



Proposed case-definition of VITT and treatment algorithm

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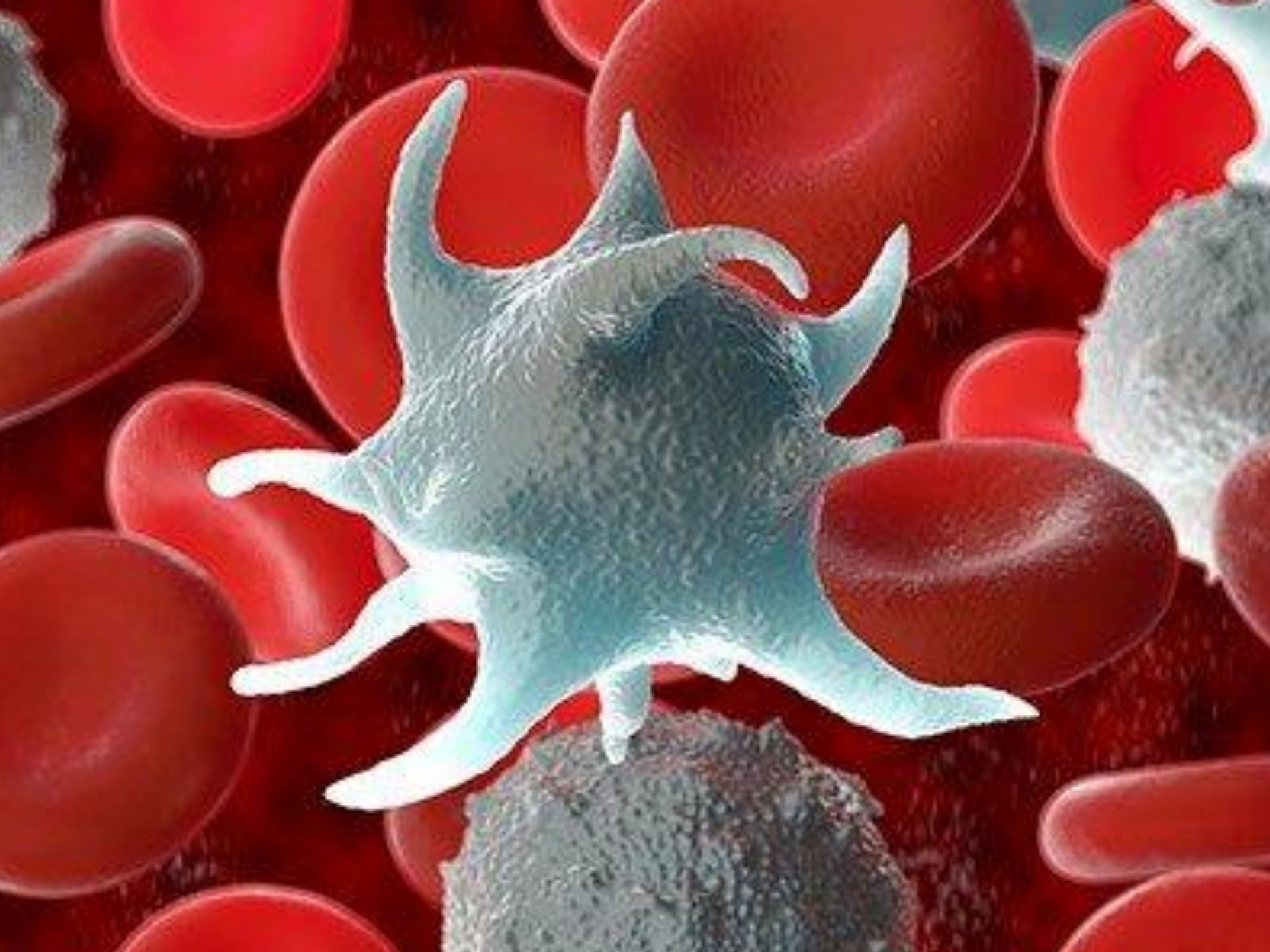
