

## Søgeprotokol for Nationale Kliniske Retningslinjer - Primærlitteratur

<b>Projektitel/aspekt</b>	<b>NKR for behandling af angst hos børn og unge</b>
<b>Fagkonsulent /projektleder</b>	Kristian Arendt / Rasmus Trap Wolf
<b>Søgespecialist</b>	Helene Sognstrup
<b>Senest opdateret</b>	04.07.2016

<b>Baggrund</b>	<p><b>PICO 1:</b> Bør man bruge psykoterapeutiske behandlingsprogrammer til børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 2:</b> Bør man bruge kognitiv adfærdsterapi frem for andre former for psykoterapeutisk behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 3:</b> Bør man bruge psykoterapi frem for antidepressiva (SSRI/SNRI) til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 4:</b> Bør man bruge en kombination af psykoterapi og antidepressiva (SSRI/SNRI) frem for psykoterapi alene til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 5:</b> Bør man bruge psykoterapeutiske behandlingsprogrammer specifikt rettet mod socialfobi frem for generiske behandlingsprogrammer rettet mod flere typer af angst?</p> <p><b>PICO 6:</b> Bør man bruge individuel terapi frem for gruppeterapi til børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 7:</b> Bør forældre til børn og unge med socialfobi, separationsangst eller generaliseret angst deltage i sessionerne under behandlingsforløbet?</p> <p><b>PICO 8:</b> Bør man tilbyde kropsøvelser (motion og afspændings- og vejrtrækningsøvelser), i tillæg til treatment as usual, frem for treatment as usual alene i behandlingen af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p>
<b>Søgetermer</b>	Se søgestrategierne under de enkelte PICOs
<b>Inklusions- og eksklusionskriterier</b>	<p>Sprog: Engelsk, dansk, norsk og svensk</p> <p>År: Sidste 10 år (2005 -2015/16)</p> <p>Publikationstyper: Randomized controlled trial og Controlled clinical trial</p>

## Informationskilder

<b>DATABASE</b>	<b>INTERFACE</b>	<b>DATO FOR SØGNING</b>
<b>Medline</b>	OVID	18.03.2016-29.04.2016
<b>EMBASE</b>	OVID	18.03.2016-29.04.2016
<b>CINAHL</b>	EBSCO	18.03.2016-29.04.2016
<b>PSYCINFO</b>	OVID	18.03.2016-29.04.2016

## Note

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til Covidence (referenceværktøj)
- Fuldtekster præsenteres i Covidence i pdf-format
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

## SØGESTRATEGI

**PICO 1:** Bør man bruge psykoterapeutiske behandlingsprogrammer til børn og unge med socialfobi, separationsangst eller generaliseret angst?

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present**

Search Strategy:

04-04-2016

#	Searches	Results	Annotations
1	Anxiety Disorders/	27018	
2	anxiety disorder*.mp.	38675	
3	anxiety.ti,ab.	128969	
4	anxious.ti,ab.	12466	
5	social phob*.mp.	3492	
6	social anxiety.mp.	3937	
7	generalized anxiety disorder*.mp.	4335	
8	generalised anxiety disorder*.mp.	449	
9	exp Anxiety, Separation/	1960	
10	separation anxiet*.mp.	1230	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	143346	
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	3985601	
13	11 and 12	52644	
14	Cognitive Therapy/	18219	
15	Behavior Therapy/	24556	
16	(cogniti* adj2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)).ti,ab.	34746	
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	34733	
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1565	
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1769	
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or	1321	

	therap\$ or treat\$)).ti,ab.		
21	exp Narrative Therapy/	83	
22	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	363	
23	(existential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	111	
24	(experiential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	109	
25	(Systemic adj1 (therap\$ or psychotherapy\$)).mp.	9977	
26	Psychotherapy/	49169	
27	psychotherapy.ti,ab.	27306	
28	Psychotherapy, Group/	12605	
29	Psychotherapy, Brief/	2996	
30	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	89	
31	short term psychotherapy.mp.	206	
32	Family Therapy/	8025	
33	family therapy.ab,ti.	2736	
34	counsel*.ab,ti.	78787	
35	coach*.ab,ti.	8254	
36	mindfulness.ab,ti.	2766	
37	exp Mindfulness/	745	
38	rational emotive behavioral therapy.mp.	2	
39	rational emotive behaviour therapy.mp.	5	
40	multimodal therapy.mp.	1572	
41	Self Care/	26289	
42	self care.ab,ti.	11909	
43	non pharmacological.ab,ti.	4892	
44	(individu* adj1 (therap* or psychotherapy)).mp.	5068	
45	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44	281199	
46	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	473771	
47	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	227070	
48	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	140829	

49	46 or 47 or 48	554144	
50	13 and 45 and 49	1229	
51	limit 50 to (yr="2014 -Current" and (danish or english or norwegian or swedish))	308	
52	13 and 45	6281	
53	limit 52 to (yr="2014 -Current" and (controlled clinical trial or randomized controlled trial))	239	
54	51 or 53	386	
55	limit 54 to (yr="2014 -Current" and (danish or english or norwegian or swedish))	383	

Database(s): **Embase** 1974 to 2016 Week 14

04-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	anxiety disorder/ or anxiety disorder*.mp.	66960	
2	exp social phobia/ or social phobia.mp.	10201	
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7225	
4	social anxiety.mp.	5507	
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10155	
6	social phob*.mp.	10329	
7	anxiety.ti,ab.	184177	
8	exp separation anxiety/	3405	
9	separation anxiet*.mp.	3935	
10	anxious.ti,ab.	17461	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	215481	
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	3983477	
13	11 and 12	60889	
14	cognitive therapy/	40150	
15	behavior therapy/	39445	
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	51265	
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	48883	

18	14 or 15 or 16 or 17	115019	
19	*"psychodynamic psychotherapy"/	232	
20	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2328	
21	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	3053	
22	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1717	
23	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	546	
24	narrative therapy/	187	
25	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	195	
26	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	189	
27	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	218	
28	systemic therapy/	16549	
29	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	16587	
30	group therapy/	19085	
31	psychotherapy/	85240	
32	psychotherapy.ti,ab.	40782	
33	family therapy/	11893	
34	family therapy.ti,ab.	4289	
35	counsel*.ab,ti.	107753	
36	coach*.ab,ti.	10415	
37	mindfulness.ti,ab.	3990	
38	mindfulness/	1987	
39	rational emotive behaviour therapy.mp.	18	
40	rational emotive behavioral therapy.mp.	10	
41	multimodal therapy.mp.	2497	
42	self care/	37993	
43	self care.ti,ab.	16092	
44	non pharmacological.ti,ab.	7706	
45	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	640660	

46	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	305800	
47	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	187369	
48	45 or 46 or 47	748802	
49	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44	400265	
50	13 and 48 and 49	1322	
51	limit 50 to ((danish or english or norwegian or swedish) and yr="2014 - Current")	367	
52	13 and 49	9023	
53	limit 52 to ((randomized controlled trial or controlled clinical trial) and yr="2014 - 2016")	282	
54	51 or 53	440	
55	limit 54 to (danish or english or norwegian or swedish)	437	

Database(s): PsycINFO 1806 to March Week 5 2016

04-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/ or anxiety disorder*.mp.	32937	
2	social phobia.mp. or exp Social Phobia/	6585	
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6661	
4	exp Generalized Anxiety Disorder/	2163	
5	(social anxiety or social phob*).mp.	11786	
6	anxious.ab,ti.	17218	
7	anxiety.ab,ti.	150399	
8	exp Separation Anxiety/	1461	
9	separation anxiety*.mp.	3016	
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	162013	
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	1097891	
12	10 and 11	47457	
13	cognitive behavior therapy/	14208	
14	Cognitive Therapy/	12274	

