

## NKR24 - PICO7 - Schizophrenia: Social cognition training

## Characteristics of studies

## Characteristics of included studies

Bechi 2012

<b>Methods</b>	<b>Study design:</b> Randomized controlled trial <b>Study grouping:</b> Parallel group <b>Open Label:</b> <b>Cluster RCT:</b>
<b>Participants</b>	<b>Baseline Characteristics</b> Socialcognition <ul style="list-style-type: none"> <li>● Age, mean (sd): 37.14 (10.02)</li> <li>● Sex (male %): 68</li> <li>● Length of illness (years), mean (sd): 14.00 (9.08)</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 100</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> TAU <ul style="list-style-type: none"> <li>● Age, mean (sd): 40.20 (8.99)</li> <li>● Sex (male %): 67</li> <li>● Length of illness (years), mean (sd): 16.62 (6.40)</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 100</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <b>Included criteria:</b> DSM IV-R criteria for schizophrenia <b>Excluded criteria:</b> Exclusion criteria were substance dependence or abuse, co-morbid diagnosis on Axis I or II, major neurological illness, perinataltrauma and mental retardation. Patients had been treated with a stable dose of the same antipsychotic therapy for at least 3 months and remained on the same medication throughout the study.
<b>Interventions</b>	<b>Intervention Characteristics</b> Socialcognition <ul style="list-style-type: none"> <li>● <b>Description :</b> The ToM and EP training administered in the SCT condition was conducted by a trained psychologist and a facilitator over 12 weeks (one 1-h session/week). A total of 36 film excerpts were selected; these scenes followed a growing difficulty order of presentation. Twenty four clips represented basic emotions (happiness, sadness, anger, surprise, fear and disgust) in a single-actor speechless scene or manifested in multi actors verbal interaction; 12 clips represented ToM-centered situations: irony, gaffe, misunderstanding and implicit meanings. Enclosed scenes last between 30 and 70 s and need recognition of emotions (happiness, sadness, anger, surprise, fear and disgust) and ToM abilities (decoding beliefs, irony, misunderstandings and intentions) to be correctly comprehended. All participants attended a group intervention, consisting of 1-h sessions once weekly for 3 months. They all had started a 3-month course of Cognitive Remediation Therapy (CRT, individual 1-h sessions, twice weekly) in the last 6 months</li> </ul> TAU <ul style="list-style-type: none"> <li>● <b>Description :</b> Twenty four outpatients who weren't attending any rehabilitation program were allocated in the time-matched control group (NT); they were regularly visited every two weeks through a routine check with the psychiatrist.</li> </ul>
<b>Outcomes</b>	<b>Continuous:</b> <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, total score</li> <li>● QoL</li> </ul> <b>Dichotomous:</b> <ul style="list-style-type: none"> <li>● Symptomatic relapse</li> <li>● Symptomatic remitted</li> </ul>
<b>Identification</b>	<b>Sponsorship source:</b> Not stated. <b>Country:</b> Italy <b>Setting:</b> <b>Comments:</b> <b>Authors name:</b> Margherita Bechi <b>Institution:</b> Department of Clinical Neurosciences, San Raffaele University Scientific Institute Hospital, Vita-Salute San Raffaele University, Milano, Italy <b>Email:</b> bechi.margherita@hsr.it <b>Address:</b>
<b>Notes</b>	<b>Identification:</b> <b>Participants:</b> <b>Study design:</b> <b>Baseline characteristics:</b> <b>Intervention characteristics:</b> <i>Jesper Østrup Rasmussen</i> One more study group were in the study (IPT), but was considered too comprehensive. <b>Pretreatment:</b> <b>Continuous outcomes:</b> <i>Jesper Østrup Rasmussen</i> Scales: ToM: PST (ToM was assessed using the Theory of Mind Picture Sequencing Task (PST; Brune, 2003), consisting of six cartoon picture stories of four cards each, depicting (1) two scenarios where two characters cooperated, (2) two scenarios where one character deceived a second character and (3) two scenarios

	<p>showing two characters cooperating to deceive a third. For example, in a scenario a boy captures a bee in a paper bag (first picture) which then presents to a girl (second picture); she grabs into the bag (third picture) and is stung by the bee (fourth picture). The cards were presented face-down in mixed order; the participants were asked to turn the cards over and to order them in a logical sequence of events. In the Sequencing task, two points were given for the first and last correctly sequenced cards and one point each for correct sequencing of the two middle cards.) (high=better)EP: POFA ( 110 black and white photographs from the POFA, depicting faces of women and men of different ages who exhibit basic emotions (happiness, sadness, fear, disgust, surprise, anger) and neutral expression too, were displayed in random order on a pc screen for 10 seconds each. Patients were asked to attribute the correct emotions to stimuli, by pressing the previously labeled keys on a keyboard. Outcomes provided by the test are: total of correct and wrong answers, number and reaction time of correct recognitions for each emotion, amount of missing answers and error type in case of incorrect, misreading, attribution (for example, if a response "anger" is given at a face expressing "disgust"); the raw scores were then converted into percentages. For the purpose of this study, we considered the percentage of correct answers. 25 stimuli were presented in a preliminary training session to allow patients to get acquainted with the task, the remaining 85 were utilized for the assessment.) (High = better)</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>
--	--

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	High risk	Quote: "We scheduled a randomized allocation in regard to both treatment groups but not in regard to the allocation to the treatment vs no treatment condition." Comment: Not correctly randomized
Allocation concealment (selection bias)	Unclear risk	Comment: Not described b
Blinding of participants and personnel (performance bias)	High risk	Comment: Not possible.
Blinding of outcome assessment (detection bias)	Unclear risk	Quote: "Performances of interest (EP and ToM) were compared at the baseline and after 3 months between and within subjects. Psychologists who administered the neuropsychological assessment were blind to the IPT or VST condition, they weren't blind to the allocation to treatment/no-treatment group condition" Comment: Moreover, in order to decrease the likelihood of rate bias in the Questionnaire scoring, assessors were extensively trained and they were blind to the treatment group.
Incomplete outcome data (attrition bias)	Low risk	Quote: "training (n = 27) or to a standard social cognitive rehabilitation treatment (n = 24). They were assessed before and after 12 weeks of intervention and compared to a time-matched control group (n = 24)." Comment: 2 dropout in control group 0 in intervention - no itt .. But relatively small dropout (short intervention)
Selective reporting (reporting bias)	Unclear risk	no details
Other bias	Low risk	

Bellack 1984

Methods	
Participants	
Interventions	
Outcomes	
Identification	
Notes	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not described, only radomised.
Allocation concealment (selection bias)	Unclear risk	Not described.
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

Chien 2003

Methods	
Participants	
Interventions	
Outcomes	
Identification	
Notes	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	
Allocation concealment (selection bias)	Unclear risk	
Blinding of participants and personnel (performance bias)	Unclear risk	
Blinding of outcome assessment (detection bias)	Unclear risk	
Incomplete outcome data (attrition bias)	Unclear risk	
Selective reporting (reporting bias)	Unclear risk	
Other bias	Unclear risk	

**Choi 2006**

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	Social Cognitive Training: Social Cognition Enhancement Training vs. TAU SCET was delivered on a group basis for one-and-a-half hours twice weekly. It took about 6 months to complete the whole package of 36 sessions, which were divided into three levels (elementary, middle, and advanced). The sessions were led by a master's level psychologist according to the manual containing detailed instructions for the conduct of each session (Kwon, 2003).
<b>Outcomes</b>	Picture Arrangement (PA). PA assesses the subject's ability for perceptual organization and sequencing, to distinguish essential from non-essential details in a social context, and required integrated brain functioning (Kaufman, 1994). Social Behavior Sequencing Task (SBST). Higher scores reflect greater ability in the use of social sequential information. Emotion Recognition Test (ERT), subscale contextual recognition (CR) only used - objective measure of ability to evaluate emotional stimuli accurately.
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	no details
Allocation concealment (selection bias)	Unclear risk	no details
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Unclear risk	no details
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

**Daniels 1998**

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No details.
Allocation concealment (selection bias)	Unclear risk	No details.
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

**Favrod 2014**

<b>Methods</b>	<b>Study design:</b> Randomized controlled trial <b>Study grouping:</b> Parallel group <b>Open Label:</b> <b>Cluster RCT:</b>
----------------	--

<p><b>Participants</b></p>	<p><b>Baseline Characteristics</b></p> <p>Socialcognition</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 36.85 (10.38)</li> <li>● Sex (male %): 65</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 36.58 (9.76)</li> <li>● Sex (male %): 65</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> Inclusion criteria were aschizophrenia spectrum disorder (ICD diagnoses F20, F22, F25).The diagnosis was verified by an experienced clinician. Furthercriteria were: fluent command of the French language, agebetween 18 and 65 and partial response to antipsychoticmedication. Partial response to antipsychotic medication wasdefined as a score higher than 2 on the P1 delusion item of thePositive and Negative Syndrome Scale (PANSS) and no increase inantipsychotic dosage or switch to clozapine during the 3 monthsprior to the study. The largest effect of antipsychotic agents isexpected during the first 2 months of treatment [2</p> <p><b>Excluded criteria:</b> Failing the San Diego Brief Assessment of Capacity to Consent.</p>
<p><b>Interventions</b></p>	<p><b>Intervention Characteristics</b></p> <p>Socialcognition</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : The program consists of two cycles of eightmodules. Each module is administered during a 1-hour session to agroup of three to ten patients. The program is composed of amanual [35] and slides. MCT is currently available in thirtylanguages and can be downloaded via the following webaddress: <a href="http://www.uke.de/mct">http://www.uke.de/mct</a>.</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : TAUconsists of psychiatric management by a clinical team composed ofat least one psychiatrist, a social worker and/or a psychiatric nurse,with additional access to community treatment or hospitaladmission. Treatment involves antipsychotic medication, regularoffice-based or community contacts with the clinical team fortreatment monitoring, and socialization groups, therapy andpsycho-educational groups. No attempts have been made tostandardize this treatment as TAU was tailored to the patient'sspecific needs.</li> </ul>
<p><b>Outcomes</b></p>	<p><i>Continuous:</i></p> <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, totalscore</li> <li>● QoL</li> <li>● SUMD awareness of delusion</li> </ul> <p><i>Dichotomous:</i></p> <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>
<p><b>Identification</b></p>	<p><b>Sponsorship source:</b> The study has been supported a grant from the Swiss NationalScience Foundation, grant number: 13DPD6-129784 and by adonation from Dr Alexander Engelhorn.</p> <p><b>Country:</b> Switzerland</p> <p><b>Setting:</b></p> <p><b>Comments:</b></p> <p><b>Authors name:</b> J. Favrod</p> <p><b>Institution:</b> La Source, School of Nursing Sciences, University of Applied Sciences of Western Switzerland</p> <p><b>Email:</b> jerome.favrod@chuv.ch</p> <p><b>Address:</b> La Source, School of Nursing Sciences, University of Applied Sciences of Western Switzerland, avenue Vinet 30, 1004 Lausanne, Switzerland</p>
<p><b>Notes</b></p>	<p><b>Identification:</b></p> <p><b>Participants:</b></p> <p><b>Study design:</b></p> <p><b>Baseline characteristics:</b></p> <p><b>Intervention characteristics:</b></p> <p><b>Pretreatment:</b></p> <p><b>Continuous outcomes:</b></p> <p><i>Elisabeth Ginnerup-Nielsen</i> Ved ikke helt hvad der skal bruges men har ekstraheret: Psychotic Symptom Rating Scales (PSYRATS) – French version[13,18]. The PSYRATS is a 17-item multidimensional measure ofdelusions and auditory hallucinations. Symptoms are rated overthe past 2 weeks. Two scales exist for auditory hallucinations(11 items) and delusions (6 items);EOTinterventionsgruppe: 11.08 (5.05) N=24kontrolgruppe13.46 (3.44) N=246mfuinterventionsgruppe: 8.00 (5.63) N=24kontrol:11.65 (5.75) N=23Indsat i skema; The Scale to Assess Unawareness of Mental Disorder (SUMD) – French version. The SUMD evaluates insight into variousdimensions of the disease across the following independentdimensions. Awareness of delusion er ekstraheret..</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	
Allocation concealment (selection bias)	Unclear risk	
Blinding of participants and personnel (performance bias)	High risk	Comment: Not possible
Blinding of outcome assessment (detection bias)	Low risk	Quote: "At the end of the T1 and T2 evaluation, raters had to guess the group of the participant and provide any clues that had been obtained during, for example, the interview."
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	Comment: All planned outcomes were reported.
Other bias	Low risk	Comment: No other biases apparent.