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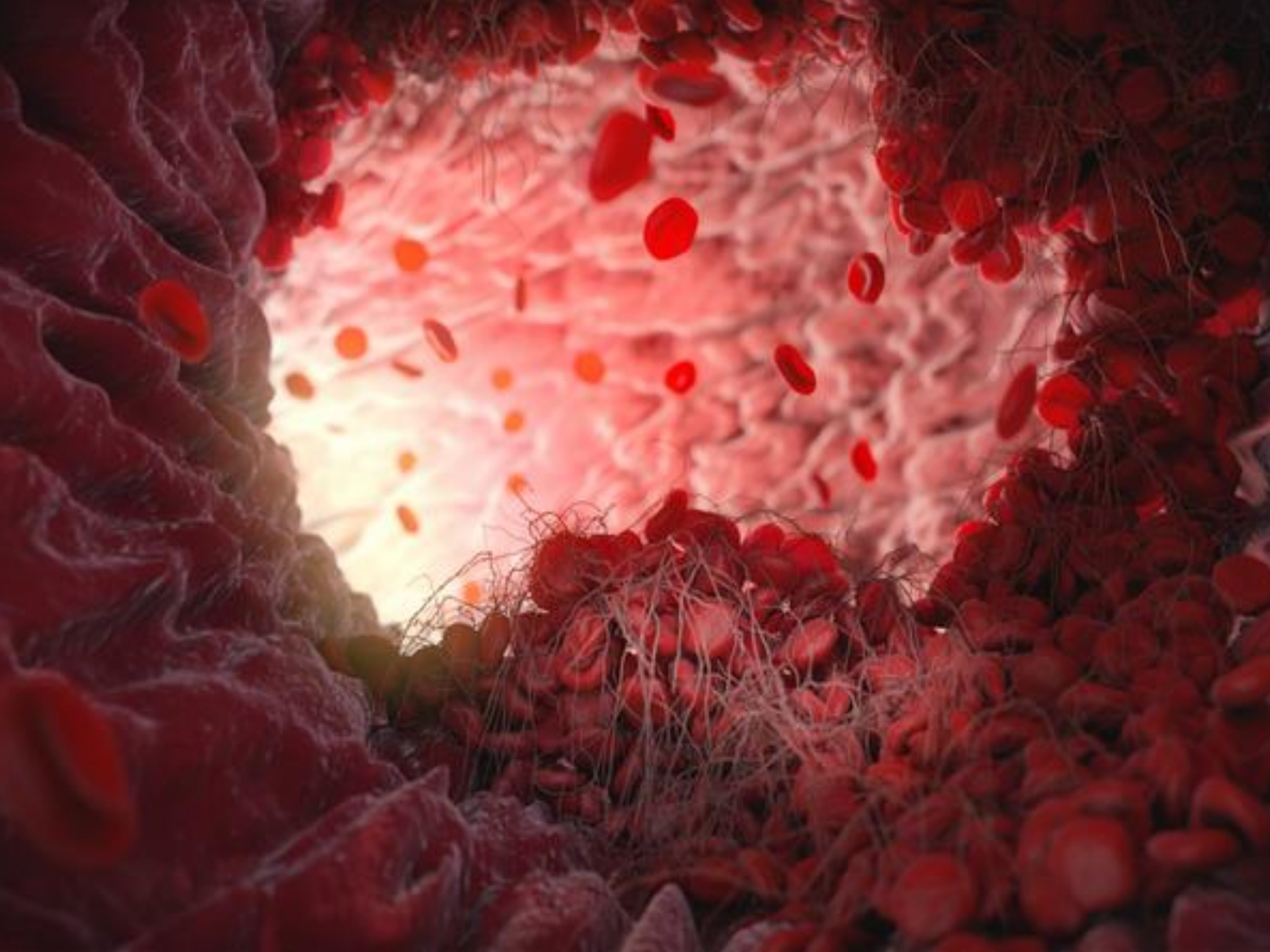
Department of Anaesthesiology and Trauma Centre

