

Søgeprotokol for Opdatering af Nationale Kliniske Retningslinjer nr. 25

Projektitel/aspekt	NKR Borderline - PICOs /PIROs søgning
Fagkonsulent /projektleder	Ole Jakob Storebø / Maria Herlev Ahrenfeldt
Søgespecialist	Kirsten Birkefoss
Senest opdateret	07.12.2018

PIRO/PICOs	PICO 3: Psykoeducation PICO 4: Multimodale behandlingsprogrammer PICO 5: Kort og langvaring psykoterapi PICO 6: Validerede instrumenter til monitorering
Søgetermer	Se søgestrategierne under de enkelte PICOs/PIROs
Inklusions- og eksklusionskriterier	Sprog: Engelsk, dansk, norsk og svensk År: 2014-18 (PICO4: 2004-18) Population: Unge, voksne 15 år- Publikationstyper: Systematiske reviews, metaanalyser, RCT, observationelle studier (PICO 6)

Informationskilder

DATABASE	INTERFACE	DATO FOR SØGNING
Medline (inkl. Cochrane Reviews)	OVID	05.07.2018 – 07.12.2018
EMBASE inkl. Cochrane Reviews)	OVID	05.07.2018 – 07.12.2018
PSYCINFO	OVID	05.07.2018 – 07.12.2018
CINAHL	EBSCO	05.07.2018 – 07.12.2018

Note

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Doubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til Covidence (referenceværktøj)
- Fuldttekster præsenteres i Covidence i pdf-format
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

SØGESTRATEGI

PICO 3: Psykoedukation – systematiske reviews, metaanalyser, RCT

Medline

06.07.2018

Database(s): Ovid MEDLINE(R) Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily, Ovid MEDLINE and Versions(R) 1946 to July 05, 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	6150
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)).ti,ab,kw,kf.	12521
3	(borderline* and cluster b).ti,ab,kw,kf.	197
4	(DSM and (axis and II)).tw.	1403
5	(ICD10 or ICD 10).mp.	9508
6	exp Personality Disorders/	39087
7	(personalit* adj3 (disorder* or dysfunction*)).ti,ab,kw,kf.	19357
8	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,kw,kf.	71
9	or/1-8	60871
10	exp Patient Education as Topic/	79965
11	exp patient decision making/ or exp patient education/ or exp patient guidance/	79965
12	exp patient information/	0
13	exp Patient Compliance/ or exp Problem Solving/	92156
14	(psychoeducat* or psycho-educat* or stepps or problem solving).ti,ab,kw,kf.	21324
15	((information or educat* or guid* or understand* or counsel* or councel* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) adj10 (treatment* or management or patient* or tailor* or individual* or client-cent* or client cent* or client-focus* or client focus* or person-cent* or person cent* or person-focus* or person focus*)).ti,ab,kw,kf.	786296
16	or/10-15	919147
17	9 and 16	5898
18	limit 17 to (meta analysis or systematic reviews)	219
19	((systematic or method* or rapid or integrative) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,kf.	664948
20	(pooled adj1 (data or analys*)).ti,ab.	14699
21	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	176196
22	cochrane.jw.	13760
23	or/19-22	734507

24 17 and 23	483
25 18 or 24	570
26 limit 25 to (yr="2014-2018" and (danish or english or norwegian or swedish))	195
27 limit 17 to (randomized controlled trial or controlled clinical trial)	368
28 (((random* or cluster-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw,kf.	601241
29 (placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	256428
30 ((single or double or triple) adj2 (blind* or mask*)).ti,ab.	158204
31 ((patient* or person* or participant* or population or allocat*) adj3 (random* or blind* or mask*)).ti,ab,kw,kf.	152194
32 or/28-31	741471
33 17 and 32	521
34 27 or 33	643
35 limit 34 to (yr="2014-2018" and (danish or english or norwegian or swedish))	180
36 26 or 35	343

Embase

Database(s): **Embase** 1974 to 2018 July 06

Search Strategy:

#	Searches	Results
1	exp Borderline state/	11937
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)).ti,ab,kw.	17594
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)).ti,ab,kw.	464
4	(DSM and (axis and II)).tw.	1947
5	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,kw.	106
6	exp Personality Disorders/	57703
7	(personalit* adj3 (disorder* or dysfunction*)).ti,ab,kw.	26572
8	or/1-7	71390
9	exp Patient Education/	104371
10	exp patient decision making/	8870
11	exp patient information/	24560
12	exp patient guidance/	1309
13	exp Problem Solving/	33086
14	(psychoeducat* or psycho-educat* or ((psycho-social or psychosocial) adj3 (educat* or training or exercise*)) or stepps or problem solving).ti,ab,kw,kf.	30727
15	((information or educat* or guid* or understand* or counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) adj10 (treatment* or	1193278

management or patient* or tailor* or individual* or client-cent* or client cent* or client-focus* or client focus* or person-cent* or person cent* or person-focus* or person focus*)).ti,ab,kw,kf.

16 or/9-15	1314605
17 8 and 16	7718
18 limit 17 to (meta analysis or "systematic review")	150
19 (((systematic or rapid or integrative) adj3 (review* or study or studies or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,kf.	322365
20 (pooled adj1 (data or analys*)).ti,ab.	22707
21 cochrane.jx.	22270
22 or/19-21	352579
23 17 and 22	203
24 18 or 23	271
25 limit 24 to (yr="2014-2018" and (danish or english or norwegian or swedish))	95
26 limit 17 to (randomized controlled trial or controlled clinical trial)	346
27 (((random* or cluster-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw,kf.	831317
28 (placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	357550
29 ((single or double or triple) adj2 (blind* or mask*)).ti,ab.	216243
30 ((patient* or person* or participant* or population or allocat*) adj3 (random* or blind* or mask*)).ti,ab,kw,kf.	220576
31 or/27-30	1028539
32 17 and 31	646
33 26 or 32	752
34 limit 33 to (yr="2014-2018" and (danish or english or norwegian or swedish))	209
35 25 or 34	285

PsycINFO

Database(s): **PsycINFO** 1806 to July Week 1 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	5909
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population* or client*)).ti,ab,id.	14121
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3")).ti,ab,id.	370
4	(DSM and (axis and II)).tw.	1951
5	exp Personality Disorders/	33149
6	(personalit* adj3 (disorder* or dysfunction*)).ti,ab,id.	32427



7 (emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,id.	90
8 or/1-7	50376
9 exp Psychoeducation/	4114
10 exp Client Education/	3675
11 exp Problem Solving/	43714
12 (psychoeducat* or psycho-educat* or steps or problem solving).ti,ab,id.	51840
13 ((information or educat* or guid* or understand* or counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis*) adj10 (treatment* or management or patient* or tailor* or individual* or client-cent* or client cent* or client-focus* or client focus* or person-cent* or person cent* or person-focus* or person focus*)).ti,ab,id.	239396
14 or/9-13	307956
15 8 and 14	4756
16 limit 15 to ("0830 systematic review" or 1200 meta analysis)	39
17 (((systematic or method* or rapid or integrative) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	164641
18 (pooled adj1 (data or analys*)).ti,ab.	1635
19 or/17-18	165817
20 15 and 19	225
21 16 or 20	226
22 limit 21 to (yr="2014-2018" and (danish or english or norwegian or swedish))	72
23 (((random* or cluster-random* or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	75796
24 (placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	45291
25 ((single or double or triple) adj2 (blind* or mask*)).ti,ab.	24326
26 ((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or blind* or mask*)).ti,ab,id.	52977
27 or/23-26	133876
28 15 and 27	270
29 limit 28 to (yr="2014-2018" and (danish or english or norwegian or swedish))	91
30 22 or 29	149

