

NKR 38: PICO 2: Træning ved opstart af ADT vs vanlig aktivitet?

Review information

Authors

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Citation example: [Empty name], TDHaMA. NKR 38: PICO 2: Træning ved opstart af ADT vs vanlig aktivitet? Cochrane Database of Systematic Reviews [Year], Issue [Issue].

Characteristics of studies

Characteristics of included studies

Cormie 2015

Methods	
Participants	
Interventions	
Outcomes	
Notes	Risk of bias assessment is from systematic review Bourke 2015

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Adequately performed sequence
Allocation concealment (selection bias)	Low risk	

Blinding of participants and personnel (performance bias)	High risk	Not possible to blind
Blinding of outcome assessment (detection bias)	Unclear risk	insufficient reported
Incomplete outcome data (attrition bias)	High risk	Due to large amount of missing data in patient reported outcomes
Selective reporting (reporting bias)	Low risk	None detected
Other bias	Unclear risk	Exercise adherend data was missing for the surggested home based component of the prescription

Footnotes

References to studies

Included studies

Cormie 2015

[Empty]

Excluded studies

Data and analyses

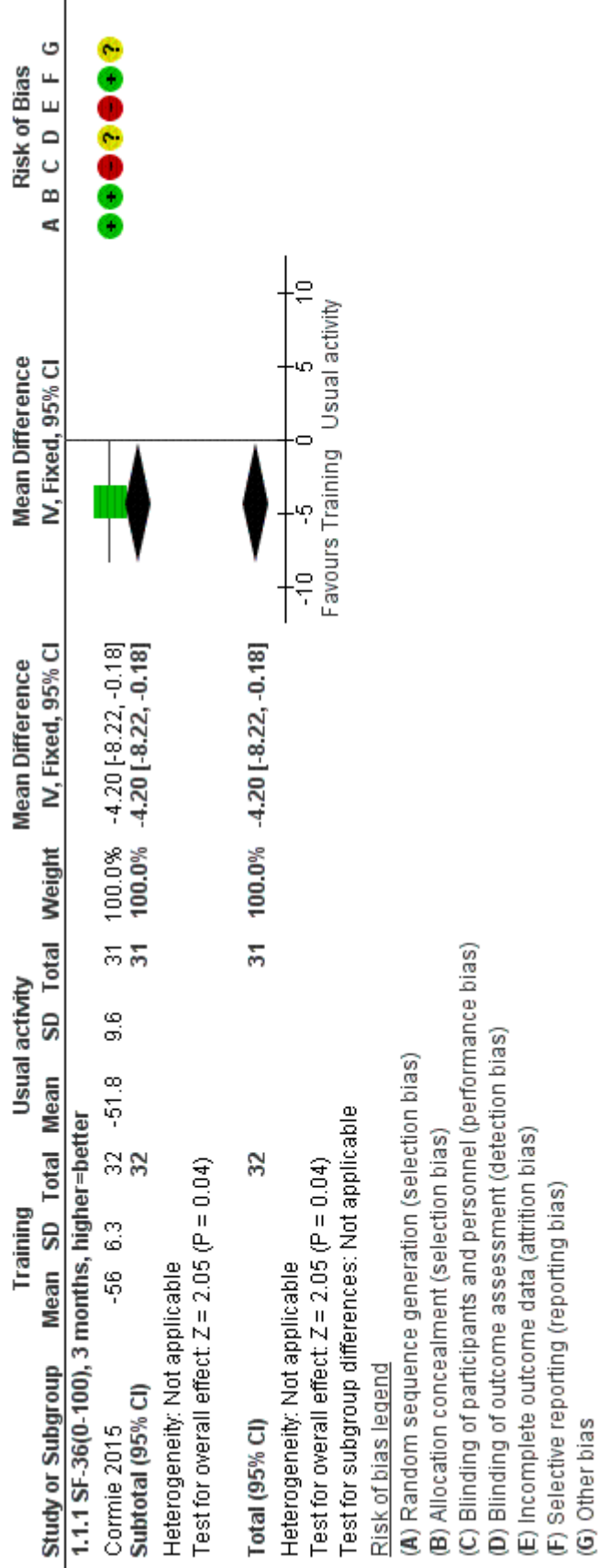
1 Training vs Usual activity

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Livskvalitet_Mental score (QoL mental score) EoT	1	63	Mean Difference (IV, Fixed, 95% CI)	-4.20 [-8.22, -0.18]
1.1.1 SF-36(0-100), 3 months, higher=better	1	63	Mean Difference (IV, Fixed, 95% CI)	-4.20 [-8.22, -0.18]