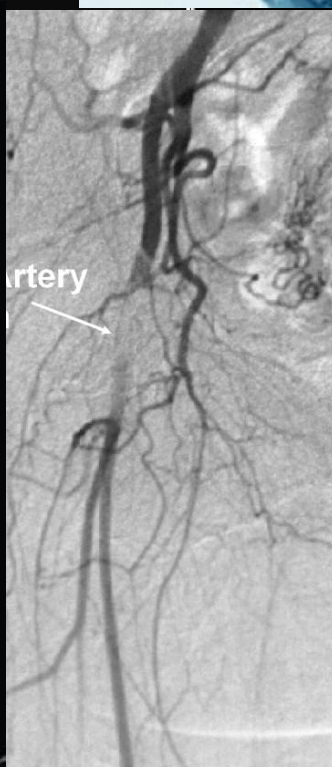
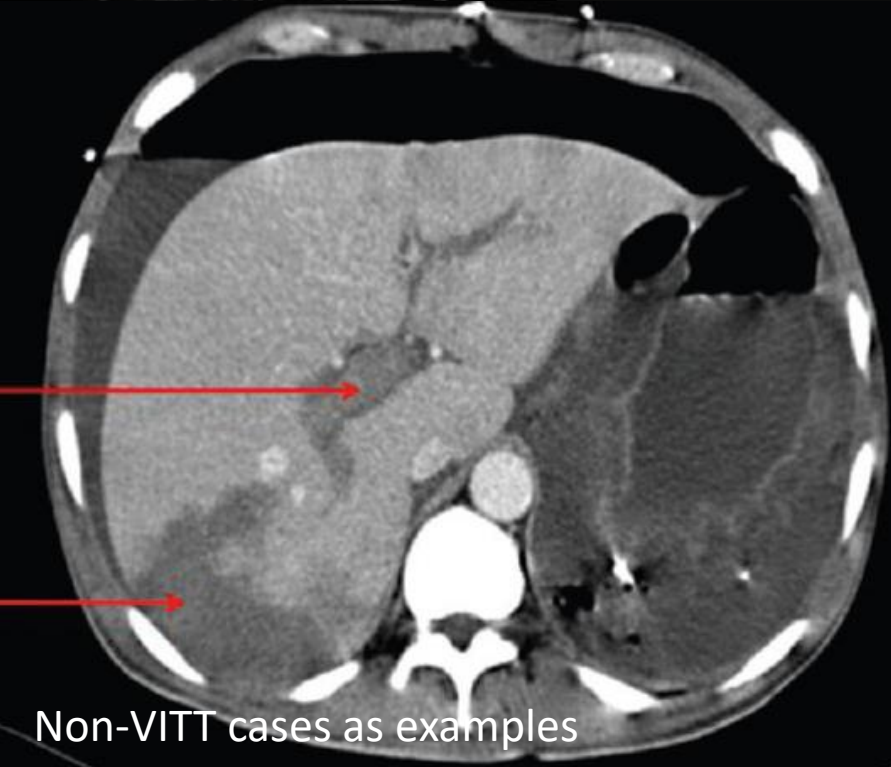
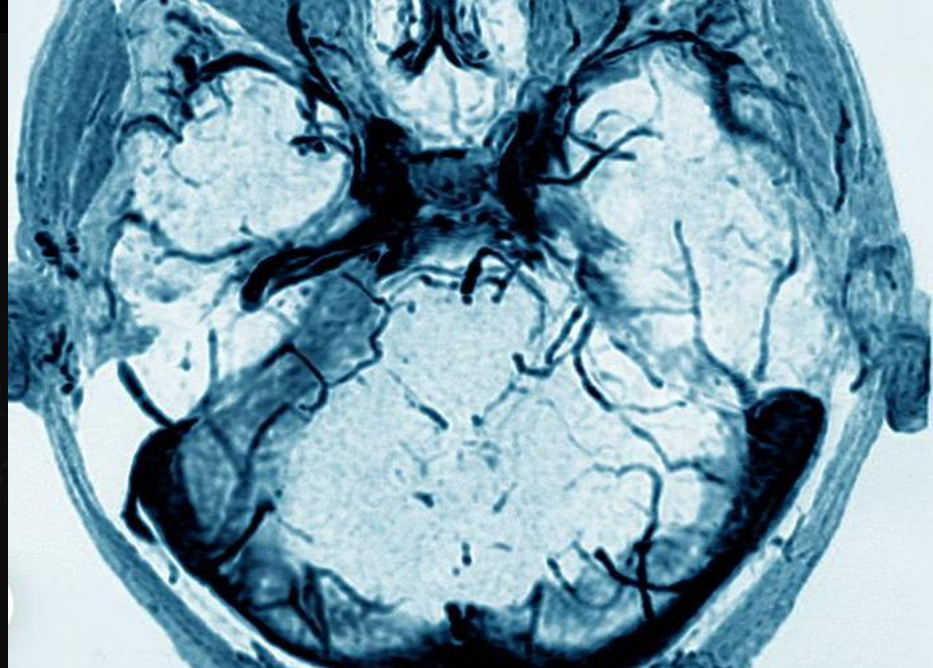
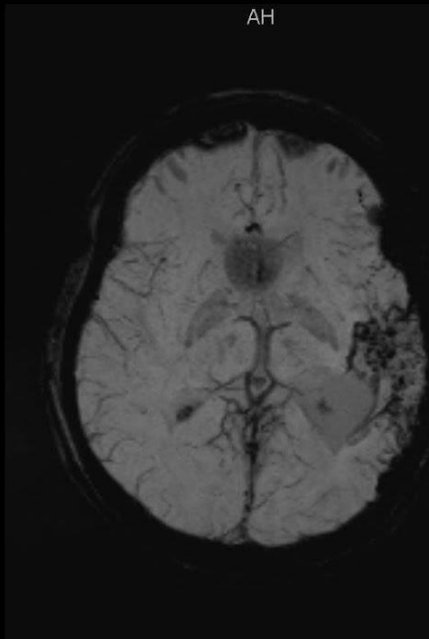
Copenhagen University Hospital, Rigshospitalet

