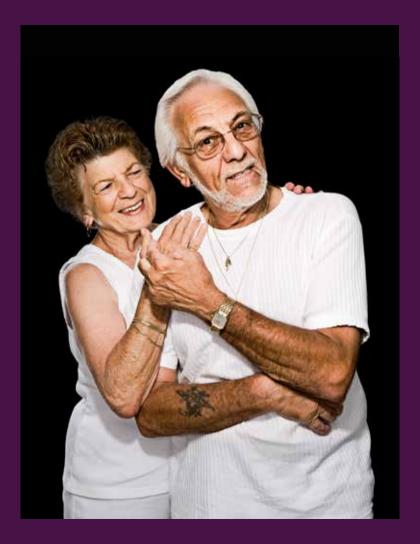


## Say yes to influenza vaccination

It's a healthy decision

The vaccination is free for all aged 65 and up, people with chronic diseases and other people at particular risk.

Book an appointment with your doctor or the place where you usually get your vaccination.





Influenza is a viral infection that anyone can get. For some, the disease can be very serious and life-threatening.

You can therefore get a free influenza vaccination if you are aged 65 and up, if you have a chronic disease or are otherwise at particular risk.

You can book an appointment with your doctor or the place where you usually get your vaccination.



## What is influenza?

Influenza is a highly contagious viral infection that spreads through small droplets if someone coughs or sneezes or via surfaces that have been contaminated with the virus. If you are aged 65 and up, if you have a chronic disease, or if you are otherwise at particular risk, the disease can be very serious, you may even have to be hospitalised and, in the worst case, the disease may be life-threatening.

## Who can get vaccinated for free?

The following people can get a free vaccination:

- All people aged 65 and up
- · People with certain chronic diseases
- Pregnant women in the second and third trimesters
- Severely obese people
- · People on early retirement
- People at particular risk
- Healthcare professionals taking care of or treating people who are at particular risk of becoming seriously ill from influenza.

If you are in doubt whether you or one of your family members belong to one of the groups, please contact your doctor. Your doctor can help assess whether it is relevant for you to get the vaccination.

## How do I get vaccinated?

To get the vaccination, you must call your doctor or the place where you usually get your vaccination. The vaccination requires only a single visit.

Book an appointment with your doctor or the place where you usually get your vaccination.

Read more:

sst.dk/influenza