## GiSanz 2009

<b>Methods</b>	<p><b>Study design:</b> Randomized controlled trial</p> <p><b>Study grouping:</b> Parallel group</p> <p><b>Open Label:</b></p> <p><b>Cluster RCT:</b></p>
<b>Participants</b>	<p><b>Baseline Characteristics</b></p> <p>Socialcognition</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 33.29 (8.36)</li> <li>● Sex (male %): 57</li> <li>● Length of illness (years), mean (sd): 13.43</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 41.43 (9.03)</li> <li>● Sex (male %): 43</li> <li>● Length of illness (years), mean (sd): 20.57</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> The the sample is made up of 14 patients, diagnosed withschizophrenia according to the CIE-10 criteria (WHO, 1992)by their psychiatrists of reference of the Sistema Cántabrode Salud (Translation: Spanish Cantabrian Health System),and in pharmacological treatment with antipsychotics at thetime of the study</p> <p><b>Excluded criteria:</b> None given</p>
<b>Interventions</b>	<p><b>Intervention Characteristics</b></p> <p>Socialcognition</p> <ul style="list-style-type: none"> <li>● <b>Description :</b> Training theexperimental group was carried out in two phases, with atotal of 20 sessions, in two weekly 45-minute sessions. Thegoal of the first phase was for the patients to learn to identify the six emotions considered basic: happiness, sadness, fear,surprise, anger, and disgust (Ekman, 1973, 1982, 1994).This phase had four sessions. In the first session, the purposeof the program and the concept of basic emotion werereexplained. In the second session, the facial traits that makeup each emotion were analyzed. In the following twosessions, the patients performed exercises of emotionrecognition by means of the analysis of different photographsfrom those that were used in the assessment test, and theywere asked to express the emotions trained with facialgestures. The photographs employed in these two sessionswere also selected from the NimStim Face Stimulus Set.In the second phase, the social perception subprogram ofthe IPT was administered in a total of 16 sessions, in which14 slides were used, as the first two slides were analyzed in2 sessions. The degree of stimular and emotional complexitywas progressively increased. Each training session was carriedout in three phases: collecting information, interpretation anddiscussion, and allocating a title interpreting, the patients had to offer their explanation of whathad happened in the image and to analyze the responses givenby the rest of the participants. Lastly, in the phase of allocatinga title, each group member proposed a title that summarizedthe most relevant aspects of the image. The group had toappraise the diverse titles proposed and choose the one theythought was the most appropriate. If the final title chosen hadno relation to the slide analyzed, the therapists suggestedcarrying out a new analysis of the image.</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● <b>Description :</b> Both the experimental group and the control groupmembers carried on with their regular activities in theirrespective rehabilitation programs, with the sole differencethat the patients from the experimental group receivedtraining in social perception.</li> </ul>
<b>Outcomes</b>	<p><b>Continuous:</b></p> <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function Whodas2 lower=better</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception EPS higher=better</li> <li>● Days at hospital</li> <li>● Symptoms, totalscore PANSS</li> <li>● QoL</li> </ul> <p><b>Dichotomous:</b></p> <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>

<b>Identification</b>	<b>Sponsorship source:</b> None reported <b>Country:</b> Spain <b>Setting:</b> <b>Comments:</b> <b>Authors name:</b> David Gil Sanz <b>Institution:</b> 2Hospital Universitario Marqués de Valdecilla <b>Email:</b> crpsant@mennisant.com <b>Address:</b> to David Gil, Centro de Rehabilitación Psicosocial Padre Menni, C/Andrés del R6o, 7 bajo. 39004 Santander (Spain)
<b>Notes</b>	<b>Identification:</b> <b>Participants:</b> <b>Study design:</b> <b>Baseline characteristics:</b> <b>Intervention characteristics:</b> <b>Pretreatment:</b> <b>Continuous outcomes:</b> <i>Elisabeth Ginnerup-Nielsen</i> Ved Social perception er brugt EPS Interpretation subscale <b>Dichotomous outcomes:</b> <b>Adverse outcomes:</b>

## Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Comment: Not described. Quote: "The patients were randomly assigned to the experimental group or to the control group."
Allocation concealment (selection bias)	Unclear risk	Quote: "The patients were randomly assigned to the experimental group or to the control group." Comment: Not described
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	High risk	Comment: Not described.
Incomplete outcome data (attrition bias)	Unclear risk	Comment: No ITT dropout unclear. Small group
Selective reporting (reporting bias)	Low risk	Comment: Stated measures reported.
Other bias	Low risk	Comment: No other apparent biases.

## Granholm 2005

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	
<b>Identification</b>	
<b>Notes</b>	

## Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No details
Allocation concealment (selection bias)	Unclear risk	No details
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

## Habel 2010

<b>Methods</b>	Twenty male schizophrenia patients and 10 healthy male control subjects of matching age and parental education participated in the study. Ten patients received the six weeks' training (n 10, TAR) whereas the other 10 were randomized to the "treatment as usual" group (n10, TAU, without any special cognitive training).
<b>Participants</b>	TAR patients had a mean age of 31.4 years (SD7.8) and a mean parental education of 10.9 years (SD4.0), TAU patients 33.7 years (SD 10.65) and 9.1 years (SD2.3), accordingly. HC had a mean age of 31.6 years (SD8.8) and a mean parental education of 8.8 years (SD2.0).

	All patients were on antipsychotic medication.
<b>Interventions</b>	Training of Affect Recognition (TAR) vs. TAU
<b>Outcomes</b>	subtests of the WAIS TMT Percent correct identifications for the emotion identification tasks
<b>Identification</b>	
<b>Notes</b>	

## Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	no details
Allocation concealment (selection bias)	Unclear risk	no details
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Unclear risk	no details
Incomplete outcome data (attrition bias)	Unclear risk	no details
Selective reporting (reporting bias)	Unclear risk	In the methods section it is stated that 'subtests of the WAIS + TMT' is used, but only 'Percent correct identifications and reaction times for the emotion and age identification tasks' are reported.
Other bias	Low risk	

## Kayser 2006

<b>Methods</b>	
<b>Participants</b>	A total of 14 patients (13 outpatients and 1 patient whose hospital stay was about to end) were included in this study. They all had a DSM-IV (American Psychiatric Association, 1994) diagnosis of schizophrenia and were considered as stabilised by two independent psychiatrists.
<b>Interventions</b>	
<b>Outcomes</b>	The patients' vocabulary level was assessed using the Binois and Pichot Vocabulary Test (Binois & Pichot, 1947). The disorganisation signs were evaluated using two instruments: the ability to attribute mental states to others was assessed with a ToM task without language (Sarfati et al., 1997); communication disorders were assessed using the Schizophrenia Communication Disorder Rating Scale (SCD; Olivier et al., 1997) Brief Psychiatric Rating Scale (BPRS; Overall & Gorham, 1962) the Positive and Negative Syndrome Scale (PANSS; Kay, Fiszbein, & Opler, 1987).
<b>Identification</b>	
<b>Notes</b>	

## Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	no details
Allocation concealment (selection bias)	Unclear risk	no details
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	High risk	the clinical evaluations were not performed by an assessor ignorant of the group membership
Incomplete outcome data (attrition bias)	Low risk	None of the patients asked to quit the programme and all participated actively in the video sessions.
Selective reporting (reporting bias)	High risk	not all outcomes reported
Other bias	Low risk	

## Lak 2010

<b>Methods</b>	<b>Study design:</b> Randomized controlled trial <b>Study grouping:</b> Parallel group <b>Open Label:</b> <b>Cluster RCT:</b>
<b>Participants</b>	<b>Baseline Characteristics</b> Socialcognition <ul style="list-style-type: none"> <li>● Age, mean (sd): 38.32 (10.37)</li> <li>● Sex (male %): 51</li> <li>● Length of illness (years), mean (sd): 15.61 (11.61)</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd): 62.39 (12.11)</li> </ul> TAU <ul style="list-style-type: none"> <li>● Age, mean (sd): 44.48 (9.88)</li> </ul>



	<ul style="list-style-type: none"> <li>● Sex (male %): 49</li> <li>● Length of illness (years), mean (sd): 18.32 (11.96)</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd): 63.07 (15.02)</li> </ul> <p><b>Included criteria:</b> The selection criteria included an ICD-10 diagnosis of schizophrenia; completion of primary education; aged between 18 and 50 of either sex; being free from florid positive symptom as indicated by BPRS with a score less than 72; and a Global Assessment of Functioning score over 50</p> <p><b>Excluded criteria:</b> any major physical illness organic brain disease mental retardation active substance abuse</p>
<b>Interventions</b>	<p><b>Intervention Characteristics</b></p> <p>Social cognition</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : SGT started within the first week after the completion of CBCSM and lasted for 6 months. SGT was conducted individually only with the participants assigned to it. The trainer met each participant once a week for sessions lasting 30–45 min. SGT involved three components: (1) verifying the daily application of basic conversation skills, (2) review of the content in the CBCSM, and (3) encouragement and support designed to increase the motivation of participants to solve interaction problem and gain confidence in their daily interactions.</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : The treatment group only received CBCSM training. No follow-up training was provided to these participants after the completion of the CBCSM training within the first 6 months.</li> </ul>
<b>Outcomes</b>	<p><i>Continuous:</i></p> <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function (VSSS higher prob. better)</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, total score BPRS</li> <li>● QoL</li> </ul> <p><i>Dichotomous:</i></p> <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>
<b>Identification</b>	<p><b>Sponsorship source:</b> The Hong Kong Polytechnic University (MPhil studentship, referenced G-RG3P)</p> <p><b>Country:</b> China</p> <p><b>Setting:</b></p> <p><b>Comments:</b></p> <p><b>Authors name:</b> DAVIS C. C. LAK</p> <p><b>Institution:</b> Department of Rehabilitation Sciences, The Hong Kong Polytechnic University, Hung Hom, Hong Kong,</p> <p><b>Email:</b> rshtsang@inet.polyu.edu.hk</p> <p><b>Address:</b> Hector W.H. Tsang, PhD, Associate Professor, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University, Hung Hom, Hong Kong</p>
<b>Notes</b>	<p><b>Identification:</b></p> <p><b>Participants:</b></p> <p><b>Study design:</b></p> <p><b>Baseline characteristics:</b></p> <p><b>Intervention characteristics:</b></p> <p><b>Pretreatment:</b></p> <p><b>Continuous outcomes:</b></p> <p><i>Elisabeth Ginnerup-Nielsen</i> Som jeg forstår det er "social skills, total" taget fra: Vocational Social Skill Assessment Scale (VSSS) [20] consists of a self-administered checklist that measured the subjects' subjective perception of their competence in handling work-related social situations and a simple role-play exercise that measured participants' social skill in simulated job-related situations (Skal den evt. under social perception??) Er i tvivl om "symptom severity" er BPRS? Den står kun som screening og ikke som outcome?</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Every recruited participant was then randomly assigned into one of the three groups by the first author who was blind to the recruitment data including their mental and cognitive conditions." Comment: unclear how
Allocation concealment (selection bias)	Unclear risk	Comment: Not described
Blinding of participants and personnel (performance bias)	Unclear risk	no details
Blinding of outcome assessment (detection bias)	Low risk	Quote: "the first author who was blind to the recruitment data including their mental and cognitive conditions." Quote: "All participants were assessed by a blind rater at baseline, 5 weeks after commencement of skills training, and 3 and 6 months after completion of skills training on conversation skill mastery, subjective personal well being, and self esteem."
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	Comment: All stated measures were reported, but there was no protocol to check.
Other bias	Low risk	



**Patterson 2003**

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Block randomisation, no further details.
Allocation concealment (selection bias)	Unclear risk	No details.
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

**Peniston 1988**

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	
Allocation concealment (selection bias)	Unclear risk	
Blinding of participants and personnel (performance bias)	Unclear risk	
Blinding of outcome assessment (detection bias)	Unclear risk	
Incomplete outcome data (attrition bias)	Unclear risk	
Selective reporting (reporting bias)	Unclear risk	
Other bias	Unclear risk	

**Roberts 2014**

<b>Methods</b>	<p><b>Study design:</b> Randomized controlled trial  <b>Study grouping:</b> Parallel group  <b>Open Label:</b>  <b>Cluster RCT:</b></p>
<b>Participants</b>	<p><b>Baseline Characteristics</b>  Socialcognition</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 40.0 (12.2)</li> <li>● Sex (male %): 67</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 100</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 39.4 (10.8)</li> <li>● Sex (male %): 67</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 97</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> Participants were recruited from outpatient mental health clinics who had DSM-IVdiagnoses of schizophrenia or schizoaffective disorder, were aged 25–60 years, and haddifficulties interacting with others based on the Interaction subscale of the SocialFunctioning Scale (Birchwood, Smith, Cochrane, Wetton, &amp; Copestake, 1990).  <b>Excluded criteria:</b> Individualswere excluded if they currently met criteria for a substance use disorder, had an IQ of 80 or below, or met criteria for mental retardation.</p>
<b>Interventions</b>	<p><b>Intervention Characteristics</b>  Socialcognition</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : SCIT is a manual-based group intervention that is delivered in 20–24weekly, hour-longsessions. The exact duration of the intervention varies based on the speedwith which thegroup moves through the session content. Groups include two clinicians and four to eightpatients.Describedin detailelsewhere(Roberts et al.,</li> </ul>

