must not be used by non-infected individuals.
- The people in quarantine must eat all their meal either in their own room/accommodation/apartment or in any common area reserved for their use.

- If they use a common room, the food must be served in individual portions. You must not lay out a buffet. The staff should not remain in the room during the meal. Diners clean up after they have eaten.
- Places where people in isolation sleep and stay must be clearly separated from facilities used by non-infected individuals. There must be clear physical markings to ensure that the staff and any others who are not infected do not accidentally enter the quarantined areas.
- People on out-of-home quarantine stays are responsible for taking care of themselves. However, in order to prevent the spread of infection, the staff must assist with the following:
 - provide breakfast, lunch and dinner – either from the facility itself or ordered in.
 - supply groceries.
 - supply hand sanitiers and cleaning products.
 - provide towels and possibly bed linen.
 - pick up garbage.
 - Pick up and deliver laundry.

Delivery takes place at fixed times or as agreed upon with the individual in quarantine.

Individuals in isolation must pay for laundry and groceries upon delivery. Hand sanitiser, cleaning products, towels, bed linen and waste collection are all included in the stay.

Furthermore, your facility must offer three main meals a day for which you can charge up to DKK 150 if the person in quarantine avails himself/herself of this service. How – and at which time – the bill must be settled is left up to each quarantine facility.



Cleaning and hygiene

Cleaning of the rooms/accommodations/apartments

- Upon arrival, extra bedding and towels must be provided. The person in quarantine is charged with changing his/her own towels and bed linen. Only washable duvets and pillows may be used.
- The person in quarantine must clean his/her private toilet/bath every day as well as any other rooms (kitchen/living room, etc.) where the person is staying. Ordinary cleaning products should be used.
- Staff will provide hand sanitiser, disposable tissues, garbage bags and cleaning products, which are all included in the stay.
- People in isolation must seal their own garbage bags and place them outside the door to be picked up by the staff by appointment.
- The staff only cleans the rooms/accommodations/apartments when the stay is over. You should use the same cleaning products and equipment that you normally would. The toilet should be the last thing you clean.
- Cleaning staff should put on gloves and disposable plastic aprons, as they normally do if there is any splash or splatter risk.
- All rooms/dwellings must remain unoccupied for 48 hours from the time an infected person has vacated the room, and until a non-infected person use it.

Cleaning in common areas and common living areas used by people during quarantine stays

- The staff is in charge of cleaning the common areas (e.g. communal dining rooms, halls, etc.).
- Common areas must be cleaned once a day, but contact points must be cleaned twice a day (elevator/lift buttons, tables, armrests, light switches, remote controls, handles, taps, toilet flush button, etc.).
- If the staff cleans areas used by people in isolation as well as areas used by people who are not infected, the areas where people in isolation reside must be cleaned last. The cleaning staff should wear gloves and disposable plastic aprons as they normally do if there is any splash or splatter risk.
- Cleaning of common areas is carried out at agreed-upon times when people in quarantine do not have access to the common area.

Laundry

- If they need their clothes washed, the people in quarantine must sort their laundry and leave it in a sealed bag, ready for the staff to pick up on request.
- Laundry is put directly into the washing machine and washed at a minimum of 60°. Personnel must wash and clean their hands thoroughly after they have handled dirty clothing.

If a person in quarantine becomes acutely ill

If a person in isolation becomes acutely ill and is unable to contact the doctor, the staff should dial 112. If there is an AED (Automated External Defibrillator) cardiac arrest defibrillator on the premises, we recommend that staff know how to use it and can perform basic, life-saving CPR.

If there is an urgent need for close contact with the sick individual, you must wear protective equipment: gloves, mask (type 2) and eye protection/visor and disposable coverall. It is essential to use the protective equipment correctly, as they may otherwise pose a risk of infection.

As a staff member, you should talk to your employer if you are unsure of how to use an AED, perform CPR techniques or use protective equipment.