

NKR52_Meniere_PICO7_Steroid

Characteristics of studies

Characteristics of included studies

Lambert 2012

Methods	Study design: Randomized controlled trial Study grouping: Parallel group
Participants	<p>Baseline Characteristics</p> <p>Dexamethasone 1</p> <ul style="list-style-type: none"> ● Age: 53.0 ● Boys (%): 57 <p>Dexamethasone 2</p> <ul style="list-style-type: none"> ● Age: 55.5 ● Boys (%): 44 <p>Placebo</p> <ul style="list-style-type: none"> ● Age: 47.0 ● Boys (%): 36 <p>Included criteria: Unilateral Meniere disease, AAO-OH. 2 or more episodes of vertigo per month for 2 months before the study lead-in period and 2 or more episodes of definitive vertigo during the last 4-week lead in-period: Meniere disease 20 years.</p> <p>Excluded criteria: Exclusion criteria included infection in the ear, sinuses, or upper respiratory system; history of immunodeficiency disease or active or recent (G1 month before screening) middle ear disease; abnormality of the tympanic membrane in the affected ear that would preclude intratympanic injection; history of endo-lymphatic sac surgery; previous use of gentamicin in the affected ear; and use of systemic or intratympanic steroids within 1 month before screening.</p> <p>Pretreatment: No apparent differences at baseline</p>
Interventions	<p>Intervention Characteristics</p> <p>Dexamethasone 1</p> <ul style="list-style-type: none"> ● <i>Description:</i> A single 200-KI intratympanic injection of OTO-104 was performed after application of phenol solution to the posteroinferior quadrant of the tympanic membrane. A 26-gauge 3.5-inch spinal needle was inserted in the posteroinferior quadrant of the tympanic membrane, and drug material was injected near the round-window niche. 3 mg OTO-104 ● <i>Length of treatment:</i> 1 day ● <i>Longest follow-up after endt handling :</i> 12 weeks <p>Dexamethasone 2</p> <ul style="list-style-type: none"> ● <i>Description:</i> A single 200-KI intratympanic injection of OTO-104 was performed after application of phenol solution to the posteroinferior quadrant of the tympanic membrane. A 26-gauge 3.5-inch spinal needle was inserted in the posteroinferior quadrant of the tympanic membrane, and drug material was injected near the round-window niche. 12 mg OTO-104 ● <i>Length of treatment:</i> 1 day ● <i>Longest follow-up after endt handling :</i> 12 weeks <p>Placebo</p> <ul style="list-style-type: none"> ● <i>Description:</i> A single 200-KI intratympanic injection of OTO-104 was performed after application of phenol solution to the posteroinferior quadrant of the tympanic membrane. A 26-gauge 3.5-inch spinal needle was inserted in the posteroinferior quadrant of the tympanic membrane, and drug material was injected near the round-window niche. Placebo ● <i>Length of treatment:</i> 1 day ● <i>Longest follow-up after endt handling :</i> 12 weeks
Outcomes	<p><i>Anfaldshyppighed, SD</i></p> <ul style="list-style-type: none"> ● Outcome type: ContinuousOutcome <p><i>Alvorlige bivirkninger, n</i></p> <ul style="list-style-type: none"> ● Outcome type: DichotomousOutcome <p><i>Sværhedsgraden af tinnitus, THI, SD</i></p> <ul style="list-style-type: none"> ● Outcome type: ContinuousOutcome
Identification	<p>Sponsorship source: Supported in full by Otonomy, Inc.</p> <p>Country: USA</p> <p>Setting: 15 centers in the United States.</p> <p>Authors name: Paul R. Lambert</p> <p>Institution: Otonomy, Inc.,</p> <p>Email: clebel@otonomy.com</p> <p>Address: Otonomy, Inc., 6275 Nancy Ridge Dr., Suite 100, San Diego, CA 92121, U.S.A.;</p>
Notes	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Judgement Comment: Randomly assigned, unclear how
Allocation concealment (selection bias)	Unclear risk	Judgement Comment: Nothing mentioned
Blinding of participants and personnel (performance bias)	Low risk	Judgement Comment: Personnel was kept blinded
Blinding of outcome assessment (detection bias)	Low risk	Judgement Comment: Outcome assessors were blinded

Incomplete outcome data (attrition bias)	Low risk	Judgement Comment: No other apparent sources of bias
Selective reporting (reporting bias)	Low risk	Judgement Comment: No other apparent sources of bias
Other bias	Low risk	Judgement Comment: No other apparent sources of bias