	<p>inpress), SCIT uses a combination of psychoeducation, drill-and-repeat skill practice, strategy games, heuristic rehearsal, and homework assignments to remediate deficits and decrease biases in social cognition. Each SCIT group participant was encouraged to identify a 'practice partner', a family member or acquaintance who was willing to practice SCIT skills with the participant weekly in lieu of, or in addition to, traditional homework. This approach was used because in previous clinical experience with SCIT a high proportion of participants failed to complete paper-and-pencil homework assignments. All SCIT group members identified practice partners, and partners were provided with a set of handouts and phone check-ins to guide their participation. SCIT clinicians attempted to reach practice partners by phone each week to check-in and provide guidance in their efforts to support SCIT participants' learning</p> <p>TAU</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : The TAU condition involved no study-based control or manipulation. Thus, TAU participants received varying combinations of locally available services, including pharmacotherapy, case management, and individual and group psychotherapy. SCIT group members were not prohibited from participation in other TAU services.</li> </ul>
<p><b>Outcomes</b></p>	<p><i>Continuous:</i></p> <ul style="list-style-type: none"> <li>● Theory of mind (Hinting task)</li> <li>● Social function (GSFS) 1-10 higher=better</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, total score PANNS</li> <li>● QoL (QOL Social Scale)</li> <li>● Theory of mind (Social Inference; TASIT)</li> </ul> <p><i>Dichotomous:</i></p> <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>
<p><b>Identification</b></p>	<p><b>Sponsorship source:</b> This study was supported by an NIMH R-34 grant to DLP (NIMH 1-R34-MH080010-01)</p> <p><b>Country:</b> USA</p> <p><b>Setting:</b></p> <p><b>Comments:</b></p> <p><b>Authors name:</b> David L. Roberts</p> <p><b>Institution:</b> University of Texas Health Science Center, San Antonio, USA</p> <p><b>Email:</b> robertsd5@uthscsa.edu</p> <p><b>Address:</b> David L. Roberts, Division of Schizophrenia and Related Disorders, Department of Psychiatry, University of Texas Health Science Center, San Antonio, 7703 Floyd Curl Drive, MC 7797, San Antonio, TX 78229, USA</p>
<p><b>Notes</b></p>	<p><b>Identification:</b></p> <p><b>Participants:</b></p> <p><b>Study design:</b></p> <p><b>Baseline characteristics:</b></p> <p><b>Intervention characteristics:</b></p> <p><b>Pretreatment:</b></p> <p><b>Continuous outcomes:</b></p> <p><i>Elisabeth Ginnerup-Nielsen</i> OBS Follow up in this study is at 3 months., The Quality of Life Scale – Social (QLS-S) and Work (QLS-W) subscales (Heinrichs, Hanlon, &amp; Carpenter, 1984) are 8- and 4-item scales, respectively, that are rated on the basis of a semi-structured interview regarding the participant's functioning during the preceding 4 weeks. The QLS-S scale ranges from 0 to 48 and the QLS-W from 0 to 24. Theory of mind (ToM) was assessed with the Hinting Task (Corcoran, Mercer, &amp; Frith, 1995; range 0–20) and the Social Inference-Enriched subset of The Awareness of Social Inference Task (TASIT; McDonald, Flanagan, Rollins, &amp; Kinch, 2003; range 0–60). Higher scores on both reflect better ToM</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Of the 137 people who were referred and made phone contact, 66 passed baseline screening and were randomized to either SCIT or TAU." Comment: No description of sequence generation or allocation concealment
Allocation concealment (selection bias)	Unclear risk	Quote: "Of the 137 people who were referred and made phone contact, 66 passed baseline screening and were randomized to either SCIT or TAU." Comment: Not described
Blinding of participants and personnel (performance bias)	Unclear risk	Comment: not described
Blinding of outcome assessment (detection bias)	Unclear risk	Quote: "trained research assistants who were blind to group assignment conducted assessments."
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	Comment: Stated measures were reported, but no protocol to compare to
Other bias	Low risk	

Roncone 2004

Methods	
Participants	
Interventions	
Outcomes	
Identification	
Notes	

## Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	
Allocation concealment (selection bias)	Unclear risk	
Blinding of participants and personnel (performance bias)	Unclear risk	
Blinding of outcome assessment (detection bias)	Unclear risk	
Incomplete outcome data (attrition bias)	Unclear risk	
Selective reporting (reporting bias)	Unclear risk	
Other bias	Unclear risk	

## Rus Calafell 2013

Methods	<p><b>Study design:</b> Randomized controlled trial  <b>Study grouping:</b> Parallel group  <b>Open Label:</b>  <b>Cluster RCT:</b></p>
Participants	<p><b>Baseline Characteristics</b>  Socialcognition</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 37.54 (8.054)</li> <li>● Sex (male %): 77</li> <li>● Length of illness (years), mean (sd): 13.2</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 100</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 42.39 (8,1)</li> <li>● Sex (male %): 83</li> <li>● Length of illness (years), mean (sd): 13.5</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 100</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> All patients met DSM-IV-TR (2004) criteria for schizophrenia or schizoaffective disorder, and had been clinically diagnosed by their current treating psychiatrist. Their ages ranged between 18 and 55 years old. From these patients, only forty of them agreed to participate and were enrolled in the study. The inclusion criteria were twofold: to have received a diagnosis of schizophrenia or schizoaffective disorder and to be able to participate in group therapy</p> <p><b>Excluded criteria:</b> -to have a diagnosis of substance abuse -drug consumption and to have a comorbid neurological disorder.</p>
Interventions	<p><b>Intervention Characteristics</b>  Socialcognition</p> <ul style="list-style-type: none"> <li>● <b>Description</b> : A SST program was designed and created based on the innovative proposals of Kopelowicz et al. (2006). They proposed seven target behaviours (social perception, processing of social information, responding and sending skills, affiliative skills, instrumental role skills, interactional skills, and behaviour governed by social norms) which have to be trained in an SST program. According to this proposal, the program was divided in seven blocks, with two sessions planned for each block. Moreover, an introduction at the beginning session and a final session were included. Thus, the entire program consisted of sixteen sessions</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● <b>Description</b> : TAU consisted of individual sessions with a psychiatrist, a social worker, and a psychologist. These are the available services the Mental Health Centre of Igualada offers, with the main purposes being case management, medication adherence, psychotherapy, leisure engagement, and family support. Although TAU subjects received no intervention oriented to improving social behaviour, neither were the SST-group subjects required to abandon their TAU services.</li> </ul>
Outcomes	<p><b>Continuous:</b></p> <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function SFS withdrawal</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, total score</li> <li>● QoL SF-36 Physical Health</li> <li>● Social function SFS Interpersonal_C</li> <li>● Social function SFS Independence</li> <li>● Social function SFS Competence</li> <li>● Social function SFS Recreation</li> <li>● Social function SFS Prosocial</li> <li>● QoL SF-36 Mental Health</li> </ul> <p><b>Dichotomous:</b></p>

	<ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>
<b>Identification</b>	<p><b>Sponsorship source:</b> his study was partially supported by a research grant from the Agency of University Management and Research, Catalonia Government (AGAUR)</p> <p><b>Country:</b> Spain</p> <p><b>Setting:</b></p> <p><b>Comments:</b></p> <p><b>Authors name:</b> Mar Rus-Calafell</p> <p><b>Institution:</b> Department of Personality, Assessment and Psychological Treatments, University of Barcelona</p> <p><b>Email:</b> m.ruscalafell@gmail.com</p> <p><b>Address:</b> Department of Personality, Assessment and Psychological Treatments, University of Barcelona, Paseo Valle de Hebrón, 171, 08035, Barcelona, Spain.</p>
<b>Notes</b>	<p><b>Identification:</b></p> <p><b>Participants:</b></p> <p><b>Study design:</b></p> <p><b>Baseline characteristics:</b></p> <p><b>Intervention characteristics:</b></p> <p><b>Pretreatment:</b></p> <p><b>Continuous outcomes:</b>  <i>Elisabeth Ginnerup-Nielsen</i> SFS = The Social Functioning Scale. Lower scores indicate more social impairment SF-36  The lower the score the more disability.</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>

## Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	no details
Allocation concealment (selection bias)	Unclear risk	Comment: Not described
Blinding of participants and personnel (performance bias)	High risk	Quote: "neither patients nor informants were blinded to treatment conditions."
Blinding of outcome assessment (detection bias)	High risk	Quote: "although assessors were not blind to treatment conditions"
Incomplete outcome data (attrition bias)	Low risk	Quote: "four subjects from the SST intervention did not attend four or more of the sixteen sessions due to schedule incompatibilities (1), lack of motivation (3), and lost at follow-up due to a change of address (1)." Comment: 32/36 participants completed the study
Selective reporting (reporting bias)	Low risk	Comment: Stated measures are reported, though no protocol to compare with.
Other bias	Low risk	

## Sachs 2012

<b>Methods</b>	<p><b>Study design:</b> Randomized controlled trial</p> <p><b>Study grouping:</b> Parallel group</p> <p><b>Open Label:</b></p> <p><b>Cluster RCT:</b></p>
<b>Participants</b>	<p><b>Baseline Characteristics</b></p> <p>Social cognition</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 27.20 (7.17)</li> <li>● Sex (male %): 60</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 31.72 (9.35)</li> <li>● Sex (male %): 40</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> Patients who met DSM-IV criteria for schizophrenia (SCID-P; First et al., 1994) with stable symptoms in the age range from 18 to 55 years were included into the study. Patients were either inpatients recruited at the Department of Psychiatry and Psychotherapy at the Medical University of Vienna or outpatients from the associated outpatient clinic.</p> <p><b>Excluded criteria:</b> Criteria according to which patients were excluded from the study were: (1) disorders other than schizophrenia, diagnosed according to the DSM-IV diagnosis criteria (2) additional axis-I or axis-II diagnosis (3) dependencies (alcohol, drugs) (4) with serious somatic disorders or neurological disorders such as epilepsy and stroke (5) serious lifetime disorders (6) previous depot neuroleptic treatment within the last 3 months (7) previous treatment classical antipsychotics within the last 4 weeks.</p>
<b>Interventions</b>	<p><b>Intervention Characteristics</b></p> <p>Social cognition</p> <ul style="list-style-type: none"> <li>● Description: TAR is a 12-session training on facial affect recognition over a period of 6 weeks. It involves neuropsychological strategies, such as restitution and compensation, as well as principles of errorless learning, direct positive reinforcement, verbalization and self-instruction (Frommann et al., 2003; Wölwer et al., 2005). The</li> </ul>

	<p>program is divided into three blocks, whereas each block consists of 4 sessions: during the first block patients learn to identify and discriminate the prototypical facial signs of the six basic emotions (happiness, sadness, fear, disgust, anger and surprise). The next block aims at a more holistic processing mode with fast decisions, relying on first impression, nonverbal processing and recognition of facial expressions with small intensities. The third block deals with the role of facial emotions in social, behavioral and situational context</p> <p>TAU</p> <ul style="list-style-type: none"> <li>● <i>Description</i> : Not described.</li> </ul>
<b>Outcomes</b>	<p><i>Continuous:</i></p> <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, total score</li> <li>● WHOQoL Phy</li> <li>● WHOQoL Psych</li> <li>● WHOQoL Soc</li> <li>● WHOQoL Envir</li> </ul> <p><i>Dichotomous:</i></p> <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>
<b>Identification</b>	<p><b>Sponsorship source:</b> Received no sponsorship.  <b>Country:</b> Austria  <b>Setting:</b> in and outpatients  <b>Comments:</b>  <b>Authors name:</b> G. Sachs  <b>Institution:</b> Department of Psychiatry and Psychotherapy, Medical University of Vienna,  <b>Email:</b> gabriele.sachs@meduniwien.ac.at  <b>Address:</b> Medical University of Vienna, Währinger Gürtel 18-20, 1090 Vienna, Austria</p>
<b>Notes</b>	<p><b>Identification:</b>  <b>Participants:</b>  <b>Study design:</b>  <b>Baseline characteristics:</b>  <b>Intervention characteristics:</b>  <b>Pretreatment:</b>  <b>Continuous outcomes:</b>  <i>Elisabeth Ginnerup-Nielsen</i> WHO-QOL (Livskvalitet) rated on a 5 point Likert scale where 1 indicates low, negative perceptions and 5 indicates high, positive perceptions. For example, an item in the positive feeling facet asks "How much do you enjoy life?" and the available responses are 1 (not at all), 2 (a little) 3 (a moderate amount), 4 (very much) and 5 (an extreme amount). As such, domain and facet scores are scaled in a positive direction where higher scores denote higher quality of life  <i>Michael Nixon</i> Unclear if PANSS scores are total scores (positive and negative) or only negative scores.  <b>Dichotomous outcomes:</b>  <b>Adverse outcomes:</b></p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Forty clinically stabilized schizophrenic patients were randomized to" Comment: not clear how
Allocation concealment (selection bias)	Unclear risk	Comment: Not described
Blinding of participants and personnel (performance bias)	High risk	Comment: Probably not possible
Blinding of outcome assessment (detection bias)	Unclear risk	Comment: Not described.
Incomplete outcome data (attrition bias)	Low risk	Comment: 38/40 completed.
Selective reporting (reporting bias)	Low risk	Comment: All stated measures reported.
Other bias	Low risk	