1.2 Livskvalitet_Fysisk score (QoL_physical score) EoT	1	63	Mean Difference (IV, Fixed, 95% CI)	1.60 [-2.10, 5.30]
1.2.1 SF-36(0-100), 3 months, higher=better	1	63	Mean Difference (IV, Fixed, 95% CI)	1.60 [-2.10, 5.30]
1.3 Deltagelse i hverdagsliv (ADL) EoT	1	63	Mean Difference (IV, Fixed, 95% CI)	-0.60 [-1.64, 0.44]
1.3.1 Rejse-sætte-sig/sek, 3 months, lower=better	1	63	Mean Difference (IV, Fixed, 95% CI)	-0.60 [-1.64, 0.44]
1.4 Hjertekar-sygdomme (cardiovascular diseases) LFU	0	0	Odds Ratio (M-H, Fixed, 95% CI)	Not estimable
1.5 Depression (Depression) LFU	1	63	Mean Difference (IV, Fixed, 95% CI)	-1.50 [-3.24, 0.24]
1.5.1 BSI-18, Depression (0-24), 3 months, lower=better	1	63	Mean Difference (IV, Fixed, 95% CI)	-1.50 [-3.24, 0.24]
1.6 Diabetes (diabetes) LFU	0	0	Odds Ratio (M-H, Fixed, 95% CI)	Not estimable
1.7 Muskelstyrke (Muscle strength) EoT	1	63	Mean Difference (IV, Fixed, 95% CI)	-16.20 [-34.84, 2.44]
1.7.1 Leg press 1RM/kg, 3 months, higher=better	1	63	Mean Difference (IV, Fixed, 95% CI)	-16.20 [-34.84, 2.44]
1.8 Iltoptagelse (VO2 peak) EoT	1	63	Mean Difference (IV, Fixed, 95% CI)	0.00 [-1.83, 1.83]
1.8.1 VO2peak mL/kg/min, 3 months, higher=better	1	63	Mean Difference (IV, Fixed, 95% CI)	0.00 [-1.83, 1.83]
1.9 Frakturer (Fractures) LFU	0	0	Odds Ratio (M-H, Fixed, 95% CI)	Not estimable
1.10 Frafald (Drop out) EoT	1	63	Risk Ratio (M-H, Fixed, 95% CI)	0.14 [0.02, 1.06]