Cinahl

#	Query	Limiters/Expanders	Results
S26	S14 AND S25	Limiters - Published Date: 20140601-20181231; Language: Danish, English, Norwegian, Swedish	18
S25	S18 OR S24		298,123
S24	S19 OR S20 OR S21 OR S22 OR S23		157,756
S23	((patient* or client* or person* or participant* or population or allocat* or assign*) N3 (random* or blind* or mask*))		76,521
S22	((single or double or triple) N2 (blind* or mask*))		39,198
S21	(placebo* or single-blind* or double-blind* or triple-blind*)		55,011
S20	((((random* or cluster-random* or controlled or crossover or cross-over or blind* or mask*) N4 (trial*1 or study or studies or analy*)) or rct)		84,490
S19	PT (randomized controlled trial or controlled clinical trial)		45,070
S18	S15 OR S16 OR S17		166,682
S17	(pooled N1 (data or analys*))		3,761
S16	((((systematic or method* or rapid or integrative) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*))		164,696
S15	PT (meta analysis or systematic reviews)		11,612
S14	S6 and S13		384
S13	S7 OR S8 OR S9 OR S10 OR S11 OR S12		266,869
S12	((information or educat* or guid* or understand* or counsel* or councel* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) N10 (treatment* or management or patient* or tailor* or individual* or client-cent* or client cent* or client-focus* or client focus* or person-cent* or person cent* or person-focus* or person focus*))		239,410
S11	(psychoeducat* or psycho-educat* or steps or problem solving)		13,148
S10	(MH "Problem Solving+")		6,850



S9	(MH "Decision Making, Patient+")	13,347
S8	(MH "Patient Education+")	55,374
S7	(MH "Psychoeducation")	2,055
S6	S1 OR S2 OR S3 OR S4 OR S5	2,519
S5	(emotion* N2 ((instabil* or unstable or instable) N2 person*))	7
S4	(DSM and (axis II))	178
S3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3"))	48
S2	(borderline* N5 (personalit* or character* or difficult* or disorder* or dysfunction* or BPD or person* or state* or structur* or patient* or population* or client*))	2,379
S1	MH Borderline Personality Disorder	1,612

PICO 4: Multimodale behandlingsprogrammer

Medline

07.12.2018

Database(s): Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R) 1946 to December 06, 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	6259
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)).ti,ab,kw,kf.	12827
3	borderliner*.ti,ab,kw,kf.	5
4	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)).ti,ab,kw,kf.	297
5	(DSM and (axis and II)).tw.	1414
6	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,kw,kf.	72
7	*Personality Disorders/	12939
8	(personalit* adj5 (disorder* or dysfunction*)).ti,kw,kf.	10059
9	or/1-8	28095
10	exp Psychotherapy/	183154
11	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or multimodal* or multi-modal*) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw,kf.	1032876
12	(psychotherap* or psycho-therap* or STEPPS).ti,ab,kw,kf.	43567
13	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw,kf.	63571
14	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or	356764



	multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw,kf.	
15	exp Patient-Centered Care/	17306
16	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw,kf.	42572
17	((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw,kf.	39988
18	or/10-17	1497769
19	9 and 18	7416
20	limit 19 to (randomized controlled trial or controlled clinical trial)	495
21	((random* or cluster-random* or control?ed or crossover or cross-over) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw,kf.	585753
22	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	261553
23	((single or double or triple) adj2 (blind* or mask*)).ti,ab.	161163
24	((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw,kf.	233887
25	or/21-24	795274
26	19 and 25	738
27	20 or 26	873
28	limit 27 to (yr="2004-2018" and (danish or english or norwegian or swedish))	652
29	(cardio* or cardiac or heart or aortic or cancer or tumour* or tumor* or neoplasm* or neoplasia or leprosy or malignancy).ti,ab,kw,kf.	4277559
30	28 not 29	626

Embase

Database(s): **Embase** 1974 to 2018 December 06

Search Strategy:

#	Searches	Results
1	exp Borderline state/	12149
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)).ti,ab,kw.	17947
3	borderliner*.ti,ab,kw.	10
4	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)).ti,ab,kw.	465
5	(DSM and (axis and II)).tw.	1951
6	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,kw.	106
7	*Personality Disorders/	6422
8	(personalit* adj5 (disorder* or dysfunction*)).ti,kw.	14061
9	or/1-8	32786
10	exp Psychotherapy/	230002
11	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness) adj6 (therap* or management* or model* or program* or modal* or multimodal* or multi-modal* or treat* or care or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw.	1387283
12	(psychotherap* or psycho-therap* or STEPPS).ti,ab,kw.	56611
13	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw.	90683
14	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw.	507154
15	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-	61398