Lambert 2016

Methods	Study design: Randomized controlled trial Study grouping: Parallel group
Participants	Baseline Characteristics Dexamethasone <ul style="list-style-type: none"> ● Age: 54.8 ● Boys (%): 45.5 Placebo <ul style="list-style-type: none"> ● Age: 55.3 ● Boys (%): 50.6 <p>Included criteria: Key patient inclusion criteria were the following: ages 18 to 85 years diagnosed with definite unilateral Ménière's disease(2); patient recorded at least two definitive (a score of 2 - 4 from the vertigo severity scale) vertigo episodes during the 4-week lead-in period and completed at least 22 of 28 diary entries during screening; patient agreed to maintain their current treatments for Ménière's disease; women of childbearing potential had a negative pregnancy test before randomization and took adequate contraceptive precautions for the duration of the study.</p> <p>Excluded criteria: Patients were excluded from the study if they had any of the following: infection in the sinuses or upper respiratory system; middle ear disease or a significant abnormality of the tympanic membrane affecting the IT injection; a history of immunodeficiency disease; previous use of IT gentamicin; previous endolymphatic sac surgery; tympanostomy tubes with evidence of perforation or lack of closure; vertiginous migraine; drop attacks; systemic or IT steroids (within 1 month previous); experience of an adverse reaction to IT injection of steroids; or women who were pregnant or lactating.</p> <p>Pretreatment: Baseline demographics were generally balanced across both groups.</p>
Interventions	Intervention Characteristics Dexamethasone <ul style="list-style-type: none"> ● Description: single 0.2 ml IT injection of 60 mg/ml on Day 1 ● Length of treatment: One injection ● Longest follow-up after end of treatment: 3 months Placebo <ul style="list-style-type: none"> ● Description: injection of placebo on day 1 ● Length of treatment: One injection ● Longest follow-up after end of treatment: 3 months
Outcomes	<i>Anfaldshyppighed, SD</i> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome <i>Alvorlige bivirkninger, n</i> <ul style="list-style-type: none"> ● Outcome type: Dichotomous Outcome <i>Livskvalitet, SF-36, SD</i> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome <i>Activity of daily living, DHI, SD</i> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome <i>Tone audometri, SD</i> <ul style="list-style-type: none"> ● Outcome type: Continuous Outcome
Identification	Sponsorship source: The trial and analyses were financially supported by Otonomy, Inc. Country: USA Setting: Fifty-two academic and community otolaryngology centers. Comments: clinicaltrials.gov Identifier NCT01412177 Authors name: Paul R. Lambert Institution: Medical University of South Carolina Email: lambertp@muscc.edu Address: Paul R. Lambert, M.D., Medical University of South Carolina, Charleston, SC 29425
Notes	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "generated permuted block randomization algorithm. OTO-104" Quote: "Intervention Following the 4-week lead-in period, eligible patients were randomly assigned to receive either 12 mg OTO-104 or placebo on Day 1 using a 1:1 allocation ratio based on a computer-generated permuted block randomization algorithm."
Allocation concealment (selection bias)	Unclear risk	Judgement Comment: Nothing mentioned
Blinding of participants and personnel (performance bias)	Low risk	Quote: "The administering physicians were trained not to use video monitors or discuss the appearance of the injected materials that would unblind the study staff or patients."
Blinding of outcome assessment (detection bias)	Low risk	Judgement Comment: The administering physicians were trained not to use video monitors or discuss the appearance of the injected materials that would unblind the study staff or patients. The physicians are not a part of the study staff??
Incomplete outcome data (attrition bias)	Low risk	Judgement Comment: No other apparent sources of bias

Selective reporting (reporting bias)	Low risk	Judgement Comment: Matches study protocol
Other bias	Low risk	Judgement Comment: No other apparent sources of bias

Footnotes

Characteristics of excluded studies

Albu 2015

Reason for exclusion	Wrong intervention
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Casani 2012

Reason for exclusion	Wrong intervention
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Jumaily 2017

Reason for exclusion	Wrong study design
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Lambert 2015

Reason for exclusion	only abstract
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Lambert 2017

Reason for exclusion	only abstract
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Patel 2016

Reason for exclusion	Wrong intervention
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Footnotes

Characteristics of studies awaiting classification

Footnotes

Characteristics of ongoing studies

Footnotes

Summary of findings tables

Additional tables

References to studies

Included studies

Lambert 2012

Lambert, Paul R.; Nguyen, Shaun; Maxwell, Kenneth S.; Tucci, Debara L.; Lustig, Lawrence R.; Fletcher, Malcolm; Bear, Moraye; Lebel, Carl. A randomized, double-blind, placebo-controlled clinical study to assess safety and clinical activity of OTO-104 given as a single intratympanic injection in patients with unilateral Meniere's disease. *Otology & neurotology : official publication of the American Otological Society, American Neurotology Society [and] European Academy of Otology and Neurotology* 2012;33(7):1257-65. [DOI: <https://dx.doi.org/10.1097/MAO.0b013e318263d35d>]