Ucok 2006

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	
Allocation concealment (selection bias)	Unclear risk	
Blinding of participants and personnel (performance bias)	Unclear risk	

Blinding of outcome assessment (detection bias)	Unclear risk	
Incomplete outcome data (attrition bias)	Unclear risk	
Selective reporting (reporting bias)	Unclear risk	
Other bias	Unclear risk	

Valencia 2007

<b>Methods</b>	
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No details
Allocation concealment (selection bias)	Unclear risk	No details.
Blinding of participants and personnel (performance bias)	Unclear risk	Unclear.
Blinding of outcome assessment (detection bias)	Low risk	
Incomplete outcome data (attrition bias)	Low risk	
Selective reporting (reporting bias)	Low risk	
Other bias	Low risk	

vanOosterhout 2014

<b>Methods</b>	<p><b>Study design:</b> Randomized controlled trial  <b>Study grouping:</b> Parallel group  <b>Open Label:</b>  <b>Cluster RCT:</b> YES</p>
<b>Participants</b>	<p><b>Baseline Characteristics</b>                  Socialcognition  <ul style="list-style-type: none"> <li>● Age, mean (sd): 38.3 (11.1)</li> <li>● Sex (male %): 72</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 73</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul>                 TAU  <ul style="list-style-type: none"> <li>● Age, mean (sd): 36.8 (8.7)</li> <li>● Sex (male %): 71</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%): 65</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> Eligible participants were adults aged 18–65 years with a psychotic disorder in the DSM-IV schizophrenia spectrum were selected who met the criteria for at least moderate delusional symptoms, that is ideas of social reference and/or per-secutory ideas on the GPTS score 50.  <b>Excluded criteria:</b> Exclusion criteria were primary addiction, insufficient understanding of the Dutch language and an IQ&lt;70.</p> </p>
<b>Interventions</b>	<p><b>Intervention Characteristics</b>                  Socialcognition  <ul style="list-style-type: none"> <li>● <i>Description</i> : In the experimental condition, in addition to TAU, patients received MCT, a group intervention intended for 3–10 patients (Moritz, 2009). Each of eight sessions was conducted either by a clinical psychologist, psychiatrist, occupational therapist or psychiatric nurse.</li> </ul>                 TAU  <ul style="list-style-type: none"> <li>● <i>Description</i> : In the TAU condition, patients received standard treatment for psychotic patients, which consists of medication prescribed by a psychiatrist and/or out-patient treatment by a social psychiatrist nurse and/or psychologist.</li> </ul> </p>
<b>Outcomes</b>	<p><b>Continuous:</b>  <ul style="list-style-type: none"> <li>● Theory of mind</li> <li>● Social function</li> <li>● Emotion processing/emotion perception</li> <li>● Social perception Dacobs</li> <li>● Days at hospital</li> <li>● Symptoms, totalscore</li> <li>● QoL</li> </ul> <b>Dichotomous:</b>  <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul> </p>

<b>Identification</b>	<p><b>Sponsorship source:</b> This work was supported by The Netherlands Organization for Health Research and Development (Zon-Mw), grant no.80-82305-97-10045.</p> <p><b>Country:</b> Netherlands</p> <p><b>Setting:</b></p> <p><b>Comments:</b></p> <p><b>Authors name:</b> B. van Oosterhout</p> <p><b>Institution:</b> GGzE, De Woenselse Poort</p> <p><b>Email:</b> bj.van.oosterhout@dewoenselsepoort.nl</p> <p><b>Address:</b> GGzE, PO Box 909, 5600 AX, Eindhoven, The Netherlands.</p>
<b>Notes</b>	<p><b>Identification:</b></p> <p><b>Participants:</b></p> <p><b>Study design:</b></p> <p><b>Baseline characteristics:</b></p> <p><b>Intervention characteristics:</b></p> <p><b>Pretreatment:</b></p> <p><b>Continuous outcomes:</b>  <i>Elisabeth Ginnerup-Nielsen</i> Social perception måled via SACOBS social cognition problems subscale</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The random allocation lists were generated by a web- based automated randomization system. The randomi- zation was stratified to a research site in blocks of 10."
Allocation concealment (selection bias)	Low risk	Quote: "The allocation list was kept in a remote secure location and the different sites confirmed the randomization status to the randomization bureau."
Blinding of participants and personnel (performance bias)	Unclear risk	Comment: Not described
Blinding of outcome assessment (detection bias)	Low risk	Quote: "Independent research assistants who were blind to condition conducted the assessments." Quote: "conducted at locations other than the training loca- tions. Assistants were asked to report any unblinding of the assessments."
Incomplete outcome data (attrition bias)	High risk	Comment: Intention to treat done, but almost 50 % dropout in intervention group and 30 % in control group
Selective reporting (reporting bias)	Low risk	Quote: "It was registered in the Dutch Trial Register (NTR 2307). The study was approved by the local ethics committee (NL28883.097.09)." Comment: All stated measures reported
Other bias	Low risk	

Wang 2013

<b>Methods</b>	<p><b>Study design:</b> Randomized controlled trial</p> <p><b>Study grouping:</b> Parallel group</p> <p><b>Open Label:</b></p> <p><b>Cluster RCT:</b></p>
<b>Participants</b>	<p><b>Baseline Characteristics</b></p> <p>Socialcognition</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 43.86 (11.65)</li> <li>● Sex (male %): 55</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● Age, mean (sd): 40.88 (10.15)</li> <li>● Sex (male %): 47</li> <li>● Length of illness (years), mean (sd):</li> <li>● Length of illness (month), mean (sd):</li> <li>● Schizophrenia, Schizoaffective, schizofreniform (%):</li> <li>● Level of functioning (GAF, GAS) at baseline, mean (sd):</li> </ul> <p><b>Included criteria:</b> Forty-five adults who met the diagnostic criteria for schizophrenia (DSM-IV, APA, 2000) were recruited from local community health institutions in the city of Hangzhou. All patients had been receiving a stable dose of antipsychotic medication for at least 30 days before entry, and were clinically stable as defined by having no psychiatric hospitalizations in the past year and the same psychiatric medication for at least the past 3 months. All were able to understand the instructions of measures and the content of SCIT.</p> <p><b>Excluded criteria:</b> Two participants with other clinical pathologies that could be associated with poor social functioning were excluded from the study. Patients who had a current or past diagnosis of substance dependence or a severe medical or neurological condition were excluded.</p>
<b>Interventions</b>	<p><b>Intervention Characteristics</b></p> <p>Socialcognition</p> <ul style="list-style-type: none"> <li>● <b>Description :</b> The 20-week SCIT group intervention was delivered by six qualified psychiatric counselors who had been trained in-person by one of SCIT's developers (DR) and had administered a training trial of SCIT in a sample of normal adults. Three SCIT intervention groups were conducted, each with seven or eight participants and two psychiatric counselors.</li> </ul> <p>TAU</p> <ul style="list-style-type: none"> <li>● <b>Description :</b> Treatment as usual on waiting list</li> </ul>



<b>Outcomes</b>	<p><i>Continuous:</i></p> <ul style="list-style-type: none"> <li>● Theory of mind (The eyes task-Mind reading) Higher=better</li> <li>● Social function PSP higher = better</li> <li>● Social perception</li> <li>● Days at hospital</li> <li>● Symptoms, totalscore</li> <li>● QoL</li> <li>● Theory of mind (The eyes task - Gender recognition)</li> <li>● Emotion processing/Emotion perception (FEIT) higher=better</li> </ul> <p><i>Dichotomous:</i></p> <ul style="list-style-type: none"> <li>● Symptomatic remitted</li> <li>● Symptomatic relapse</li> </ul>
<b>Identification</b>	<p><b>Sponsorship source:</b> Program for Science and Technology Innovative Research Team in Zhejiang Province (2010R50049-08).</p> <p><b>Country:</b> China</p> <p><b>Setting:</b></p> <p><b>Comments:</b></p> <p><b>Authors name:</b> Yongguang Wang</p> <p><b>Institution:</b> Department of Psychology and Behavioral Sciences, Zhejiang University</p> <p><b>Email:</b> xubaihua305@126.com</p> <p><b>Address:</b> Baihua Xu 148 Tianmushan Road, Hangzhou, Zhejiang Province 310028, China</p>
<b>Notes</b>	<p><b>Identification:</b></p> <p><b>Participants:</b></p> <p><b>Study design:</b></p> <p><b>Baseline characteristics:</b></p> <p><b>Intervention characteristics:</b></p> <p><b>Pretreatment:</b></p> <p><b>Continuous outcomes:</b>  <i>Elisabeth Ginnerup-Nielsen</i> FEIT: Scores ranged from 0to30with higher scores indicating better emotion perception.</p> <p><b>Dichotomous outcomes:</b></p> <p><b>Adverse outcomes:</b></p>

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Forty-three participants who met enrollment criteria were randomly assigned in a 1:1 ratio to SCIT or a waiting-list group using a computer-generated list of random numbers. Patients drawing an even number were assigned to SCIT group (n ¼22), and those drawing an odd number were allocated in waiting-list group (n ¼21)."
Allocation concealment (selection bias)	Unclear risk	Comment: Not described
Blinding of participants and personnel (performance bias)	High risk	Comment: Not possible
Blinding of outcome assessment (detection bias)	Low risk	Quote: "All assessments were performed by raters who were blind to the research design."
Incomplete outcome data (attrition bias)	Low risk	Quote: "During the study, four adult patients in the waiting-list group dropped out and did not complete the follow-up assessments. Two patients dropped out due to hospitalization for relapse and two in order to attend another intervention program. Thus, the data from 22 SCIT and 17 waiting-list participants were used in statistical analyses." Comment: 39/43 participants completed
Selective reporting (reporting bias)	High risk	Comment: Unclear if the PANSS score was only for baseline purposes, or was not reported. No protocol to compare to
Other bias	Low risk	Comment: No other apparent biases.

Wölwer 2005

<b>Methods</b>	A randomized three group pre-post design was used to investigate effects of the program bTraining of Affect RecognitionQ (TAR), compared to a cognitive remediation training program (CRT) focusing on cold cognition, and to treatment as usual (TAU) without any special cognitive training.
<b>Participants</b>	
<b>Interventions</b>	
<b>Outcomes</b>	Performance in facial affect recognition and basic cognitive functioning were assessed before (T0) and after (T1) a six week training phase.
<b>Identification</b>	
<b>Notes</b>	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	no details
Allocation concealment (selection bias)	Unclear risk	no details
Blinding of participants and personnel (performance bias)	High risk	
Blinding of outcome assessment (detection bias)	Unclear risk	no details
Incomplete outcome data (attrition bias)	Low risk	Fifty-three patients completed the six week training phase, while 24 patients prematurely terminated participation due to loss of interest in continuing the training or due to discharge without possibility to further participate in the study (TAD: n =8, CRT: n =10, TAU: n =6).
Selective reporting (reporting bias)	High risk	not all outcomes reported
Other bias	Low risk	

## Footnotes

## Characteristics of excluded studies

*Aghotor 2010*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Balzan 2013*

Reason for exclusion	Wrong setting
----------------------	---------------

*Bartholomeusz 2013*

Reason for exclusion	Wrong study design
----------------------	--------------------

*Bechi 2013*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Briki 2014*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Bucci 2013*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Christensen 2013*

Reason for exclusion	Wrong setting
----------------------	---------------

*Eack 2009*

Reason for exclusion	Wrong patient population
----------------------	--------------------------

*Eack 2009a*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Eack 2010*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Eack 2010a*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Eack 2010b*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Eack 2011*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Eack 2013*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Eack 2013a*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Emmerson 2009*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Galderisi 2010*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Gohar 2013*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Granholm 2008*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Granholm 2013*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Guo 2010*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Hansen 2012*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Hooker 2012*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Hooker 2013*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Horan 2009*

Reason for exclusion	Paediatric population
----------------------	-----------------------

*Lahera 2013*

Reason for exclusion	Wrong patient population
----------------------	--------------------------

*Lincoln 2014*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Lindenmayer 2013*

Reason for exclusion	Wrong intervention
----------------------	--------------------

*Mazza 2010*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Moritz 2013*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Moritz 2014*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Mueser 2010*

Reason for exclusion	Wrong patient population
----------------------	--------------------------

*Nahum 2014*

Reason for exclusion	Wrong study design
----------------------	--------------------

*Park 2011*

Reason for exclusion	Wrong comparator
----------------------	------------------

*Pijnenborg 2013*

Reason for exclusion	Wrong setting
----------------------	---------------

**Pratt 2013**

<b>Reason for exclusion</b>	Wrong patient population
-----------------------------	--------------------------