15	behavior therapy/	12869	
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	56544	
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	51874	
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	4709	
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	9082	
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2638	
21	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1640	
22	narrative therapy/	698	
23	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	774	
24	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	796	
25	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	1587	
26	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	785	
27	Psychotherapy/	46304	
28	psychotherapy.ti,ab.	77225	
29	Psychodynamic Psychotherapy/	2763	
30	group psychotherapy/	17917	
31	Interpersonal Psychotherapy/	1120	
32	gestalt therapy/	1673	
33	existential therapy/	939	
34	family therapy/	19635	
35	family therapy.ab,ti.	13430	
36	counsel*.ab,ti.	91056	
37	coach*.ab,ti.	12496	
38	mindfulness.ab,ti.	6616	
39	Mindfulness/	5374	
40	rational emotive behavior therapy/	1717	
41	(rational emotive behavioral therapy or rational emotive behavior	620	



	therapy).ab,ti.		
42	Multimodal Treatment Approach/	1680	
43	multimodal therapy.ab,ti.	181	
44	self care.ab,ti.	6651	
45	non pharmacological.ab,ti.	1486	
46	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 or 45	310057	
47	12 and 46	6969	
48	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	72620	
49	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj (blind* or mask*))).ti,ab,id.	41293	
50	48 or 49	92659	
51	47 and 50	658	
52	limit 51 to ((danish or english or norwegian or swedish) and yr="2014 - Current")	153	

**Cinahl**  
**04-04-2016**

#	Query	Limiters/Expanders	Results
S46	S40 OR S45	Limiters - Published Date: 20140101-20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	79
S45	S41 AND S44	Search modes - Boolean/Phrase	439
S44	S42 OR S43	Search modes - Boolean/Phrase	217,101
S43	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))	Search modes - Boolean/Phrase	72,966
S42	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)	Search modes - Boolean/Phrase	206,466
S41	S11 AND S39	Search modes - Boolean/Phrase	1,473
S40	S11 AND S39	Limiters - Publication Type: Randomized Controlled Trial Search modes - Boolean/Phrase	91

S39	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38	Search modes - Boolean/Phrase	94,052
S38	individu* N1 (therap* or psychotherapy)	Search modes - Boolean/Phrase	1,452
S37	TI "non pharmacological" OR AB "non pharmacological"	Search modes - Boolean/Phrase	1,124
S36	TI "Self Care" OR AB "Self Care"	Search modes - Boolean/Phrase	8,000
S35	(MH "Self Care")	Search modes - Boolean/Phrase	21,177
S34	TI "multimodal therapy" OR AB "multimodal therapy"	Search modes - Boolean/Phrase	103
S33	"rational emotive behavior therapy" OR "rational emotive behavioral therapy"	Search modes - Boolean/Phrase	16
S32	TI "Mindfulness" OR AB "Mindfulness"	Search modes - Boolean/Phrase	1,359
S31	(MH "Mindfulness")	Search modes - Boolean/Phrase	647
S30	TI coachl* OR AB coach*	Search modes - Boolean/Phrase	3,157
S29	TI counsel* OR AB counsel*	Search modes - Boolean/Phrase	23,964
S28	TI "Family Therapy" OR AB "Family Therapy"	Search modes - Boolean/Phrase	740
S27	(MH "Family Therapy")	Search modes - Boolean/Phrase	2,168
S26	TI Psychotherapy OR AB Psychotherapy	Search modes - Boolean/Phrase	4,226
S25	(MH "Psychotherapy, Group")	Search modes - Boolean/Phrase	2,670
S24	(MH "Psychotherapy")	Search modes - Boolean/Phrase	9,322
S23	(Systemic N1 (therap* or psychotherapy*))	Search modes - Boolean/Phrase	2,694
S22	Gestalt N2 (intervention* or psychotherapy* or therap* or treat*)	Search modes - Boolean/Phrase	28
S21	(experiential* N2 (psychotherapy* or therap*))	Search modes - Boolean/Phrase	44
S20	(existential* N2 (psychotherapy* or therap*))	Search modes - Boolean/Phrase	61
S19	(Narrative N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	414
S18	(interpersonal N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	460
S17	(psychoanalytic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	90
S16	(psychodynamic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	371
S15	(behavio* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	15,987
S14	(cogniti* N2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	15,712

S13	(MH "Behavior Therapy")	Search modes - Boolean/Phrase	4,966
S12	(MH "Cognitive Therapy")	Search modes - Boolean/Phrase	8,492
S11	S9 AND S10	Search modes - Boolean/Phrase	10,623
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	Search modes - Boolean/Phrase	650,750
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	30,382
S8	(MH "Separation Anxiety") OR "seperation anxiet**"	Search modes - Boolean/Phrase	351
S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	2,183
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	27,670
S5	"Generalised Anxiety Disorder**"	Search modes - Boolean/Phrase	103
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder**"	Search modes - Boolean/Phrase	628
S3	"social anxiety**"	Search modes - Boolean/Phrase	659
S2	(MH "Social Anxiety Disorders") OR "social phob**"	Search modes - Boolean/Phrase	629
S1	(MH "Anxiety Disorders") OR "anxiety disorder**"	Search modes - Boolean/Phrase	5,374

Der er søgt 1052 referencer frem, heraf er 618 unikke referencer

**PICO 2:** Bør man bruge kognitiv adfærdsterapi frem for andre former for psykoterapeutisk behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

13-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/	27127	
2	anxiety disorder*.mp.	38879	
3	anxiety.ti,ab.	129710	
4	anxious.ti,ab.	12520	
5	social phob*.mp.	3500	
6	social anxiety.mp.	3957	
7	generalized anxiety disorder*.mp.	4360	
8	generalised anxiety disorder*.mp.	456	
9	exp Anxiety, Separation/	1962	

10	separation anxiet*.mp.	1234	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	144121	
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*).mp.	4002054	
13	11 and 12	52979	
14	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	476697	
15	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	228071	
16	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	141323	
17	14 or 15 or 16	557362	
18	(cognitive behavio* adj (treatment or therap*)).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	11316	
19	cbt.mp.	6539	
20	18 or 19	13130	
21	13 and 20	1403	
22	limit 21 to (controlled clinical trial or randomized controlled trial)	469	
23	13 and 17 and 20	523	
24	22 or 23	682	
25	limit 24 to (yr="2014 -Current" and (danish or english or norwegian or swedish))	192	

Database(s): **Embase** 1974 to 2016 Week 15

13-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	anxiety disorder/ or anxiety disorder*.mp.	67148	
2	exp social phobia/ or social phobia.mp.	10217	
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7240	
4	social anxiety.mp.	5527	
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10185	
6	social phob*.mp.	10345	
7	anxiety.ti,ab.	184728	
8	exp separation anxiety/	3412	

9	separation anxiet*.mp.	3946	
10	anxious.ti,ab.	17490	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	216083	
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or peditr* or school or juvenil* or minors).mp.	3994061	
13	11 and 12	61128	
14	(((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	642655	
15	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	306397	
16	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	187695	
17	14 or 15 or 16	750967	
18	cbt.mp.	10339	
19	(cognitive behavio* adj (treatment or therap*)).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	17744	
20	18 or 19	20920	
21	13 and 17 and 20	546	
22	13 and 20	1780	
23	limit 22 to (randomized controlled trial or controlled clinical trial)	426	
24	21 or 23	663	
25	limit 24 to ((danish or english or norwegian or swedish) and yr="2014 - Current")	203	

Database(s): PsycINFO 1806 to April Week 1 2016

13-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/ or anxiety disorder*.mp.	32971	
2	social phobia.mp. or exp Social Phobia/	6593	
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6671	
4	exp Generalized Anxiety Disorder/	2165	
5	(social anxiety or social phob*).mp.	11802	
6	anxious.ab,ti.	17223	