COI: None







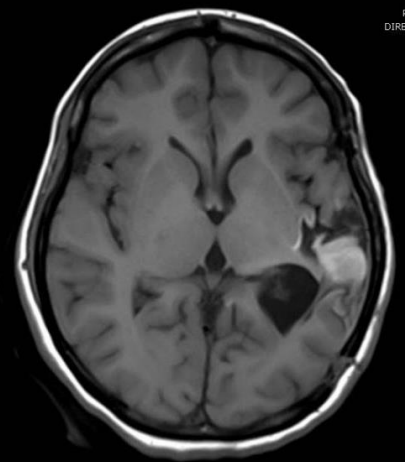


Non-VITT cases as examples

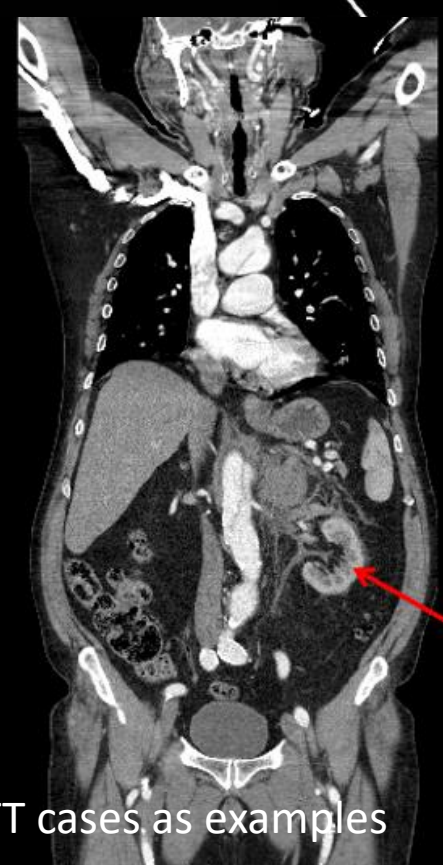
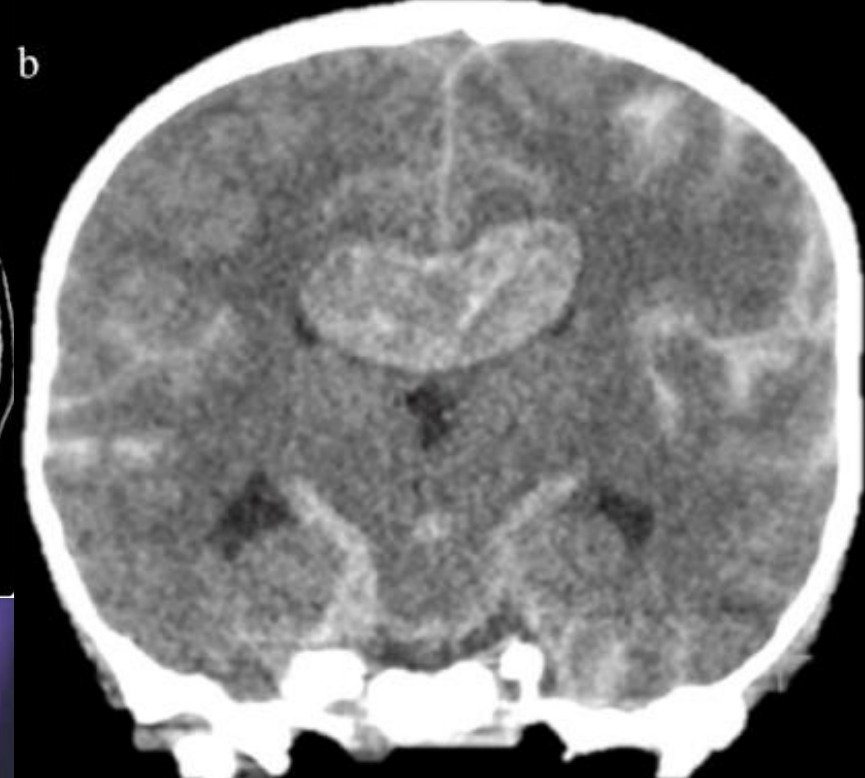
AH

ECHO T1
ECHO T1
SE

PA
DIRECT



b



Non-VITT cases as examples

A dramatic sunset or sunrise over a body of water, with a large white question mark overlaid on the scene. The sky is filled with vibrant orange, yellow, and red clouds, and the water below reflects these colors. The text "Phenotypes ?" is centered in a large, white, sans-serif font.

Phenotypes ?

Vaccine	Country	No	Thrombosis	Bleeding	PLT	Mortality
AZ	Norway	5	4 CVST 1 Portal	> 80%	27	60%
AZ	Germany Austria	11	9 CVST 1 PE	> 8%	45	55%
AZ	UK	23	13 CVST 4 PE 1 DVT 2 MCA stroke 2 Portal	> 10%	34	30%
JJ	USA	16	13 CVST Portal, GI PE, DVT, Carotid, Femoral & Iliac artery	?	< 50	20-30%
AZ	Denmark	> 1	CVST, Portal, Mesentery etc	> 30%	< 50	20-30%



International guidelines : fasttrack....



18/3



19/3



1/4



7/4



9/4





DANISH HEALTH AUTHORITY



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Köln, den 19.03.2021

Aktualisierte Stellungnahme der GTH nach dem Beschluss der EMA, die Impfungen mit dem AstraZeneca COVID-19 Vakzin fortzusetzen

Am Freitag, 19. März 2021, werden die Impfungen mit dem COVID-19 Vakzin der Firma AstraZeneca in Deutschland wieder aufgenommen. Vom Paul-Ehrlich-Institut wurden bei > 1,6 Millionen verabreichten Impfdosen der Firma AstraZeneca mittlerweile über 13 Fälle einer Sinus- oder Hirnvenenthrombose berichtet. Die Thrombosen traten 4–16 Tage nach der Impfung mit dem AstraZeneca COVID-19 Vakzin bei zwölf Frauen und einem Mann im Alter von 20–63 Jahren auf. Bei den Patienten lag gleichzeitig eine Thrombozytopenie vor, die auf ein immunologisches Geschehen als Ursache der Thromboseeignung hinweist.

Ein wichtiger Pathomechanismus wurde mittl unter Führung der Greifswalder Arbeitsgrup aufklärt. Durch die Impfung kommt es wahr inflammatorischen Reaktion und Immunstimu Antikörperbildung gegen Plättchenantigene. I dann abhängig oder unabhängig von Heparin massive Thrombozytenaktivierung in Analogie Thrombozytopenie (HIT). Dieser Mechanismus Patienten mit einer Sinus-/Hirnvenenthrombo AstraZeneca COVID-19 Vakzin im Labor von A Kooperation mit anderen GTH Mitgliedern na der klassischen HIT treten diese Antikörper 4– auf. Dieser Pathomechanismus schließt zwar r /Hirnvenenthrombosen nach Impfung mit den Vakzin auch andere Ursachen zugrunde liegen für die folgenden aktualisierten Feststellungen

VACCINE-INDUCED PROTHROMBOTIC IMMUNE THROMBOCYTOPENIA (VIPIT)



OBJECTIVE:

To assist health care professionals in the diagnosis and management of Vaccine-Induced Prothrombotic Immune Thrombocytopenia (VIPIT).

BACKGROUND:

Vaccines are a critical tool in the management of the COVID-19 pandemic resulting from SARS-CoV-2. Several vaccines have been rapidly developed and subsequently approved by Health Canada and Oxford University and produced by AstraZeneca and the Serum Institute of India.