**Schmidt 2011**

<b>Reason for exclusion</b>	Wrong setting
-----------------------------	---------------

**Tas 2012**

<b>Reason for exclusion</b>	Wrong comparator
-----------------------------	------------------

**Wolwer 2011**

<b>Reason for exclusion</b>	Wrong comparator
-----------------------------	------------------

*Footnotes***Characteristics of studies awaiting classification***Footnotes***Characteristics of ongoing studies***Footnotes***References to studies****Included studies****Bechi 2012**

Bechi,M.; Riccaboni,R.; Ali,S.; Fresi,F.; Buonocore,M.; Bosia,M.; Cocchi,F.; Smeraldi,E.; Cavallaro,R.. Theory of mind and emotion processing training for patients with schizophrenia: preliminary findings.. *Psychiatry research* 2012;198(3):371-377. [DOI: ]

**Bellack 1984**

[Empty]

**Chien 2003**

[Empty]

**Choi 2006**

[Empty]

**Daniels 1998**

[Empty]

**Favrod 2014**

Favrod,J.; Rexhaj,S.; Bardy,S.; Ferrari,P.; Hayoz,C.; Moritz,S.; Conus,P.; Bonsack,C.. Sustained antipsychotic effect of metacognitive training in psychosis: a randomized-controlled study.. *European Psychiatry: the Journal of the Association of European Psychiatrists* 2014;29(5):275-281. [DOI: ]

**GilSanz 2009**

Gil Sanz,D.; Diego Lorenzo,M.; Bengochea Seco,R.; Arrieta Rodriguez,M.; Lastra Martinez,I.; Sanchez Calleja,R.; Alvarez Soltero,A.. Efficacy of a social cognition training program for schizophrenic patients: a pilot study.. *Spanish Journal of Psychology* 2009;12(1):184-191. [DOI: ]

**Granholt 2005**

[Empty]

**Habel 2010**

[Empty]

**Kayser 2006**

[Empty]

**Lak 2010**

Lak,D. C. C.; Tsang,H. W. H.; Kopelowicz,A.; Liberman,R. P.. Outcomes of the Chinese basic conversation skill module (CBCSM) for people with schizophrenia having mild to moderate symptoms and dysfunction in Hong Kong.. *International Journal of Psychiatry in Clinical Practice* 2010;14(2):137-144. [DOI: ]

**Patterson 2003**

[Empty]

**Peniston 1988**

[Empty]

**Roberts 2014**

Roberts,D. L.; Combs,D. R.; Willoughby,M.; Mintz,J.; Gibson,C.; Rupp,B.; Penn,D. L.. A randomized, controlled trial of Social Cognition and Interaction Training (SCIT) for outpatients with schizophrenia spectrum disorders.. *British Journal of Clinical Psychology* 2014;53(3):281-298. [DOI: ]

**Ronccone 2004**

[Empty]

**Rus Calafell 2013**

Rus-Calafell,M.; Gutierrez-Maldonado,J.; Ortega-Bravo,M.; Ribas-Sabate,J.; Caqueo-Urizar,A.. A brief cognitive-behavioural social skills training for stabilised outpatients with schizophrenia: a preliminary study.. Schizophrenia research 2013;143(2-3):327-336. [DOI: ]

**Sachs 2012**

Sachs,G.; Winklbaaur,B.; Jagsch,R.; Lasser,I.; Kryspin-Exner,I.; Frommann,N.; Wolwer,W.. Training of affect recognition (TAR) in schizophrenia--impact on functional outcome.. Schizophrenia research 2012;138(2-3):262-267. [DOI: ]

**Ucok 2006**

[Empty]

**Valencia 2007**

[Empty]

**vanOosterhout 2014**

van Oosterhout,B.; Krabbendam,L.; de Boer,K.; Ferwerda,J.; van der Helm,M.; Stant,A. D.; van der Gaag,M.. Metacognitive group training for schizophrenia spectrum patients with delusions: a randomized controlled trial.. Psychological medicine 2014;44(14):3025-3035. [DOI: ]

**Wang 2013**

Wang,Y.; Roberts,D. L.; Xu,B.; Cao,R.; Yan,M.; Jiang,Q.. Social cognition and interaction training for patients with stable schizophrenia in Chinese community settings.. Psychiatry research 2013;210(3):751-755. [DOI: ]

**Wölwer 2005**

[Empty]

**Excluded studies****Aghotor 2010**

Aghotor,J.; Pfueller,U.; Moritz,S.; Weisbrod,M.; Roesch-Ely,D.. Metacognitive training for patients with schizophrenia (MCT): feasibility and preliminary evidence for its efficacy.. Journal of Behavior Therapy & Experimental Psychiatry 2010;41(3):207-211. [DOI: ]

**Balzan 2013**

Balzan,R.; Delfabbro,P.; Galletty,C.; Woodward,T.. Metacognitive training for patients with schizophrenia: Preliminary evidence for a targeted single-module program.. Schizophrenia bulletin 2013;39(Journal Article):S256. [DOI: ]

**Bartholomeusz 2013**

Bartholomeusz,C. F.; Allott,K.; Killackey,E.; Liu,P.; Wood,S. J.; Thompson,A.. Social cognition training as an intervention for improving functional outcome in first-episode psychosis: A feasibility study.. Early Intervention in Psychiatry 2013;7(4):421-426. [DOI: ]

**Bechi 2013**

Bechi,M.; Spangaro,M.; Bosia,M.; Zanoletti,A.; Fresi,F.; Buonocore,M.; Cocchi,F.; Guglielmino,C.; Smeraldi,E.; Cavallaro,R.. Theory of Mind intervention for outpatients with schizophrenia.. Neuropsychological Rehabilitation 2013;23(3):383-400. [DOI: ]

**Briki 2014**

Briki,M.; Monnin,J.; Haffen,E.; Sechter,D.; Favrod,J.; Netillard,C.; Cheraitia,E.; Marin,K.; Govyadovskaya,S.; Tio,G.; Bonin,B.; Chauvet-Gelinier,J. C.; Leclerc,S.; Hode,Y.; Vidailhet,P.; Berna,F.; Bertschy,A. Z.; Vandell,P.. Metacognitive training for schizophrenia: a multicentre randomised controlled trial.. Schizophrenia research 2014;157(1-3):99-106. [DOI: ]

**Bucci 2013**

Bucci,P.; Piegari,G.; Mucci,A.; Merlotti,E.; Chieffi,M.; De Riso,F.; De Angelis,M.; Di Munzio,W.; Galderisi,S.. Neurocognitive individualized training versus social skills individualized training: a randomized trial in patients with schizophrenia.. Schizophrenia research 2013;150(1):69-75. [DOI: ]

**Christensen 2013**

Christensen,T. N.; Nordentoft,M.. The effectiveness of IPS enhanced with cognitive remediation and social skills training for people with severe mental illness in Denmark: A randomised controlled trial.. Schizophrenia bulletin 2013;39(Journal Article):S285. [DOI: ]

**Eack 2009**

Eack,S. M.; Greenwald,D. P.; Hogarty,S. S.; Cooley,S. J.; DiBarry,A. L.; Montrose,D. M.; Keshavan,M. S.. Cognitive enhancement therapy for early-course schizophrenia: effects of a two-year randomized controlled trial.. Psychiatric Services 2009;60(11):1468-1476. [DOI: ]

**Eack 2009a**

Eack,Shaun M.; Greenwald,Deborah P.; Hogarty,Susan S.; Cooley,Susan J.; DiBarry,Ann Louise; Montrose,Debra M.; Keshavan,Matcheri S.. Cognitive enhancement therapy for early-course schizophrenia: Effects of a two-year randomized controlled trial.. Psychiatric Services 2009;60(11):1468-1476. [DOI: ]

**Eack 2010**

Eack,Shaun Michael. Social cognition and social disability in schizophrenia: The role of emotional intelligence.. Dissertation Abstracts International Section A: Humanities and Social Sciences 2010;70(10-A):4049. [DOI: ]

**Eack 2010a**

Eack,S. M.; Hogarty,G. E.; Cho,R. Y.; Prasad,K. M.; Greenwald,D. P.; Hogarty,S. S.; Keshavan,M. S.. Neuroprotective effects of cognitive enhancement therapy against gray matter loss in early schizophrenia: results from a 2-year randomized controlled trial.. Archives of General Psychiatry 2010;67(7):674-682. [DOI: ]

**Eack 2010b**

Eack,Shaun M.; Hogarty,Gerard E.; Cho,Raymond Y.; Prasad,Konasale M. R.; Greenwald,Deborah P.; Hogarty,Susan S.; Keshavan,Matcheri S.. Neuroprotective effects of cognitive enhancement therapy against gray matter loss in early schizophrenia: Results from a 2-year randomized controlled trial.. Archives of General Psychiatry 2010;67(7):674-682. [DOI: ]

**Eack 2011**

Eack,Shaun M.; Hogarty,Gerard E.; Greenwald,Deborah P.; Hogarty,Susan S.; Keshavan,Matcheri S.. Effects of cognitive enhancement therapy on employment outcomes in early schizophrenia: Results from a 2-year randomized trial.. *Research on Social Work Practice* 2011;21(1):32-42. [DOI: ]

**Eack 2013**

Eack,S. M.; Keshavan,M.. Integrating the treatment of social and non-social cognitive impairments in schizophrenia with cognitive enhancement therapy.. *Schizophrenia bulletin* 2013;39(Journal Article):S328. [DOI: ]

**Eack 2013a**

Eack,S. M.; Mesholam-Gately,R. I.; Greenwald,D. P.; Hogarty,S. S.; Keshavan,M. S.. Negative symptom improvement during cognitive rehabilitation: results from a 2-year trial of Cognitive Enhancement Therapy.. *Psychiatry research* 2013;209(1):21-26. [DOI: ]

**Emmerson 2009**

Emmerson,L. C.; Granholm,E.; Link,P. C.; McQuaid,J. R.; Jeste,D. V.. Insight and treatment outcome with cognitive-behavioral social skills training for older people with schizophrenia.. *Journal of Rehabilitation Research & Development* 2009;46(8):1053-1058. [DOI: ]

**Galderisi 2010**

Galderisi,S.; Piegari,G.; Mucci,A.; Acerra,A.; Luciano,L.; Rabasca,A. F.; Santucci,F.; Valente,A.; Volpe,M.; Mastantuono,P.; Maj,M.. Social skills and neurocognitive individualized training in schizophrenia: comparison with structured leisure activities.. *European Archives of Psychiatry & Clinical Neuroscience* 2010;260(4):305-315. [DOI: ]

**Gohar 2013**

Gohar,S. M.; Hamdi,E.; El Ray,L. A.; Horan,W. P.; Green,M. F.. Adapting and evaluating a social cognitive remediation program for schizophrenia in Arabic.. *Schizophrenia research* 2013;148(1-3):12-17. [DOI: ]

**Granholm 2008**

Granholm,E.; McQuaid,J. R.; Link,P. C.; Fish,S.; Patterson,T.; Jeste,D. V.. Neuropsychological predictors of functional outcome in Cognitive Behavioral Social Skills Training for older people with schizophrenia.. *Schizophrenia research* 2008;100(1-3):133-143. [DOI: ]

**Granholm 2013**

Granholm,E.; Holden,J.; Link,P. C.; McQuaid,J. R.; Jeste,D. V.. Randomized controlled trial of cognitive behavioral social skills training for older consumers with schizophrenia: defeatist performance attitudes and functional outcome.. *American Journal of Geriatric Psychiatry* 2013;21(3):251-262. [DOI: 10.1016/j.jagp.2012.10.014 [doi]]

**Guo 2010**

Guo, X.; Zhai, J.; Liu, Z.; Fang, M.; Wang, B.; Wang, C.; Hu, B.; Sun, X.; Lv, L.; Lu, Z.; Ma, C.; He, X.; Guo, T.; Xie, S.; Wu, R.; Xue, Z.; Chen, J.; Twamley, E. W.; Jin, H.; Zhao, J.. Effect of antipsychotic medication alone vs combined with psychosocial intervention on outcomes of early-stage schizophrenia: A randomized, 1-year study. *Archives of General Psychiatry* 2010;67(9):895-904. [DOI: ]

**Hansen 2012**

Hansen,J. P.; Ostergaard,B.; Nordentoft,M.; Hounsgaard,L.. Cognitive adaptation training combined with assertive community treatment: a randomised longitudinal trial.. *Schizophrenia research* 2012;135(1-3):105-111. [DOI: ]

**Hooker 2012**

Hooker, C. I.; Bruce, L.; Fisher, M.; Verosky, S. C.; Miyakawa, A.; Vinogradov, S.. Neural activity during emotion recognition after combined cognitive plus social cognitive training in schizophrenia. *Schizophrenia Research* 2012;139(1-3):53-59. [DOI: ]