7	anxiety.ab,ti.	150521	
8	exp Separation Anxiety/	1461	
9	separation anxiety*.mp.	3017	
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	162144	
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	1098852	
12	10 and 11	47501	
13	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	72706	
14	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj (blind* or mask*))).ti,ab,id.	41342	
15	13 or 14	92778	
16	cognitive behavior therapy.mp. or exp Cognitive Behavior Therapy/	17109	
17	(cognitive behavio* adj (treatment or therap*)).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	23536	
18	cbt.mp.	9799	
19	16 or 17 or 18	25229	
20	12 and 15 and 19	402	
21	limit 20 to ((danish or english or norwegian or swedish) and yr="2014 - Current")	105	

## Cinahl

13-03-2016

<a href="#">Search ID#</a>	Search Terms	Search Options	Actions
S20	S15 AND S19	<b>Limiters</b> - Published Date: 20140101-20161231; Language: Danish, English, Norwegian, Swedish <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (27)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S19	S16 OR S17 OR S18	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (217,364)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S18	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (73,028) <a href="#">View Details</a> <a href="#">Edit</a>
S17	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (206,720) <a href="#">View Details</a> <a href="#">Edit</a>
S16	PT Randomized Controlled Trial	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (30,491) <a href="#">View Details</a> <a href="#">Edit</a>
S15	S11 AND S14	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (285) <a href="#">View Details</a> <a href="#">Edit</a>
S14	S12 OR S13	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (3,955) <a href="#">View Details</a> <a href="#">Edit</a>
S13	(cognitive behavio* N1 (treatment or therap*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (3,449) <a href="#">View Details</a> <a href="#">Edit</a>
S12	"cbt"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,681) <a href="#">View Details</a> <a href="#">Edit</a>
S11	S9 AND S10	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (10,635) <a href="#">View Details</a> <a href="#">Edit</a>
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (651,577) <a href="#">View Details</a> <a href="#">Edit</a>
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (30,415) <a href="#">View Details</a> <a href="#">Edit</a>
S8	(MH "Separation Anxiety") OR "seperation anxiet*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (351) <a href="#">View Details</a> <a href="#">Edit</a>
S7	TI anxious OR AB anxious	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,184) <a href="#">View Details</a> <a href="#">Edit</a>
S6	TI anxiety OR AB anxiety	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (27,702) <a href="#">View Details</a>

			<a href="#">Edit</a>
S5	"Generalised Anxiety Disorder**"	Search modes - Boolean/Phrase	<a href="#">View Results</a> (103) <a href="#">View Details</a> <a href="#">Edit</a>
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder**"	Search modes - Boolean/Phrase	<a href="#">View Results</a> (631) <a href="#">View Details</a> <a href="#">Edit</a>
S3	"social anxiety**"	Search modes - Boolean/Phrase	<a href="#">View Results</a> (661) <a href="#">View Details</a> <a href="#">Edit</a>
S2	(MH "Social Anxiety Disorders") OR "social phob**"	Search modes - Boolean/Phrase	<a href="#">View Results</a> (629) <a href="#">View Details</a> <a href="#">Edit</a>
S1	(MH "Anxiety Disorders") OR "anxiety disorder**"	Search modes - Boolean/Phrase	<a href="#">View Results</a> (5,386) <a href="#">View Details</a> <a href="#">Edit</a>

Der er søgt 527 referencer frem til PICO 2, heraf er 282 unikke.

**PICO 3:** Bør man bruge psykoterapi frem for antidepressiva (SSRI/SNRI) til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

**PICO 4:** Bør man bruge en kombination af psykoterapi og antidepressiva (SSRI/SNRI) frem for psykoterapi alene til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

**Samsøgt d. 31-03-16**

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

Search Strategy:

31-03-2016

#	Searches	Results
1	Anxiety Disorders/	27018
2	anxiety disorder*.mp.	38663
3	anxiety.ti,ab.	128916
4	anxious.ti,ab.	12461
5	social phob*.mp.	3492



6	social anxiety.mp.	3933
7	generalized anxiety disorder*.mp.	4333
8	generalised anxiety disorder*.mp.	448
9	exp Anxiety, Separation/	1960
10	separation anxiet*.mp.	1230
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	143291
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	3984872
13	11 and 12	52631
14	Serotonin Reuptake Inhibitors/ or ssri.mp.	18661
15	serotonin noradrenalin reuptake inhibitor/ or snri.mp.	612
16	selective serotonin reuptake inhibitor*.mp.	9151
17	(serotonin and norepinephrine reuptake inhibitor*).mp.	1217
18	(serotonin and norepinephrine uptake inhibitor*).mp.	63
19	exp Citalopram/ or citalopram*.mp.	5664
20	exp Fluoxetine/ or fluoxetine*.mp.	11792
21	exp Fluvoxamine/ or fluvoxamine*.mp.	2676
22	exp Paroxetine/ or paroxetine*.mp.	5578
23	exp Sertraline/ or sertraline*.mp.	4106
24	escitalopram*.mp.	1687
25	antidepressi*.mp.	51550
26	psychopharm*.mp.	12276
27	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26	84440
28	13 and 27	2031
29	13 and 27	2031
30	limit 28 to (yr="2012 -Current" and (controlled clinical trial or randomized controlled trial))	101
31	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	473541
32	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	226999
33	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	140789
34	31 or 32 or 33	553888
35	29 and 34	583
36	30 or 35	608

37	limit 36 to (yr="2012 -Current" and (danish or english or norwegian or swedish))	160
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Database(s): **Embase** 1974 to 2016 Week 13

Search Strategy:

31-03-2016

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	66852
2	exp social phobia/ or social phobia.mp.	10193
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7220
4	social anxiety.mp.	5493
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10142
6	social phob*.mp.	10321
7	anxiety.ti,ab.	183866
8	exp separation anxiety/	3405
9	separation anxiet*.mp.	3932
10	anxious.ti,ab.	17443
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	215140
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	3978248
13	11 and 12	60751
14	Serotonin Reuptake Inhibitors/ or ssri.mp.	8960
15	serotonin noradrenalin reuptake inhibitor/ or snri.mp.	4499
16	selective serotonin reuptake inhibitor*.mp.	12793
17	(serotonin and norepinephrine reuptake inhibitor*).mp.	1814
18	(serotonin and norepinephrine uptake inhibitor*).mp.	73
19	citalopram/ or citalopram*.mp.	19588
20	fluoxetine/ or fluoxetine*.mp.	41235
21	fluvoxamine/ or fluvoxamine*.mp.	12796
22	escitalopram.mp. or escitalopram/	8623
23	paroxetine/ or paroxetine*.mp.	24941
24	sertraline/ or sertraline*.mp.	21952
25	antidepress*.mp.	134230
26	psychopharm*.mp.	44875

27	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26	210216
28	13 and 27	4975
29	limit 28 to ((randomized controlled trial or controlled clinical trial) and yr="2012 -Current")	86
30	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	639453
31	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	305430
32	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	187149
33	30 or 31 or 32	747508
34	28 and 33	722
35	29 or 34	735
36	limit 35 to ((danish or english or norwegian or swedish) and yr="2012 -Current")	250

Database(s): **PsycINFO** 1806 to March Week 4 2016

31-03-2016

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	32890
2	social phobia.mp. or exp Social Phobia/	6576
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6651
4	exp Generalized Anxiety Disorder/	2159
5	(social anxiety or social phob*).mp.	11771
6	anxious.ab,ti.	17199
7	anxiety.ab,ti.	150258
8	exp Separation Anxiety/	1460
9	separation anxiety*.mp.	3013
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	161862
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	1096711
12	10 and 11	47404
13	Serotonin Reuptake Inhibitors/ or ssri.mp.	6035
14	snri.mp. or Serotonin Norepinephrine Reuptake Inhibitors/	614
15	selective serotonin reuptake inhibitor*.mp.	6403

