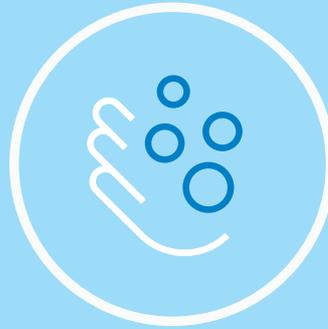


Good advice Good habits



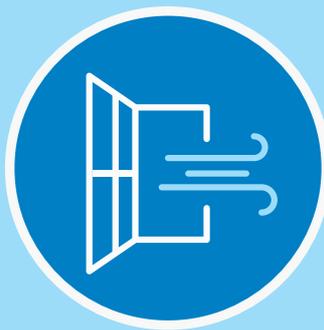
1. Stay at home
– If you are ill



2. Wash hands frequently
– Or use hand sanitiser



3. Clean regularly
– Especially surfaces that are
touched by many people



**4. Ventilate
your home**



**5. Cough or sneeze
into your elbow**