Lambert 2016

Lambert, Paul R.; Carey, John; Mikulec, Anthony A.; LeBel, Carl; Otonomy Meniere's, Study Group. Intratympanic Sustained-Exposure Dexamethasone Thermosensitive Gel for Symptoms of Meniere's Disease: Randomized Phase 2b Safety and Efficacy Trial. *Otology & neurotology : official publication of the American Otological Society, American Neurotology Society [and] European Academy of Otology and Neurotology* 2016;37(10):1669-1676. [DOI:]

Excluded studies

Albu 2015

Intratympanic dexamethasone versus high dosage of betahistine in the treatment of intractable unilateral Meniere disease *American Journal of Otolaryngology* 2015; 36(2):205-9United States 2015.

Casani 2012

Intratympanic treatment of intractable unilateral Meniere disease: gentamicin or dexamethasone? A randomized controlled trial *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery* 2012;146(3):430-7England 2012.

Jumaily 2017

Jumaily, Mejd; Faraji, Farhoud; Mikulec, Anthony A.. Intratympanic Triamcinolone and Dexamethasone in the Treatment of Meniere's Syndrome. *Otology & neurotology : official publication of the American Otological Society, American Neurotology Society [and] European Academy of Otology and Neurotology* 2017;38(3):386-391. [DOI: <https://dx.doi.org/10.1097/MAO.0000000000001311>]

Lambert 2015

Lambert P.R.; Carey J.P.; Mikulec A.; Lebel C.P.. Ph2b efficacy and safety of intratympanic OTO-104 in meniere's disease. *Otolaryngology - Head and Neck Surgery (United States)* 2015;153(1):108. [DOI: <http://dx.doi.org/10.1177/0194599815593290f>]

Lambert 2017

Lambert P.R.; Silverstein H.; LeBel C.; Bishop K.. OTO-104 in meniere's disease patients: Phase 3 results. Otolaryngology - Head and Neck Surgery (United States) 2017;157(1):P122-P123. [DOI: <http://dx.doi.org/10.1177/0194599817717251>]

Patel 2016

Intratympanic methylprednisolone versus gentamicin in patients with unilateral Meniere's disease: a randomised, double-blind, comparative effectiveness trial *Lancet* (London, England) 2016;388(10061):2753-2762 England 2016.

Studies awaiting classification

Ongoing studies

Other references

Additional references

Other published versions of this review

Classification pending references

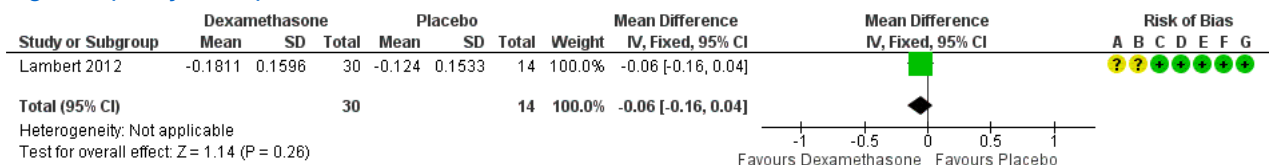
Data and analyses

1 Dexamethasone vs Placebo

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Anfaldshyppighed. Mean change at month 3	1	44	Mean Difference (IV, Fixed, 95% CI)	-0.06 [-0.16, 0.04]
1.6 Alvorlige bivirkninger total	2	212	Risk Ratio (IV, Fixed, 95% CI)	Not estimable

Figures

Figure 1 (Analysis 1.1)

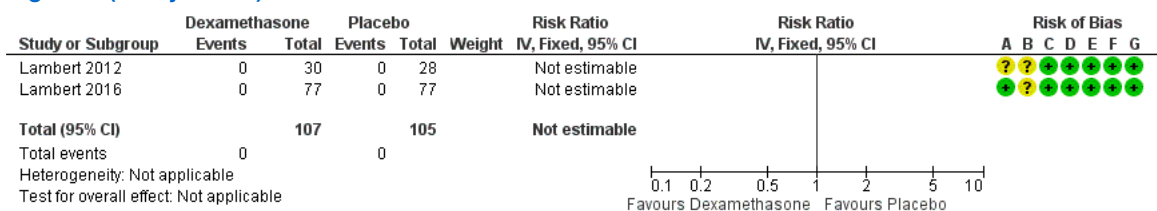


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 Dexamethasone vs Placebo, outcome: 1.1 Anfaldshyppighed. Mean change at month 3.

Figure 2 (Analysis 1.6)



Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 Dexamethasone vs Placebo, outcome: 1.6 Alvorlige bivirkninger total.