**Hooker 2013**

Hooker,C. I.; Bruce,L.; Fisher,M.; Verosky,S. C.; Miyakawa,A.; D'Esposito,M.; Vinogradov,S.. The influence of combined cognitive plus social-cognitive training on amygdala response during face emotion recognition in schizophrenia.. *Psychiatry research* 2013;213(2):99-107. [DOI: ]

**Horan 2009**

Horan,W. P.; Kern,R. S.; Shokat-Fadai,K.; Sergi,M. J.; Wynn,J. K.; Green,M. F.. Social cognitive skills training in schizophrenia: an initial efficacy study of stabilized outpatients.. *Schizophrenia research* 2009;107(1):47-54. [DOI: ]

**Lahera 2013**

Lahera,G.; Benito,A.; Montes,J. M.; Fernandez-Liria,A.; Olbert,C. M.; Penn,D. L.. Social cognition and interaction training (SCIT) for outpatients with bipolar disorder.. *Journal of affective disorders* 2013;146(1):132-136. [DOI: ]

**Lincoln 2014**

Lincoln,T. M.; Rief,W.; Westermann,S.; Ziegler,M.; Kesting,M. L.; Heibach,E.; Mehl,S.. Who stays, who benefits? Predicting dropout and change in cognitive behaviour therapy for psychosis.. *Psychiatry research* 2014;216(2):198-205. [DOI: ]

**Lindenmayer 2013**

Lindenmayer,J. P.; McGurk,S. R.; Khan,A.; Kaushik,S.; Thanju,A.; Hoffman,L.; Valdez,G.; Wance,D.; Herrmann,E.. Improving social cognition in schizophrenia: a pilot intervention combining computerized social cognition training with cognitive remediation.. *Schizophrenia bulletin* 2013;39(3):507-517. [DOI: ]

**Mazza 2010**

Mazza,M.; Lucci,G.; Pacitti,F.; Pino,M. C.; Mariano,M.; Casacchia,M.; Roncone,R.. Could schizophrenic subjects improve their social cognition abilities only with observation and imitation of social situations?.. *Neuropsychological Rehabilitation* 2010;20(5):675-703. [DOI: ]

**Moritz 2013**

Moritz,S.; Veckenstedt,R.; Bohn,F.; Hottenrott,B.; Scheu,F.; Randjbar,S.; Aghotor,J.; Kother,U.; Woodward,T. S.; Treszl,A.; Andreou,C.; Pfueller,U.; Roesch-Ely,D.. Complementary group Metacognitive Training (MCT) reduces delusional ideation in schizophrenia.. *Schizophrenia research* 2013;151(1-3):61-69. [DOI: ]

**Moritz 2014**

Moritz,S.; Veckenstedt,R.; Andreou,C.; Bohn,F.; Hottenrott,B.; Leighton,L.; Kother,U.; Woodward,T. S.; Treszl,A.; Menon,M.; Schneider,B. C.; Pfueller,U.; Roesch-Ely,D.. Sustained and "sleep" effects of group metacognitive training for schizophrenia a randomized clinical trial.. *JAMA Psychiatry* 2014;71(10):1103-1111.

[DOI: ]

**Mueser 2010**

Mueser, K. T.; Pratt, S. I.; Bartels, S. J.; Swain, K.; Forester, B.; Cather, C.; Feldman, J. Randomized trial of social rehabilitation and integrated health care for older people with severe mental illness.. *Journal of Consulting & Clinical Psychology* 2010;78(4):561-573. [DOI: ]

**Nahum 2014**

Nahum, M.; Fisher, M.; Loewy, R.; Poelke, G.; Ventura, J.; Nuechterlein, K. H.; Hooker, C. I.; Green, M. F.; Merzenich, M. M.; Vinogradov, S. A novel, online social cognitive training program for young adults with schizophrenia: A pilot study.. *Schizophrenia Research: Cognition* 2014;1(1):e11-e19. [DOI: ]

**Park 2011**

Park, K. M.; Ku, J.; Choi, S. H.; Jang, H. J.; Park, J. Y.; Kim, S. I.; Kim, J. J. A virtual reality application in role-plays of social skills training for schizophrenia: a randomized, controlled trial.. *Psychiatry research* 2011;189(2):166-172. [DOI: ]

**Pijnenborg 2013**

Pijnenborg, M.; Van Der Meer, L.; De Vos, A.; Bockting, C.; Van Der Gaag, M.; Aleman, A. REFLEX: A metacognitive group treatment to improve insight in psychosis.. *Schizophrenia bulletin* 2013;39(Journal Article):S349. [DOI: ]

**Pratt 2013**

Pratt, S. I.; Mueser, K. T.; Bartels, S. J.; Wolfe, R. The impact of skills training on cognitive functioning in older people with serious mental illness.. *American Journal of Geriatric Psychiatry* 2013;21(3):242-250. [DOI: ]

**Schmidt 2011**

Schmidt, S. J.; Mueller, D. R.; Roder, V. The importance of cognition, negative symptoms and subjective parameters for functional recovery in schizophrenia.. *Schizophrenia bulletin* 2011;37(Journal Article):281-282. [DOI: ]

**Tas 2012**

Tas, C.; Danaci, A. E.; Cubukcuoglu, Z.; Brune, M. Impact of family involvement on social cognition training in clinically stable outpatients with schizophrenia -- a randomized pilot study. *Psychiatry Res* 2012;195(1-2):32-8. [DOI: 10.1016/j.psychres.2011.07.031]

**Wolwer 2011**

Wolwer, W.; Frommann, N. Social-cognitive remediation in schizophrenia: generalization of effects of the Training of Affect Recognition (TAR).. *Schizophrenia bulletin* 2011;37(Suppl 2):S63-70. [DOI: ]

**Data and analyses****1 Socialcognition vs TAU**

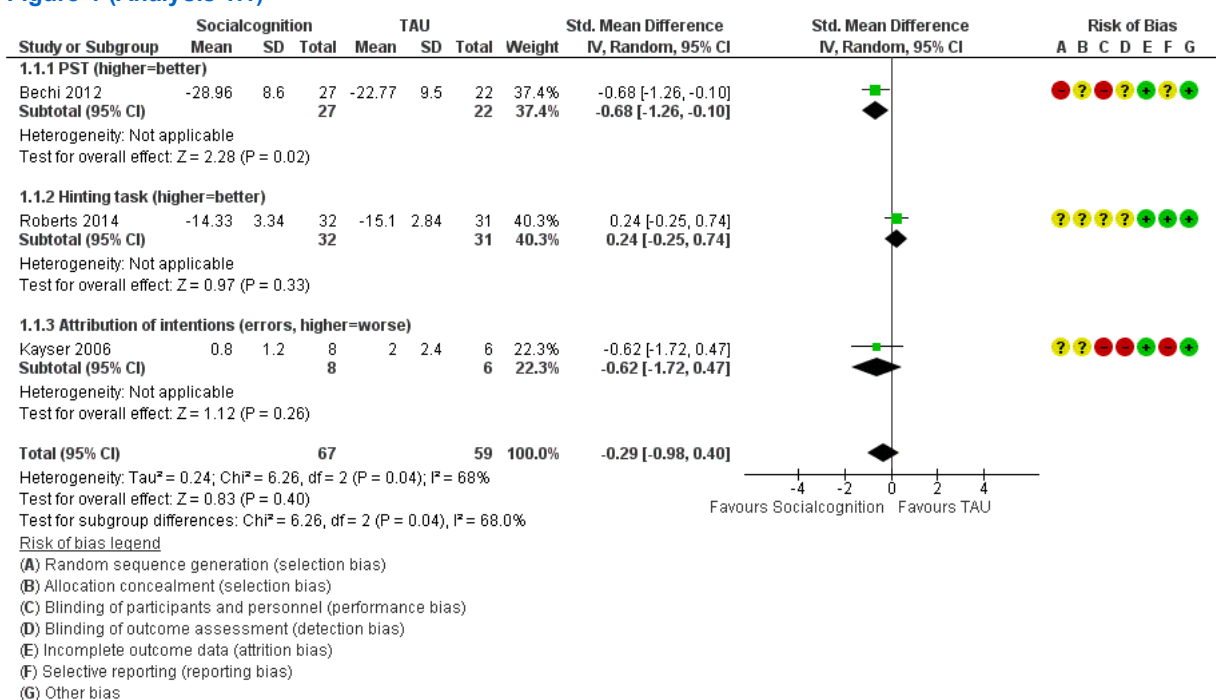
Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Theory of mind, end of treatment	3	126	Std. Mean Difference (IV, Random, 95% CI)	-0.29 [-0.98, 0.40]
1.1.1 PST (higher=better)	1	49	Std. Mean Difference (IV, Random, 95% CI)	-0.68 [-1.26, -0.10]
1.1.2 Hinting task (higher=better)	1	63	Std. Mean Difference (IV, Random, 95% CI)	0.24 [-0.25, 0.74]
1.1.3 Attribution of intentions (errors, higher=worse)	1	14	Std. Mean Difference (IV, Random, 95% CI)	-0.62 [-1.72, 0.47]
1.2 Theory of mind, Longest FU (min 4-6 mo)	2	99	Std. Mean Difference (IV, Random, 95% CI)	-0.45 [-1.57, 0.67]
1.2.1 The eyes task - Mind reading (higher=better)	1	39	Std. Mean Difference (IV, Random, 95% CI)	-1.05 [-1.73, -0.37]
1.2.3 Hingting task (higher=better)	1	60	Std. Mean Difference (IV, Random, 95% CI)	0.10 [-0.41, 0.60]
1.3 Emotion processing/emotion perception (higher=better), end of treatment	5	178	Std. Mean Difference (IV, Random, 95% CI)	-0.81 [-1.12, -0.50]
1.3.1 POFA (higher=better)	1	49	Std. Mean Difference (IV, Random, 95% CI)	-0.42 [-0.99, 0.14]
1.3.2 Emotion perception (higher=better)	1	38	Std. Mean Difference (IV, Random, 95% CI)	-1.00 [-1.68, -0.32]
1.3.3 Emotion Recognition Test (ERT) contextual recognition (CR) subscale (higher=better)	1	18	Std. Mean Difference (IV, Random, 95% CI)	-1.44 [-2.51, -0.37]
1.3.4 Emotion discrimination task (higher=better)	1	20	Std. Mean Difference (IV, Random, 95% CI)	-0.59 [-1.49, 0.31]
1.3.5 Pictures of Facial Affect (PFA) (higher=better)	1	53	Std. Mean Difference (IV, Random, 95% CI)	-0.99 [-1.56, -0.41]
1.4 Emotion processing/Emotion perception (FEIT) higher=better, longest FU	1	39	Mean Difference (IV, Random, 95% CI)	-2.65 [-4.52, -0.78]
1.5 Social function, end of treatment	4	178	Std. Mean Difference (IV, Random, 95% CI)	-0.02 [-0.32, 0.27]
1.5.1 SFS Prosocial (higher=better)	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.10 [-0.81, 0.62]
1.5.8 VSSS (higher prob. better)	1	70	Std. Mean Difference (IV, Random, 95% CI)	0.10 [-0.37, 0.57]
1.5.9 GSFS (higher=better)	1	63	Std. Mean Difference (IV, Random, 95% CI)	-0.21 [-0.70, 0.29]
1.5.10 Whodas2 (lower=better)	1	14	Std. Mean Difference (IV, Random, 95% CI)	0.35 [-0.71, 1.41]
1.6 Social function Longest FU (min 4-6 mo)	4	200	Std. Mean Difference (IV, Random, 95% CI)	-0.54 [-1.04, -0.04]
1.6.1 SFS Prosocial (higher=better)	1	31	Std. Mean Difference (IV, Random, 95% CI)	0.12 [-0.59, 0.84]
1.6.2 VSSS (higher prob. better)	1	70	Std. Mean Difference (IV, Random, 95% CI)	-0.60 [-1.08, -0.12]
1.6.3 GSFS (higher=better)	1	60	Std. Mean Difference (IV, Random, 95% CI)	-0.37 [-0.88, 0.14]