16	(serotonin and norepinephrine reuptake inhibitor*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	861
17	(serotonin and norepinephrine uptake inhibitor*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	25
18	Citalopram/ or citalopram*.mp.	2368
19	Fluoxetine/ or fluoxetine*.mp.	6072
20	Fluvoxamine/ or fluvoxamine*.mp.	1531
21	Paroxetine/ or paroxetine*.mp.	3059
22	Sertraline/ or sertraline*.mp.	2470
23	escitalopram*.mp.	1186
24	antidepress*.mp.	36255
25	psychopharm*.mp.	15899
26	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25	59000
27	12 and 26	1485
28	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	72519
29	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj (blind* or mask*))).ti,ab,id.	41261
30	28 or 29	92546
31	27 and 30	253
32	limit 31 to ((danish or english or norwegian or swedish) and yr="2012 -Current")	64

### Cinahl 31-03-2016

#	Query	Limiters/Expanders	Results
S32	S25 OR S30	Limiters - Published Date: 20120101-20151231 Search modes - Boolean/Phrase	34
S31	S25 OR S30	Limiters - Published Date: 20120101-20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	34
S30	S26 AND S29	Search modes - Boolean/Phrase	112
S29	S27 OR S28	Search modes - Boolean/Phrase	216,821
S28	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))	Search modes - Boolean/Phrase	72,897

S27	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)	Search modes - Boolean/Phrase	206,195
S26	S11 AND S24	Search modes - Boolean/Phrase	349
S25	S11 AND S24	Limiters - Publication Type: Randomized Controlled Trial Search modes - Boolean/Phrase	15
S24	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23	Search modes - Boolean/Phrase	15,664
S23	psychopharm*	Search modes - Boolean/Phrase	1,343
S22	antidepress*	Search modes - Boolean/Phrase	10,699
S21	"escitalopram"	Search modes - Boolean/Phrase	246
S20	"Sertraline"	Search modes - Boolean/Phrase	706
S19	(MH "Paroxetine") OR "Paroxetine"	Search modes - Boolean/Phrase	794
S18	"Fluvoxamine"	Search modes - Boolean/Phrase	156
S17	(MH "Fluoxetine") OR "Fluoxetine"	Search modes - Boolean/Phrase	1,223
S16	(MH "Citalopram") OR "Citalopram"	Search modes - Boolean/Phrase	732
S15	"serotonin and norepinephrine reuptake inhibitor*"	Search modes - Boolean/Phrase	39
S14	"selective serotonin reuptake inhibitor*"	Search modes - Boolean/Phrase	1,200
S13	"snri"	Search modes - Boolean/Phrase	76
S12	(MH "Serotonin Uptake Inhibitors") OR "ssri"	Search modes - Boolean/Phrase	3,686
S11	S9 AND S10	Search modes - Boolean/Phrase	10,619
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	Search modes - Boolean/Phrase	650,376
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	30,369
S8	(MH "Separation Anxiety") OR "seperation anxiet*"	Search modes - Boolean/Phrase	350
S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	2,182
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	27,659
S5	"Generalised Anxiety Disorder*"	Search modes - Boolean/Phrase	103
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	Search modes - Boolean/Phrase	628
S3	"social anxiety*"	Search modes - Boolean/Phrase	659
S2	(MH "Social Anxiety Disorders") OR "social phob*"	Search modes - Boolean/Phrase	629

S1	(MH "Anxiety Disorders") OR "anxiety disorder**"	Search modes - Boolean/Phrase	5,372
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Der er søgt 508 referencer er frem, heraf er 363 unikke

### PICO 5: Bør man bruge psykoterapeutiske behandlingsprogrammer specifikt rettet mod socialfobi frem for generiske

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

21-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	social phob*.mp.	3502	
2	social anxiety.mp.	3968	
3	1 or 2	6622	
4	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	4008342	
5	3 and 4	3338	
6	Cognitive Therapy/	18417	
7	Behavior Therapy/	24669	
8	(cogniti* adj2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)).ti,ab.	35175	
9	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	35075	
10	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1572	
11	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1767	
12	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1330	
13	exp Narrative Therapy/	84	
14	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	369	
15	(existential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	111	

16	(experiential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	110	
17	(Systemic adj1 (therap\$ or psychotherapy\$)).mp.	10088	
18	Psychotherapy/	49274	
19	psychotherapy.ti,ab.	27398	
20	Psychotherapy, Group/	12635	
21	Psychotherapy, Brief/	3010	
22	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	91	
23	short term psychotherapy.mp.	208	
24	Family Therapy/	8062	
25	family therapy.ab,ti.	2745	
26	counsel*.ab,ti.	79349	
27	coach*.ab,ti.	8332	
28	mindfulness.ab,ti.	2817	
29	exp Mindfulness/	786	
30	rational emotive behavioral therapy.mp.	2	
31	rational emotive behaviour therapy.mp.	5	
32	multimodal therapy.mp.	1582	
33	Self Care/	26502	
34	self care.ab,ti.	11986	
35	non pharmacological.ab,ti.	4939	
36	(individu* adj1 (therap* or psychotherapy)).mp.	5103	
37	6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36	283123	
38	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	477476	
39	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	228274	
40	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	141445	
41	38 or 39 or 40	558203	
42	transdiagnostic.ab,ti.	479	
43	generic.ab,ti.	32706	
44	diagnosis specific.ab,ti.	554	
45	broad based.ab,ti.	2525	

46	unified.ab,ti.	18558	
47	42 or 43 or 44 or 45 or 46	54590	
48	37 or 47	336317	
49	5 and 48	580	
50	limit 49 to (controlled clinical trial or randomized controlled trial)	185	
51	41 and 49	151	
52	50 or 51	234	
53	limit 52 to (yr="2013 -Current" and (danish or english or norwegian or swedish))	94	

Database(s): **Embase** 1974 to 2016 April 22  
25-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	exp social phobia/ or social phobia.mp.	10247	
2	social anxiety.mp.	5554	
3	social phob*.mp.	10375	
4	1 or 2 or 3	12354	
5	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	4009408	
6	4 and 5	4317	
7	cognitive therapy/	40470	
8	behavior therapy/	39591	
9	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	51715	
10	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	49338	
11	7 or 8 or 9 or 10	115934	
12	*"psychodynamic psychotherapy"/	234	
13	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2333	
14	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	3056	
15	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or	1725	



	therap\$ or treat\$)).ti,ab.		
16	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	552	
17	narrative therapy/	190	
18	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	197	
19	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	189	
20	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	218	
21	systemic therapy/	16953	
22	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	16928	
23	group therapy/	19149	
24	psychotherapy/	85543	
25	psychotherapy.ti,ab.	40938	
26	family therapy/	11926	
27	family therapy.ti,ab.	4295	
28	counsel*.ab,ti.	108723	
29	coach*.ab,ti.	10519	
30	mindfulness.ti,ab.	4076	
31	mindfulness/	2070	
32	rational emotive behaviour therapy.mp.	18	
33	rational emotive behavioral therapy.mp.	10	
34	multimodal therapy.mp.	2526	
35	self care/	38362	
36	self care.ti,ab.	16222	
37	non pharmacological.ti,ab.	7794	
38	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	646713	
39	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	307718	
40	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	188398	
41	38 or 39 or 40	755393	
42	7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37	403509	
43	transdiagnostic.ti,ab.	567	

44	generic.ti,ab.	40729	
45	diagnosis specific.ti,ab.	779	
46	broad based.ti,ab.	3076	
47	unified.ti,ab.	21943	
48	43 or 44 or 45 or 46 or 47	66820	
49	42 or 48	468160	
50	6 and 49	967	
51	limit 50 to ((randomized controlled trial or controlled clinical trial) and yr="2013 -Current")	64	
52	41 and 50	189	
53	51 or 52	210	
54	limit 53 to ((danish or english or norwegian or swedish) and yr="2013 - Current")	94	