Recently, after widespread vaccination with the AstraZeneca vaccine in Europe, there have been reports of some vaccine recipients developing unusual thrombotic events and thrombocytopenia. Investigators have concluded that the AstraZeneca vaccine is associated with development of a prothrombotic disorder that clinically resembles heparin-induced thrombocytopenia (HIT). [See Clinical Guide Heparin Induced Thrombocytopenia.]

DIAGNOSIS OF VACCINE-INDUCED PROTHROMBOTIC IMMUNE THROMBOCYTOPENIA (VIPIT):

Patients presenting with the following blood clotting symptoms should be asked about their vaccine history:

- a persistent and severe headache
- focal neurological symptoms or visual changes, including blurred or double vision, or
- leg swelling or pain
- chest pain and/or shortness of breath

Vaccination against SARS-CoV-2 and vaccine-induced immune thrombotic thrombocytopenia (VITT)



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ISTH Interim Guidance for the Diagnosis and Treatment on Vaccine-Induced Immune Thrombotic Thrombocytopenia (Updated 20 April, 2021)

Step 1: Who is at risk for VITT?

- 1) COVID-19 vaccination 4-28 days prior to onset of symptoms?
 - o VITT has only been identified following AstraZeneca or Johnson & Johnson vaccine. It has not been identified after other vaccines.
- 2) Signs/symptoms suggestive of thromboembolism?
Examples include (but not limited to) NEW ONSET:
 - o Severe, persistent headache +/- vision change, seizure-like activity
 - o Severe, persistent abdominal pain
 - o Leg swelling or pain
 - o Chest pain and/or shortness of breath

If answers to questions 1 and/or 2 are no, then this is not VITT. Manage clinical presentation according to standard practice.

- o If answers to **both** questions are yes, then proceed to Step 2.

Step 2: How to screen for VITT in at risk patients?

- o Order appropriate imaging tests to confirm thromboembolism based on symptom presentation (e.g., CT venogram head for headache, CT venogram abdomen for abdominal pain).
- o Order an urgent complete blood count.

If no thrombosis on imaging → this is not VITT.

If platelet count $\geq 150 \times 10^9/L$ → VITT unlikely.

If there is evidence of acute thrombosis AND p VITT proceed to Step 3.

Step 3: Initial evaluation

tion laboratory studies |

platelet factor 4 (PF4) | the most reliable).

COVID-19 VACCINES
VITT INTERIM GUIDANCE
12 APRIL 2021

Interim Guidelines: Diagnosis and Management of Vaccine-Induced Prothrombotic Immune Thrombocytopenia following AstraZeneca COVID-19 Vaccinations

12 April 2021

Introduction

Rare cases of blood clots with low platelets after receipt of AstraZeneca (AZ) COVID-19 have been reported. At present there is no clear signal of risk factors for this condition. This provides guidance to UN medical staff globally on the diagnosis, management and reporting of vaccine-induced prothrombotic immune thrombocytopenia (VIPIT) cases. UN medical staff should be alert for this syndrome and arrange for early referral to local hospitals or haematology centres and/or consider early medical evacuation for further lab confirmation and treatment.

For any questions, contact DHMOSH Public Health at dos-dhmosh-public-health@un.org. This is a living document which will be updated as more information emerges.

Current Situation Update

At the time of writing, the AstraZeneca vaccine is currently being authorized for use in several other countries, including the UK, Canada and India. Based on a multinational study, the AstraZeneca vaccine had 70.4% efficacy in preventing symptomatic COVID-19 after 14 days. Although there is some concern about vaccine efficacy against certain variants, the current dose. Although there is some concern about vaccine efficacy against certain variants, the current dose.

Guidance from the Expert Haematology Panel (EHP) on Covid-19 Vaccine-induced Immune Thrombocytopenia and Thrombosis (VITT)

Updated Guidance on Management. Version 1.7

20 April 2021

Note this is a live document and is updated frequently as further information comes to light

There are currently no robust data to inform management of this condition. In the absence of published evidence, these are pragmatic guidelines based on experience of managing the initial cases, alternative similar conditions and the theoretical risks and benefits of interventions. As evidence emerges, recommendations are expected to change. Patient management should be individualised according to specific circumstances.

A rare syndrome of immune-driven thrombosis, often cerebral venous sinus thrombosis, and thrombocytopenia has been reported after COVID-19 vaccination and is highlighted as affecting patients of all ages and both genders; at present there is no clear signal of risk factors.

Clinicians need to be on alert for this syndrome, to understand how to make the diagnosis and to note the specifics of how to treat it. The Expert Haematology Panel (EHP) offers MDT support for management of cases