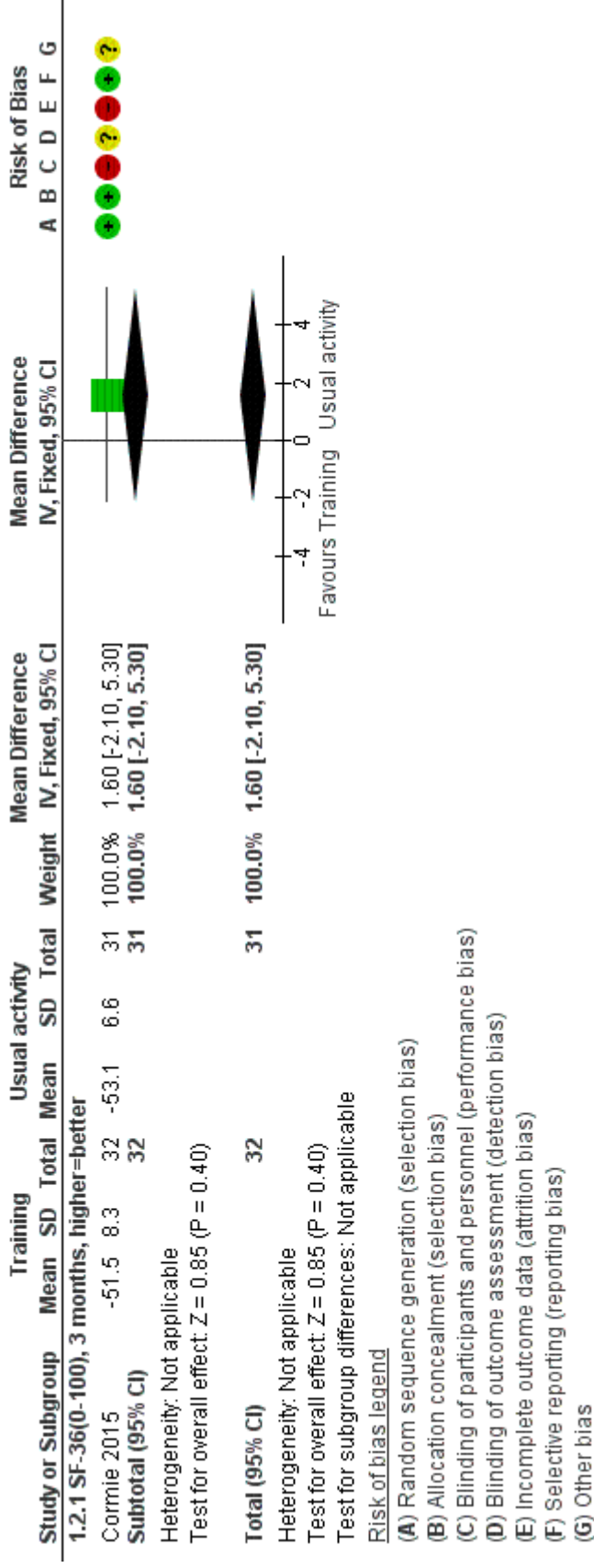
Figures

Figure 1 (Analysis 1.1)



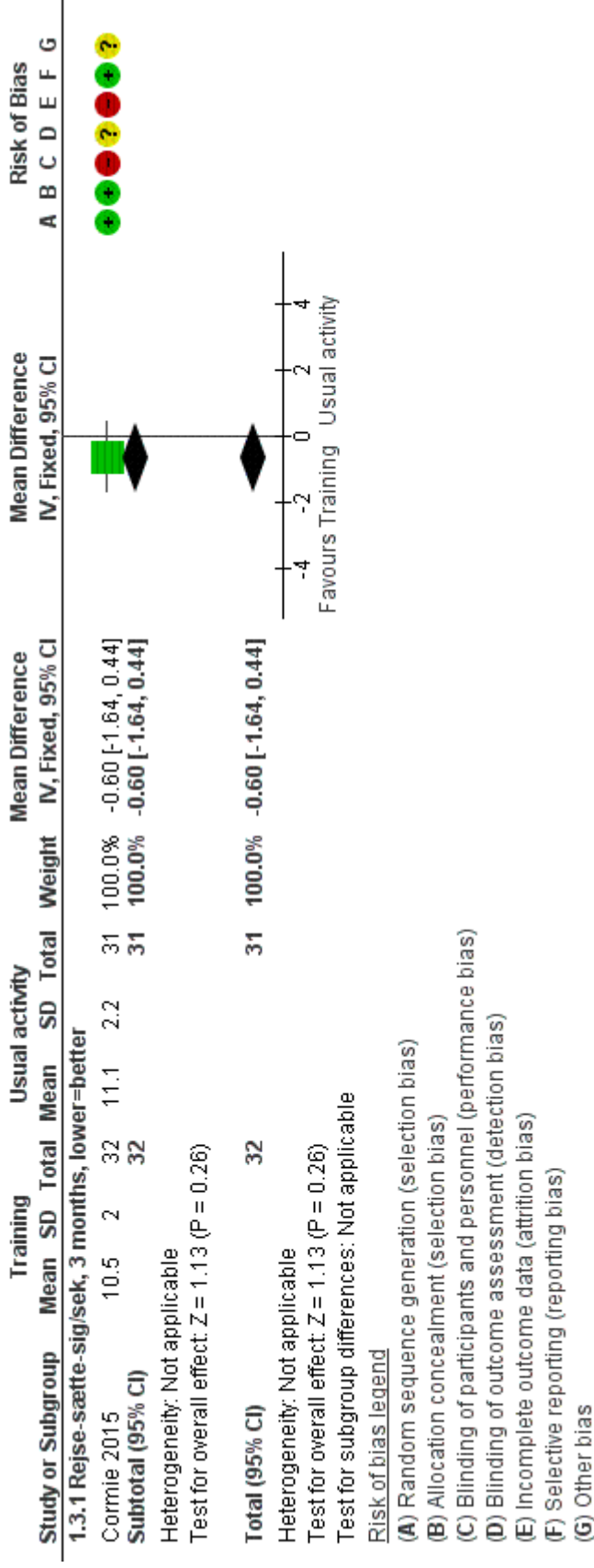
Forest plot of comparison: 1 Strength training vs control, outcome: 1.1 Livskvalitet_Mental score (QoL mental score) EoT.