Database(s): **PsycINFO** 1806 to April Week 3 2016

25-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	social phobia.mp. or exp Social Phobia/	6589	
2	(social anxiety or social phob*).mp.	11815	
3	1 or 2	11815	
4	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	1100700	
5	3 and 4	3822	
6	cognitive behavior therapy/	14201	
7	Cognitive Therapy/	12277	
8	behavior therapy/	12866	
9	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	56740	
10	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	52050	
11	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	4717	
12	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	9092	

13	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2647	
14	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1645	
15	narrative therapy/	699	
16	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	789	
17	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	799	
18	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	1588	
19	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	789	
20	Psychotherapy/	46381	
21	psychotherapy.ti,ab.	77402	
22	Psychodynamic Psychotherapy/	2763	
23	group psychotherapy/	17920	
24	Interpersonal Psychotherapy/	1121	
25	gestalt therapy/	1675	
26	existential therapy/	964	
27	family therapy/	19637	
28	family therapy.ab,ti.	13447	
29	counsel*.ab,ti.	91271	
30	coach*.ab,ti.	12576	
31	mindfulness.ab,ti.	6693	
32	Mindfulness/	5394	
33	rational emotive behavior therapy/	1717	
34	(rational emotive behavioral therapy or rational emotive behavior therapy).ab,ti.	621	
35	Multimodal Treatment Approach/	1678	
36	multimodal therapy.ab,ti.	181	
37	self care.ab,ti.	6678	
38	non pharmacological.ab,ti.	1506	
39	6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38	310905	
40	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3	72940	

	(trial*1 or study or studies or analy*) or rct).ti,ab,id.		
41	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj (blind* or mask*))).ti,ab,id.	41411	
42	40 or 41	93033	
43	transdiagnostic.ab,ti.	737	
44	generic.ab,ti.	10235	
45	diagnosis specific.ab,ti.	244	
46	broad based.ab,ti.	1394	
47	unified.ab,ti.	9688	
48	43 or 44 or 45 or 46 or 47	22135	
49	39 or 48	330913	
50	5 and 49	723	
51	42 and 50	102	
52	limit 51 to ((danish or english or norwegian or swedish) and yr="2013 - Current")	39	

**Cinahl**  
**25-04-2016**

S45	S5 AND S37 AND S44	<b>Limiters</b> - Published Date: 20130101-20161231; Language: Danish, English, Norwegian, Swedish <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (8)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S44	S33 OR S43	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (103,688)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S43	S38 OR S39 OR S40 OR S41 OR S42	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (9,970)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S42	TI unified OR AB unified	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (1,937)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S41	TI broad based OR AB broad based	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (697)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S40	TI diagnosis specific OR AB diagnosis specific	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (2,170)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S39	TI generic OR AB generic	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (5,158)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S38	TI transdiagnostic OR AB transdiagnostic	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (67)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S37	S35 OR S36	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (217,653)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S36	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (73,087)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S35	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*))) or rct)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (207,002)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S34	S5 AND S33	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (66)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S33	S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (94,266)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S32	individu* N1 (therap* or psychotherapy)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (1,455)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S31	TI "non pharmacological" OR AB "non pharmacological"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (1,126)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S30	TI "Self Care" OR AB "Self Care"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (8,014)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S29	(MH "Self Care")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (21,233)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S28	TI "multimodal therapy" OR AB "multimodal therapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (104) <a href="#">View Details</a> <a href="#">Edit</a>
S27	"rational emotive behavior therapy" OR "rational emotive behavioral therapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (16) <a href="#">View Details</a> <a href="#">Edit</a>
S26	TI "Mindfulness" OR AB "Mindfulness"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,370) <a href="#">View Details</a> <a href="#">Edit</a>
S25	(MH "Mindfulness")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (659) <a href="#">View Details</a> <a href="#">Edit</a>
S24	TI coachl* OR AB coach*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (3,158) <a href="#">View Details</a> <a href="#">Edit</a>
S23	TI counsel* OR AB counsel*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (24,001) <a href="#">View Details</a> <a href="#">Edit</a>
S22	TI "Family Therapy" OR AB "Family Therapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (742) <a href="#">View Details</a> <a href="#">Edit</a>
S21	(MH "Family Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,169) <a href="#">View Details</a> <a href="#">Edit</a>
S20	TI Psychotherapy OR AB Psychotherapy	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (4,235) <a href="#">View Details</a> <a href="#">Edit</a>
S19	(MH "Psychotherapy, Group")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,675) <a href="#">View Details</a> <a href="#">Edit</a>
S18	(MH "Psychotherapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (9,349) <a href="#">View Details</a> <a href="#">Edit</a>
S17	(Systemic N1 (therap* or psychotherapy*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,699) <a href="#">View Details</a> <a href="#">Edit</a>
S16	Gestalt N2 (intervention* or psychotherapy* or therap* or treat*)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (28) <a href="#">View Details</a> <a href="#">Edit</a>
S15	(experiential* N2 (psychotherapy* or therap*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (44) <a href="#">View Details</a>

			<a href="#">Edit</a>
S14	(existential* N2 (psychotherapy* or therap*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (61) <a href="#">View Details</a> <a href="#">Edit</a>
S13	(Narrative N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (414) <a href="#">View Details</a> <a href="#">Edit</a>
S12	(interpersonal N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (460) <a href="#">View Details</a> <a href="#">Edit</a>
S11	(psychoanalytic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (90) <a href="#">View Details</a> <a href="#">Edit</a>
S10	(psychodynamic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (373) <a href="#">View Details</a> <a href="#">Edit</a>
S9	(behavio* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (16,034) <a href="#">View Details</a> <a href="#">Edit</a>
S8	(cogniti* N2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (15,759) <a href="#">View Details</a> <a href="#">Edit</a>
S7	(MH "Behavior Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (4,977) <a href="#">View Details</a> <a href="#">Edit</a>
S6	(MH "Cognitive Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (8,513) <a href="#">View Details</a> <a href="#">Edit</a>
S5	S3 AND S4	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (446) <a href="#">View Details</a> <a href="#">Edit</a>
S4	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (652,522) <a href="#">View Details</a> <a href="#">Edit</a>
S3	S1 OR S2	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (971) <a href="#">View Details</a>

			<a href="#">Edit</a>
S2	"social anxiety*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (661) <a href="#">View Details</a> <a href="#">Edit</a>
S1	(MH "Social Anxiety Disorders") OR "social phob*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (629) <a href="#">View Details</a>

Der er søgt 235 referencer frem, heraf er 141 unikke referencer.

**PICO 6:** Bør man bruge individuel terapi frem for gruppeterapi til børn og unge med socialfobi, separationsangst eller generaliseret angst?