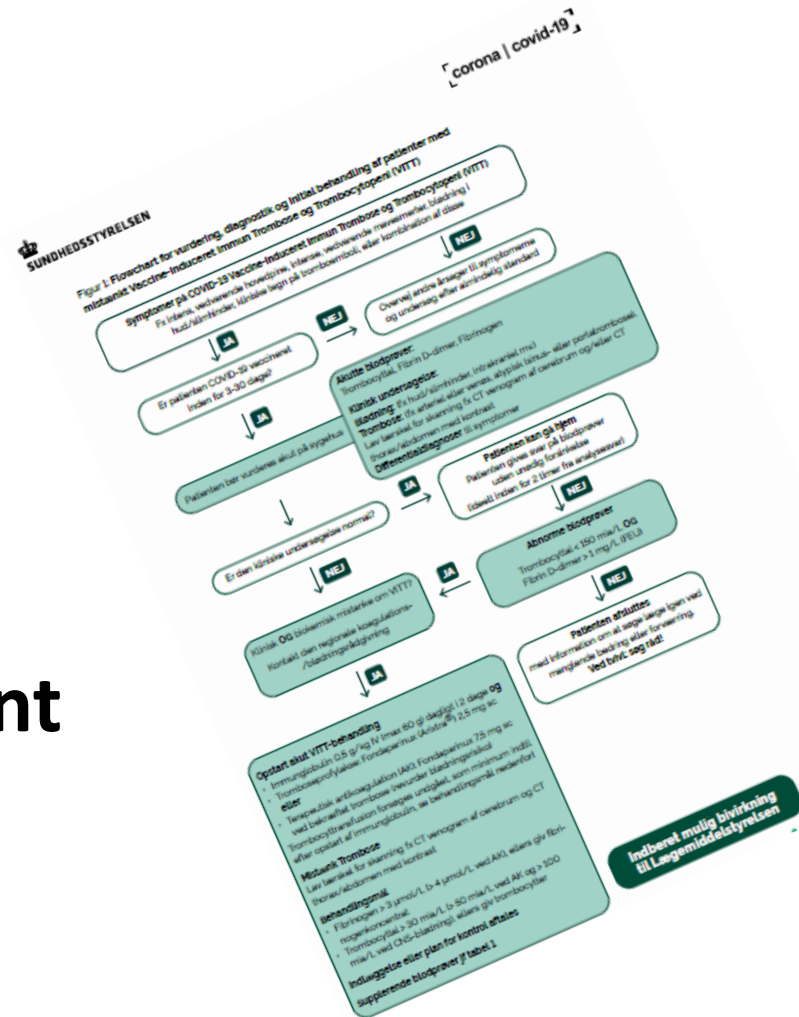
Probable cases must be reported to the EHP and Public Health England via this link https://cutt.ly/haem_AE. Additionally, all cases of thrombosis or thrombocytopenia occurring within 28 days of COVID-19 vaccine must be reported to the MHRA via the online yellow card system <https://coronavirus-yellowcard.mhra.gov.uk/>

Please also note that new or relapsed post-vaccine ITP cases can also be reported to Public Health England through the same initial link which diverts down a different line of questioning (https://cutt.ly/haem_AE)



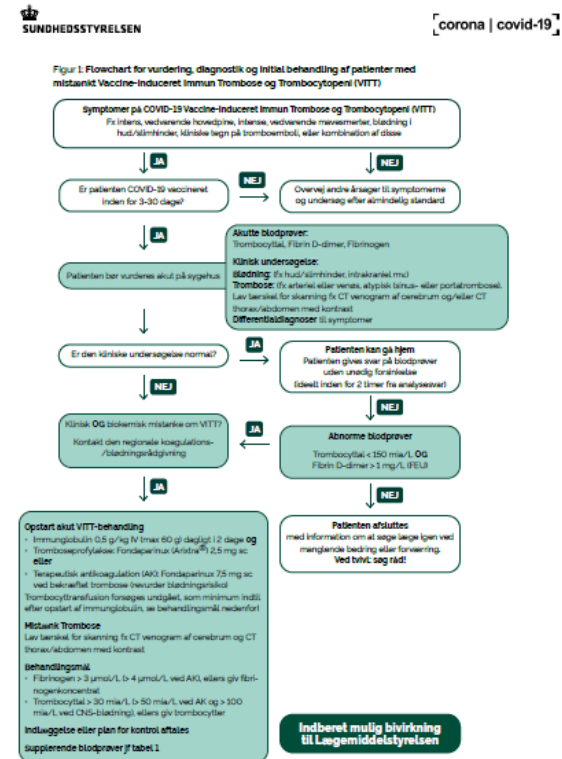
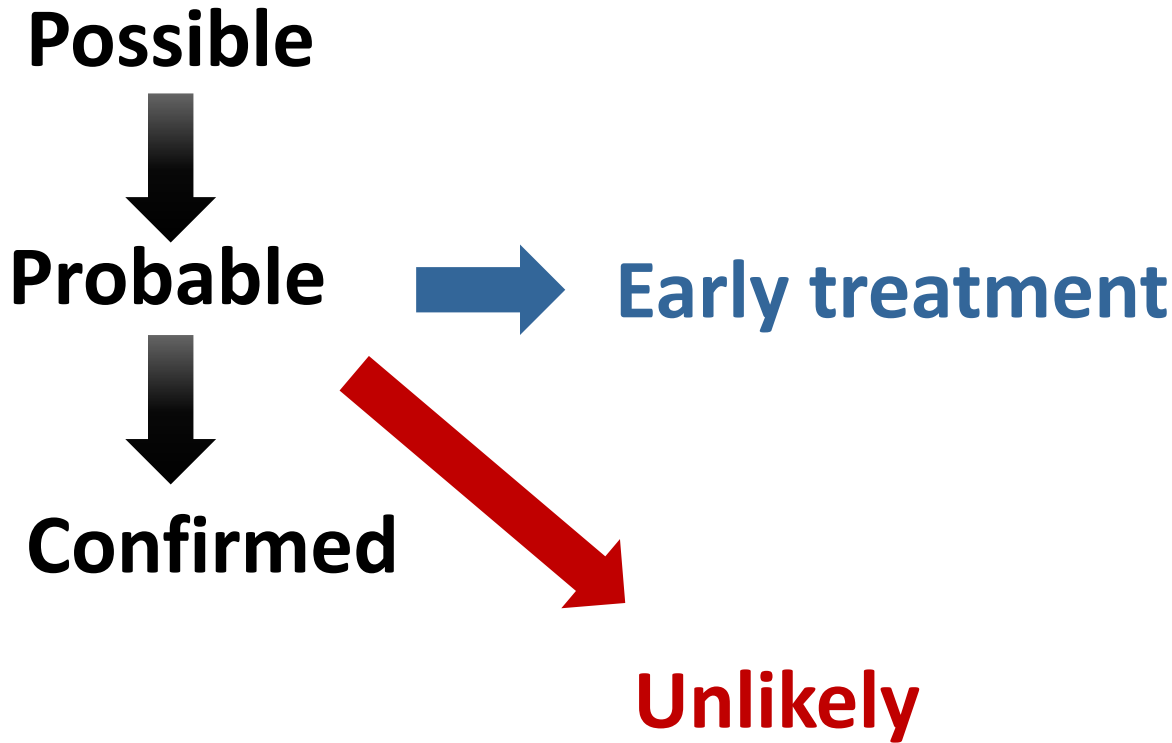
Key points on a VITT guideline