Figure 2 (Analysis 1.2)



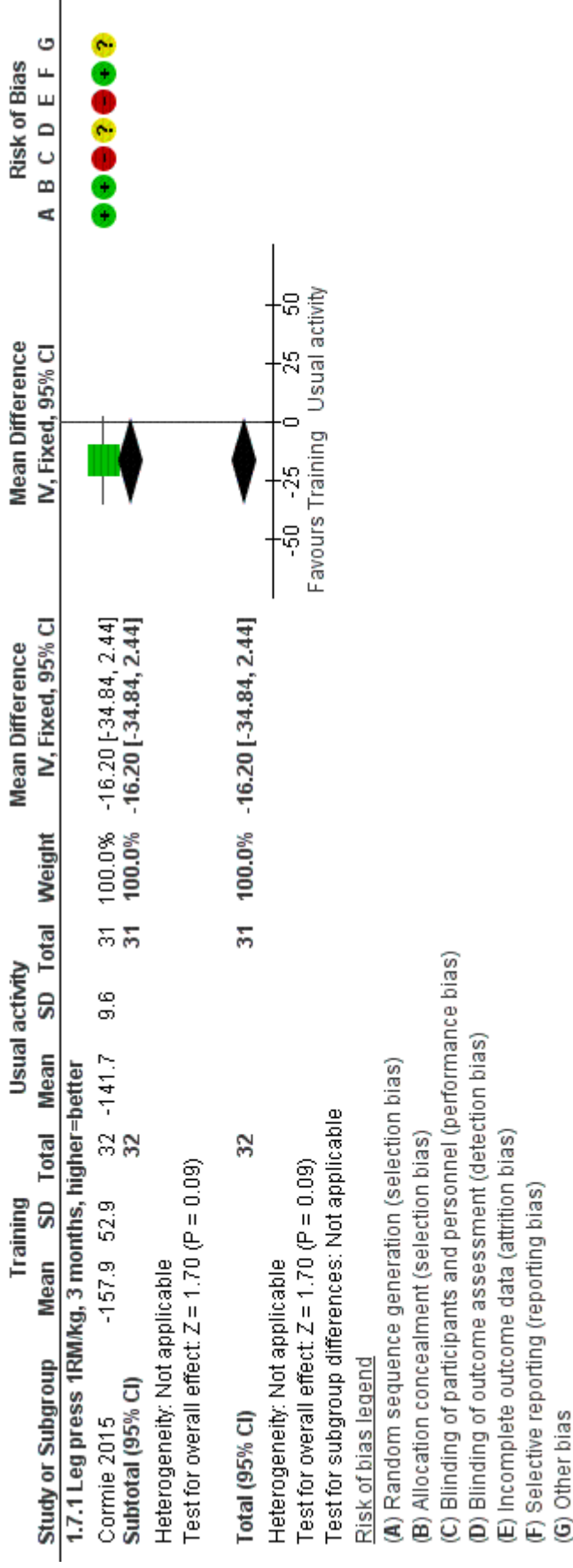
Forest plot of comparison: 1 Strength training vs control, outcome: 1.2 Livskvalitet_Fysisk score (QoL physical score) EoT.