1.6.9 PSP (higher=better)	1	39	Std. Mean Difference (IV, Random, 95% CI)	-1.33 [-2.04, -0.63]
1.7 Symptomatic relapse	3	238	Risk Ratio (IV, Random, 95% CI)	0.75 [0.45, 1.24]
1.8 Social perception, End of treatment	2	77	Std. Mean Difference (IV, Random, 95% CI)	-0.06 [-0.51, 0.38]
1.8.2 EPS (higher=better)	1	14	Std. Mean Difference (IV, Random, 95% CI)	-0.19 [-1.24, 0.86]
1.8.3 Social Inference (TASIT) (higher=better)	1	63	Std. Mean Difference (IV, Random, 95% CI)	-0.04 [-0.53, 0.46]
1.9 Symptoms, end of treatment	6	266	Std. Mean Difference (IV, Random, 95% CI)	-0.08 [-0.39, 0.22]
1.9.1 totalscore PANNS	4	156	Std. Mean Difference (IV, Random, 95% CI)	-0.09 [-0.40, 0.23]
1.9.3 totalscore BPRS	2	110	Std. Mean Difference (IV, Random, 95% CI)	-0.17 [-1.11, 0.76]
1.10 QoL, end of treatment (higher=better)	5	204	Std. Mean Difference (IV, Random, 95% CI)	-0.49 [-0.98, 0.01]
1.10.1 QoL Social Scale	1	63	Std. Mean Difference (IV, Random, 95% CI)	-0.09 [-0.58, 0.41]
1.10.2 WHOQoL Soc	1	38	Std. Mean Difference (IV, Random, 95% CI)	-0.50 [-1.15, 0.14]
1.10.3 SF-36 Mental Health	1	31	Std. Mean Difference (IV, Random, 95% CI)	-1.65 [-2.49, -0.81]
1.10.4 QLS wellbeing	2	72	Std. Mean Difference (IV, Random, 95% CI)	-0.25 [-0.72, 0.22]
1.11 Symptomatic remitted	0		Risk Ratio (IV, Fixed, 95% CI)	No totals
1.12 Days at hospital	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.13 Social functioning Scale (higher=better), end of treatment	1	186	Std. Mean Difference (IV, Random, 95% CI)	-0.43 [-0.78, -0.09]
1.13.1 SFS Prosocial	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.10 [-0.81, 0.62]
1.13.3 SFS withdrawal	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.74 [-1.48, 0.00]
1.13.4 SFS interpersonal_C	1	31	Std. Mean Difference (IV, Random, 95% CI)	-1.11 [-1.88, -0.33]
1.13.5 SFS Independence	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.33 [-1.04, 0.39]
1.13.6 SFS Competence	1	31	Std. Mean Difference (IV, Random, 95% CI)	0.08 [-0.63, 0.79]
1.13.7 SFS Recreation	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.51 [-1.24, 0.21]
1.14 Social function Scale (higher=better), Longest FU (min 4-6 mo)	1	186	Std. Mean Difference (IV, Random, 95% CI)	-0.29 [-0.63, 0.05]
1.14.4 SFS Prosocial	1	31	Std. Mean Difference (IV, Random, 95% CI)	0.12 [-0.59, 0.84]
1.14.5 SFS Interpersonal_C	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.46 [-1.18, 0.27]
1.14.6 SFS Independence	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.04 [-0.75, 0.67]
1.14.7 SFS Competence	1	31	Std. Mean Difference (IV, Random, 95% CI)	0.14 [-0.58, 0.85]
1.14.8 SFS Recreation	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.83 [-1.58, -0.09]
1.14.9 SFS withdrawal	1	31	Std. Mean Difference (IV, Random, 95% CI)	-0.72 [-1.46, 0.02]

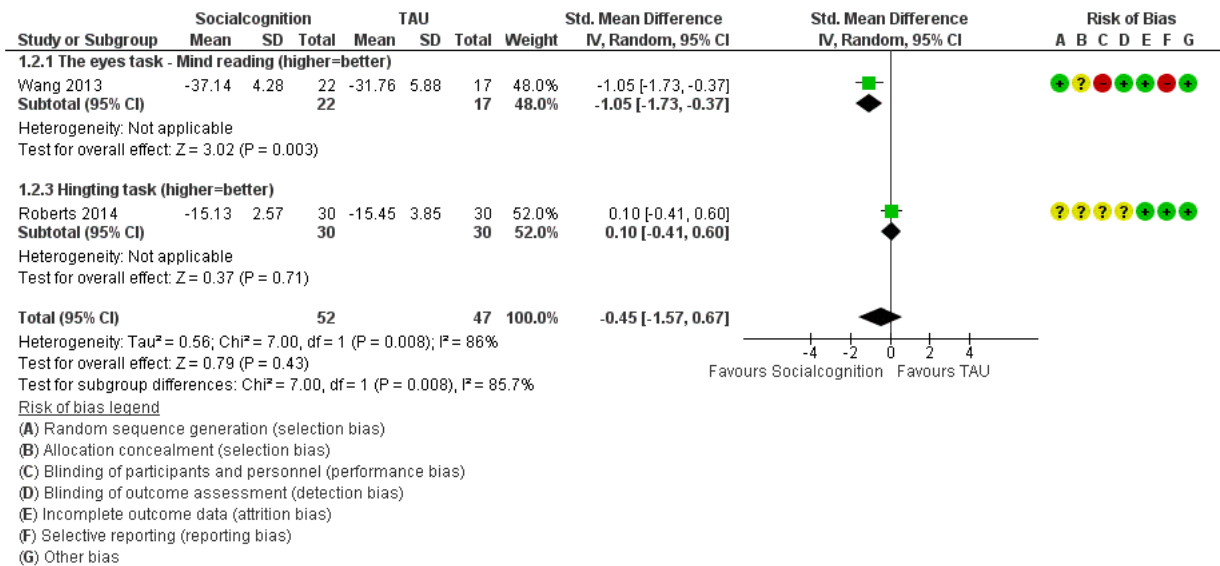
## Figures

Figure 1 (Analysis 1.1)



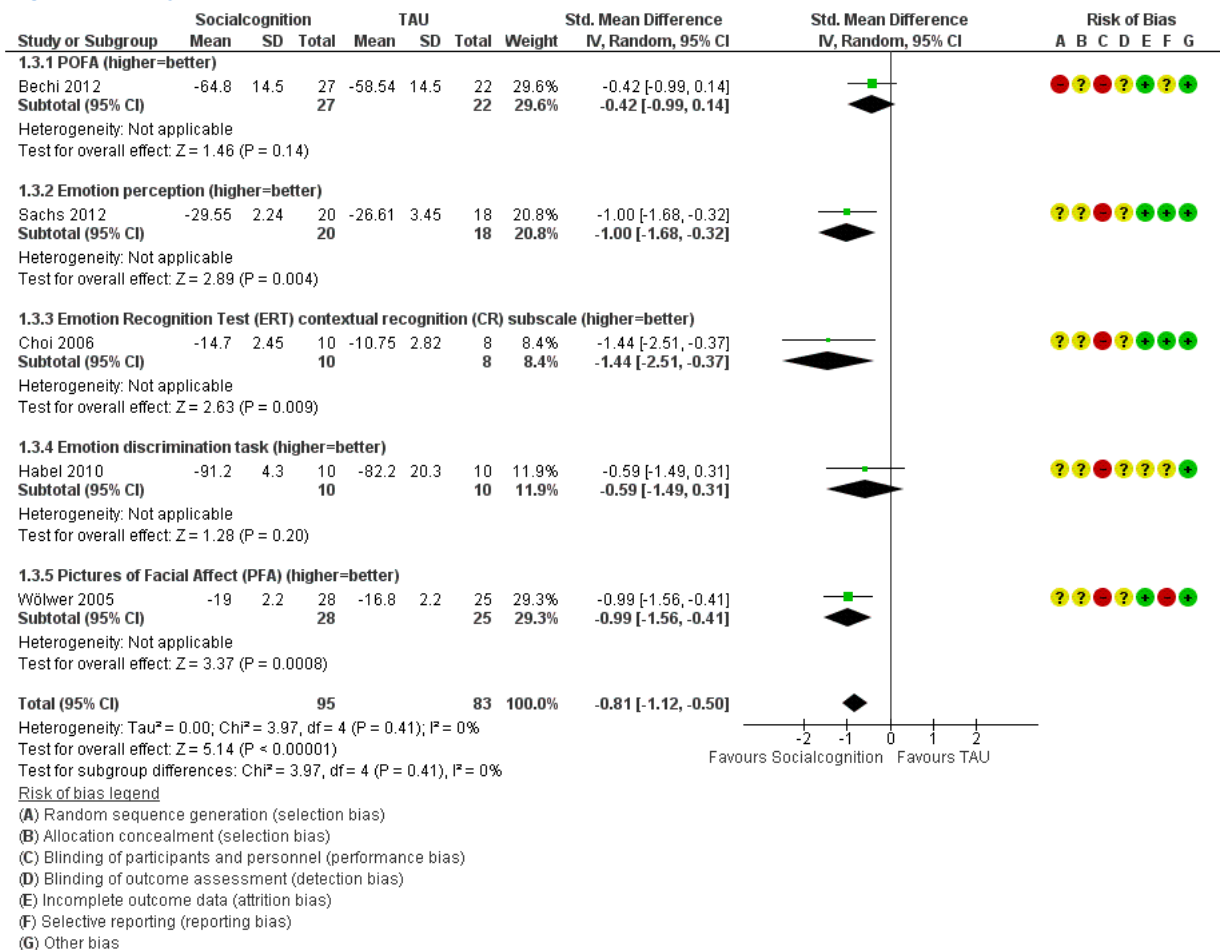
Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.1 Theory of mind, end of treatment.

Figure 2 (Analysis 1.2)



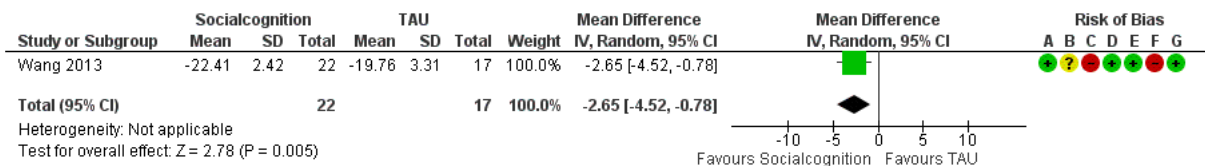
Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.2 Theory of mind, Longest FU (min 4-6 mo).

Figure 3 (Analysis 1.3)



Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.3 Emotion processing/emotion perception (higher=better), end of treatment.

Figure 4 (Analysis 1.4)

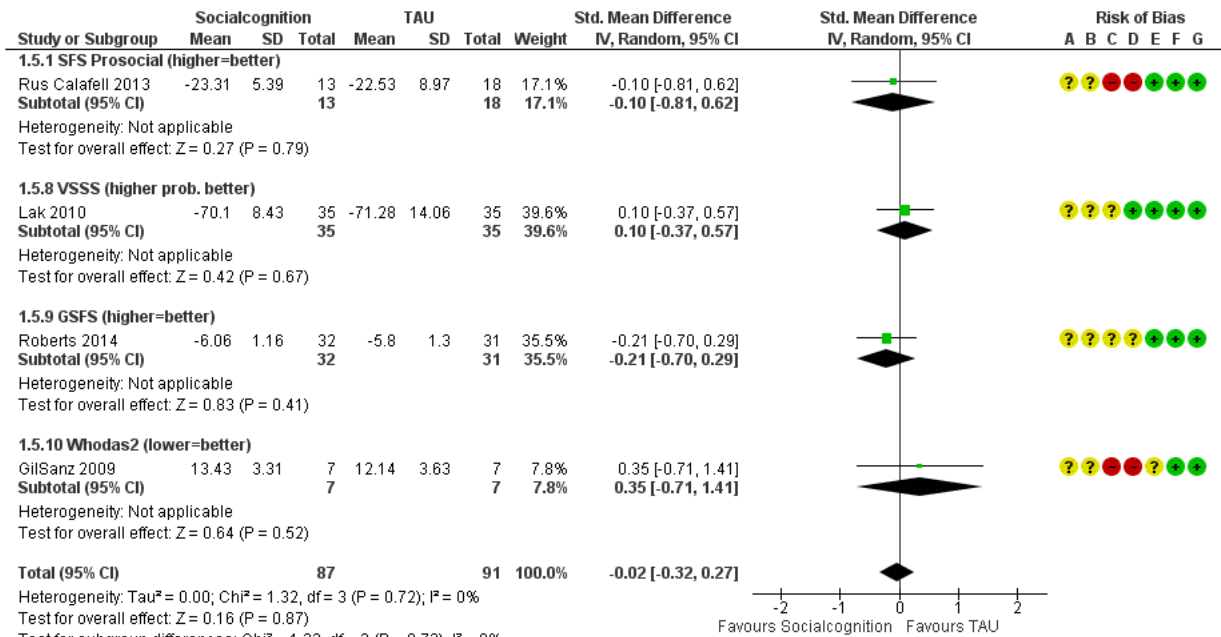


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.4 Emotion processing/Emotion perception (FEIT) higher=better, longest FU.