- Simple
- Evidence-based
- Early capture & treatment of patients





VITT case definition





VITT case screening

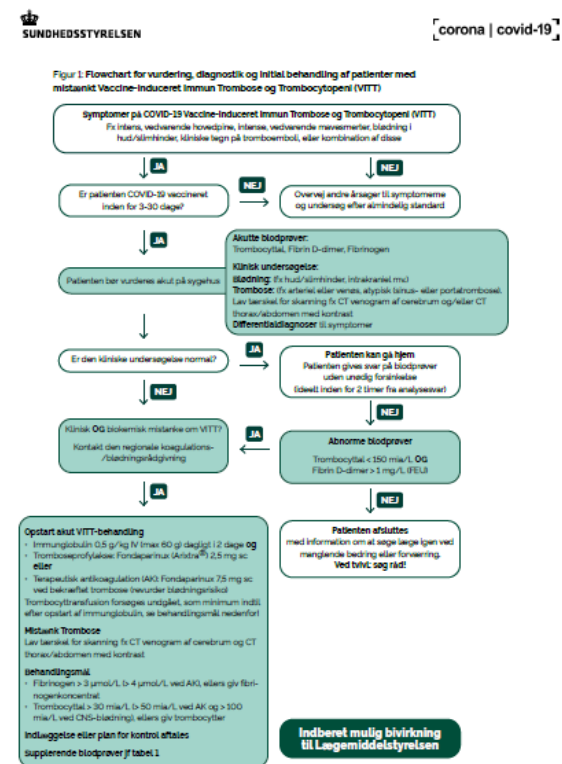
Possible
↓
Probable

3-30 days (COVID19 vacc)

Severe, persistent headache / abdominal pain

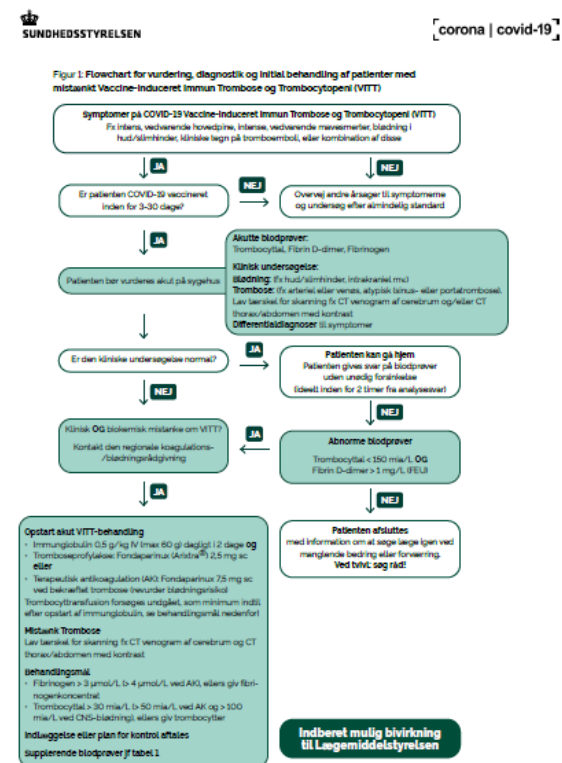
PLT ↓ D-Dimers ↑

Thrombosis / Bleeding ?