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

Search Strategy:

29-03-16

#	Searches	Results
1	Anxiety Disorders/	26984
2	anxiety disorder*.mp.	38634
3	anxiety.ti,ab.	128889
4	anxious.ti,ab.	12460
5	social phob*.mp.	3493
6	social anxiety.mp.	3928
7	generalized anxiety disorder*.mp.	4330
8	generalised anxiety disorder*.mp.	447
9	exp Anxiety, Separation/	1959
10	separation anxiet*.mp.	1230
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	143259
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	3983238
13	11 and 12	52590
14	Cognitive Therapy/	18197
15	Behavior Therapy/	24545
16	(cogniti* adj2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)).ti,ab.	34730



17	(behavior\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	34710
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1564
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1768
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1318
21	exp Narrative Therapy/	83
22	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	363
23	(existential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	111
24	(experiential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	109
25	(Systemic adj1 (therap\$ or psychotherapy\$)).mp.	9964
26	Psychotherapy/	49146
27	psychotherapy.ti,ab.	27295
28	Psychotherapy, Group/	12602
29	Psychotherapy, Brief/	2994
30	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	89
31	short term psychotherapy.mp.	206
32	Family Therapy/	8022
33	family therapy.ab,ti.	2736
34	counsel*.ab,ti.	78766
35	coach*.ab,ti.	8249
36	mindfulness.ab,ti.	2753
37	exp Mindfulness/	739
38	rational emotive behavioral therapy.mp.	2
39	rational emotive behaviour therapy.mp.	5
40	multimodal therapy.mp.	1570
41	Self Care/	26256
42	self care.ab,ti.	11899
43	non pharmacological.ab,ti.	4885
44	(individu* adj1 (therap* or psychotherapy)).mp.	5061
45	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44	281032

46	(group* adj3 therap*).mp.	26187
47	(group* adj3 based*).mp.	33714
48	(psychotherap* adj3 group*).mp.	13381
49	(group therap* or group treatment*).mp.	6864
50	group format*.mp.	928
51	46 or 47 or 48 or 49 or 50	71397
52	13 and 45 and 51	605
53	limit 52 to (controlled clinical trial or randomized controlled trial)	234
54	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	473442
55	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	226994
56	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	140785
57	54 or 55 or 56	553779
58	52 and 57	204
59	53 or 58	294
60	limit 59 to (yr="2011 -Current" and (danish or english or norwegian or swedish))	125

Database(s): **Embase** 1974 to 2016 Week 13

29-03-16

Search Strategy:

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	66852
2	exp social phobia/ or social phobia.mp.	10193
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7220
4	social anxiety.mp.	5493
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10142
6	social phob*.mp.	10321
7	anxiety.ti,ab.	183866
8	exp separation anxiety/	3405
9	separation anxiet*.mp.	3932
10	anxious.ti,ab.	17443
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	215140
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	3978248

13	11 and 12	60751
14	cognitive therapy/	40066
15	behavior therapy/	39407
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	51135
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	48779
18	14 or 15 or 16 or 17	114795
19	*"psychodynamic psychotherapy"/	232
20	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2328
21	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	3053
22	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1716
23	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	545
24	narrative therapy/	187
25	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	195
26	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	189
27	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	218
28	systemic therapy/	16530
29	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	16563
30	group therapy/	19079
31	psychotherapy/	85193
32	psychotherapy.ti,ab.	40761
33	family therapy/	11887
34	family therapy.ti,ab.	4287
35	counsel*.ab,ti.	107605
36	coach*.ab,ti.	10388
37	mindfulness.ti,ab.	3976
38	mindfulness/	1973
39	rational emotive behaviour therapy.mp.	18
40	rational emotive behavioral therapy.mp.	10
41	multimodal therapy.mp.	2496

42	self care/	37893
43	self care.ti,ab.	16067
44	non pharmacological.ti,ab.	7693
45	33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44	184244
46	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 or 45	399675
47	13 and 46	8994
48	(group* adj3 therap*).mp.	53522
49	(group* adj3 based*).mp.	48712
50	(psychotherap* adj3 group*).mp.	4872
51	(group therap* or group treatment*).mp.	23798
52	group format*.mp.	1265
53	48 or 49 or 50 or 51 or 52	105664
54	47 and 53	787
55	limit 54 to (randomized controlled trial or controlled clinical trial)	181
56	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	639453
57	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	305430
58	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	187149
59	56 or 57 or 58	747508
60	54 and 59	188
61	55 or 60	257
62	limit 61 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	131

Database(s): PsycINFO 1806 to March Week 4 2016

29-03-16

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	32890
2	social phobia.mp. or exp Social Phobia/	6576
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6651
4	exp Generalized Anxiety Disorder/	2159
5	(social anxiety or social phob*).mp.	11771
6	anxious.ab,ti.	17199

7	anxiety.ab,ti.	150258
8	exp Separation Anxiety/	1460
9	separation anxiety*.mp.	3013
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	161862
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	1096711
12	10 and 11	47404
13	cognitive behavior therapy/	14188
14	Cognitive Therapy/	12269
15	behavior therapy/	12864
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	56469
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	51819
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	4706
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	9080
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2636
21	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1639
22	narrative therapy/	698
23	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	773
24	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	796
25	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	1585
26	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	784
27	Psychotherapy/	46285
28	psychotherapy.ti,ab.	77193
29	Psychodynamic Psychotherapy/	2762
30	group psychotherapy/	17912
31	Interpersonal Psychotherapy/	1119
32	gestalt therapy/	1670
33	existential therapy/	939
34	family therapy/	19629

35	family therapy.ab,ti.	13424
36	counsel*.ab,ti.	91003
37	coach*.ab,ti.	12485
38	mindfulness.ab,ti.	6598
39	Mindfulness/	5341
40	rational emotive behavior therapy/	1717
41	(rational emotive behavioral therapy or rational emotive behavior therapy).ab,ti.	620
42	Multimodal Treatment Approach/	1679
43	multimodal therapy.ab,ti.	180
44	self care.ab,ti.	6643
45	non pharmacological.ab,ti.	1484
46	(individu* adj1 (therap* or psychotherapy)).mp.	7257
47	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 or 45 or 46	311370
48	12 and 47	7013
49	(group* adj3 therap*).mp.	21545
50	(group* adj3 based*).mp.	14479
51	(psychotherap* adj3 group*).mp.	21752
52	(group therap* or group treatment*).mp.	16180
53	group format*.mp.	1844
54	49 or 50 or 51 or 52 or 53	47208
55	48 and 54	764
56	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	72519
57	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj (blind* or mask*))).ti,ab,id.	41261
58	56 or 57	92546
59	55 and 58	88
60	limit 59 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	43

#### Cinahl 29-03-2016

<a href="#">Search</a>	Search Terms	Search Options	Actions
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<a href="#">ID#</a>			
S53	S51 OR S52	<b>Limiters</b> - Published Date: 20110101-20161231; Language: Danish, English, Norwegian, Swedish <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (32) <a href="#">View Details</a> <a href="#">Edit</a>
S52	S11 AND S39 AND S46	<b>Limiters</b> - Randomized Controlled Trials <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (17) <a href="#">View Details</a> <a href="#">Edit</a>
S51	S47 AND S50	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (70) <a href="#">View Details</a> <a href="#">Edit</a>
S50	S48 OR S49	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (216,728) <a href="#">View Details</a> <a href="#">Edit</a>
S49	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (72,867) <a href="#">View Details</a> <a href="#">Edit</a>
S48	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (206,107) <a href="#">View Details</a> <a href="#">Edit</a>
S47	S40 AND S46	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (132) <a href="#">View Details</a> <a href="#">Edit</a>
S46	S41 OR S42 OR S43 OR S44 OR S45	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (13,607) <a href="#">View Details</a> <a href="#">Edit</a>
S45	"group format*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (263) <a href="#">View Details</a> <a href="#">Edit</a>
S44	"group therap*" or "group treatment*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,432) <a href="#">View Details</a> <a href="#">Edit</a>
S43	psychotherap* N3 group*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,823) <a href="#">View Details</a> <a href="#">Edit</a>
S42	group* N3 based*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (6,337) <a href="#">View Details</a> <a href="#">Edit</a>