	centered) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw.	
16	((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,kw.	60423
17	or/10-16	2020351
18	9 and 17	9820
19	limit 18 to (randomized controlled trial or controlled clinical trial)	514
20	((random* or cluster-random* or control?ed or crossover or cross-over) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	808607
21	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	363650
22	((single or double or triple) adj2 (blind* or mask*)).ti,ab.	219610
23	((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	323586
24	or/20-23	1095034
25	18 and 24	996
26	19 or 25	1129
27	limit 26 to (yr="2004-2018" and (danish or english or norwegian or swedish))	828
28	(cardio* or cardiac or heart or aortic or cancer or tumour* or tumor* or neoplasm* or neoplasia or leprosy or malignancy).ti,ab,kw.	5578806
29	27 not 28	783

PsycInfo

Database(s): **PsycINFO** 1806 to December Week 1 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	6028
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population* or client*)).ti,ab,id.	14323
3	borderliner*.ti,ab,id.	4
4	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3")).ti,ab,id.	375
5	(DSM and (axis and II)).tw.	1958
6	*Personality Disorders/	9794
7	(personalit* adj3 (disorder* or dysfunction*)).ti,id.	20524
8	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,id.	98
9	or/1-8	29078



10	exp Psychotherapy/	209454
11	exp mindfulness/	8368
12	exp meditation/	4268
13	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or meditation) adj6 (therap* or management* or model* or program* or modal* or multimodal* or multi-modal* or treat* or care or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,id.	715107
14	(psychotherap* or psycho-therap* or STEPPS).ti,ab,id.	115407
15	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or support* or counseling or counselling)).ti,ab,id.	84028
16	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,id.	129093
17	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,id.	15420
18	((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or multimodal* or multi-modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support* or counseling or counselling)).ti,ab,id.	19959
19	or/10-18	964387
20	9 and 19	11935
21	((random* or cluster-random* or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	77847
22	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	45872
23	((single or double or triple) adj2 (blind* or mask*)).ti,ab.	24648
24	((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or	54201

	blind* or mask*).ti,ab,id.	
25	or/21-24	136861
26	20 and 25	689
27	limit 26 to (yr="2004-2018" and (danish or english or norwegian or swedish))	526

Cinahl

#	Query	Limiters/Expanders	Results
S21	S14 AND S20	Limiters - Published Date: 20040101-20181231; Language: Danish, English, Norwegian, Swedish	150
S20	S15 OR S16 OR S17 OR S18 OR S19		260,214
S19	((patient* or client* or person* or participant* or population or allocat* or assign*) N3 (random* or blind* or mask*))		115,393
S18	((single or double or triple) N2 (blind* or mask*))		63,423
S17	(placebo* or single-blind* or double-blind* or triple-blind*)		87,365
S16	((random* or cluster-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial*1 or study or studies or analy*)) or rct)		141,116
S15	PT (randomized controlled trial or controlled clinical trial)		87,118
S14	S6 and S13		1,537
S13	S7 OR S8 OR S9 OR S10 OR S11 OR S12		677,917
S12	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or		37,794

Individually-tailored or relationship-centred or relationship-centered) N6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)) OR ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or multimodal* or multi-modal* or support* or counseling or counselling))

S11	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multidisciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) N6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or multimodal* or multi-modal* or support* or counseling or counselling))	154,732
S10	((Psychosocial or psycho-social or psychologic*) N6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation or multimodal* or multi-modal* or support* or counseling or counselling))	112,897
S9	(psychotherap* or psycho-therap* or STEPPS)	30,886
S8	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or meditation) N6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation or multimodal* or multi-modal* or support* or counseling or counselling))	463,648
S7	(MH "Psychotherapy")	17,232
S6	S1 OR S2 OR S3 OR S4 OR S5	4,192
S5	(emotion* N2 ((instabil* or unstable or instable) N2 person*))	15
S4	(DSM and (axis II)) or borderliner*	262



S3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3"))	73
S2	(borderline* N5 (personalit* or character* or difficult* or disorder* or dysfunction* or BPD or person* or state* or structur* or patient* or population* or client*))	3,978
S1	MH Borderline Personality Disorder	2,556