Figure 5 (Analysis 1.5)

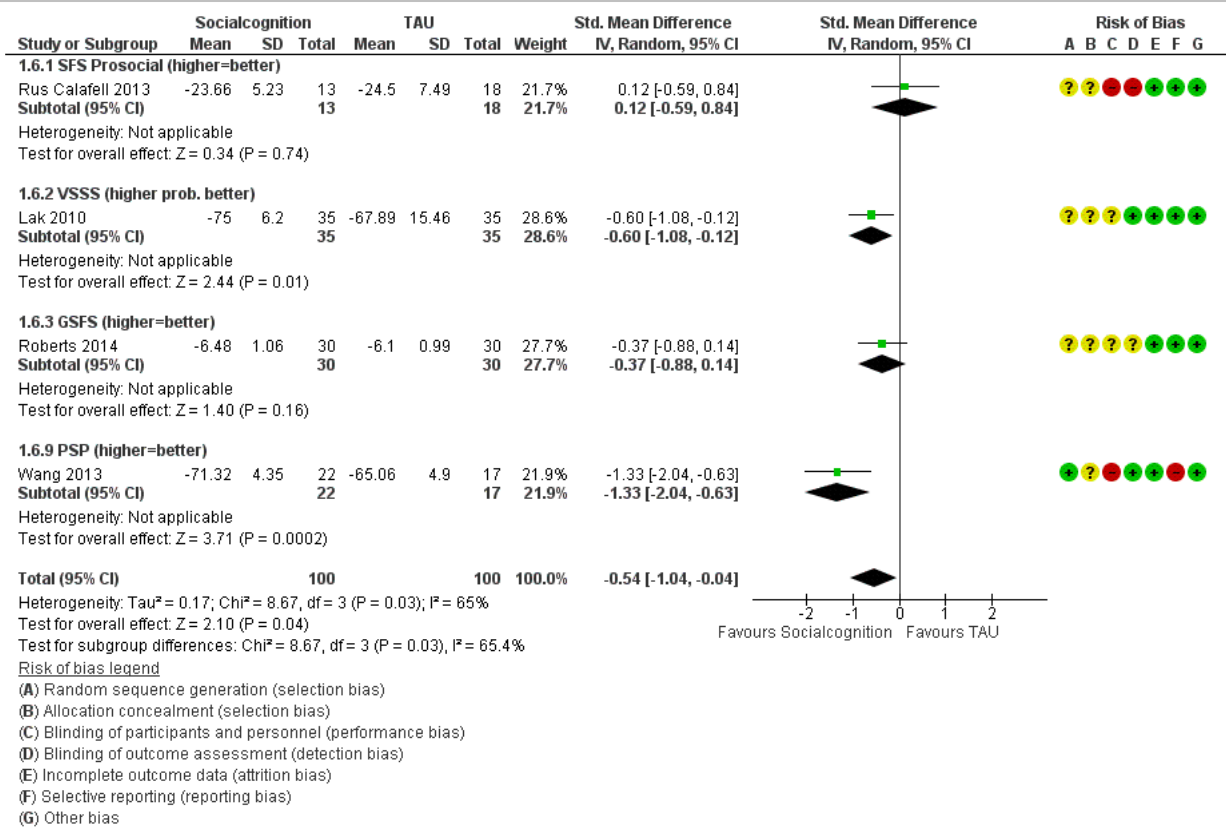


Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

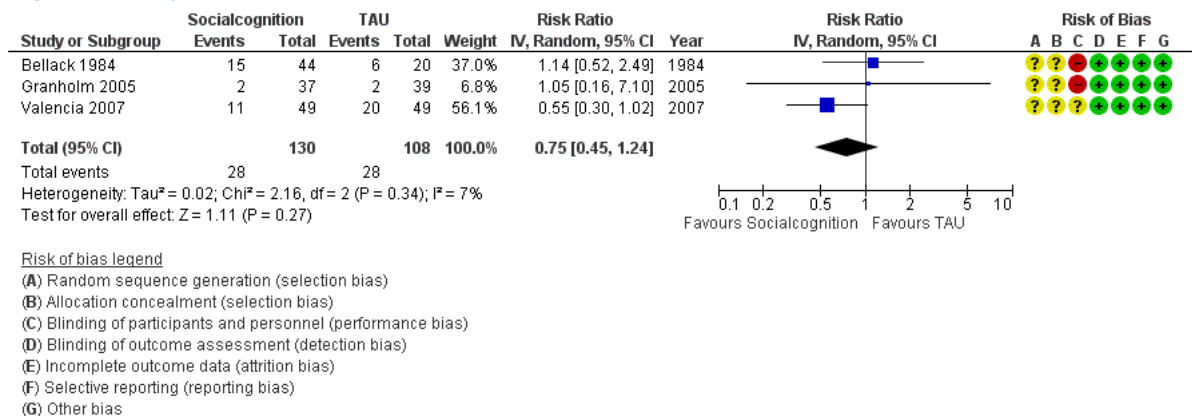
Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.5 Social function, end of treatment.

Figure 6 (Analysis 1.6)



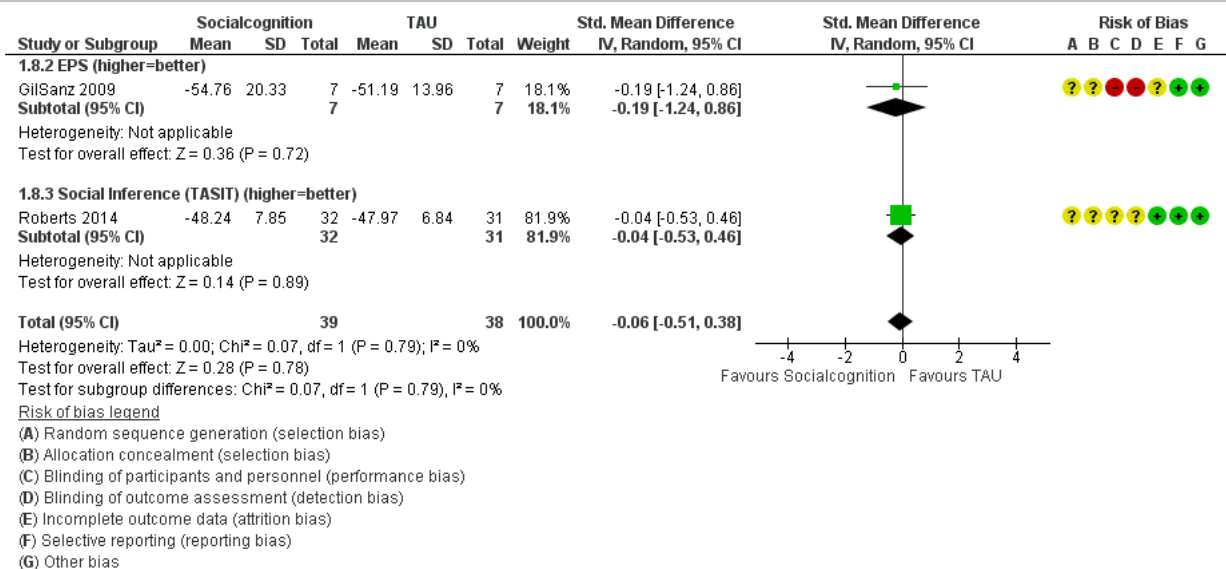
Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.6 Social function Longest FU (min 4-6 mo).

Figure 7 (Analysis 1.7)



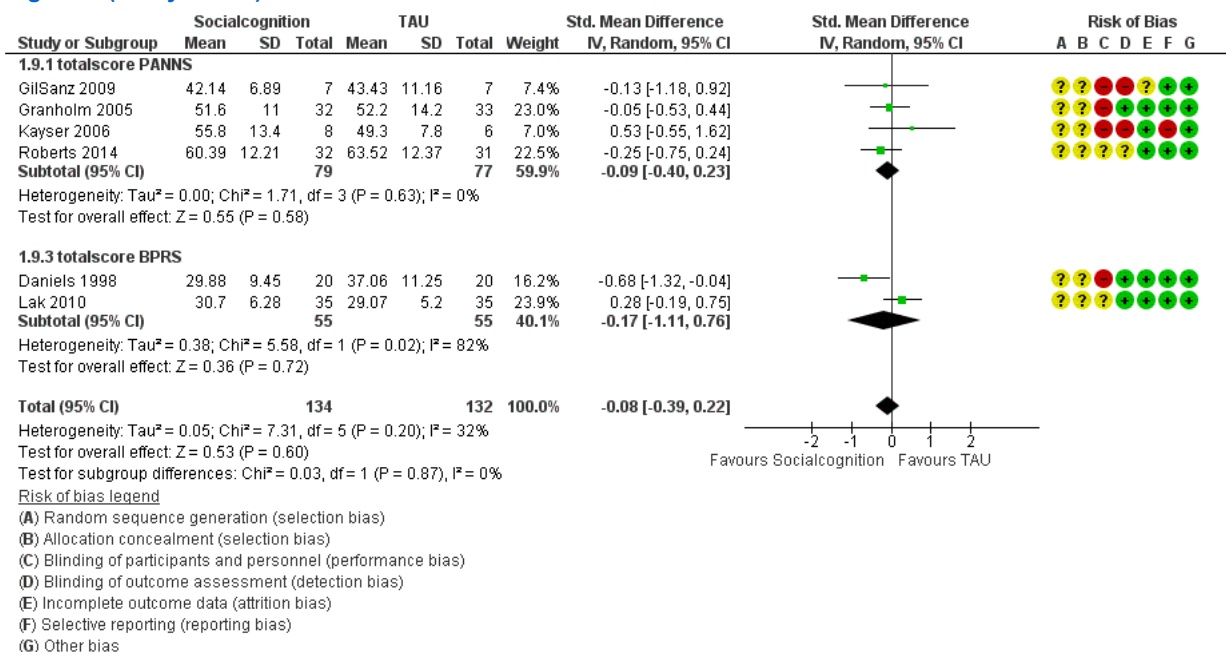
Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.7 Symptomatic relapse.

Figure 8 (Analysis 1.8)



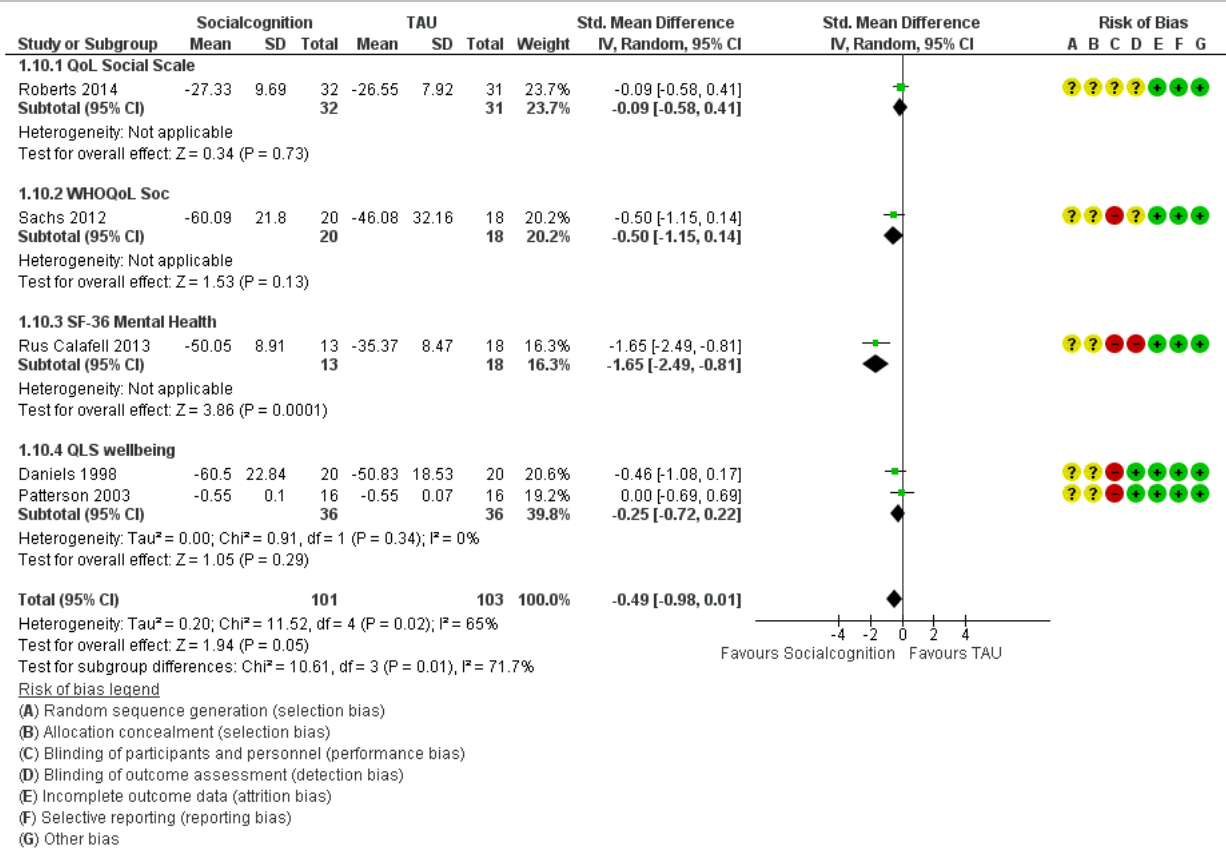
Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.8 Social perception, End of treatment.

Figure 9 (Analysis 1.9)



Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.9 Symptoms, end of treatment.

Figure 10 (Analysis 1.10)



Forest plot of comparison: 1 Socialcognition vs TAU, outcome: 1.10 QoL, end of treatment (higher=better).