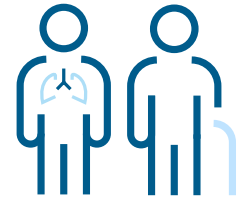


Are you at higher risk of becoming severely ill from COVID-19?



4 November 2021

The number of infections are increasing at the moment, and the Danish Health Authority therefore recommends that people at higher risk should take extra care of themselves even if they are fully vaccinated and have received a third vaccine dose.

The vaccines offer very good protection against severe illness and hospitalisation, but they do not provide 100% protection. You may therefore still be infected with COVID-19 and infect others even if you have been vaccinated.

The Danish Health Authority's guidance for people at higher risk

- Get vaccinated with a third dose immediately when you receive a third dose vaccination invitation in your e-Boks.
- Follow the Danish Health Authority's six general recommendations in the guidance and ask others to be considerate.
- Avoid places with many people where you cannot keep your distance.
- Consider using a face mask in public spaces if it is not possible to keep your distance.
- Consider talking to your workplace about how you can together ensure that you feel safe about going to work.

Who are at higher risk of becoming severely ill?

Especially elderly people and people with multiple and serious chronic diseases are at risk of becoming severely ill from COVID-19.

Remember the guidance on how to prevent infection

You can do several things to protect yourself. It is important that you remember to get a third vaccine dose and that you follow the Danish Health Authority's guidance on how to prevent infection. It is also a good idea for your relatives to follow this guidance so that they help take extra good care of you as a person at higher risk.



In the pamphlet [Guidance for people at higher risk](#), you can read more about the Danish Health Authority's guidance for people who are at higher risk and who have a special risk of becoming severely ill from COVID-19.