PICO 5: Kort eller langvarig psykoterapi

PICO 6: Monitorering med validerede instrumenter

Systematiske reviews, metaanalyser og RCT'er

Søgt 06.07.2018

Medline

Database(s): Ovid MEDLINE(R) Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily, Ovid MEDLINE and Versions(R) 1946 to July 05, 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	6150
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)).ti,ab,kw,kf.	12521
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)).ti,ab,kw,kf.	294
4	(DSM and (axis and II)).tw.	1403
5	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,kw,kf.	71
6	*Personality Disorders/	12858
7	(personalit* adj5 (disorder* or dysfunction*)).ti,kw,kf.	9794
8	or/1-7	27638
9	exp Psychotherapy/	180740
10	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavior?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation)).ti,ab,kw,kf.	895389
11	(psychotherap* or psycho-therap*).ti,ab,kw,kf.	42754
12	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation)).ti,ab,kw,kf.	51716
13	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	325367
14	exp Patient-Centered Care/	16686
15	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or	39476



Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*).ti,ab,kw,kf.

16 ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*).ti,ab,kw,kf.	37653
17 or/9-16	1349990
18 8 and 17	7030
19 limit 18 to (meta analysis or systematic reviews)	238
20 (((systematic or method* or rapid or integrative) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	663658
21 (pooled adj1 (data or analys*).ti,ab.	14699
22 (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	176196
23 cochrane.jw.	13760
24 or/20-23	733324
25 18 and 24	489
26 19 or 25	570
27 limit 26 to (yr="2014-2018" and (danish or english or norwegian or swedish))	206
28 limit 18 to (randomized controlled trial or controlled clinical trial)	480
29 (((random* or cluster-random* or control?ed or crossover or cross-over) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw,kf.	567446
30 (placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	256428
31 ((single or double or triple) adj2 (blind* or mask*).ti,ab.	158204
32 ((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or blind* or mask*).ti,ab,kw,kf.	227285
33 or/29-32	773101
34 18 and 33	706
35 28 or 34	837
36 limit 35 to (yr="2014-2018" and (danish or english or norwegian or swedish))	249
37 27 or 36	409

Embase

Database(s): **Embase** 1974 to 2018 July 06

Search Strategy:

#	Searches	Results
1	exp Borderline state/	11937
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)).ti,ab,kw,kf.	17594
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)).ti,ab,kw,kf.	464
4	(DSM and (axis and II)).tw.	1947
5	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,kw,kf.	106
6	*Personality Disorders/	6525
7	(personalit* adj5 (disorder* or dysfunction*)).ti,kw,kf.	13934
8	or/1-7	32436
9	exp Psychotherapy/	240137
10	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavior* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation)).ti,ab,kw,kf.	1237511
11	(psychotherap* or psycho-therap*).ti,ab,kw,kf.	58455
12	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation)).ti,ab,kw,kf.	74009
13	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	463080
14	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	56605
15	((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or	56783

treat* or care or approach* or action* or interview* or training or rehabilitation or support*).ti,ab,kw,kf.	
16 or/9-15	1844868
17 8 and 16	9363
18 limit 17 to (meta analysis or "systematic review")	221
19 (((systematic or rapid or integrative) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	331505
20 (pooled adj1 (data or analys*).ti,ab.	22707
21 (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	217849
22 cochrane.jx.	22270
23 or/19-22	444043
24 17 and 23	397
25 18 or 24	454
26 limit 25 to (yr="2014-2018" and (danish or english or norwegian or swedish))	177
27 limit 17 to (randomized controlled trial or controlled clinical trial)	491
28 (((random* or cluster-random* or control?ed or crossover or cross-over) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw,kf.	783287
29 (placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	357550
30 ((single or double or triple) adj2 (blind* or mask*).ti,ab.	216243
31 ((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or blind* or mask*).ti,ab,kw,kf.	313271
32 or/28-31	1065223
33 17 and 32	959
34 27 or 33	1087
35 limit 34 to (yr="2014-2018" and (danish or english or norwegian or swedish))	305
36 26 or 35	439