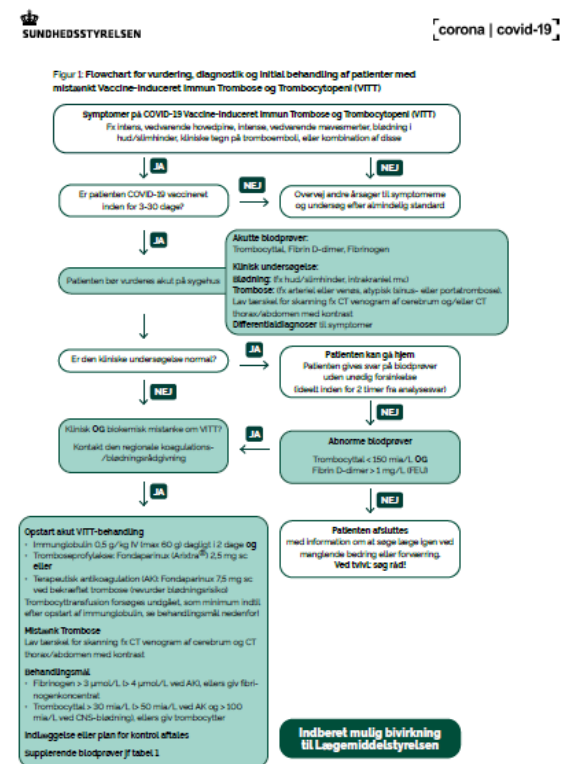
Probable VITT early treatment

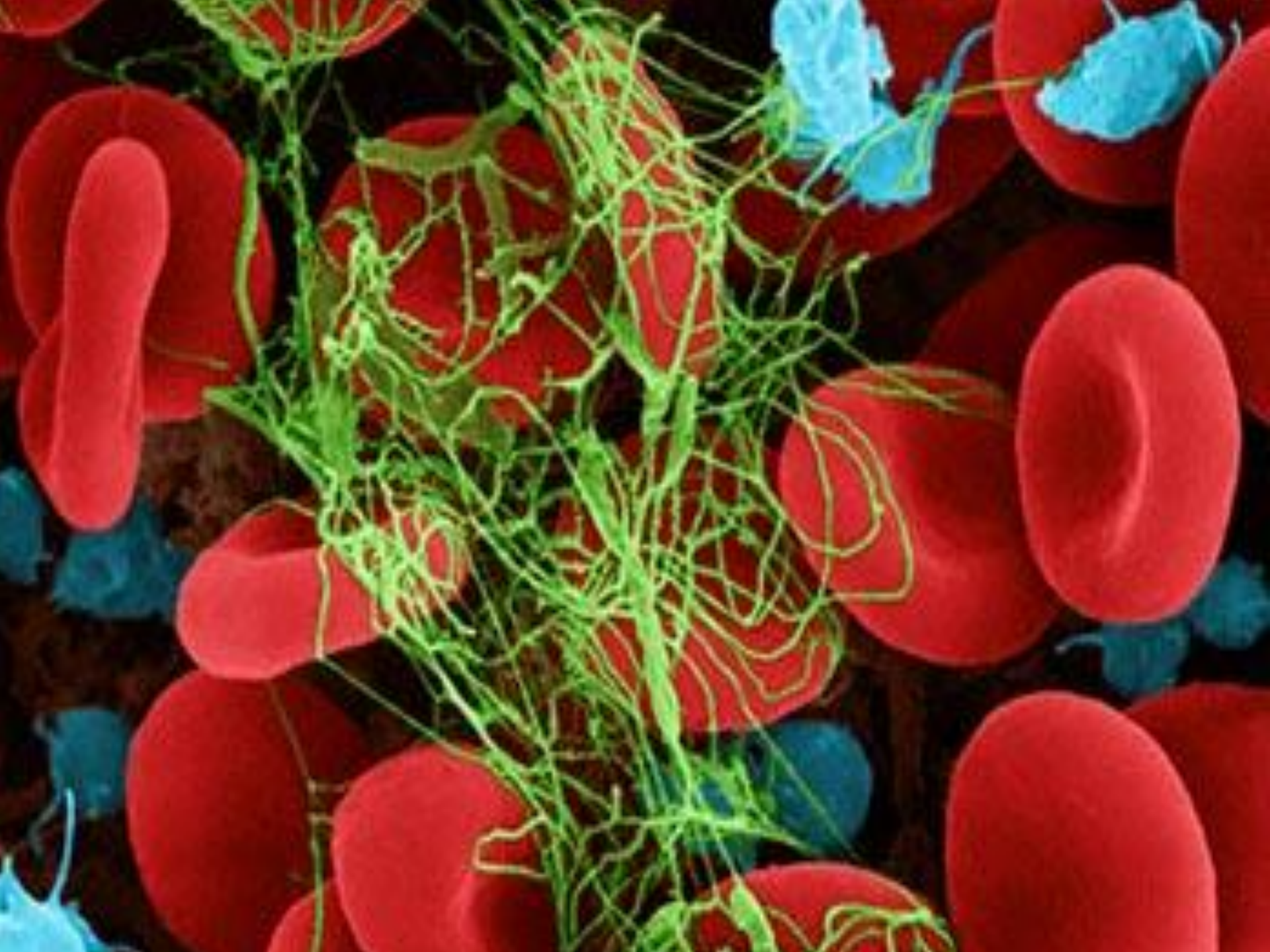
- Consult ASAP with local specialist (Don't delay)
- Immunoglobulin 0.5 g/kg (max 60 g) IV
- Fondaparinux 7.5 mg (2.5 mg)
- Avoid PLT transfusion (unless severe bleeding phenotype)
- Dexamethasone 40 mg (if PLT < 50)
- Locate that thrombosis !



Early goals of VITT management

- Fibrinogen > 1.5 g / L
- PLT > 30 x10⁹ / L (50 or 100 in bleeding phenotypes)







Key remarks

- **National guidelines....live update!**
- **Early → Screening, Identification & Treatment**
- **Phenotype → Thrombosis (& bleeding risk)**
- **Strong collab at all levels → National & International**





**DANISH HEALTH
AUTHORITY**



LÆGEMIDDELSTYRELSEN
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Danish Society of Thrombosis & Haemostasis

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