Risk of bias domains

		D1	D2	D3	D4	D5	D6	D7	Overall
Study	Rydahl 2019	X	+	+	?	+	+	-	X
	Kaczmarczyk 2007	X	+	X	?	?	+	+	X
	Thisted 2015	X	+	X	?	+	+	+	X
	Morikawa 2014		+		?	+	+	X	
	Mya 2017		+	+	?	?	-	-	
	Zwart 2009		+	X	?	+	+	-	
	Liu 2013		+	+	?	+	+	+	

Domains:

D1: Bias due to confounding.

D2: Bias due to selection of participants.

D3: Bias in classification of interventions.

D4: Bias due to deviations from intended interventions.

D5: Bias due to missing data.

D6: Bias in measurement of outcomes.

D7: Bias in selection of the reported result.

Judgement

Critical

Serious

Moderate

+ Low

? No information