Figure 3 (Analysis 1.3)



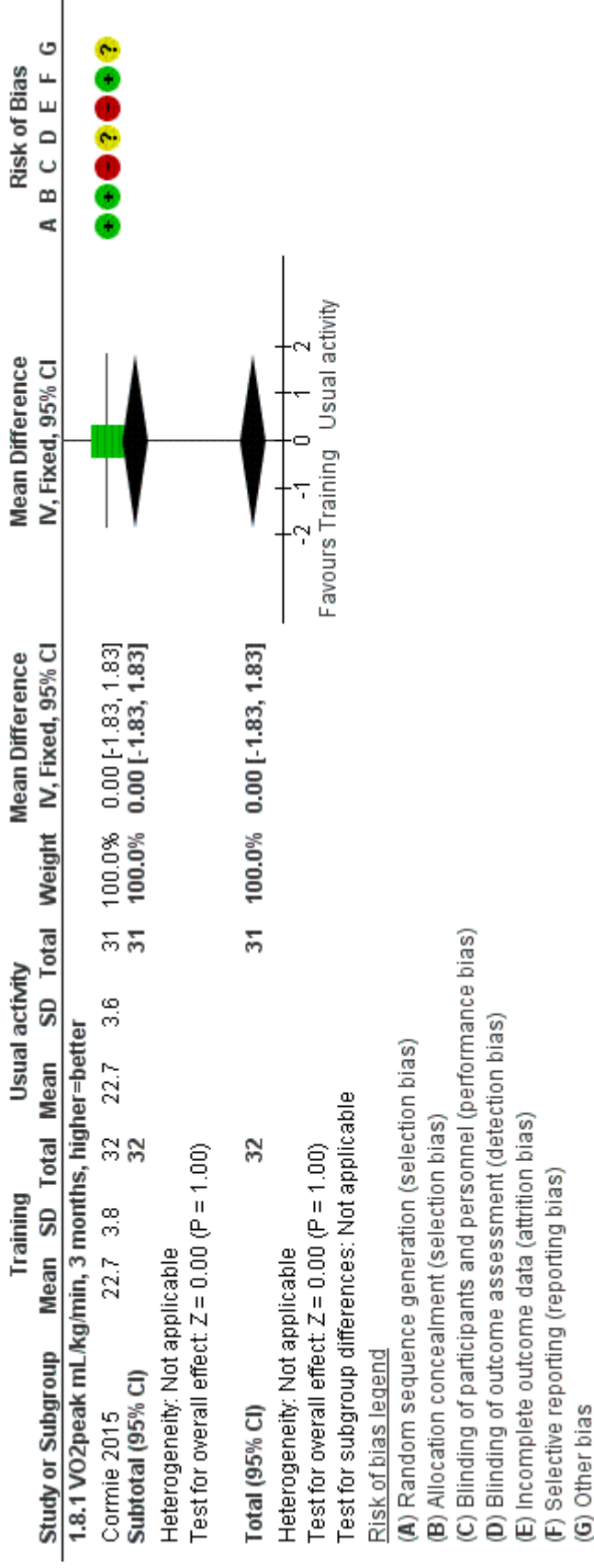
Forest plot of comparison: 1 Strength training vs control, outcome: 1.3 Deltagelse i hverdagsliv (ADL) EoT.

Figure 4 (Analysis 1.5)



Forest plot of comparison: 1 Strength training vs control, outcome: 1.7 Muskelstyrke (Muscle strength) EoT.

Figure 6 (Analysis 1.8)



Forest plot of comparison: 1 Strength training vs control, outcome: 1.8 Iltoptagelse (VO2 peak) EoT.

Figure 7 (Analysis 1.10)