PsycINFO

Database(s): **PsycINFO** 1806 to July Week 1 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	5909
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population* or client*).ti,ab,id.	14121
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3")).ti,ab,id.	370
4	(DSM and (axis and II)).tw.	1951

5	*Personality Disorders/	9691
6	(personalit* adj3 (disorder* or dysfunction*)).ti,id.	20256
7	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,id.	90
8	or/1-7	28728
9	exp Psychotherapy/	207362
10	exp mindfulness/	8011
11	exp meditation/	4190
12	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or meditation) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation)).ti,ab,id.	609349
13	(psychotherap* or psycho-therap*).ti,ab,id.	114118
14	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation)).ti,ab,id.	70741
15	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,id.	119595
16	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,id.	14557
17	((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,id.	18769
18	or/9-17	853813
19	8 and 18	11480
20	limit 19 to ("0830 systematic review" or 1200 meta analysis)	91
21	((systematic or method* or rapid or integrative) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	164641

22 (pooled adj1 (data or analys*)).ti,ab.	1635
23 or/21-22	165817
24 19 and 23	534
25 20 or 24	540
26 limit 25 to (yr="2014-2018" and (danish or english or norwegian or swedish))	156
27 (((random* or cluster-random* or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	75796
28 (placebo* or single-blind* or double-blind* or triple-blind*).ti,ab.	45291
29 ((single or double or triple) adj2 (blind* or mask*)).ti,ab.	24326
30 ((patient* or person* or participant* or population or allocat* or assign*) adj3 (random* or blind* or mask*)).ti,ab,id.	52977
31 or/27-30	133876
32 19 and 31	671
33 limit 32 to (yr="2014-2018" and (danish or english or norwegian or swedish))	199
34 26 or 33	326

Cinahl

#	Query	Limiters/Expanders	Results
S26	S14 and S25	Limiters - Published Date: 20140601-20180731; Language: Danish, English, Norwegian, Swedish	39
S25	S18 or S24		298,123
S24	S19 OR S20 OR S21 OR S22 OR S23		157,756
S23	((patient* or client* or person* or participant* or population or allocat* or assign*) N3 (random* or blind* or mask*))		76,521
S22	((single or double or triple) N2 (blind* or mask*))		39,198
S21	(placebo* or single-blind* or double-blind* or triple-blind*)		55,011
S20	((random* or cluster-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial*1 or study or studies or analy*)) or rct)		84,490
S19	PT (randomized controlled trial or controlled clinical trial)		45,070

S18	S15 OR S16 OR S17	166,682
S17	(pooled N1 (data or analys*))	3,761
S16	(((systematic or method* or rapid or integrative) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)	164,696
S15	PT (meta analysis or systematic reviews)	11,612
S14	S6 and S13	948
S13	S7 OR S8 OR S9 OR S10 OR S11 OR S12	413,650
S12	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) N6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)) OR ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*))	26,527
S11	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) N6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or	104,090

	rehabilitation or support*))	
S10	((Psychosocial or psycho-social or psychologic*) N6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation))	36,513
S9	(psychotherap* or psycho-therap*)	19,577
S8	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or meditation) N6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation))	286,301
S7	(MH "Psychotherapy")	10,656
S6	S1 OR S2 OR S3 OR S4 OR S5	2,519
S5	(emotion* N2 ((instabil* or unstable or instable) N2 person*))	7
S4	(DSM and (axis II))	178
S3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3"))	48
S2	(borderline* N5 (personalit* or character* or difficult* or disorder* or dysfunction* or BPD or person* or state* or structur* or patient* or population* or client*))	Display
S1	MH Borderline Personality Disorder	1,612

PICO 6: Monitorering med validerede instrumenter

Observationelle studier

Søgt 07.07.2018

Medline

Database(s): Ovid MEDLINE(R) Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily, Ovid MEDLINE and Versions(R) 1946 to July 05, 2018

Search Strategy:

#	Searches	Results
1	exp Borderline Personality Disorder/	6150
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)) .ti,ab,kw,kf.	12521
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)) .ti,ab,kw,kf.	294
4	(DSM and (axis and II)) .tw.	1403
5	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)) .ti,ab,kw,kf.	71
6	*Personality Disorders/	12858
7	(personalit* adj5 (disorder* or dysfunction*)) .ti,kw,kf.	9794
8	or/1-7	27638
9	exp Psychotherapy/	180740
10	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation)) .ti,ab,kw,kf.	895389
11	(psychotherap* or psycho-therap*) .ti,ab,kw,kf.	42754
12	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation)) .ti,ab,kw,kf.	51716
13	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)) .ti,ab,kw,kf.	325367

14 exp Patient-Centered Care/	16686
15 ((personalis* or personaliz* or individualiz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	39476
16 ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	37653
17 or/9-16	1349990
18 8 and 17	7030
19 exp epidemiologic studies/	2175558
20 exp observational study/	49209
21 exp comparative studies/	1801893
22 exp evaluation studies/	235599
23 exp multicenter study/	235451
24 exp twin study/	7850
25 exp validation studies/	89908
26 ((Epidemiologic or cohort* or perspective or prospective or longitud* or follow-up or follow up or followup or retro-spective or retrospective or case-control* or case control* or observational or cross-section* or cross section* or multi-cent* or multicent* or evaluation or comparative or intervention or provoca* or validation) adj3 (study or studies or trial*1 or analys*)).ti,ab,kw,kf.	1458289
27 or/19-26	4451969
28 18 and 27	1857
29 limit 28 to (yr="2014-2018" and (danish or english or norwegian or swedish))	399

Embase

Database(s): Embase 1974 to 2018 July 06

Search Strategy:

#	Searches	Results
1	exp Borderline state/	11937
2	(borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population*)) .ti,ab,kw,kf.	17594
3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10)).ti,ab,kw,kf.	464
4	(DSM and (axis and II)).tw.	1947
5	(emotion* adj2 ((instabil* or unstable or instable) adj2 person*)) .ti,ab,kw,kf.	106
6	*Personality Disorders/	6525
7	(personalit* adj5 (disorder* or dysfunction*)) .ti,kw,kf.	13934
8	or/1-7	32436
9	exp Psychotherapy/	240137
10	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavior* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation)) .ti,ab,kw,kf.	1237511
11	(psychotherap* or psycho-therap*) .ti,ab,kw,kf.	58455
12	((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation)) .ti,ab,kw,kf.	74009
13	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)) .ti,ab,kw,kf.	463080
14	((personalis* or personaliz* or individualiz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or	91789

modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	
15 ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* 56783 or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,kw,kf.	
16 or/9-15	1850051
17 8 and 16	9368
18 Observational study/ or Multicenter study/ or Evaluation study/ or exp comparative study/ or exp case control study/ or intervention study/ or exp longitudinal study/ or prospective study/ or retrospective study/ or Follow up/ or validation study/ or cohort analysis/ or cross-sectional study/ or crossover procedure/ or double blind procedure/ or single blind procedure/	4189638
19 ((Epidemiologic or cohort* or perspective or prospective or longitud* or follow-up or follow up or followup or retro-spective or retrospective or case-control* or case control* or observational or cross-section* or cross section* or multi-cent* or multicent* or evaluation or comparative or intervention or provoca* or validation) adj3 (study or studies or trial*1 or analys*)).ti,ab,kw,kf.	2072417
20 or/18-19	4882840
21 17 and 20	2154
22 limit 21 to (yr="2014-2018" and (danish or english or norwegian or swedish))	705

PsycINFO

Database(s): PsycINFO 1806 to July Week 1 2018

Search Strategy:

# Searches	Results
1 exp Borderline Personality Disorder/	5909
2 (borderline* adj5 (personalit* or character* or difficult* or disorder* or dysfunction* or PD or BPD or person*1 or personalit* or state* or structur* or patient* or population* or client*)).ti,ab,id.	14121
3 (borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3")).ti,ab,id.	370
4 (DSM and (axis and II)).tw.	1951
5 *Personality Disorders/	9691
6 (personalit* adj3 (disorder* or dysfunction*)).ti,id.	20256
7 (emotion* adj2 ((instabil* or unstable or instable) adj2 person*)).ti,ab,id.	90
8 or/1-7	28728
9 exp Psychotherapy/	207362
10 exp mindfulness/	8011
11 exp meditation/	4190
12 ((individual or group or Schema* or asserti* or network or communit* or family or carer* or609349	



parent* or imagery or marital or spous* or Transference* or cognitive or behavior?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or meditation) adj6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation)).ti,ab,id.