S41	(group* N3 therap*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (5,126) <a href="#">View Details</a> <a href="#">Edit</a>
S40	S11 AND S39	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,470) <a href="#">View Details</a> <a href="#">Edit</a>
S39	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (93,985) <a href="#">View Details</a> <a href="#">Edit</a>
S38	individu* N1 (therap* or psychotherapy)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,452) <a href="#">View Details</a> <a href="#">Edit</a>
S37	TI "non pharmacological" OR AB "non pharmacological"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,122) <a href="#">View Details</a> <a href="#">Edit</a>
S36	TI "Self Care" OR AB "Self Care"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (7,996) <a href="#">View Details</a> <a href="#">Edit</a>
S35	(MH "Self Care")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (21,156) <a href="#">View Details</a> <a href="#">Edit</a>
S34	TI "multimodal therapy" OR AB "multimodal therapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (103) <a href="#">View Details</a> <a href="#">Edit</a>
S33	"rational emotive behavior therapy" OR "rational emotive behavioral therapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (16) <a href="#">View Details</a> <a href="#">Edit</a>
S32	TI "Mindfulness" OR AB "Mindfulness"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,356) <a href="#">View Details</a> <a href="#">Edit</a>
S31	(MH "Mindfulness")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (639) <a href="#">View Details</a> <a href="#">Edit</a>
S30	TI coachl* OR AB coach*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (3,155) <a href="#">View Details</a> <a href="#">Edit</a>
S29	TI counsel* OR AB counsel*	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (23,959) <a href="#">View Details</a> <a href="#">Edit</a>



S28	TI "Family Therapy" OR AB "Family Therapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (740)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S27	(MH "Family Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (2,166)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S26	TI Psychotherapy OR AB Psychotherapy	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (4,221)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S25	(MH "Psychotherapy, Group")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (2,668)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S24	(MH "Psychotherapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (9,319)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S23	(Systemic N1 (therap* or psychotherapy*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (2,690)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S22	Gestalt N2 (intervention* or psychotherapy* or therap* or treat*)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (28)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S21	(experiential* N2 (psychotherapy* or therap*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (44)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S20	(existential* N2 (psychotherapy* or therap*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (61)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S19	(Narrative N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (414)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S18	(interpersonal N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (460)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S17	(psychoanalytic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (90)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S16	(psychodynamic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (368)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S15	(behavio* N2 (intervention* or psychotherapy* or technique* or therap* or	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (15,975)</a> <a href="#">View Details</a>

	treat*))		<a href="#">Edit</a>
S14	(cogniti* N2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (15,702) <a href="#">View Details</a> <a href="#">Edit</a>
S13	(MH "Behavior Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (4,963) <a href="#">View Details</a> <a href="#">Edit</a>
S12	(MH "Cognitive Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (8,485) <a href="#">View Details</a> <a href="#">Edit</a>
S11	S9 AND S10	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (10,611) <a href="#">View Details</a> <a href="#">Edit</a>
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or peditr* or school or juvenil* or minors)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (650,105) <a href="#">View Details</a> <a href="#">Edit</a>
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (30,356) <a href="#">View Details</a> <a href="#">Edit</a>
S8	(MH "Separation Anxiety") OR "seperation anxiet**"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (350) <a href="#">View Details</a> <a href="#">Edit</a>
S7	TI anxious OR AB anxious	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,178) <a href="#">View Details</a> <a href="#">Edit</a>
S6	TI anxiety OR AB anxiety	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (27,647) <a href="#">View Details</a> <a href="#">Edit</a>
S5	"Generalised Anxiety Disorder**"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (103) <a href="#">View Details</a> <a href="#">Edit</a>
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder**"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (626) <a href="#">View Details</a> <a href="#">Edit</a>
S3	"social anxiety**"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (659) <a href="#">View Details</a> <a href="#">Edit</a>
S2	(MH "Social Anxiety Disorders") OR "social phob**"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (628) <a href="#">View Details</a> <a href="#">Edit</a>

S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (5,366)</a> <a href="#">View Details</a> <a href="#">Edit</a>
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Der er søgt 331 referencer frem til PICO 6 heraf er 214 unikke.

**PICO 7:** Bør forældre til børn og unge med socialfobi, separationsangst eller generaliseret angst deltage i sessionerne under behandlingsforløbet?

18-03-2016

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/	26962
2	anxiety disorder*.mp.	38542
3	anxiety.ti,ab.	128531
4	anxious.ti,ab.	12425
5	social phob*.mp.	3484
6	social anxiety.mp.	3915
7	generalized anxiety disorder*.mp.	4309
8	generalised anxiety disorder*.mp.	446
9	exp Anxiety, Separation/	1959
10	separation anxiet*.mp.	1226
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	142884
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or peditr* or school or juvenil*).mp.	3978169
13	11 and 12	52464
14	(Family* adj2 (involv* or particip* or inclu*)).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	15792
15	(parent* adj2 (involv* or particip* or inclu*)).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	9174
16	14 or 15	24677
17	13 and 16	700

18	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	472294
19	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	226642
20	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	140584
21	18 or 19 or 20	552535
22	17 and 21	77
23	limit 17 to (controlled clinical trial or randomized controlled trial)	60
24	22 or 23	109
25	limit 24 to (yr="2013 -Current" and (danish or english or norwegian or swedish))	36

Database(s): **Embase** 1974 to 2016 March 17

18-03-2016

Search Strategy:

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	66698
2	exp social phobia/ or social phobia.mp.	10176
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7206
4	social anxiety.mp.	5482
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10123
6	social phob*.mp.	10304
7	anxiety.ti,ab.	183541
8	exp separation anxiety/	3397
9	separation anxiet*.mp.	3922
10	anxious.ti,ab.	17420
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	214750
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or peditr* or school or juvenil*).mp.	3971724
13	11 and 12	60615
14	(parent* adj2 (involv* or particip* or inclu*)).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	11812
15	(famil* adj2 (involv* or particip* or inclu*)).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	29574
16	14 or 15	40746

17	13 and 16	1214
18	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	638333
19	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	305020
20	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	186933
21	18 or 19 or 20	746250
22	17 and 21	121
23	limit 17 to (randomized controlled trial or controlled clinical trial)	88
24	22 or 23	151
25	limit 24 to ((danish or english or norwegian or swedish) and yr="2013 -Current")	52

Database(s): **PsycINFO** 1806 to March Week 3 2016  
18-03-2016

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	32844
2	social phobia.mp. or exp Social Phobia/	6569
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6642
4	exp Generalized Anxiety Disorder/	2156
5	(social anxiety or social phob*).mp.	11759
6	anxious.ab,ti.	17176
7	anxiety.ab,ti.	150116
8	exp Separation Anxiety/	1459
9	separation anxiety*.mp.	3011
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	161703
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	1095470
12	10 and 11	47354
13	(parent* adj2 (involv* or particip* or inclu*)).mp.	18284
14	(famil* adj2 (involv* or particip* or inclu*)).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	16499
15	exp parental involvement/	4079
16	13 or 14 or 15	33372

17	12 and 16	1255
18	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	72440
19	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj (blind* or mask*))).ti,ab,id.	41239
20	18 or 19	92457
21	17 and 20	88
22	limit 21 to ((danish or english or norwegian or swedish) and yr="2013 -Current")	28

### Cinahl 18-03-16

<a href="#">Search ID#</a>	Search Terms	Search Options	Actions
S20	S18 OR S19	<b>Limiters</b> - Published Date: 20130101-; Language: Danish, English, Norwegian, Swedish <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (23)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S19	S11 AND S14 AND S17	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (145)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S18	S11 AND S17	<b>Limiters</b> - Randomized Controlled Trials <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (8)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S17	S15 OR S16	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (11,287)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S16	(famil* N2 (involv* or particip* or inclu*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (7,200)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S15	(parent* N2 (involv* or particip* or inclu*)).	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (4,458)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S14	S12 OR S13	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (825,237)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S13	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (716,273)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S12	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (205,760)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S11	S9 AND S10	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (10,603)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (649,296)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (30,330)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S8	(MH "Separation Anxiety") OR "seperation anxiet*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (349)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S7	TI anxious OR AB anxious	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (2,176)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S6	TI anxiety OR AB anxiety	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (27,622)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S5	"Generalised Anxiety Disorder*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (103)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (628)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S3	"social anxiety*"	Search modes - Boolean/Phrase	<a href="#">View Results (659)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S2	(MH "Social Anxiety Disorders") OR "social phob*"	Search modes - Boolean/Phrase	<a href="#">View Results (629)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (5,364)</a> <a href="#">View Details</a> <a href="#">Edit</a>

Der er søgt 139 referencer frem heraf er 92 unikke.