13 (psychotherap* or psycho-therap*).ti,ab,id. 114118

14 ((Psychosocial or psycho-social or psychologic*) adj6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation)).ti,ab,id. 70741

15 ((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,id. 119595

16 ((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,id. 14557

17 ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* 18769 or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)).ti,ab,id.

18 or/9-17 853813

19 8 and 18 11480

20 Experimental Design/ 10811

21 exp Cohort Analysis/ 1264

22 exp Followup Studies/ 12363

23 exp Longitudinal Studies/ 15946

24 exp Repeated Measures/ 656

25 exp Between Groups Design/ 110

26 ((Epidemiologic or cohort* or perspective or prospective or longitud* or follow-up or follow up or followup or retro-spective or retrospective or case-control* or case control* or

observational or cross-section* or cross section* or multi-cent* or multicent* or evaluation or comparative or intervention or provoca* or validation) adj3 (study or studies or trial*1 or analys*).ti,ab,id.

27 or/20-26	264631
28 19 and 27	667
29 limit 28 to (yr="2014-2018" and (danish or english or norwegian or swedish))	143

Cinahl

#	Query	Limiters/Expanders	Results
S18	S14 AND S17	Limiters - Published Date: 20140601-20180731; Language: Danish, English, Norwegian, Swedish	79
S17	S15 OR S16		833,097
S16	((Epidemiologic or cohort* or perspective or prospective or longitud* or follow-up or follow up or followup or retro-spective or retrospective or case-control* or case control* or observational or cross-section* or cross section* or multi-cent* or multicent* or evaluation or comparative or intervention or provoca* or validation) N3 (study or studies or trial*1 or analys*))		532,452
S15	(MH "Study Design+")		706,349
S14	S6 and S13		949
S13	S7 OR S8 OR S9 OR S10 OR S11 OR S12		413,763
S12	((personalis* or personaliz* or Person-centred or Person-centered or Person-oriented or Person-focused or Person-based or Person-tailored or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or Personally-centred or Personally-centered or Personally-oriented or Personally-focused or Personally-based or Personally-tailor* or Client-centred or Client-centered or Client-oriented or Client-focused or Client-based or Client-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored or individually-centred or individually-centered or Individually-focused or		26,537

	Individually-oriented or Individually-based or Individually-tailored or relationship-centred or relationship-centered) N6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*)) OR ((Person* or patient* or client* or individual*) adj2 (centred or center* or orient* or focus* or based or tailor*) adj6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*))	
S11	((integrated or integrative or individualized or holistic or relational or tailor* or Multi-modal* or multimodal* or multi-component or multicomponent or multidisciplinary or multi-disciplinary or interdisciplinary or inter-disciplinary or complimentary or multiple) N6 (therap* or management* or model* or program* or plan or modal* or treat* or care or approach* or action* or interview* or training or rehabilitation or support*))	104,118
S10	((Psychosocial or psycho-social or psychologic*) N6 (therap* or treat* or program* or plan* or approach* or action* or care or model* or modal* or interview* or management or training or rehabilitation))	36,519
S9	(psychotherap* or psycho-therap*)	19,581
S8	((individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio?r* or mentali#ation* or dynamic or cris#s or emotion* or problem solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindfulness or meditation) N6 (therap* or management* or model* or program* or modal* or treat* or care or interview* or training or rehabilitation))	286,381
S7	(MH "Psychotherapy")	10,656
S6	S1 OR S2 OR S3 OR S4 OR S5	2,521
S5	(emotion* N2 ((instabil* or unstable or instable) N2	7



	person*))	
S4	(DSM and (axis II))	178
S3	(borderline* and (cluster b or ICD10 or ICD-10 or ICD 10 or "F60.3"))	48
S2	(borderline* N5 (personalit* or character* or difficult* or disorder* or dysfunction* or BPD or person* or state* or structur* or patient* or population* or client*))	2,381
S1	MH Borderline Personality Disorder	1,615