**PICO 8:** Bør man tilbyde kropsøvelser (motion og afspændings- og vejrtrækningsøvelser), i tillæg til treatment as usual, frem for treatment as usual alene i behandlingen af børn og unge med socialfobi, separationsangst eller generaliseret angst?

29-04-2016

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present**

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/	27249	
2	anxiety disorder*.mp.	38983	
3	anxiety.ti,ab.	130091	
4	anxious.ti,ab.	12556	
5	social phob*.mp.	3503	
6	social anxiety.mp.	3975	
7	generalized anxiety disorder*.mp.	4373	
8	generalised anxiety disorder*.mp.	454	
9	exp Anxiety, Separation/	1965	
10	separation anxiet*.mp.	1233	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	144539	



12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*).mp.	4011631	
13	11 and 12	53211	
14	exp Exercise/ or exercise*.mp.	323785	
15	physical activity.mp.	70262	
16	relaxation therapy.mp. or exp Relaxation Therapy/	7891	
17	relaxation technique*.mp.	1146	
18	relaxation exercise*.mp.	286	
19	breathing technique*.mp.	401	
20	exp Breathing Exercises/ or breathing exercise*.mp.	3343	
21	exp Massage/ or massage*.mp.	12381	
22	exp Mind-Body Therapies/	44123	
23	physiotherap*.mp.	18183	
24	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23	425051	
25	13 and 24	2243	
26	limit 25 to (controlled clinical trial or randomized controlled trial)	486	
27	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	478340	
28	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	228544	
29	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	141599	
30	(27 or 28 or 29) and (2013* or 2014* or 2015* or 2016*).ed.	114250	
31	25 and 30	135	
32	26 or 31	534	
33	limit 32 to (yr="2006 -Current" and (danish or english or norwegian or swedish))	354	

Database(s): **Embase** 1974 to 2016 Week 17

29-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	anxiety disorder/ or anxiety disorder*.mp.	67526	
2	exp social phobia/ or social phobia.mp.	10246	

3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7271	
4	social anxiety.mp.	5553	
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10230	
6	social phob*.mp.	10374	
7	anxiety.ti,ab.	185801	
8	exp separation anxiety/	3418	
9	separation anxiet*.mp.	3956	
10	anxious.ti,ab.	17560	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	217282	
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	4009130	
13	11 and 12	61517	
14	exp exercise/ or exercise*.mp.	407037	
15	exp physical activity/ or physical activit*.mp.	317344	
16	exp relaxation training/ or relaxation technique*.mp.	9913	
17	relaxation exercise*.mp.	437	
18	breathing technique*.mp.	650	
19	exp breathing exercise/ or breathing exercise*.mp.	5944	
20	massage*.mp. or exp massage/	18825	
21	exp physiotherapy/	66574	
22	physiotherapy.mp.	73486	
23	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22	721554	
24	13 and 23	2930	
25	limit 24 to (randomized controlled trial or controlled clinical trial)	278	
26	((((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	646656	
27	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	307703	
28	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	188389	
29	(26 or 27 or 28) and (2013* or 2014* or 2015* or 2016*).em.	226782	
30	24 and 29	141	
31	25 or 30	340	
32	limit 31 to ((danish or english or norwegian or swedish) and yr="2006 - Current")	246	

Database(s): **PsycINFO** 1806 to April Week 4 2016

29-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/ or anxiety disorder*.mp.	33032	
2	social phobia.mp. or exp Social Phobia/	6592	
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6690	
4	exp Generalized Anxiety Disorder/	2150	
5	(social anxiety or social phob*).mp.	11825	
6	anxious.ab,ti.	17250	
7	anxiety.ab,ti.	150947	
8	exp Separation Anxiety/	1459	
9	separation anxiety*.mp.	3022	
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	162576	
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	1101382	
12	10 and 11	47634	
13	exp EXERCISE/ or exercise*.mp.	59040	
14	physical activity.mp. or exp Physical Activity/	39856	
15	exp movement therapy/ or exp mind body therapy/	990	
16	exp Physical Fitness/	3603	
17	exp Relaxation Therapy/ or relaxation technique*.mp.	4089	
18	relaxation exercise*.mp.	386	
19	breathing technique*.mp.	167	
20	breathing exercise*.mp.	261	
21	exp MASSAGE/ or massage*.mp.	1319	
22	physiotherapy.mp.	1574	
23	exp physical therapy/	2184	
24	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23	85237	
25	12 and 24	1088	
26	((random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	73049	
27	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or	41445	

	double or triple) adj (blind* or mask*))).ti,ab,id.		
28	26 or 27	93152	
29	25 and 28	80	
30	limit 29 to ((danish or english or norwegian or swedish) and yr="2006 - Current")	59	

## Cinahl

29-04-2016

Search Terms	Search Options	Actions	
S30	S26 OR S29	<b>Search modes - Limiters</b> - Published Date: 20060101-20161231; Language: Danish, English, Norwegian, Swedish	<a href="#">View Results (61)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S29	S22 AND S28	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (40)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S28	S23 OR S24	<b>Limiters</b> - Published Date: 20130101-20161231 <b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (50,546)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S27	S23 OR S24	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (217,795)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S26	S22 AND S25	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (40)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S25	PT Randomized Controlled Trial	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (30,497)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S24	TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (73,115)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S23	TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (207,143)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S22	S11 AND S21	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (599)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S21	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (166,005) <a href="#">View Details</a> <a href="#">Edit</a>
S20	"physiotherapy"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (9,284) <a href="#">View Details</a> <a href="#">Edit</a>
S19	(MH "Physical Therapy")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (21,768) <a href="#">View Details</a> <a href="#">Edit</a>
S18	"massage*" OR (MH "Massage+")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (10,187) <a href="#">View Details</a> <a href="#">Edit</a>
S17	(MH "Breathing Exercises+")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,193) <a href="#">View Details</a> <a href="#">Edit</a>
S16	"breathing technique*" OR "breathing exercise*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (1,383) <a href="#">View Details</a> <a href="#">Edit</a>
S15	(MH "Relaxation Techniques+")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (6,269) <a href="#">View Details</a> <a href="#">Edit</a>
S14	"relaxation technique*" OR "relaxation exercise*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (2,635) <a href="#">View Details</a> <a href="#">Edit</a>
S13	(MH "Physical Activity") OR "physical activit*" OR (MH "Physical Fitness+")	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (39,262) <a href="#">View Details</a> <a href="#">Edit</a>
S12	(MH "Exercise+") OR "exercise*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (107,551) <a href="#">View Details</a> <a href="#">Edit</a>
S11	S9 AND S10	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (10,643) <a href="#">View Details</a> <a href="#">Edit</a>
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors)	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (652,766) <a href="#">View Details</a> <a href="#">Edit</a>
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (30,461) <a href="#">View Details</a> <a href="#">Edit</a>
S8	(MH "Separation Anxiety") OR	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results</a> (351)

	"seperation anxiet*"		<a href="#">View Details</a> <a href="#">Edit</a>
S7	TI anxious OR AB anxious	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (2,186)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S6	TI anxiety OR AB anxiety	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (27,745)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S5	"Generalised Anxiety Disorder*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (103)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (632)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S3	"social anxiety*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (661)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S2	(MH "Social Anxiety Disorders") OR "social phob*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (629)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	<b>Search modes</b> - Boolean/Phrase	<a href="#">View Results (5,392)</a> <a href="#">View Details</a>

Der er søgt 720 referencer frem, heraf er 533 unikke.